

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Event 15
05.04.2025 - 12:15

Men, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank	YB										Time	Pts
13 years and younger												
1.	Aaron Sebastian Johannsson				12	Sh					5:00.45	
	50m:	33.83	33.83	150m:	1:51.12	39.52	250m:	3:08.72	37.63	350m:	4:24.00	37.69
	100m:	1:11.60	37.77	200m:	2:31.09	39.97	300m:	3:46.31	37.59	400m:	5:00.45	36.45
2.	Andrej Tepavcevic				12	Sh					5:01.35	
	50m:	34.46	34.46	150m:	2:30.43	1:17.93	250m:	3:08.60		350m:	4:26.06	38.18
	100m:	1:12.50	38.04	200m:			300m:	3:47.88	39.28	400m:	5:01.35	35.29
3.	Benjamin Petursson				12	Afturelding					5:06.94	
	50m:	33.49	33.49	150m:	1:50.39	39.07	250m:	3:10.18	39.85	350m:	4:29.76	40.53
	100m:	1:11.32	37.83	200m:	2:30.33	39.94	300m:	3:49.23	39.05	400m:	5:06.94	37.18
4.	Magnus Helgi O Kristinsson				13	Armann					7:06.87	
	50m:			150m:	2:36.05	53.94	250m:			350m:	6:14.84	54.30
	100m:	1:42.11		200m:	3:30.04	53.99	300m:	5:20.54		400m:	7:06.87	52.03
5.	Magnus Oli Eiriksson				12	Armann					8:02.92	
	50m:	55.56	55.56	150m:	3:01.72	1:02.73	250m:	5:06.76	1:02.31	350m:	7:07.14	58.49
	100m:	1:58.99	1:03.43	200m:	4:04.45	1:02.73	300m:	6:08.65	1:01.89	400m:	8:02.92	55.78
14 - 15 years												
1.	Johannes Gabriel Fridjonsson				11	Armann					5:26.11	
	50m:	37.93	37.93	150m:	2:00.18	40.89	250m:	3:21.83	40.97	350m:	4:44.89	41.64
	100m:	1:19.29	41.36	200m:	2:40.86	40.68	300m:	4:03.25	41.42	400m:	5:26.11	41.22
2.	Daniel Rafn Atlason				10	Sh					5:28.29	
	50m:	36.97	36.97	150m:	2:01.69	42.56	250m:	3:26.56	42.27	350m:	4:49.28	40.57
	100m:	1:19.13	42.16	200m:	2:44.29	42.60	300m:	4:08.71	42.15	400m:	5:28.29	39.01
3.	Tomas Ingi Thordarsson				11	Armann					5:55.30	
	50m:	37.91	37.91	150m:	2:06.90	45.09	250m:	3:39.54	46.70	350m:	5:13.79	46.60
	100m:	1:21.81	43.90	200m:	2:52.84	45.94	300m:	4:27.19	47.65	400m:	5:55.30	41.51