

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Event 41
06.04.2025 - 10:30

Men, 400m Medley

Open
Results

Points: AQUA 2025

Rank			YB			Time			Pts
13 years and younger									
1.	Andrej Tepavcevic		12	Sh		5:45.12			
	50m:	39.94 39.94	150m:	2:15.06 45.41	250m:	3:42.36 46.26	350m:	5:09.79 40.69	
	100m:	1:29.65 49.71	200m:	2:56.10 41.04	300m:	4:29.10 46.74	400m:	5:45.12 35.33	
2.	Benjamin Petursson		12	Afturelding		6:02.49			
	50m:	36.16 36.16	150m:	2:09.60 47.74	250m:	3:46.93	350m:	5:22.81 42.22	
	100m:	1:21.86 45.70	200m:		300m:	4:40.59 53.66	400m:	6:02.49 39.68	
3.	Bjarki Ragnar Arnarsson		12	Afturelding		6:13.21			
	50m:	41.06 41.06	150m:	2:17.81 46.55	250m:	3:59.33 56.62	350m:	5:36.78 40.69	
	100m:	1:31.26 50.20	200m:	3:02.71 44.90	300m:	4:56.09 56.76	400m:	6:13.21 36.43	
4.	Kristinn Freyr Gudmundsson		14	Ithrottabandalag Reykjanesbajar		6:16.27			
	50m:	41.62 41.62	150m:	2:22.54 47.20	250m:	4:01.65 52.37	350m:	5:37.10 40.79	
	100m:	1:35.34 53.72	200m:	3:09.28 46.74	300m:	4:56.31 54.66	400m:	6:16.27 39.17	
5.	Robert Ingi Arnarsson		13	Ithrottabandalag Reykjanesbajar		6:34.58			
	50m:	46.45 46.45	150m:	2:34.96 47.82	250m:	4:15.71 52.31	350m:		
	100m:	1:47.14 1:00.69	200m:	3:23.40 48.44	300m:	5:11.15 55.44	400m:	6:34.58	
14 - 15 years									
1.	Johannes Gabriel Fridjonsson		11	Armann		6:14.69			
	50m:	39.51 39.51	150m:	2:14.44 49.15	250m:	3:58.39 56.70	350m:	5:36.00 40.80	
	100m:	1:25.29 45.78	200m:	3:01.69 47.25	300m:	4:55.20 56.81	400m:	6:14.69 38.69	
16 years and older									
1.	Juan Carlos Aguilar Mendoza		89	Armann		6:21.41			
	50m:	38.57 38.57	150m:	2:12.43 47.62	250m:	3:54.73 54.73	350m:	5:37.46 46.49	
	100m:	1:24.81 46.24	200m:	3:00.00 47.57	300m:	4:50.97 56.24	400m:	6:21.41 43.95	