

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Event 50
06.04.2025 - 12:25

Women, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank	YB										Time	Pts
13 years and younger												
1.	Isabella Saga Thorbjornsdottir				13	Ithrottabandalag Reykjanesbajar				5:45.84		
	50m:	40.76	40.76	150m:	2:09.77	45.07	250m:	3:38.79	44.38	350m:	5:04.00	44.52
	100m:	1:24.70	43.94	200m:	2:54.41	44.64	300m:	4:19.48	40.69	400m:	5:45.84	41.84
2.	Elsa Karen Karadottir				14	Sunddeild Breidabliks				5:47.43		
	50m:	39.34	39.34	150m:			250m:	3:39.16		350m:	5:07.60	
	100m:	1:24.12	44.78	200m:			300m:			400m:	5:47.43	39.83
3.	Margret Brynja Steingrimsdottir				12	Afturelding				5:51.79		
	50m:	38.64	38.64	150m:	2:10.00	46.48	250m:	3:41.97	45.95	350m:	5:12.61	44.80
	100m:	1:23.52	44.88	200m:	2:56.02	46.02	300m:	4:27.81	45.84	400m:	5:51.79	39.18
4.	Freyja Mjoll Einarsdottir				13	Sunddeild Breidabliks				5:52.05		
	50m:	40.62	40.62	150m:	2:10.65	45.10	250m:	3:39.93	44.26	350m:	5:06.38	41.75
	100m:	1:25.55	44.93	200m:	2:55.67	45.02	300m:	4:24.63	44.70	400m:	5:52.05	45.67
5.	Lilja Dogg Magnusdottir				13	Sunddeild Breidabliks				5:59.01		
	50m:	40.24	40.24	150m:	2:12.64	46.11	250m:	3:45.37		350m:		
	100m:	1:26.53	46.29	200m:			300m:	4:31.44	46.07	400m:	5:59.01	
6.	Arney Drofn Petursdottir				13	Sunddeild Breidabliks				6:32.98		
	50m:	43.95	43.95	150m:	2:26.25	51.30	250m:	4:08.39	51.66	350m:	5:47.95	49.49
	100m:	1:34.95	51.00	200m:	3:16.73	50.48	300m:	4:58.46	50.07	400m:	6:32.98	45.03
7.	Astros Amy Petursdottir				15	Armann				6:40.03		
	50m:	44.40	44.40	150m:	2:25.18	51.62	250m:	4:08.98	52.01	350m:		
	100m:	1:33.56	49.16	200m:	3:16.97	51.79	300m:	5:00.66	51.68	400m:	6:40.03	
8.	Gudrun Arny Eythorsdottir				14	Armann				6:42.62		
	50m:	43.83	43.83	150m:			250m:	4:08.98	52.31	350m:	5:52.93	51.75
	100m:	1:32.61	48.78	200m:	3:16.67		300m:	5:01.18	52.20	400m:	6:42.62	49.69
9.	Erna Odny Eythorsdottir				14	Armann				6:47.70		
	50m:	40.47	40.47	150m:	2:20.06	51.83	250m:	4:05.92	53.13	350m:	5:58.36	1:00.27
	100m:	1:28.23	47.76	200m:	3:12.79	52.73	300m:	4:58.09	52.17	400m:	6:47.70	49.34
10.	Anna Bjork Brzezinska				13	Armann				7:23.28		
	50m:	43.88	43.88	150m:	2:33.59	55.40	250m:	4:29.90	1:03.76	350m:	6:28.68	58.97
	100m:	1:38.19	54.31	200m:	3:26.14	52.55	300m:	5:29.71	59.81	400m:	7:23.28	54.60

14 - 15 years

1.	Gabriela Roza Bondarow	10	Armann		4:59.77				
	50m: 32.77 32.77	150m: 1:47.69	37.99	250m: 3:05.28	38.81	350m: 4:22.52	38.38		
	100m: 1:09.70 36.93	200m: 2:26.47	38.78	300m: 3:44.14	38.86	400m: 4:59.77	37.25		
2.	Isabella Elinborg Cecchini	11	Armann		5:48.67				
	50m: 39.16 39.16	150m: 2:10.01	45.81	250m: 3:39.66	44.75	350m: 5:08.74	44.06		
	100m: 1:24.20 45.04	200m: 2:54.91	44.90	300m: 4:24.68	45.02	400m: 5:48.67	39.93		