

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Sunddeild Breidabliks								64
Agnetha Yr Gudmundsdottir, 2012 (13 years), Girls								6
100m Freestyle	Timed Final	1.	1:09.78	-	1:10.64	22.03.2025	102%	
200m Freestyle	Timed Final	2.	2:32.85	-	2:36.58		105%	
50m Backstroke	Timed Final	2.	37.94	-	41.80		121%	
100m Backstroke	Timed Final	4.	1:25.30	-	1:31.58		115%	
100m Breaststroke	Timed Final	2.	1:37.11	-	1:41.19		109%	
100m Medley	Timed Final	4.	1:24.49	-	1:27.62		108%	
Arney Drofn Petursdottir, 2013 (12 years), Girls								4
100m Freestyle	Timed Final	13.	1:25.77	-	1:28.59		107%	
200m Freestyle	Timed Final	13.	3:02.93	-	3:22.70		123%	
400m Freestyle	Timed Final	6.	6:32.98	-	NT		-	
100m Backstroke	Timed Final	12.	1:42.90	-	1:52.96		121%	
100m Medley	Timed Final	18.	1:42.15	-	1:47.51		111%	
200m Medley	Timed Final	11.	3:38.18	-	NT		-	
Bjorg Dufa Bogadottir, 2013 (12 years), Girls								5
100m Freestyle	Timed Final	10.	1:23.37	-	1:24.72		103%	
200m Freestyle	Timed Final	8.	2:57.65	-	3:08.90		113%	
100m Breaststroke	Timed Final	6.	1:47.82	-	1:48.84		102%	
200m Breaststroke	Timed Final	5.	3:48.38	-	3:55.10		106%	
100m Medley	Timed Final	10.	1:35.14	-	NT		-	
200m Medley	Timed Final	6.	3:25.32	-	3:55.03		131%	
Brynjar Freyr Hafthorsson, 2012 (13 years), Boys								3
50m Freestyle	Timed Final	8.	37.36	-	43.51		136%	
100m Freestyle	Timed Final	18.	1:26.36	-	1:30.04		109%	
200m Freestyle	Timed Final	16.	3:11.46	-	3:19.27		108%	
100m Breaststroke	Timed Final	16.	1:56.08	-	1:55.48		99%	
100m Medley	Timed Final	17.	1:43.38	-	1:43.00		99%	
Elsa Karen Karadottir, 2014 (11 years), Girls								6
100m Freestyle	Timed Final	3.	1:15.24	-	1:16.84		104%	
200m Freestyle	Timed Final	3.	2:40.36	-	2:46.78		108%	
400m Freestyle	Timed Final	2.	5:47.43	-	5:53.09		103%	
100m Butterfly	Timed Final	2.	1:31.08	-	1:34.78		108%	
100m Medley	Timed Final	6.	1:32.01	-	1:33.87		104%	
200m Medley	Timed Final	3.	3:13.85	-	3:19.09		105%	
Erla Sjöfn Ottarsdottir, 2013 (12 years), Girls								5
50m Freestyle	Timed Final	17.	39.46	-	42.20		114%	
100m Freestyle	Timed Final	27.	1:33.77	-	1:35.61		104%	
200m Freestyle	Timed Final	25.	3:19.78	-	3:34.46		115%	
50m Backstroke	Timed Final	11.	52.02	-	1:00.35		135%	
100m Medley	Timed Final	28.	1:51.18	-	1:56.55		110%	
Freyja Mjoll Einarsdottir, 2013 (12 years), Girls								4
200m Freestyle	Timed Final	4.	2:49.46	-	2:58.10		110%	
400m Freestyle	Timed Final	4.	5:52.05	-	6:14.20		113%	
200m Backstroke	Timed Final	4.	3:17.87	-	3:19.17		101%	
200m Breaststroke	Timed Final	6.	3:52.99	-	3:56.80		103%	
100m Medley	Timed Final	12.	1:37.74	-	1:34.27		93%	
200m Medley	Timed Final	5.	3:20.73	-	2:53.81		75%	
Hrafn Ingi Solvason, 2014 (11 years), Boys								5
100m Freestyle	Timed Final	15.	1:21.71	-	1:24.55		107%	
200m Freestyle	Timed Final	9.	2:53.33	-	3:00.13		108%	
100m Backstroke	Timed Final	5.	1:30.50	-	1:32.93		105%	
200m Backstroke	Timed Final	4.	3:10.67	-	NT		-	
100m Medley	Timed Final	9.	1:32.25	-	1:35.88		108%	
200m Medley	Timed Final	8.	3:16.96	-	3:19.71		103%	
Hrafnkell Hersir Petursson, 2014 (11 years), Boys								4
50m Freestyle	Timed Final	11.	39.14	-	43.29		122%	
100m Freestyle	Timed Final	25.	1:32.70	-	1:35.92		107%	
200m Freestyle	Timed Final	22.	3:22.91	-	NT		-	
50m Backstroke	Timed Final	17.	55.07	-	55.82		103%	
100m Breaststroke	Timed Final	21.	1:58.16	-	2:03.70		110%	
200m Breaststroke	Timed Final	6.	3:57.97	-	NT		-	
Jonas Jokull Thordarson, 2013 (12 years), Boys								4
50m Freestyle	Timed Final	23.	43.88	-	54.66		155%	
100m Freestyle	Timed Final	34.	1:40.15	-	1:48.40		117%	
50m Backstroke	Timed Final	10.	50.37	-	59.35		139%	
100m Medley	Timed Final	25.	1:54.35	-	2:00.48		111%	
Lilja Dogg Magnúsdottir, 2013 (12 years), Girls								4
100m Freestyle	Timed Final	4.	1:17.91	-	1:21.39		109%	
200m Freestyle	Timed Final	5.	2:50.30	-	3:04.65		118%	
400m Freestyle	Timed Final	5.	5:59.01	-	6:20.13		112%	
200m Backstroke	Timed Final	5.	3:22.80	-	NT		-	
100m Medley	Timed Final	9.	1:34.05	-	1:38.46		110%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Melkorka Dis D. Berndsen, 2014 (11 years), Girls						3
100m Freestyle	Timed Final	19.	1:30.20	-	1:54.15	160%
200m Freestyle	Timed Final	21.	3:11.35	-	NT	-
100m Breaststroke	Timed Final	33.	2:10.31	-	2:10.53	100%
50m Butterfly	Timed Final	11.	44.70	-	47.03	111%
100m Medley	Timed Final	22.	1:45.20	-	NT	-
Robert Leo Eiriksson, 2013 (12 years), Boys						3
200m Freestyle	Timed Final	7.	2:52.38	-	3:03.74	114%
200m Breaststroke	Timed Final	5.	3:47.50	-	4:00.59	112%
100m Medley	Timed Final	11.	1:33.67	-	1:34.81	102%
Stefan Fanneyjarson, 2013 (12 years), Boys						5
100m Freestyle	Timed Final	14.	1:21.15	-	1:28.83	120%
200m Freestyle	Timed Final	10.	2:57.42	-	3:20.14	127%
100m Backstroke	Timed Final	11.	1:43.24	-	1:48.03	109%
100m Breaststroke	Timed Final	22.	1:59.75	-	2:13.22	124%
100m Medley	Timed Final	13.	1:36.03	-	1:41.95	113%
200m Medley	Timed Final	10.	3:23.99	-	NT	-
Tara Michelsen, 2013 (12 years), Girls						3
50m Freestyle	Timed Final	23.	41.56	-	44.19	113%
100m Freestyle	Timed Final	24.	1:32.69	-	1:31.70	98%
200m Freestyle	Timed Final	30.	3:36.21	-	3:28.97	93%
50m Backstroke	Timed Final	9.	50.58	-	54.21	115%
100m Breaststroke	Timed Final	12.	1:54.55	-	2:03.73	117%
100m Medley	Timed Final	25.	1:50.28	-	1:46.93	94%

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Sunddeild Fjoelnis							7
Dominic Paris Prince, 2014 (11 years), Boys							1
25m Freestyle	Timed Final	7.	32.94	-	42.11	163%	
Olivier Andrzej Luszcz, 2019 (6 years), Boys							1
25m Freestyle	Timed Final	11.	37.14	-	41.02	122%	
Sigrun Osk Brynjarsdottir, 2015 (10 years), Girls							3
50m Freestyle	Timed Final	10.	49.96	-	51.99	108%	
100m Freestyle	Timed Final	8.	1:49.68	-	1:59.98	120%	
50m Breaststroke	Timed Final	14.	1:06.92	-	1:16.28	130%	
Svala Kristin Orradottir, 2017 (8 years), Girls							1
25m Freestyle	Timed Final	2.	26.84	-	35.04	170%	
Vidar Torfi Andrason, 2015 (10 years), Boys							1
25m Freestyle	Timed Final	10.	36.32	-	34.07	88%	
50m Freestyle	Timed Final	19.	1:05.46	-	1:23.00	161%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Sunddeild KR								53
Arna Katrin Birkisdottir, 2014 (11 years), Girls								2
50m Freestyle	Timed Final	25.	59.77	-	1:01.88	16.02.2025	107%	
50m Backstroke	Timed Final	20.	1:13.41	-	1:14.95	16.02.2025	104%	
50m Breaststroke	Timed Final	11.	1:04.67	-	NT		-	
Arndis Stella Albertsdottir, 2012 (13 years), Girls								4
50m Freestyle	Timed Final	19.	40.49	-	43.85		117%	
100m Freestyle	Timed Final	16.	1:28.79	-	1:34.12	23.11.2024	112%	
50m Backstroke	Timed Final	7.	46.40	-	50.84		120%	
100m Backstroke	Timed Final	17.	1:49.33	-	1:48.88	23.11.2024	99%	
50m Butterfly	Timed Final	17.	49.17	-	53.85		120%	
Briet Bjork Johannsdottir, 2013 (12 years), Girls								6
50m Freestyle	Timed Final	16.	39.42	-	40.12	16.02.2025	104%	
100m Freestyle	Timed Final	17.	1:29.09	-	1:33.57	16.02.2025	110%	
100m Backstroke	Timed Final	22.	1:53.99	-	1:59.18	15.02.2025	109%	
100m Breaststroke	Timed Final	5.	1:43.18	-	1:52.81	29.09.2024	120%	
50m Butterfly	Timed Final	13.	45.84	-	53.75	29.09.2024	137%	
100m Medley	Timed Final	20.	1:42.81	-	1:43.25	23.11.2024	101%	
Briet Ruth Smith, 2012 (13 years), Girls								5
50m Freestyle	Timed Final	26.	45.37	-	54.89		146%	
100m Freestyle	Timed Final	38.	1:46.14	-	1:54.01	16.02.2025	115%	
50m Backstroke	Timed Final	10.	50.93	-	NT		-	
50m Breaststroke	Timed Final	17.	57.74	-	1:00.92	14.02.2025	111%	
100m Breaststroke	Timed Final	26.	2:01.71	-	2:15.58	23.11.2024	124%	
100m Medley	Timed Final	26.	1:50.72	-	1:58.54	23.11.2024	115%	
Elisabet Olof Gardarsdottir, 2013 (12 years), Girls								-
50m Freestyle	Timed Final	24.	44.43	-	NT		-	
50m Breaststroke	Timed Final	19.	58.30	-	NT		-	
Emily Soley P M Eysteinsdottir, 2012 (13 years), Girls								4
50m Breaststroke	Timed Final	2.	43.35	-	48.41	28.09.2024	125%	
50m Butterfly	Timed Final	1.	37.21	-	41.46	29.09.2024	124%	
100m Butterfly	Timed Final	1.	1:25.92	-	1:34.80	23.11.2024	122%	
200m Medley	Timed Final	2.	3:00.28	-	3:09.64	23.11.2024	111%	
Eyglo Appoline Thoroddsen, 2013 (12 years), Girls								2
100m Freestyle	Timed Final	28.	1:34.60	-	1:40.41	02.11.2024	113%	
50m Breaststroke	Timed Final	13.	54.27	-	1:04.57		142%	
Gerlynn En Min Tham, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	30.	46.34	-	50.93	28.09.2024	121%	
100m Backstroke	Timed Final	24.	1:56.58	-	2:07.38	15.02.2025	119%	
50m Breaststroke	Timed Final	15.	56.02	-	58.25	14.02.2025	108%	
100m Medley	Timed Final	27.	1:51.03	-	2:06.78	28.09.2024	130%	
Inga Aniola Czurylo, 2012 (13 years), Girls								4
50m Freestyle	Timed Final	21.	41.10	-	39.53	28.09.2024	93%	
100m Freestyle	Timed Final	14.	1:27.66	-	1:32.89	16.02.2025	112%	
100m Breaststroke	Timed Final	4.	1:42.93	-	1:46.33	23.11.2024	107%	
200m Breaststroke	Timed Final	4.	3:32.49	-	3:49.20	23.11.2024	116%	
50m Butterfly	Timed Final	7.	43.15	-	48.77		128%	
100m Medley	Timed Final	19.	1:42.70	-	1:41.43	02.11.2024	98%	
Niklas Auffenberg, 2012 (13 years), Boys								4
50m Breaststroke	Timed Final	3.	44.17	-	45.52		106%	
100m Breaststroke	Timed Final	4.	1:38.36	-	1:39.28	19.10.2024	102%	
200m Breaststroke	Timed Final	3.	3:29.15	-	3:32.32		103%	
100m Butterfly	Timed Final	4.	1:41.10	-	NT		-	
200m Medley	Timed Final	6.	3:12.20	-	3:12.74		101%	
Petur Vidar Arnorsson, 2016 (9 years), Boys								5
50m Freestyle	Timed Final	1.	39.81	-	44.67	28.09.2024	126%	
100m Freestyle	Timed Final	35.	1:42.51	-	1:40.59	02.11.2024	96%	
50m Backstroke	Timed Final	13.	52.27	-	52.99	16.02.2025	103%	
25m Breaststroke	Timed Final	1.	27.32	-	NT		-	
25m Butterfly	Timed Final	2.	21.93	-	29.53		181%	
50m Butterfly	Timed Final	11.	56.35	-	1:16.09		182%	
100m Medley	Timed Final	3.	1:49.77	-	2:06.10	02.11.2024	132%	
Polina Kenia, 2016 (9 years), Girls								2
50m Freestyle	Timed Final	28.	1:00.32	-	1:04.44	16.02.2025	114%	
50m Backstroke	Timed Final	17.	1:09.35	-	1:09.80	16.02.2025	101%	
Robert Einvarður Jonsson, 2013 (12 years), Boys								2
50m Freestyle	Timed Final	25.	44.46	-	48.61	28.09.2024	120%	
100m Breaststroke	Timed Final	24.	2:06.83	-	2:18.92	29.09.2024	120%	
Salka Freysdottir, 2012 (13 years), Girls								3
50m Freestyle	Timed Final	32.	47.08	-	53.23		128%	
100m Freestyle	Timed Final	37.	1:45.28	-	1:52.22		114%	
100m Breaststroke	Timed Final	31.	2:06.61	-	2:20.30		123%	
Tham Kathrine En Yi, 2014 (11 years), Girls								3
50m Freestyle	Timed Final	8.	47.67	-	52.57	28.09.2024	122%	
50m Backstroke	Timed Final	5.	53.61	-	1:00.26	28.09.2024	126%	
25m Butterfly	Timed Final	2.	24.11	-	29.21		147%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Thorbjorn Ari Asgeirsson, 2016 (9 years), Boys							-
50m Freestyle	Timed Final	12.	54.48	-	NT	-	
25m Breaststroke	Timed Final	2.	38.46	-	NT	-	
Ylfa Bjoerk Sindradottir, 2011 (14 years), Girls							3
100m Freestyle	Timed Final	6.	1:28.89	-	1:26.90	96%	
200m Freestyle	Timed Final	8.	3:12.32	-	3:14.09	102%	
100m Backstroke	Timed Final	4.	1:47.85	-	1:48.21	101%	
100m Breaststroke	Timed Final	4.	1:54.89	-	1:59.38	108%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Sunddeild Stjornunnar								29
Arnaldur Gardarson, 2017 (8 years), Boys								-
25m Freestyle	Timed Final	14.	42.56	-	37.12		76%	
Birkir Hrafn Petursson, 2013 (12 years), Boys								4
50m Freestyle	Timed Final	13.	40.67	-	44.26	02.11.2024	118%	
100m Freestyle	Timed Final	17.	1:26.32	-	1:32.03	16.02.2025	114%	
200m Freestyle	Timed Final	15.	3:09.68	-	3:21.86	02.11.2024	113%	
100m Backstroke	Timed Final	12.	1:44.43	-	1:50.84	15.02.2025	113%	
Birnir Steinn Hlynsson, 2014 (11 years), Boys								1
50m Freestyle	Timed Final	18.	1:04.24	-	1:08.58		114%	
Bjarni Thor Gudmundsson, 2014 (11 years), Boys								2
50m Freestyle	Timed Final	11.	53.90	-	54.23	02.11.2024	101%	
25m Backstroke	Timed Final	2.	27.36	-	36.10		174%	
Bjorn Gunnar Axelson, 2015 (10 years), Boys								4
50m Freestyle	Timed Final	10.	38.73	-	40.33	02.11.2024	108%	
100m Freestyle	Timed Final	1.	1:25.94	-	1:25.84	02.11.2024	100%	
200m Freestyle	Timed Final	17.	3:11.73	-	3:11.28	02.11.2024	100%	
25m Backstroke	Timed Final	1.	22.27	-	24.12		117%	
25m Butterfly	Timed Final	1.	20.50	-	23.22		128%	
100m Medley	Timed Final	1.	1:42.43	-	1:47.45	02.11.2024	110%	
Elmar Bjarki Moller, 2015 (10 years), Boys								3
100m Freestyle	Timed Final	6.	1:41.83	-	1:52.63	02.11.2024	122%	
25m Backstroke	Timed Final	3.	28.39	-	36.53		166%	
50m Breaststroke	Timed Final	4.	1:08.00	-	1:36.65		202%	
Frosti Fannar Omarsson, 2013 (12 years), Boys								2
50m Freestyle	Timed Final	26.	44.89	-	55.63		154%	
200m Freestyle	Timed Final	31.	3:45.41	-	4:10.23		123%	
Gudmundur Hrafn Gunnarsson, 2018 (7 years), Boys								-
25m Freestyle	Timed Final	16.	46.73	-	45.38		94%	
Isabella Hang Ingimarsdottir, 2017 (8 years), Girls								1
25m Freestyle	Timed Final	4.	30.54	-	38.17		156%	
Ivan Zakharov, 2013 (12 years), Boys								4
50m Freestyle	Timed Final	21.	42.35	-	46.47	02.11.2024	120%	
100m Freestyle	Timed Final	29.	1:35.46	-	1:41.36	02.11.2024	113%	
200m Freestyle	Timed Final	24.	3:28.09	-	3:40.25	15.02.2025	112%	
100m Backstroke	Timed Final	22.	2:01.66	-	2:15.21	02.11.2024	124%	
Johann Helgi Armannsson, 2015 (10 years), Boys								1
25m Freestyle	Timed Final	3.	26.15	-	38.52		217%	
25m Breaststroke	Timed Final	3.	52.76	-	41.59		62%	
Johann Thor Kristjansson, 2018 (7 years), Boys								1
25m Freestyle	Timed Final	13.	40.59	-	46.18		129%	
Nokkvi Birgisson, 2017 (8 years), Boys								-
25m Freestyle	Timed Final	15.	42.93	-	38.23		79%	
Oskar Kari Johnson, 2016 (9 years), Boys								1
25m Freestyle	Timed Final	4.	27.01	-	36.28		180%	
Peize Xiao, 2016 (9 years), Boys								1
25m Freestyle	Timed Final	2.	25.48	-	40.23		249%	
Ragnheidur Osk Jonasdottir, 2016 (9 years), Girls								1
25m Freestyle	Timed Final	6.	38.32	-	42.06		120%	
Soffia Bara Gestsdottir, 2011 (14 years), Girls								3
50m Freestyle	Timed Final	4.	34.16	-	37.59	14.02.2025	121%	
100m Freestyle	Timed Final	5.	1:20.90	-	1:28.86	16.02.2025	121%	
200m Freestyle	Timed Final	6.	2:55.40	-	3:17.90	15.02.2025	127%	
50m Butterfly	Timed Final	5.	48.72	-	48.12		98%	
Tinna Dis Birgisdottir, 2018 (7 years), Girls								-
25m Freestyle	Timed Final	6.	38.32	-	38.29		100%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Sundfelag Akraness								21
Anaya Elisabet Bain, 2015 (10 years), Girls								1
100m Freestyle	Timed Final	15.	2:05.04	-	NT		-	
50m Breaststroke	Timed Final	13.	1:06.34	-	1:12.25	15.02.2025	119%	
Freyja Lilja Niewczas, 2015 (10 years), Girls								1
100m Freestyle	Timed Final	7.	1:44.87	-	1:58.54	16.02.2025	128%	
Freyja Maren Picus, 2015 (10 years), Girls								1
100m Freestyle	Timed Final	10.	1:53.96	-	2:23.15	16.02.2025	158%	
Gunnar Logi Gudmundsson, 2014 (11 years), Boys								3
50m Freestyle	Timed Final	17.	41.42	-	45.50	23.11.2024	121%	
100m Freestyle	Timed Final	32.	1:39.42	-	1:40.52		102%	
50m Backstroke	Timed Final	12.	51.47	-	52.24	23.11.2024	103%	
100m Backstroke	Timed Final	17.	1:51.62	-	1:50.37	23.11.2024	98%	
200m Backstroke	Timed Final	7.	4:03.19	-	3:54.02	23.11.2024	93%	
Helga Dis Reynisdottir, 2015 (10 years), Girls								1
50m Freestyle	Timed Final	29.	1:01.98	-	1:13.93	02.11.2024	142%	
Kristin Birta Skarphedinsdottir, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	22.	41.30	-	44.07	16.02.2025	114%	
100m Freestyle	Timed Final	20.	1:30.82	-	1:57.69	23.11.2024	168%	
200m Freestyle	Timed Final	24.	3:17.65	-	3:48.82	15.02.2025	134%	
50m Breaststroke	Timed Final	14.	55.70	-	57.20	23.11.2024	105%	
100m Breaststroke	Timed Final	28.	2:03.10	-	1:53.93	15.02.2025	86%	
Runa Bjork Ingvarsdottir, 2014 (11 years), Girls								5
50m Freestyle	Timed Final	8.	35.71	-	39.75	14.09.2024	124%	
200m Freestyle	Timed Final	11.	3:01.26	-	3:15.07	15.02.2025	116%	
50m Backstroke	Timed Final	5.	42.84	-	46.39	02.11.2024	117%	
100m Breaststroke	Timed Final	7.	1:52.31	-	2:10.87	14.09.2024	136%	
100m Medley	Timed Final	13.	1:37.76	-	1:47.01	23.11.2024	120%	
Steinunn Birna Bjorgvinsdottir, 2014 (11 years), Girls								5
50m Freestyle	Timed Final	29.	46.14	-	53.22	14.09.2024	133%	
100m Freestyle	Timed Final	34.	1:41.05	-	1:55.67	23.11.2024	131%	
50m Backstroke	Timed Final	20.	1:01.34	-	1:04.80	15.09.2024	112%	
50m Breaststroke	Timed Final	21.	58.58	-	1:02.55	23.11.2024	114%	
100m Breaststroke	Timed Final	29.	2:05.87	-	2:09.66	23.11.2024	106%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

								140
Sundfelag Hafnarfjardar								5
Aaron Sebastian Johannsson, 2012 (13 years), Boys								
50m Freestyle	Timed Final	2.	30.80	-	30.88	29.09.2024	101%	
200m Freestyle	Timed Final	1.	2:26.92	-	2:29.90	20.10.2024	104%	
400m Freestyle	Timed Final	1.	5:00.45	-	5:04.01	22.03.2025	102%	
50m Breaststroke	Timed Final	1.	42.25	-	NT		-	
50m Butterfly	Timed Final	3.	34.38	-	36.45	07.12.2024	112%	
100m Medley	Timed Final	2.	1:18.99	-	1:17.78	07.12.2024	97%	
200m Medley	Timed Final	2.	2:43.24	-	2:46.37	22.03.2025	104%	
Alba Elif Zengin, 2015 (10 years), Girls								-
50m Freestyle	Timed Final	27.	1:00.04	-	NT		-	
Alex Ingi Olafsson, 2014 (11 years), Boys								1
50m Freestyle	Timed Final	16.	57.24	-	56.89	02.11.2024	99%	
50m Backstroke	Timed Final	4.	1:09.17	-	1:05.06	01.02.2025	88%	
50m Breaststroke	Timed Final	6.	1:13.32	-	1:15.52	01.06.2024	106%	
Alexander Orn Sveinsson, 2014 (11 years), Boys								2
100m Freestyle	Timed Final	26.	1:32.90	-	1:27.83	16.02.2025	89%	
200m Freestyle	Timed Final	18.	3:15.77	-	3:14.30	02.11.2024	99%	
100m Backstroke	Timed Final	7.	1:36.15	-	1:44.17	02.11.2024	117%	
100m Breaststroke	Timed Final	17.	1:56.12	-	1:56.91	07.12.2024	101%	
100m Medley	Timed Final	16.	1:42.81	-	1:40.17	01.02.2025	95%	
200m Medley	Timed Final	16.	3:50.62	-	3:21.55		76%	
Alexandra Army Kristofersdottir, 2012 (13 years), Girls								4
100m Freestyle	Timed Final	22.	1:32.14	-	1:49.71		142%	
200m Freestyle	Timed Final	19.	3:10.25	-	3:27.84	02.11.2024	119%	
100m Backstroke	Timed Final	14.	1:44.58	-	2:03.55		140%	
100m Breaststroke	Timed Final	16.	1:56.14	-	1:47.55		86%	
100m Medley	Timed Final	17.	1:41.06	-	1:48.48	02.11.2024	115%	
200m Medley	Timed Final	10.	3:33.71	-	3:27.55		94%	
Alexandra Sif Fannarsdottir, 2015 (10 years), Girls								1
50m Freestyle	Timed Final	15.	53.53	-	49.75	02.11.2024	86%	
50m Backstroke	Timed Final	15.	1:08.10	-	1:03.22	02.11.2024	86%	
50m Breaststroke	Timed Final	10.	1:03.89	-	1:14.77	02.11.2024	137%	
25m Butterfly	Timed Final	4.	29.95	-	NT		-	
Andrej Tepavcevic, 2012 (13 years), Boys								6
400m Freestyle	Timed Final	2.	5:01.35	-	5:27.34	05.10.2024	118%	
100m Backstroke	Timed Final	1.	1:19.69	-	1:25.06	07.12.2024	114%	
200m Backstroke	Timed Final	2.	2:44.24	-	3:08.84	11.05.2024	132%	
100m Medley	Timed Final	1.	1:18.42	-	1:21.66	23.11.2024	108%	
200m Medley	Timed Final	1.	2:43.01	-	2:53.85	20.12.2024	114%	
400m Medley	Timed Final	1.	5:45.12	-	6:51.55		142%	
Ari Fannar Edvaldsson, 2014 (11 years), Boys								3
50m Freestyle	Timed Final	22.	42.69	-	58.44		187%	
200m Freestyle	Timed Final	30.	3:34.84	-	3:43.55		108%	
100m Medley	Timed Final	24.	1:53.91	-	2:12.82	02.11.2024	136%	
Ari Gunnar Ketilsson, 2017 (8 years), Boys								-
50m Freestyle	Timed Final	23.	1:29.55	-	1:22.03	01.02.2025	84%	
Athena Sif Oskarsdottir, 2014 (11 years), Girls								2
100m Freestyle	Timed Final	30.	1:38.89	-	1:43.22		109%	
200m Freestyle	Timed Final	31.	3:39.76	-	3:23.33		86%	
100m Backstroke	Timed Final	25.	1:56.59	-	1:47.55		85%	
100m Breaststroke	Timed Final	34.	2:10.82	-	1:51.33		72%	
100m Medley	Timed Final	31.	1:58.85	-	2:00.69	01.02.2025	103%	
200m Medley	Timed Final	17.	4:03.94	-	3:44.55		85%	
Bjarki Thor Ulfarsson, 2014 (11 years), Boys								1
50m Freestyle	Timed Final	8.	51.92	-	1:00.05	02.11.2024	134%	
50m Backstroke	Timed Final	5.	1:11.17	-	1:09.07	02.11.2024	94%	
Bjartey Olafsdottir, 2016 (9 years), Girls								1
50m Freestyle	Timed Final	32.	1:09.85	-	1:21.86	07.12.2024	137%	
50m Backstroke	Timed Final	24.	1:17.15	-	NT		-	
Briana Osk Alvarsdottir, 2012 (13 years), Girls								5
50m Freestyle	Timed Final	4.	33.52	-	34.40	29.09.2024	105%	
100m Freestyle	Timed Final	2.	1:13.83	-	1:14.73	23.11.2024	102%	
50m Backstroke	Timed Final	3.	40.35	-	41.97	28.09.2024	108%	
100m Backstroke	Timed Final	3.	1:25.10	-	1:24.80	23.11.2024	99%	
50m Butterfly	Timed Final	3.	38.22	-	38.45	07.12.2024	101%	
100m Medley	Timed Final	3.	1:23.44	-	1:25.57	12.05.2024	105%	
Briet Fridjonsdottir, 2012 (13 years), Girls								2
100m Freestyle	Timed Final	23.	1:32.21	-	1:46.13		132%	
200m Freestyle	Timed Final	22.	3:13.55	-	3:16.74	01.02.2025	103%	
100m Breaststroke	Timed Final	19.	1:58.75	-	1:56.02	07.12.2024	95%	
200m Breaststroke	Timed Final	8.	4:02.32	-	3:44.53		86%	
100m Medley	Timed Final	29.	1:51.78	-	1:49.33	01.02.2025	96%	
200m Medley	Timed Final	12.	3:41.37	-	3:38.77		98%	
Brynhildur Freyja Stefansdottir, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	7.	1:21.20	-	1:22.97	23.11.2024	104%	
50m Backstroke	Timed Final	8.	48.65	-	44.86	28.09.2024	85%	
50m Breaststroke	Timed Final	6.	47.28	-	47.04	28.09.2024	99%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

50m Butterfly	Timed Final	4.	40.47	-	43.59	29.09.2024	116%	
100m Butterfly	Timed Final	4.	1:33.27	-	1:39.99	07.12.2024	115%	
100m Medley	Timed Final	7.	1:33.71	-	1:31.58	23.11.2024	96%	
Brynja Sif Gunnarsdottir, 2016 (9 years), Girls								5
50m Freestyle	Timed Final	25.	44.61	-	46.80	01.02.2025	110%	
100m Freestyle	Timed Final	32.	1:40.56	-	1:49.02	07.12.2024	118%	
50m Backstroke	Timed Final	15.	55.67	-	57.02	01.02.2025	105%	
100m Backstroke	Timed Final	26.	2:00.02	-	1:54.44		91%	
50m Breaststroke	Timed Final	20.	58.45	-	1:03.74	01.02.2025	119%	
100m Breaststroke	Timed Final	32.	2:08.03	-	2:01.22		90%	
100m Medley	Timed Final	32.	1:59.26	-	2:07.77	07.12.2024	115%	
Daniel Rafn Atlason, 2010 (15 years), Boys								5
200m Freestyle	Timed Final	1.	2:32.90	-	2:39.60	29.06.2024	109%	
400m Freestyle	Timed Final	2.	5:28.29	-	5:45.47	05.10.2024	111%	
100m Butterfly	Timed Final	3.	1:25.82	-	1:31.43	28.04.2024	114%	
100m Medley	Timed Final	3.	1:26.62	-	1:28.60	07.12.2024	105%	
200m Medley	Timed Final	4.	3:00.65	-	3:08.28	30.06.2024	109%	
Elin Helga Arnardottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	6.	35.14	-	35.61	07.12.2024	103%	
100m Freestyle	Timed Final	5.	1:18.13	-	1:17.98	23.11.2024	100%	
50m Backstroke	Timed Final	4.	41.86	-	43.07	29.06.2024	106%	
100m Backstroke	Timed Final	7.	1:29.93	-	1:27.01	19.10.2024	94%	
50m Breaststroke	Timed Final	3.	43.89	-	44.98	28.09.2024	105%	
50m Butterfly	Timed Final	9.	43.88	-	45.69	07.12.2024	108%	
Emilia Ros Larsen, 2017 (8 years), Girls								1
50m Freestyle	Timed Final	16.	53.54	-	1:07.02	02.11.2024	157%	
Fridrika Yr Gudmundsdottir, 2013 (12 years), Girls								2
200m Freestyle	Timed Final	7.	2:57.55	-	2:57.13	01.02.2025	100%	
100m Backstroke	Timed Final	20.	1:53.32	-	1:47.75	07.12.2024	90%	
200m Backstroke	Timed Final	8.	3:42.78	-	3:40.33		98%	
100m Breaststroke	Timed Final	13.	1:54.63	-	1:55.76	07.12.2024	102%	
200m Medley	Timed Final	8.	3:32.63	-	4:11.02		139%	
Gabriela Bjorg Gisladdottir, 2015 (10 years), Girls								4
50m Freestyle	Timed Final	35.	51.78	-	51.79	01.02.2025	100%	
100m Freestyle	Timed Final	41.	2:01.66	-	2:02.58	02.11.2024	102%	
200m Freestyle	Timed Final	33.	4:04.37	-	2:53.55		50%	
100m Breaststroke	Timed Final	37.	2:18.75	-	2:28.99	02.11.2024	115%	
50m Butterfly	Timed Final	24.	1:01.76	-	57.55		87%	
100m Medley	Timed Final	34.	2:08.35	-	2:13.66	07.12.2024	108%	
Gudmundur Atli Gestsson, 2013 (12 years), Boys								2
100m Freestyle	Timed Final	30.	1:38.13	-	2:09.70	02.11.2024	175%	
200m Freestyle	Timed Final	27.	3:32.29	-	3:28.55		97%	
50m Backstroke	Timed Final	14.	52.78	-	1:00.19	02.11.2024	130%	
50m Breaststroke	Timed Final	8.	51.05	-	47.55		87%	
100m Breaststroke	Timed Final	10.	1:49.16	-	1:39.55		83%	
100m Medley	Timed Final	26.	1:58.32	-	1:48.55		84%	
Gudmundur Birgir Bragason, 2014 (11 years), Boys								3
50m Freestyle	Timed Final	6.	50.09	-	1:00.86	02.11.2024	148%	
50m Backstroke	Timed Final	2.	55.15	-	1:02.49	07.12.2024	128%	
50m Breaststroke	Timed Final	5.	1:12.60	-	NT		-	
25m Butterfly	Timed Final	3.	27.47	-	45.13	27.04.2024	270%	
Halldor Ingi Olafsson, 2013 (12 years), Boys								5
50m Freestyle	Timed Final	4.	31.79	-	33.49	29.09.2024	111%	
100m Breaststroke	Timed Final	5.	1:38.39	-	1:39.48	28.06.2024	102%	
50m Butterfly	Timed Final	2.	34.28	-	39.71	28.09.2024	134%	
100m Butterfly	Timed Final	1.	1:23.57	-	1:24.00	19.10.2024	101%	
200m Butterfly	Timed Final	1.	3:11.61	-	3:10.55		99%	
100m Medley	Timed Final	3.	1:22.51	-	1:23.48	23.11.2024	102%	
Halldor Thorri Heidarsson, 2015 (10 years), Boys								5
100m Freestyle	Timed Final	21.	1:29.75	-	1:36.84	02.11.2024	116%	
200m Freestyle	Timed Final	14.	3:09.40	-	3:09.55		100%	
100m Backstroke	Timed Final	10.	1:43.09	-	1:42.57	22.03.2025	99%	
100m Breaststroke	Timed Final	14.	1:55.46	-	2:03.20	15.02.2025	114%	
100m Medley	Timed Final	20.	1:45.15	-	1:47.77	01.02.2025	105%	
200m Medley	Timed Final	13.	3:36.34	-	3:45.55		109%	
Haraldur Marino Kjartansson, 2009 (16 years), Boys								3
50m Freestyle	Timed Final	1.	29.68	-	30.01	29.09.2024	102%	
100m Freestyle	Timed Final	2.	1:05.76	-	1:05.47	07.12.2024	99%	
200m Freestyle	Timed Final	1.	2:23.77	-	2:26.63	22.03.2025	104%	
50m Butterfly	Timed Final	2.	32.65	-	32.96	20.10.2024	102%	
Hildur Osk Adalsteinsdottir, 2014 (11 years), Girls								3
100m Freestyle	Timed Final	36.	1:42.81	-	1:46.68	07.12.2024	108%	
200m Freestyle	Timed Final	28.	3:32.82	-	3:20.55		89%	
50m Breaststroke	Timed Final	10.	50.84	-	54.93	01.02.2025	117%	
100m Breaststroke	Timed Final	20.	1:58.80	-	2:02.49	07.12.2024	106%	
200m Breaststroke	Timed Final	7.	3:56.47	-	3:45.55		91%	
200m Medley	Timed Final	16.	3:52.20	-	3:48.55		97%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Igor Miletic Bukarica, 2014 (11 years), Boys									-
50m Freestyle	Timed Final	24.	1:32.09	-	1:17.19	07.12.2024	70%		
Ingimar Hang Ingimarsson, 2012 (13 years), Boys									3
50m Freestyle	Timed Final	6.	34.32	-	36.55		113%		
100m Freestyle	Timed Final	11.	1:20.35	-	1:20.05	22.03.2025	99%		
200m Freestyle	Timed Final	8.	2:53.23	-	3:12.46	07.12.2024	123%		
50m Backstroke	Timed Final	5.	42.02	-	42.55		103%		
Isabella Maria Magnúsdóttir, 2016 (9 years), Girls									1
50m Freestyle	Timed Final	7.	46.15	-	51.93	07.12.2024	127%		
50m Backstroke	Timed Final	8.	59.86	-	NT		-		
Johanna Hugrun Ríkardsdóttir, 2014 (11 years), Girls									2
50m Freestyle	Timed Final	17.	53.69	-	56.38	01.06.2024	110%		
50m Backstroke	Timed Final	18.	1:09.98	-	1:08.75	02.11.2024	97%		
50m Breaststroke	Timed Final	8.	1:03.05	-	1:07.96	02.11.2024	116%		
Jokull Orri Arielsson, 2013 (12 years), Boys									6
50m Freestyle	Timed Final	9.	37.73	-	38.59	28.06.2024	105%		
100m Freestyle	Timed Final	16.	1:24.57	-	1:24.81	29.06.2024	101%		
100m Backstroke	Timed Final	8.	1:38.48	-	1:40.80	29.06.2024	105%		
100m Breaststroke	Timed Final	12.	1:49.87	-	1:56.72	27.04.2024	113%		
100m Medley	Timed Final	12.	1:35.88	-	1:39.94	30.06.2024	109%		
200m Medley	Timed Final	11.	3:28.58	-	3:41.55		113%		
Jovana Malbasa, 2013 (12 years), Girls									5
100m Freestyle	Timed Final	15.	1:28.51	-	1:31.59		107%		
200m Freestyle	Timed Final	18.	3:10.01	-	3:20.60		111%		
100m Backstroke	Timed Final	11.	1:42.61	-	1:49.38	07.12.2024	114%		
100m Breaststroke	Timed Final	17.	1:58.22	-	2:04.25		110%		
100m Medley	Timed Final	15.	1:39.67	-	1:43.78	07.12.2024	108%		
Katla Asta Ketilsdóttir, 2014 (11 years), Girls									1
50m Backstroke	Timed Final	12.	1:05.85	-	NT		-		
50m Breaststroke	Timed Final	9.	1:03.80	-	1:08.66	02.11.2024	116%		
Luna Sol Oskarsdóttir, 2016 (9 years), Girls									1
50m Freestyle	Timed Final	24.	59.27	-	1:03.36	01.02.2025	114%		
50m Backstroke	Timed Final	25.	1:17.62	-	NT		-		
Margret Mist Sigurdardóttir, 2016 (9 years), Girls									1
100m Freestyle	Timed Final	13.	1:58.42	-	2:08.84	02.11.2024	118%		
50m Backstroke	Timed Final	16.	1:08.76	-	1:02.10	01.02.2025	82%		
Maria Kristín Thorfinnsdóttir, 2011 (14 years), Girls									1
50m Freestyle	Timed Final	5.	35.11	-	35.33	31.05.2024	101%		
100m Freestyle	Timed Final	4.	1:18.59	-	1:17.03	28.06.2024	96%		
200m Freestyle	Timed Final	3.	2:43.87	-	2:42.20	23.11.2024	98%		
100m Breaststroke	Timed Final	3.	1:45.76	-	1:43.14	29.06.2024	95%		
100m Medley	Timed Final	4.	1:29.27	-	1:28.85	23.11.2024	99%		
200m Medley	Timed Final	3.	3:11.70	-	3:10.41	28.06.2024	99%		
Marin Osk Arnarsdóttir, 2016 (9 years), Girls									1
50m Freestyle	Timed Final	25.	59.77	-	1:00.36	01.02.2025	102%		
Matthias Mani Johannsson, 2016 (9 years), Boys									-
50m Freestyle	Timed Final	15.	57.04	-	51.95	01.02.2025	83%		
50m Backstroke	Timed Final	7.	1:11.38	-	1:01.99	01.02.2025	75%		
50m Breaststroke	Timed Final	8.	1:33.51	-	NT		-		
Matthilda Lilja Larsen, 2014 (11 years), Girls									5
100m Freestyle	Timed Final	9.	1:22.48	-	1:24.86	20.10.2024	106%		
200m Freestyle	Timed Final	10.	2:58.50	-	3:18.48	28.04.2024	124%		
50m Breaststroke	Timed Final	7.	47.90	-	47.41	28.09.2024	98%		
100m Breaststroke	Timed Final	3.	1:42.19	-	1:45.01	19.10.2024	106%		
50m Butterfly	Timed Final	5.	42.04	-	42.28	29.06.2024	101%		
100m Medley	Timed Final	5.	1:31.02	-	1:35.39	12.05.2024	110%		
Mila Malivuk, 2014 (11 years), Girls									3
100m Freestyle	Timed Final	31.	1:39.24	-	1:47.78	07.12.2024	118%		
200m Freestyle	Timed Final	29.	3:33.43	-	3:35.55		102%		
50m Backstroke	Timed Final	12.	52.31	-	55.48	07.12.2024	112%		
100m Medley	Timed Final	33.	2:00.33	-	1:52.55		87%		
Sara Dis Arnarsdóttir, 2015 (10 years), Girls									-
50m Freestyle	Timed Final	22.	58.76	-	NT		-		
50m Backstroke	Timed Final	21.	1:14.10	-	NT		-		
Sara Grecko, 2016 (9 years), Girls									4
50m Freestyle	Timed Final	18.	39.56	-	42.80	01.02.2025	117%		
100m Freestyle	Timed Final	26.	1:33.53	-	1:48.94	02.11.2024	136%		
100m Backstroke	Timed Final	16.	1:48.39	-	1:53.44	02.11.2024	110%		
100m Breaststroke	Timed Final	30.	2:06.01	-	1:53.55		81%		
100m Medley	Timed Final	23.	1:46.52	-	1:57.60	01.02.2025	122%		
200m Medley	Timed Final	14.	3:51.52	-	3:45.55		95%		
Savar Sindri Johannesson, 2010 (15 years), Boys									5
50m Freestyle	Timed Final	3.	33.23	-	34.87	07.12.2024	110%		
200m Freestyle	Timed Final	2.	2:33.13	-	2:32.12	15.02.2025	99%		
50m Butterfly	Timed Final	2.	35.05	-	37.59	07.12.2024	115%		
100m Butterfly	Timed Final	1.	1:19.50	-	1:22.13		107%		
200m Butterfly	Timed Final	1.	2:49.62	-	2:50.50		101%		
200m Medley	Timed Final	1.	2:44.65	-	2:45.93	22.03.2025	102%		

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Steinunn Freyja Simensen, 2016 (9 years), Girls								-
50m Freestyle	Timed Final	20.	57.30	-	NT		-	
50m Backstroke	Timed Final	13.	1:06.50	-	NT		-	
25m Breaststroke	Timed Final	2.	31.47	-	NT		-	
Tinna Sigurros Zarioh, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	27.	45.44	-	45.68	01.02.2025	101%	
100m Freestyle	Timed Final	35.	1:42.71	-	1:48.64	02.11.2024	112%	
50m Backstroke	Timed Final	16.	55.72	-	56.08	01.02.2025	101%	
100m Breaststroke	Timed Final	21.	1:59.13	-	2:06.94	02.11.2024	114%	
Travis Bensow, 2011 (14 years), Boys								6
50m Freestyle	Timed Final	4.	35.05	-	37.18	07.12.2024	113%	
100m Freestyle	Timed Final	3.	1:20.84	-	1:23.53	07.12.2024	107%	
200m Freestyle	Timed Final	5.	2:52.69	-	3:00.36	23.11.2024	109%	
50m Backstroke	Timed Final	1.	40.60	-	45.30	02.06.2024	124%	
100m Backstroke	Timed Final	2.	1:30.51	-	1:32.82	07.12.2024	105%	
200m Medley	Timed Final	6.	3:23.45	-	3:33.91	23.11.2024	111%	
Viktor Tepavcevic, 2015 (10 years), Boys								5
100m Freestyle	Timed Final	18.	1:26.36	-	1:27.06	22.03.2025	102%	
200m Freestyle	Timed Final	12.	3:05.21	-	3:22.47	07.12.2024	120%	
100m Breaststroke	Timed Final	18.	1:56.47	-	2:04.09	07.12.2024	114%	
200m Breaststroke	Timed Final	7.	4:00.09	-	3:45.55		88%	
100m Medley	Timed Final	15.	1:39.50	-	1:40.99	01.02.2025	103%	
200m Medley	Timed Final	14.	3:41.17	-	3:45.55		104%	
Viktoria Osk Viktorsdottir, 2015 (10 years), Girls								-
50m Freestyle	Timed Final	12.	52.69	-	NT		-	
50m Backstroke	Timed Final	14.	1:06.63	-	NT		-	
25m Breaststroke	Timed Final	1.	31.32	-	NT		-	
Yrsa Eythorsdottir, 2015 (10 years), Girls								2
50m Freestyle	Timed Final	28.	45.57	-	54.71		144%	
100m Freestyle	Timed Final	39.	1:46.50	-	1:52.05	07.12.2024	111%	
50m Backstroke	Timed Final	18.	57.03	-	56.91	07.12.2024	100%	
100m Backstroke	Timed Final	27.	2:12.84	-	2:04.55		88%	
Yrsa Lif Oddgeirsdottir, 2012 (13 years), Girls								6
50m Freestyle	Timed Final	12.	37.19	-	38.21	07.12.2024	106%	
100m Freestyle	Timed Final	8.	1:21.65	-	1:25.05	23.11.2024	109%	
200m Freestyle	Timed Final	6.	2:54.03	-	3:02.14	23.11.2024	110%	
50m Backstroke	Timed Final	6.	43.95	-	48.65	02.06.2024	123%	
200m Backstroke	Timed Final	3.	3:16.89	-	3:25.55		109%	
100m Medley	Timed Final	8.	1:33.93	-	1:37.12	23.11.2024	107%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

								73
Sundfelagid Agir								2
Asa Julia Kaldal, 2009 (16 years), Girls								
50m Freestyle	Timed Final	3.	34.39	-	34.55	28.09.2024	101%	
200m Freestyle	Timed Final	1.	2:39.20	-	2:36.33	28.09.2024	96%	
100m Breaststroke	Timed Final	2.	1:47.57	-	1:42.63		91%	
50m Butterfly	Timed Final	3.	40.53	-	43.23	14.02.2025	114%	
200m Medley	Timed Final	1.	3:15.26	-	3:10.51		95%	
Benjamin Thor Jonsson, 2012 (13 years), Boys								5
100m Freestyle	Timed Final	4.	1:12.78	-	1:16.67	28.09.2024	111%	
50m Breaststroke	Timed Final	2.	43.93	-	47.36		116%	
100m Butterfly	Timed Final	2.	1:24.87	-	1:32.93		120%	
100m Medley	Timed Final	4.	1:24.61	-	1:26.53	23.11.2024	105%	
200m Medley	Timed Final	4.	3:03.37	-	3:07.08		104%	
Brynja Dis Bjarkardottir, 2014 (11 years), Girls								5
100m Freestyle	Timed Final	21.	1:31.50	-	1:41.76	01.02.2025	124%	
200m Freestyle	Timed Final	27.	3:21.24	-	NT		-	
100m Backstroke	Timed Final	13.	1:43.44	-	2:01.84	01.02.2025	139%	
50m Breaststroke	Timed Final	2.	50.01	-	1:03.24		160%	
100m Breaststroke	Timed Final	11.	1:53.91	-	2:09.46	23.11.2024	129%	
100m Medley	Timed Final	3.	1:41.11	-	1:52.42	01.02.2025	124%	
Dagur Noi Helgason, 2013 (12 years), Boys								2
50m Breaststroke	Timed Final	4.	44.40	-	47.21	19.10.2024	113%	
200m Breaststroke	Timed Final	2.	3:24.26	-	3:31.56	23.11.2024	107%	
100m Medley	Timed Final	5.	1:30.09	-	1:26.45	28.09.2024	92%	
Drofn Elinros Arnadottir, 2014 (11 years), Girls								5
50m Freestyle	Timed Final	31.	46.46	-	50.13	14.02.2025	116%	
100m Freestyle	Timed Final	5.	1:42.25	-	1:56.64	16.02.2025	130%	
50m Backstroke	Timed Final	14.	53.79	-	58.19	01.02.2025	117%	
100m Breaststroke	Timed Final	24.	2:00.64	-	2:14.93	01.02.2025	125%	
200m Breaststroke	Timed Final	11.	4:15.49	-	4:24.11	16.02.2025	107%	
100m Medley	Timed Final	8.	1:51.76	-	NT		-	
Eldar Sverrisson, 2013 (12 years), Boys								2
50m Freestyle	Timed Final	12.	39.21	-	43.00		120%	
100m Freestyle	Timed Final	24.	1:32.00	-	1:28.26		92%	
50m Backstroke	Timed Final	6.	47.32	-	49.51		109%	
100m Backstroke	Timed Final	15.	1:50.42	-	1:46.18		92%	
Eva Petursdottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	2.	38.47	-	41.88	01.02.2025	119%	
200m Freestyle	Timed Final	12.	3:02.89	-	3:11.65	15.02.2025	110%	
100m Backstroke	Timed Final	19.	1:52.03	-	2:09.94	01.02.2025	135%	
100m Breaststroke	Timed Final	18.	1:58.46	-	2:03.96	15.02.2025	110%	
50m Butterfly	Timed Final	21.	52.00	-	NT		-	
Hlynur Thor Eythorsson, 2013 (12 years), Boys								-
100m Freestyle	Timed Final	43.	2:04.44	-	2:00.59	01.02.2025	94%	
50m Backstroke	Timed Final	20.	1:02.90	-	NT		-	
Isak Gunnar Jonsson, 2013 (12 years), Boys								5
50m Freestyle	Timed Final	7.	34.91	-	35.78	14.02.2025	105%	
100m Freestyle	Timed Final	7.	1:17.57	-	1:24.95	28.09.2024	120%	
200m Freestyle	Timed Final	5.	2:50.01	-	3:00.64	28.09.2024	113%	
100m Breaststroke	Timed Final	9.	1:46.57	-	2:02.24		132%	
50m Butterfly	Timed Final	5.	37.52	-	38.66	22.03.2025	106%	
Julia Rut Larusdottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	3.	39.83	-	42.19	01.02.2025	112%	
200m Freestyle	Timed Final	20.	3:11.32	-	3:18.94	15.02.2025	108%	
50m Breaststroke	Timed Final	16.	57.06	-	59.26	01.02.2025	108%	
100m Breaststroke	Timed Final	27.	2:02.07	-	2:06.86	01.02.2025	108%	
50m Butterfly	Timed Final	19.	49.69	-	NT		-	
100m Medley	Timed Final	5.	1:43.64	-	NT		-	
Lara Bjork Elvarsdottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	33.	47.37	-	48.18	01.02.2025	103%	
100m Freestyle	Timed Final	6.	1:43.96	-	2:05.64	01.02.2025	146%	
200m Freestyle	Timed Final	32.	3:55.40	-	NT		-	
50m Backstroke	Timed Final	22.	1:03.68	-	1:06.40		109%	
100m Breaststroke	Timed Final	38.	2:20.16	-	2:28.38	01.02.2025	112%	
100m Medley	Timed Final	10.	2:12.02	-	NT		-	
Olivia Loa Porricelli, 2014 (11 years), Girls								6
50m Freestyle	Timed Final	15.	38.69	-	39.58	01.02.2025	105%	
200m Freestyle	Timed Final	23.	3:14.62	-	3:29.80	15.02.2025	116%	
50m Backstroke	Timed Final	13.	52.35	-	1:03.66		148%	
50m Breaststroke	Timed Final	1.	49.81	-	52.98	01.02.2025	113%	
100m Breaststroke	Timed Final	23.	1:59.74	-	1:59.76	01.02.2025	100%	
100m Medley	Timed Final	6.	1:45.89	-	1:50.00	01.02.2025	108%	
Pall Ragnar Smith, 2012 (13 years), Boys								4
50m Freestyle	Timed Final	5.	33.12	-	34.65		109%	
100m Freestyle	Timed Final	3.	1:12.74	-	1:17.99	23.11.2024	115%	
100m Backstroke	Timed Final	3.	1:26.59	-	1:27.07	01.02.2025	101%	
200m Backstroke	Timed Final	3.	3:01.34	-	3:11.68	23.11.2024	112%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Pavle Djuric, 2014 (11 years), Boys								1
50m Freestyle	Timed Final	5.	44.53	-	47.97	16.02.2025	116%	
100m Breaststroke	Timed Final	27.	2:14.78	-	NT		-	
Sigurborg Asta Leifsdottir Kaldal, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	13.	37.84	-	38.42	16.02.2025	103%	
200m Freestyle	Timed Final	14.	3:03.05	-	3:01.89	01.02.2025	99%	
100m Backstroke	Timed Final	18.	1:49.45	-	2:01.18		123%	
100m Breaststroke	Timed Final	14.	1:55.16	-	1:58.92	01.02.2025	107%	
50m Butterfly	Timed Final	14.	47.87	-	52.28	14.02.2025	119%	
Silja Karen Kristjansdottir, 2010 (15 years), Girls								5
50m Freestyle	Timed Final	2.	32.30	-	33.13	19.10.2024	105%	
100m Freestyle	Timed Final	3.	1:11.74	-	1:15.53	20.10.2024	111%	
50m Breaststroke	Timed Final	1.	42.05	-	43.53	20.10.2024	107%	
100m Breaststroke	Timed Final	1.	1:37.12	-	1:37.18	19.10.2024	100%	
200m Breaststroke	Timed Final	1.	3:24.25	-	3:24.47		100%	
Svanberg Leo Joelsson, 2012 (13 years), Boys								5
50m Freestyle	Timed Final	3.	31.04	-	33.15		114%	
100m Freestyle	Timed Final	1.	1:06.91	-	1:11.06	23.11.2024	113%	
100m Breaststroke	Timed Final	1.	1:33.41	-	1:43.76		123%	
200m Breaststroke	Timed Final	1.	3:18.53	-	3:49.35		133%	
100m Butterfly	Timed Final	3.	1:25.30	-	1:31.00	22.03.2025	114%	
Thorbjorn Logi Joelsson, 2015 (10 years), Boys								4
50m Freestyle	Timed Final	4.	43.81	-	47.64	01.02.2025	118%	
100m Freestyle	Timed Final	36.	1:43.47	-	1:48.36	01.02.2025	110%	
200m Freestyle	Timed Final	29.	3:34.74	-	NT		-	
100m Backstroke	Timed Final	21.	1:59.18	-	2:08.70	15.02.2025	117%	
50m Butterfly	Timed Final	8.	55.29	-	NT		-	
100m Medley	Timed Final	4.	1:56.62	-	2:10.11	01.02.2025	124%	
Thordis Lilja Arnorsdottir, 2014 (11 years), Girls								2
50m Freestyle	Timed Final	34.	49.12	-	52.36	01.02.2025	114%	
50m Backstroke	Timed Final	10.	1:02.52	-	1:07.44	01.02.2025	116%	
50m Backstroke	Timed Final	21.	1:01.97	-	NT		-	
Ulfur Rafn Leifsson, 2012 (13 years), Boys								3
100m Freestyle	Timed Final	8.	1:17.78	-	1:21.88	28.09.2024	111%	
200m Freestyle	Timed Final	4.	2:49.96	-	2:48.15	28.09.2024	98%	
100m Backstroke	Timed Final	6.	1:33.11	-	1:36.87	16.02.2025	108%	
200m Backstroke	Timed Final	5.	3:13.40	-	3:26.65	28.09.2024	114%	
Vignir Leo Davidsson Baxter, 2013 (12 years), Boys								1
50m Freestyle	Timed Final	27.	46.74	-	NT		-	
100m Freestyle	Timed Final	33.	1:39.62	-	1:49.29	16.02.2025	120%	
100m Medley	Timed Final	27.	2:07.92	-	NT		-	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

								28
Sundfelagid Odinn								4
Adriana Marin Einarsdottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	1.	38.15	-	41.98	07.12.2024	121%	
100m Freestyle	Timed Final	3.	1:29.44	-	1:30.94	07.12.2024	103%	
50m Backstroke	Timed Final	3.	49.60	-	57.49	02.11.2024	134%	
100m Breaststroke	Timed Final	22.	1:59.35	-	NT		-	
100m Medley	Timed Final	4.	1:42.47	-	1:52.98	02.11.2024	122%	
Elma Lind Halldorsdottir, 2014 (11 years), Girls								4
50m Freestyle	Timed Final	9.	47.76	-	50.22	02.11.2024	111%	
100m Freestyle	Timed Final	40.	1:50.95	-	1:55.94	02.11.2024	109%	
50m Backstroke	Timed Final	19.	58.74	-	1:04.05	02.11.2024	119%	
25m Butterfly	Timed Final	3.	28.94	-	35.00		146%	
Gudbjorg Freyja Rikhardsdottir, 2014 (11 years), Girls								6
50m Freestyle	Timed Final	5.	42.83	-	44.32	14.09.2024	107%	
100m Freestyle	Timed Final	4.	1:37.37	-	1:39.79	07.12.2024	105%	
100m Freestyle	Timed Final	33.	1:40.82	-	1:39.79	07.12.2024	98%	
50m Backstroke	Timed Final	6.	53.70	-	1:04.33	15.09.2024	144%	
25m Butterfly	Timed Final	1.	22.27	-	30.00		181%	
50m Butterfly	Timed Final	22.	55.99	-	56.38	07.12.2024	101%	
100m Medley	Timed Final	9.	2:02.42	-	2:09.37	07.12.2024	112%	
Sunna Berglind Steinarsdottir, 2016 (9 years), Girls								7
25m Freestyle	Timed Final	1.	21.48	-	23.00		115%	
50m Freestyle	Timed Final	11.	51.42	-	50.60	07.12.2024	97%	
100m Freestyle	Timed Final	9.	1:50.59	-	2:03.32	15.09.2024	124%	
25m Backstroke	Timed Final	1.	27.30	-	28.00		105%	
50m Backstroke	Timed Final	17.	56.45	-	1:10.10	07.12.2024	154%	
50m Backstroke	Timed Final	7.	58.70	-	1:10.10	07.12.2024	143%	
25m Breaststroke	Timed Final	3.	40.82	-	30.00		54%	
50m Butterfly	Timed Final	23.	59.87	-	1:10.00		137%	
100m Medley	Timed Final	11.	2:20.88	-	2:22.48	07.12.2024	102%	
Thor Bjarnar Kristjansson, 2015 (10 years), Boys								7
50m Freestyle	Timed Final	19.	42.03	-	42.66	02.11.2024	103%	
50m Freestyle	Timed Final	2.	40.20	-	42.66	02.11.2024	113%	
100m Freestyle	Timed Final	2.	1:37.55	-	1:41.42	02.11.2024	108%	
50m Backstroke	Timed Final	1.	52.89	-	53.14	02.11.2024	101%	
100m Backstroke	Timed Final	19.	1:56.05	-	2:10.00		125%	
50m Breaststroke	Timed Final	1.	57.72	-	57.96	02.11.2024	101%	
200m Breaststroke	Timed Final	8.	4:29.09	-	3:59.00		79%	
100m Medley	Timed Final	2.	1:48.16	-	1:50.67	02.11.2024	105%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

UMF Afturelding										46
Andri Isak Brynjarsson, 2012 (13 years), Boys										2
100m Freestyle	Timed Final	23.	1:31.18	-	1:33.62			105%		
200m Freestyle	Timed Final	21.	3:21.81	-	3:28.76			107%		
Antoni Wyrwas, 2014 (11 years), Boys										1
50m Freestyle	Timed Final	3.	43.31	-	49.85	14.02.2025		132%		
Arnaldur Smari Arnason, 2012 (13 years), Boys										2
100m Freestyle	Timed Final	28.	1:35.05	-	1:38.43	23.11.2024		107%		
200m Freestyle	Timed Final	28.	3:32.52	-	3:37.81	15.02.2025		105%		
Arnar Smari Sigurdarson, 2012 (13 years), Boys										3
100m Freestyle	Timed Final	10.	1:19.93	-	1:28.80	23.11.2024		123%		
200m Freestyle	Timed Final	11.	2:57.84	-	3:15.72	15.02.2025		121%		
100m Medley	Timed Final	14.	1:38.66	-	1:48.24	23.11.2024		120%		
Arnor Aran Elmarsson, 2015 (10 years), Boys										1
50m Freestyle	Timed Final	17.	59.11	-	1:01.86			110%		
Aron Bragi Mariuson, 2012 (13 years), Boys										3
100m Freestyle	Timed Final	6.	1:16.44	-	1:21.45	19.10.2024		114%		
50m Breaststroke	Timed Final	7.	49.79	-	56.41	14.09.2024		128%		
100m Medley	Timed Final	8.	1:32.21	-	1:42.25			123%		
Benjamin Petursson, 2012 (13 years), Boys										3
400m Freestyle	Timed Final	3.	5:06.94	-	5:51.78			131%		
50m Butterfly	Timed Final	4.	34.53	-	35.71	14.02.2025		107%		
400m Medley	Timed Final	2.	6:02.49	-	6:15.60			107%		
Bjarki Ragnar Arnarsson, 2012 (13 years), Boys										4
50m Freestyle	Timed Final	1.	29.13	-	29.53			103%		
200m Backstroke	Timed Final	1.	2:40.70	-	2:48.61	23.11.2024		110%		
50m Butterfly	Timed Final	1.	33.81	-	36.08	14.09.2024		114%		
400m Medley	Timed Final	3.	6:13.21	-	6:15.60			101%		
Elisabet Steinunn Andradottir, 2013 (12 years), Girls										2
100m Freestyle	Timed Final	11.	1:24.49	-	1:34.18	15.09.2024		124%		
200m Freestyle	Timed Final	17.	3:07.80	-	3:18.13	23.11.2024		111%		
Erika Maria Lexi Davidsdottir, 2016 (9 years), Girls										1
50m Freestyle	Timed Final	19.	56.04	-	1:05.55			137%		
Fannar Mar Sigurdarson, 2016 (9 years), Boys										1
50m Freestyle	Timed Final	7.	51.83	-	1:21.99			250%		
Hrafnhildur Lea Karlsdottir, 2010 (15 years), Girls										3
200m Freestyle	Timed Final	5.	2:47.61	-	3:00.19	22.03.2025		116%		
100m Breaststroke	Timed Final	2.	1:38.72	-	1:41.66	19.10.2024		106%		
200m Medley	Timed Final	4.	3:13.18	-	3:20.96			108%		
Johannes Runar Bjornsson Briem, 2013 (12 years), Boys										1
100m Freestyle	Timed Final	27.	1:34.47	-	1:55.86			150%		
Katrín Dogg Steinarsdottir, 2014 (11 years), Girls										2
50m Freestyle	Timed Final	14.	53.35	-	56.03	13.09.2024		110%		
50m Backstroke	Timed Final	19.	1:11.73	-	1:21.89	13.09.2024		130%		
Kolbeinn Floki Gunnarsson, 2012 (13 years), Boys										3
200m Freestyle	Timed Final	6.	2:50.82	-	3:10.31	23.11.2024		124%		
100m Medley	Timed Final	10.	1:33.20	-	1:38.77			112%		
200m Medley	Timed Final	9.	3:23.78	-	3:25.04			101%		
Kormakur Bragi Bjarnason, 2014 (11 years), Boys										1
50m Freestyle	Timed Final	22.	1:13.40	-	1:25.39	13.09.2024		135%		
Kristjan Gisli Steinarsson Bech, 2012 (13 years), Boys										2
100m Freestyle	Timed Final	20.	1:28.75	-	1:29.87	23.11.2024		103%		
200m Freestyle	Timed Final	23.	3:23.77	-	3:51.89			130%		
100m Medley	Timed Final	22.	1:52.39	-	1:42.45			83%		
Kristjan Logi Karlsson, 2012 (13 years), Boys										1
100m Freestyle	Timed Final	31.	1:38.28	-	1:37.95	23.11.2024		99%		
200m Freestyle	Timed Final	26.	3:31.75	-	3:54.05	15.02.2025		122%		
Mangirdas Moliusis, 2012 (13 years), Boys										2
50m Breaststroke	Timed Final	6.	46.21	-	59.81			168%		
100m Medley	Timed Final	7.	1:31.36	-	1:39.01			117%		
Margret Brynja Steingrimsdottir, 2012 (13 years), Girls										2
400m Freestyle	Timed Final	3.	5:51.79	-	6:12.73			112%		
50m Butterfly	Timed Final	2.	37.74	-	39.24	14.02.2025		108%		
Margret Mjoll Steinarsdottir, 2014 (11 years), Girls										1
50m Freestyle	Timed Final	18.	55.82	-	1:00.24	13.09.2024		116%		
Matthias Petursson, 2016 (9 years), Boys										1
50m Freestyle	Timed Final	10.	53.51	-	1:25.66			256%		
Noi Nikolai Davidsson, 2013 (12 years), Boys										3
100m Freestyle	Timed Final	2.	1:08.28	-	1:13.28	23.11.2024		115%		
200m Freestyle	Timed Final	2.	2:28.20	-	2:34.00	23.03.2025		108%		
100m Breaststroke	Timed Final	7.	1:42.08	-	1:47.88	22.03.2025		112%		
Sigurdur Almar Hilmarsson, 2013 (12 years), Boys										1
100m Freestyle	Timed Final	38.	1:45.20	-	1:59.35			129%		

Lýsismót Ármanns
Reykjavik, 5. - 6.4.2025

Thorir Steinn Gudnason, 2015 (10 years), Boys								
50m Freestyle	Timed Final	21.	1:12.27	-	1:09.64		93%	-

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

UMF Selfoss							9
Birta Margret Larsen, 2013 (12 years), Girls							2
50m Freestyle	Timed Final	11.	37.12	-	40.05	116%	
50m Breaststroke	Timed Final	8.	48.87	-	51.89	113%	
Karitas Lif Robertsdottir, 2010 (15 years), Girls							1
50m Freestyle	Timed Final	8.	37.60	-	39.59	111%	
Ragna Fanney Robertsdottir, 2012 (13 years), Girls							1
50m Freestyle	Timed Final	14.	38.38	-	41.11	115%	
Sara Fanney Snorradottir, 2010 (15 years), Girls							1
50m Freestyle	Timed Final	7.	37.42	-	38.24	104%	
Selma Katrin Snorradottir, 2013 (12 years), Girls							2
50m Freestyle	Timed Final	20.	40.70	-	41.35	103%	
50m Breaststroke	Timed Final	18.	58.01	-	1:03.94	121%	
Torfi Rafn Atlason, 2012 (13 years), Boys							2
100m Freestyle	Timed Final	9.	1:19.23	-	1:24.63	114%	
50m Backstroke	Timed Final	4.	41.20	-	43.37	111%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

UMF Throttur										18
Amilia Osk Arnorsdottir, 2018 (7 years), Girls										2
25m Freestyle	Timed Final	6.	38.32	-	1:00.00			245%		
25m Backstroke	Timed Final	3.	45.13	-	1:00.00			177%		
Angelika Maria Przylozynska, 2014 (11 years), Girls										2
50m Freestyle	Timed Final	30.	1:02.56	-	1:10.61	01.02.2025		127%		
50m Backstroke	Timed Final	23.	1:15.52	-	1:50.00			212%		
Emilia Alfa Brynjarsdottir, 2016 (9 years), Girls										2
50m Freestyle	Timed Final	33.	1:26.93	-	1:50.00			160%		
50m Backstroke	Timed Final	27.	1:40.72	-	1:50.00			119%		
Emilia Frida Johannesdottir, 2017 (8 years), Girls										1
50m Freestyle	Timed Final	34.	1:53.47	-	2:01.87	01.02.2025		115%		
Kristel Birna Omarsdottir, 2015 (10 years), Girls										3
50m Freestyle	Timed Final	31.	1:07.80	-	1:15.00	01.02.2025		122%		
50m Backstroke	Timed Final	26.	1:36.68	-	1:50.00			129%		
50m Breaststroke	Timed Final	15.	1:22.19	-	1:37.19	01.02.2025		140%		
Mia Edda Ingvarsdottir, 2015 (10 years), Girls										2
50m Freestyle	Timed Final	13.	53.09	-	1:03.49	01.02.2025		143%		
50m Backstroke	Timed Final	11.	1:03.60	-	1:27.52			189%		
Nimrod Molnar, 2017 (8 years), Boys										1
25m Freestyle	Timed Final	18.	50.89	-	1:00.00			139%		
Patrik Noi Thorrason, 2016 (9 years), Boys										2
50m Freestyle	Timed Final	26.	1:59.50	-	2:17.08	01.02.2025		132%		
50m Backstroke	Timed Final	10.	1:58.42	-	1:59.23	01.02.2025		101%		
Thorleifur Kjartan Kristmundsson, 2017 (8 years), Boys										1
50m Backstroke	Timed Final	9.	1:36.79	-	2:00.00			154%		
Una Maria Aronsdottir, 2015 (10 years), Girls										2
50m Freestyle	Timed Final	6.	46.02	-	52.98	01.02.2025		133%		
50m Backstroke	Timed Final	9.	1:00.39	-	57.84	01.02.2025		92%		
50m Breaststroke	Timed Final	7.	1:02.56	-	1:09.16	01.02.2025		122%		

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Umfk

Albert Sigurdsson, 2016 (9 years), Boys							-
25m Freestyle	Timed Final	6.	32.10	-	NT	-	-
Oliver Heidar Helgason, 2015 (10 years), Boys							-
25m Freestyle	Timed Final	1.	24.87	-	NT	-	-
Ronja Bjork Reynisdottir, 2015 (10 years), Girls							-
25m Freestyle	Timed Final	5.	31.94	-	NT	-	-
Samantha Amelia Wawrusztak, 2015 (10 years), Girls							-
25m Freestyle	Timed Final	10.	1:00.92	-	NT	-	-
Solvi Freyr Hardarsson, 2016 (9 years), Boys							-
25m Freestyle	Timed Final	5.	30.13	-	NT	-	-

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Armann								164
Alexander Noel Hjaltason, 2012 (13 years), Boys								5
100m Freestyle	Timed Final	12.	1:20.54	-	1:22.76	23.11.2024	106%	
50m Backstroke	Timed Final	3.	41.17	-	45.56	19.10.2024	122%	
100m Breaststroke	Timed Final	2.	1:33.64	-	1:43.22	19.10.2024	122%	
50m Butterfly	Timed Final	6.	42.98	-	43.88	14.02.2025	104%	
200m Medley	Timed Final	7.	3:12.36	-	3:26.75	23.11.2024	116%	
Alfred Hjortur Hall, 2012 (13 years), Boys								2
100m Freestyle	Timed Final	40.	1:46.53	-	1:56.37	02.11.2024	119%	
50m Backstroke	Timed Final	16.	54.80	-	1:00.99	14.02.2025	124%	
Anna Bjork Brzezinska, 2013 (12 years), Girls								9
100m Freestyle	Timed Final	25.	1:33.10	-	1:47.94	02.11.2024	134%	
200m Freestyle	Timed Final	26.	3:19.82	-	3:45.92	28.09.2024	128%	
400m Freestyle	Timed Final	10.	7:23.28	-	7:45.00		110%	
100m Backstroke	Timed Final	21.	1:53.36	-	2:08.52	29.09.2024	129%	
200m Backstroke	Timed Final	9.	3:59.16	-	4:28.31	28.09.2024	126%	
100m Breaststroke	Timed Final	36.	2:15.17	-	2:23.55	29.09.2024	113%	
50m Butterfly	Timed Final	20.	51.37	-	53.59	29.09.2024	109%	
100m Butterfly	Timed Final	9.	1:58.68	-	2:20.00		139%	
100m Medley	Timed Final	23.	1:46.52	-	1:57.22	28.09.2024	121%	
200m Medley	Timed Final	15.	3:52.13	-	NT		-	
Anna Gloria Karadottir, 2011 (14 years), Girls								3
100m Backstroke	Timed Final	1.	1:22.73	-	1:23.71	23.11.2024	102%	
100m Medley	Timed Final	2.	1:21.42	-	1:25.66	02.11.2024	111%	
400m Medley	Timed Final	2.	6:22.42	-	7:36.71		143%	
Anton Mani Arkadiusson, 2014 (11 years), Boys								5
100m Freestyle	Timed Final	4.	1:38.54	-	1:47.19	23.11.2024	118%	
100m Backstroke	Timed Final	14.	1:49.77	-	2:02.39	29.09.2024	124%	
50m Breaststroke	Timed Final	2.	59.54	-	59.91	28.09.2024	101%	
100m Breaststroke	Timed Final	25.	2:09.25	-	2:10.97	15.02.2025	103%	
200m Breaststroke	Timed Final	9.	4:37.71	-	NT		-	
100m Butterfly	Timed Final	5.	2:05.68	-	NT		-	
100m Medley	Timed Final	23.	1:52.44	-	1:56.86	23.11.2024	108%	
Antoni Bajkowski Toczynski, 2015 (10 years), Boys								1
50m Freestyle	Timed Final	9.	52.77	-	1:18.63		222%	
Arnar Noi Dagmararson, 2016 (9 years), Boys								2
100m Freestyle	Timed Final	7.	1:47.11	-	2:06.97		141%	
50m Backstroke	Timed Final	8.	1:11.94	-	1:14.64	28.09.2024	108%	
Arni Gudmundur Tumason, 2013 (12 years), Boys								6
200m Freestyle	Timed Final	13.	3:07.99	-	3:10.05	15.02.2025	102%	
50m Backstroke	Timed Final	7.	47.44	-	48.88	02.11.2024	106%	
100m Backstroke	Timed Final	9.	1:40.63	-	1:43.75	23.11.2024	106%	
50m Breaststroke	Timed Final	9.	51.44	-	51.38	02.11.2024	100%	
100m Breaststroke	Timed Final	11.	1:49.30	-	1:52.46	23.11.2024	106%	
200m Breaststroke	Timed Final	4.	3:40.87	-	3:57.93	28.09.2024	116%	
200m Medley	Timed Final	12.	3:32.10	-	3:38.98	29.09.2024	107%	
Aron Kari Gudmundsson, 2012 (13 years), Boys								4
50m Freestyle	Timed Final	14.	41.26	-	45.54		122%	
200m Freestyle	Timed Final	25.	3:30.84	-	3:38.65		108%	
200m Backstroke	Timed Final	6.	3:57.77	-	NT		-	
100m Breaststroke	Timed Final	23.	2:00.16	-	1:58.86		98%	
100m Medley	Timed Final	19.	1:44.42	-	1:48.71		108%	
200m Medley	Timed Final	15.	3:42.78	-	4:04.34		120%	
Arora Mjoll Jonsdottir, 2013 (12 years), Girls								3
50m Breaststroke	Timed Final	1.	39.07	-	40.79	14.02.2025	109%	
200m Breaststroke	Timed Final	1.	3:06.19	-	3:15.27	14.12.2024	110%	
100m Butterfly	Timed Final	3.	1:32.92	-	1:56.77		158%	
400m Medley	Timed Final	2.	6:12.42	-	NT	14.02.2025	-	
Asgerdur Einarsdottir, 2011 (14 years), Girls								4
50m Freestyle	Timed Final	6.	36.25	-	39.89		121%	
200m Freestyle	Timed Final	2.	2:41.99	-	2:46.16	01.02.2025	105%	
100m Backstroke	Timed Final	3.	1:37.74	-	1:43.20	01.02.2025	111%	
200m Breaststroke	Timed Final	2.	3:50.60	-	4:17.70		125%	
Astros Amy Petursdottir, 2015 (10 years), Girls								5
50m Freestyle	Timed Final	4.	41.73	-	44.22	14.02.2025	112%	
200m Freestyle	Timed Final	16.	3:06.26	-	3:46.22	23.11.2024	148%	
400m Freestyle	Timed Final	7.	6:40.03	-	NT		-	
50m Backstroke	Timed Final	4.	52.47	-	55.81	01.02.2025	113%	
100m Backstroke	Timed Final	23.	1:55.00	-	1:59.63	15.02.2025	108%	
50m Breaststroke	Timed Final	5.	59.18	-	1:03.12	01.02.2025	114%	
100m Breaststroke	Timed Final	35.	2:11.41	-	NT		-	
50m Butterfly	Timed Final	18.	49.47	-	NT		-	
100m Medley	Timed Final	7.	1:50.63	-	NT		-	
200m Medley	Timed Final	13.	3:50.84	-	NT		-	
Ayja Katrin Armstrong, 2011 (14 years), Girls								7
50m Freestyle	Timed Final	1.	32.07	-	32.67	28.09.2024	104%	
100m Freestyle	Timed Final	2.	1:10.75	-	1:13.66	23.11.2024	108%	
200m Freestyle	Timed Final	1.	2:37.85	-	2:44.70	28.09.2024	109%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

100m Backstroke	Timed Final	2.	1:29.28	-	1:26.98	23.11.2024	95%	
50m Breaststroke	Timed Final	2.	45.36	-	46.32	28.09.2024	104%	
50m Butterfly	Timed Final	2.	36.22	-	38.00		110%	
100m Medley	Timed Final	3.	1:24.38	-	1:28.42		110%	
400m Medley	Timed Final	3.	6:35.28	-	7:02.54		114%	
Birkir Ari Tumason, 2011 (14 years), Boys								
50m Freestyle	Timed Final	5.	39.20	-	45.33		134%	4
200m Freestyle	Timed Final	6.	3:25.14	-	3:21.36	23.11.2024	96%	
100m Backstroke	Timed Final	3.	1:53.91	-	1:55.13	23.11.2024	102%	
200m Backstroke	Timed Final	2.	4:06.96	-	4:18.99		110%	
50m Butterfly	Timed Final	5.	55.91	-	56.28	29.09.2024	101%	
100m Medley	Timed Final	4.	1:57.53	-	1:48.25	23.11.2024	85%	
200m Medley	Timed Final	7.	4:03.93	-	3:57.64	29.09.2024	95%	
Bryndis Run Gudnadottir, 2013 (12 years), Girls								
50m Freestyle	Timed Final	2.	31.14	-	32.59	14.12.2024	110%	4
200m Breaststroke	Timed Final	2.	3:07.88	-	3:33.43		129%	
100m Medley	Timed Final	1.	1:20.39	-	1:22.09	23.11.2024	104%	
400m Medley	Timed Final	1.	5:58.04	-	6:17.00		111%	
Bui Heinrich Mimir Thorsteinsson, 2010 (15 years), Boys								
50m Freestyle	Timed Final	1.	29.87	-	30.88	14.02.2025	107%	4
100m Freestyle	Timed Final	1.	1:07.55	-	1:08.92	16.02.2025	104%	
200m Freestyle	Timed Final	3.	2:34.77	-	2:37.74	23.11.2024	104%	
100m Breaststroke	Timed Final	1.	1:27.71	-	1:26.83	21.12.2024	98%	
100m Medley	Timed Final	1.	1:20.05	-	1:25.56	28.09.2024	114%	
Elva Sigridur Einarsdottir, 2014 (11 years), Girls								
50m Backstroke	Timed Final	22.	1:15.01	-	NT		-	-
Erna Odny Eythorsdottir, 2014 (11 years), Girls								
100m Freestyle	Timed Final	2.	1:22.08	-	1:27.14	02.11.2024	113%	8
200m Freestyle	Timed Final	9.	2:58.37	-	3:12.14	15.02.2025	116%	
400m Freestyle	Timed Final	9.	6:47.70	-	6:37.00		95%	
50m Backstroke	Timed Final	1.	47.16	-	48.52	02.11.2024	106%	
100m Backstroke	Timed Final	10.	1:40.95	-	1:48.92	15.02.2025	116%	
200m Backstroke	Timed Final	7.	3:37.24	-	3:36.92	16.02.2025	100%	
50m Breaststroke	Timed Final	4.	52.34	-	55.62	02.11.2024	113%	
100m Breaststroke	Timed Final	25.	2:01.23	-	2:03.73	15.02.2025	104%	
200m Breaststroke	Timed Final	10.	4:13.98	-	4:15.00		101%	
50m Butterfly	Timed Final	6.	43.00	-	49.86	14.02.2025	134%	
100m Medley	Timed Final	2.	1:38.27	-	1:38.23	23.11.2024	100%	
200m Medley	Timed Final	9.	3:33.22	-	3:27.00		94%	
Eryk Adrian Bondarow, 2016 (9 years), Boys								
25m Freestyle	Timed Final	12.	37.38	-	NT		-	-
Gabriela Roza Bondarow, 2010 (15 years), Girls								
100m Freestyle	Timed Final	1.	1:05.23	-	1:05.81	10.11.2024	102%	5
400m Freestyle	Timed Final	1.	4:59.77	-	5:03.56	08.11.2024	103%	
50m Butterfly	Timed Final	1.	31.29	-	31.97	14.12.2024	104%	
100m Medley	Timed Final	1.	1:16.68	-	1:19.78	28.09.2024	108%	
400m Medley	Timed Final	1.	5:44.39	-	5:56.16	23.11.2024	107%	
Gabriella Gudlaug Helgadottir, 2016 (9 years), Girls								
50m Freestyle	Timed Final	23.	59.21	-	NT		-	-
25m Backstroke	Timed Final	2.	31.67	-	NT		-	-
Gudrun Arny Eythorsdottir, 2014 (11 years), Girls								
100m Freestyle	Timed Final	1.	1:21.74	-	1:24.03	16.02.2025	106%	10
400m Freestyle	Timed Final	8.	6:42.62	-	6:55.00		106%	
50m Backstroke	Timed Final	2.	47.20	-	52.76	02.11.2024	125%	
100m Backstroke	Timed Final	15.	1:45.37	-	1:56.69	23.11.2024	123%	
200m Backstroke	Timed Final	6.	3:37.18	-	3:47.97	16.02.2025	110%	
50m Breaststroke	Timed Final	3.	51.26	-	53.70	01.02.2025	110%	
100m Breaststroke	Timed Final	10.	1:53.27	-	2:01.54	15.02.2025	115%	
200m Breaststroke	Timed Final	9.	4:12.99	-	4:12.00		99%	
50m Butterfly	Timed Final	8.	43.71	-	47.53	14.02.2025	118%	
100m Butterfly	Timed Final	6.	1:36.87	-	NT		-	
100m Medley	Timed Final	1.	1:37.63	-	1:42.26	02.11.2024	110%	
200m Medley	Timed Final	7.	3:30.72	-	3:35.00		104%	
Halldora Stella Rognudottir Aguilar, 2017 (8 years), Girls								
25m Freestyle	Timed Final	3.	29.57	-	NT		-	-
Hananeh Golmaghani Asl, 2005 (20 years), Women								
50m Freestyle	Timed Final	2.	32.37	-	34.05	14.12.2024	111%	6
100m Freestyle	Timed Final	2.	1:10.00	-	1:10.87	22.03.2025	103%	
100m Breaststroke	Timed Final	1.	1:33.39	-	1:40.00		115%	
50m Butterfly	Timed Final	2.	35.82	-	37.86	14.12.2024	112%	
100m Butterfly	Timed Final	2.	1:20.87	-	1:23.95	22.03.2025	108%	
100m Medley	Timed Final	1.	1:20.69	-	1:30.00		124%	
Herdís Dadadóttir, 2012 (13 years), Girls								
50m Freestyle	Timed Final	5.	33.94	-	35.93		112%	3
200m Breaststroke	Timed Final	3.	3:11.20	-	3:22.07	16.02.2025	112%	
400m Medley	Timed Final	3.	6:39.01	-	6:54.07	23.11.2024	108%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Hordur Logi Haraldsson, 2017 (8 years), Boys										-
25m Freestyle	Timed Final	17.	47.34	-	NT	-	-	-	-	-
50m Freestyle	Timed Final	25.	1:37.20	-	NT	-	-	-	-	-
25m Backstroke	Timed Final	5.	42.77	-	NT	-	-	-	-	-
Idunn Emma Asgeirsdottir, 2012 (13 years), Girls										-
50m Breaststroke	Timed Final	5.	45.58	-	45.41	28.09.2024	99%	-	-	-
Isabella Elinborg Cecchini, 2011 (14 years), Girls										5
50m Freestyle	Timed Final	3.	34.00	-	33.87	14.02.2025	99%	-	-	-
200m Freestyle	Timed Final	4.	2:44.38	-	2:47.87	-	104%	-	-	-
400m Freestyle	Timed Final	2.	5:48.67	-	5:57.81	-	105%	-	-	-
200m Backstroke	Timed Final	1.	3:09.26	-	3:35.00	-	129%	-	-	-
50m Butterfly	Timed Final	4.	40.56	-	44.85	14.02.2025	122%	-	-	-
100m Butterfly	Timed Final	1.	1:35.98	-	1:50.00	-	131%	-	-	-
200m Medley	Timed Final	2.	3:11.45	-	3:10.00	-	98%	-	-	-
Joekull Mani Hlynsson, 2016 (9 years), Boys										-
25m Freestyle	Timed Final	19.	51.47	-	NT	-	-	-	-	-
25m Backstroke	Timed Final	4.	42.64	-	NT	-	-	-	-	-
Johannes Gabriel Fridjonsson, 2011 (14 years), Boys										5
400m Freestyle	Timed Final	1.	5:26.11	-	5:36.90	23.11.2024	107%	-	-	-
200m Breaststroke	Timed Final	2.	3:43.75	-	NT	-	-	-	-	-
100m Butterfly	Timed Final	2.	1:21.54	-	1:22.37	23.11.2024	102%	-	-	-
200m Butterfly	Timed Final	3.	3:01.93	-	3:05.92	-	104%	-	-	-
200m Medley	Timed Final	3.	2:58.43	-	3:00.33	19.10.2024	102%	-	-	-
400m Medley	Timed Final	1.	6:14.69	-	6:28.16	23.11.2024	107%	-	-	-
Juan Carlos Aguilar Mendoza, 1989 (36 years), Men										-
400m Medley	Timed Final	1.	6:21.41	-	NT	-	-	-	-	-
Karitas Kristjansdottir, 2010 (15 years), Girls										-
50m Butterfly	Timed Final	3.	40.23	-	NT	-	-	-	-	-
200m Medley	Timed Final	1.	3:10.06	-	NT	-	-	-	-	-
Magnus Helgi O Kristinsson, 2013 (12 years), Boys										8
50m Freestyle	Timed Final	20.	42.25	-	44.00	02.11.2024	108%	-	-	-
200m Freestyle	Timed Final	20.	3:20.17	-	3:28.92	23.11.2024	109%	-	-	-
400m Freestyle	Timed Final	4.	7:06.87	-	7:53.59	-	123%	-	-	-
50m Backstroke	Timed Final	11.	50.67	-	54.75	02.11.2024	117%	-	-	-
100m Backstroke	Timed Final	16.	1:50.54	-	1:49.59	01.02.2025	98%	-	-	-
100m Breaststroke	Timed Final	26.	2:09.54	-	2:10.55	01.02.2025	102%	-	-	-
50m Butterfly	Timed Final	10.	55.46	-	56.17	29.09.2024	103%	-	-	-
100m Medley	Timed Final	21.	1:51.85	-	1:55.39	23.11.2024	106%	-	-	-
200m Medley	Timed Final	17.	3:54.56	-	4:26.90	-	129%	-	-	-
Magnus Oli Eiriksson, 2012 (13 years), Boys										4
50m Freestyle	Timed Final	28.	49.31	-	NT	-	-	-	-	-
100m Freestyle	Timed Final	41.	1:53.59	-	1:57.34	28.09.2024	107%	-	-	-
200m Freestyle	Timed Final	32.	4:00.40	-	3:48.07	02.11.2024	90%	-	-	-
400m Freestyle	Timed Final	5.	8:02.92	-	7:50.00	-	95%	-	-	-
100m Backstroke	Timed Final	20.	1:58.20	-	1:55.79	23.11.2024	96%	-	-	-
200m Backstroke	Timed Final	8.	4:08.78	-	4:09.67	28.09.2024	101%	-	-	-
50m Breaststroke	Timed Final	12.	1:19.44	-	1:18.58	28.09.2024	98%	-	-	-
50m Butterfly	Timed Final	12.	1:00.48	-	1:10.41	29.09.2024	136%	-	-	-
100m Medley	Timed Final	28.	2:09.97	-	2:07.52	23.11.2024	96%	-	-	-
200m Medley	Timed Final	18.	4:41.81	-	5:09.88	-	121%	-	-	-
Margeir Hildir Bryngeirsson, 2016 (9 years), Boys										1
25m Freestyle	Timed Final	9.	35.53	-	43.00	-	146%	-	-	-
Matthias Thor Curtis, 2014 (11 years), Boys										2
50m Freestyle	Timed Final	29.	54.29	-	53.55	01.02.2025	97%	-	-	-
100m Freestyle	Timed Final	42.	2:03.95	-	1:56.71	01.02.2025	89%	-	-	-
50m Backstroke	Timed Final	18.	1:00.44	-	1:03.37	01.02.2025	110%	-	-	-
100m Backstroke	Timed Final	23.	2:12.03	-	2:22.42	01.02.2025	116%	-	-	-
50m Breaststroke	Timed Final	11.	59.40	-	53.64	01.02.2025	82%	-	-	-
Nahlawi Mohammed Tareq, 2015 (10 years), Boys										-
25m Freestyle	Timed Final	8.	33.36	-	NT	-	-	-	-	-
Rakel Lilja Bjoernsdottir, 2016 (9 years), Girls										-
25m Freestyle	Timed Final	9.	59.83	-	NT	-	-	-	-	-
Rikhardur Bjorgvin Vilhelmsson, 2014 (11 years), Boys										2
50m Freestyle	Timed Final	13.	54.75	-	1:06.95	-	150%	-	-	-
50m Backstroke	Timed Final	3.	1:02.52	-	1:14.75	-	143%	-	-	-
Robert Hallgrimur Sanzone, 2017 (8 years), Boys										-
50m Freestyle	Timed Final	20.	1:06.67	-	NT	-	-	-	-	-
Rosa Kristin S14 Kristmannsdottir, 2009 (16 years), Girls										6
50m Freestyle	Timed Final	4.	37.82	-	37.12	14.12.2024	96%	-	-	-
100m Freestyle	Timed Final	3.	1:22.75	-	1:23.74	-	102%	-	-	-
200m Freestyle	Timed Final	2.	3:00.49	-	3:05.29	19.10.2024	105%	-	-	-
50m Backstroke	Timed Final	2.	47.81	-	47.79	-	100%	-	-	-
100m Backstroke	Timed Final	1.	1:41.91	-	1:44.75	19.10.2024	106%	-	-	-
200m Backstroke	Timed Final	1.	3:41.78	-	3:49.25	-	107%	-	-	-
50m Butterfly	Timed Final	4.	44.64	-	45.78	29.09.2024	105%	-	-	-
100m Medley	Timed Final	3.	1:41.20	-	1:44.97	-	108%	-	-	-

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Samuel Bryngeir Bryngeirsson, 2012 (13 years), Boys								2
50m Breaststroke	Timed Final	5.	45.97	-	48.93		113%	
100m Breaststroke	Timed Final	6.	1:38.78	-	1:39.58	15.02.2025	102%	
Sofia Cogalniceanu, 2012 (13 years), Girls								6
50m Freestyle	Timed Final	3.	31.95	-	32.53	14.02.2025	104%	
50m Backstroke	Timed Final	1.	36.50	-	39.53		117%	
100m Backstroke	Timed Final	1.	1:21.67	-	1:20.57	01.02.2025	97%	
200m Backstroke	Timed Final	1.	2:50.91	-	3:03.72	15.02.2025	116%	
100m Breaststroke	Timed Final	1.	1:30.57	-	1:33.33	01.02.2025	106%	
100m Medley	Timed Final	2.	1:23.21	-	1:26.42		108%	
200m Medley	Timed Final	1.	2:50.68	-	3:06.21	23.11.2024	119%	
Soley Helga Sigfridardottir, 2012 (13 years), Girls								2
50m Freestyle	Timed Final	1.	30.91	-	32.03	14.12.2024	107%	
200m Freestyle	Timed Final	1.	2:24.16	-	2:22.55	01.02.2025	98%	
100m Backstroke	Timed Final	2.	1:24.18	-	1:22.76	01.02.2025	97%	
100m Butterfly	Timed Final	5.	1:34.14	-	1:49.69		136%	
Soley Katrin Simonsd.Knight, 2012 (13 years), Girls								2
50m Freestyle	Timed Final	10.	36.94	-	36.97	14.02.2025	100%	
100m Butterfly	Timed Final	7.	1:51.22	-	1:58.13		113%	
100m Medley	Timed Final	11.	1:36.47	-	1:34.21		95%	
Stefan Darri Thorbjargarson, 2009 (16 years), Boys								3
50m Freestyle	Timed Final	2.	30.41	-	30.16	28.09.2024	98%	
100m Freestyle	Timed Final	3.	1:08.82	-	1:10.67	19.10.2024	105%	
50m Breaststroke	Timed Final	1.	39.20	-	38.70	19.10.2024	97%	
100m Breaststroke	Timed Final	1.	1:25.45	-	1:25.75	21.12.2024	101%	
100m Medley	Timed Final	2.	1:22.41	-	1:48.41		173%	
Thora Kristin Armstrong, 2009 (16 years), Girls								5
50m Freestyle	Timed Final	1.	29.92	-	32.03	14.12.2024	115%	
100m Freestyle	Timed Final	1.	1:08.73	-	1:12.16		110%	
50m Backstroke	Timed Final	1.	36.56	-	40.09	19.10.2024	120%	
50m Butterfly	Timed Final	1.	32.38	-	34.67	14.12.2024	115%	
100m Butterfly	Timed Final	1.	1:20.23	-	NT		-	
100m Medley	Timed Final	2.	1:22.58	-	1:29.07	19.10.2024	116%	
Tomas Ingi Thordarsson, 2011 (14 years), Boys								9
50m Freestyle	Timed Final	2.	31.63	-	34.88	28.09.2024	122%	
200m Freestyle	Timed Final	4.	2:44.09	-	2:48.42	01.02.2025	105%	
400m Freestyle	Timed Final	3.	5:55.30	-	6:08.28	16.02.2025	107%	
200m Backstroke	Timed Final	1.	3:22.07	-	3:36.71		115%	
50m Breaststroke	Timed Final	2.	43.47	-	45.88	28.09.2024	111%	
200m Breaststroke	Timed Final	1.	3:25.63	-	3:31.43	23.11.2024	106%	
50m Butterfly	Timed Final	4.	41.30	-	42.92	29.09.2024	108%	
100m Medley	Timed Final	2.	1:25.20	-	1:29.24	19.10.2024	110%	
200m Medley	Timed Final	5.	3:06.32	-	3:17.26	23.11.2024	112%	
Ulfur Hauksson, 2015 (10 years), Boys								2
50m Freestyle	Timed Final	14.	56.22	-	1:01.28		119%	
50m Backstroke	Timed Final	6.	1:11.23	-	1:12.37		103%	
50m Breaststroke	Timed Final	7.	1:13.69	-	NT		-	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Ífr								
	Benjamin Snorrason S14, 1995 (30 years), Men							8
	50m Freestyle	Timed Final	4.	47.10	-	47.84	103%	2
	50m Breaststroke	Timed Final	2.	49.53	-	49.35	99%	
	100m Breaststroke	Timed Final	2.	1:55.49	-	1:57.51	104%	
	Gudrun Anna Asgeirsdóttir S14, 2010 (15 years), Girls							1
	50m Freestyle	Timed Final	9.	50.23	-	1:15.50	226%	
	Hakon Helgi Guðnason S15, 2012 (13 years), Boys							2
	50m Freestyle	Timed Final	24.	44.38	-	45.28	104%	
	100m Freestyle	Timed Final	37.	1:44.11	-	1:49.73	111%	
	Nafas Thorsdóttir, 2016 (9 years), Girls							1
	50m Freestyle	Timed Final	21.	58.33	-	1:02.79	116%	
	Noel Hrafn Halldórsson S6, 2010 (15 years), Boys							1
	50m Freestyle	Timed Final	6.	1:20.36	-	1:35.50	141%	
	Snavar Orn Kristmannsson S15, 2006 (19 years), Men							-
	100m Freestyle	Timed Final	1.	59.19	-	59.16	100%	
	50m Butterfly	Timed Final	1.	27.91	-	27.49	97%	
	100m Butterfly	Timed Final	1.	1:02.83	-	1:00.60	93%	
	100m Medley	Timed Final	1.	1:10.77	-	1:08.38	93%	
	Solveig Guðjónsdóttir S14, 1996 (29 years), Women							1
	50m Freestyle	Timed Final	5.	59.26	-	1:00.92	106%	
	50m Breaststroke	Timed Final	1.	1:11.53	-	1:08.33	91%	
	Stefan Pall Skarphedinnsson S14, 1988 (37 years), Men							-
	50m Freestyle	Timed Final	5.	58.66	-	56.54	93%	
	Thorbjorn Helgason S5 SB4, 2003 (22 years), Men							-
	100m Backstroke	Timed Final	1.	3:47.45	-	3:14.21	73%	
	50m Breaststroke	Timed Final	3.	1:45.75	-	1:42.87	95%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Ithrottabandalag Reykjanesbajar								73
Alexander Romanowski, 2016 (9 years), Boys								2
100m Freestyle	Timed Final	2.	1:37.55	-	1:43.11	01.02.2025	112%	
50m Breaststroke	Timed Final	3.	1:01.04	-	1:05.56	01.02.2025	115%	
100m Medley	Timed Final	5.	1:58.79	-	NT		-	
Anna Sienkiewicz, 2015 (10 years), Girls								3
100m Freestyle	Timed Final	14.	2:02.48	-	2:30.12		150%	
50m Breaststroke	Timed Final	6.	1:01.09	-	1:10.77		134%	
100m Medley	Timed Final	12.	2:21.55	-	2:55.66		154%	
Aria Isold Einarsdottir, 2015 (10 years), Girls								1
50m Breaststroke	Timed Final	12.	1:06.01	-	1:11.39	01.02.2025	117%	
Axel Breki Danielsson, 2013 (12 years), Boys								1
50m Backstroke	Timed Final	15.	53.23	-	58.84	02.11.2024	122%	
Bjarni Freyr Valdimarsson, 2014 (11 years), Boys								2
50m Freestyle	Timed Final	18.	41.75	-	40.23	01.02.2025	93%	
200m Freestyle	Timed Final	19.	3:19.05	-	3:32.74		114%	
50m Backstroke	Timed Final	9.	49.23	-	49.54	01.02.2025	101%	
Brekki Thor Hauksson, 2012 (13 years), Boys								3
100m Freestyle	Timed Final	13.	1:21.07	-	1:21.27	01.02.2025	100%	
100m Breaststroke	Timed Final	13.	1:55.08	-	1:59.25	02.11.2024	107%	
50m Butterfly	Timed Final	7.	43.31	-	48.80		127%	
Dea Nikolla, 2014 (11 years), Girls								4
100m Freestyle	Timed Final	6.	1:18.55	-	1:22.31	01.02.2025	110%	
100m Backstroke	Timed Final	9.	1:34.01	-	1:40.86		115%	
50m Breaststroke	Timed Final	4.	44.13	-	46.07	01.02.2025	109%	
50m Butterfly	Timed Final	12.	44.91	-	45.62	15.02.2025	103%	
Elias leonidas Marisson, 2012 (13 years), Boys								1
50m Freestyle	Timed Final	16.	41.32	-	50.01		146%	
Elva Osk Cramer, 2014 (11 years), Girls								2
100m Backstroke	Timed Final	6.	1:27.13	-	1:43.00		140%	
50m Breaststroke	Timed Final	12.	53.19	-	52.93	01.02.2025	99%	
100m Breaststroke	Timed Final	8.	1:52.60	-	2:05.06		123%	
Emelia Thorey Arnoddsdottir, 2014 (11 years), Girls								1
100m Freestyle	Timed Final	16.	2:15.92	-	2:50.45		157%	
Emma Sjöfn Einarsdottir, 2013 (12 years), Girls								3
100m Freestyle	Timed Final	12.	1:25.29	-	1:28.97	23.11.2024	109%	
100m Breaststroke	Timed Final	15.	1:55.65	-	1:59.75		107%	
100m Butterfly	Timed Final	8.	1:54.52	-	1:58.29		107%	
100m Medley	Timed Final	21.	1:45.17	-	1:40.91	23.11.2024	92%	
Franciszek Adam Czachorowski, 2014 (11 years), Boys								4
100m Freestyle	Timed Final	5.	1:16.37	-	1:24.88	23.11.2024	124%	
200m Freestyle	Timed Final	3.	2:45.26	-	3:19.52	28.09.2024	146%	
100m Breaststroke	Timed Final	8.	1:44.21	-	1:46.53	01.02.2025	105%	
100m Medley	Timed Final	6.	1:30.72	-	1:42.55	23.11.2024	128%	
Gabriel Jarnutowski, 2011 (14 years), Boys								2
100m Freestyle	Timed Final	2.	1:11.42	-	1:11.37	19.10.2024	100%	
100m Backstroke	Timed Final	1.	1:16.17	-	1:16.55	02.11.2024	101%	
50m Breaststroke	Timed Final	1.	41.18	-	46.37		127%	
100m Breaststroke	Timed Final	2.	1:30.60	-	1:28.66	19.10.2024	96%	
50m Butterfly	Timed Final	3.	39.62	-	37.85	14.02.2025	91%	
100m Butterfly	Timed Final	4.	1:34.18	-	1:29.25		90%	
Gudbjörg Edda Eyjolfssdottir, 2011 (14 years), Girls								3
200m Freestyle	Timed Final	7.	3:02.82	-	3:28.91		131%	
50m Backstroke	Timed Final	1.	44.47	-	47.89	28.09.2024	116%	
200m Backstroke	Timed Final	2.	3:24.78	-	4:02.42		140%	
Helena Kristin Czachorowska, 2015 (10 years), Girls								1
100m Freestyle	Timed Final	12.	1:58.14	-	2:10.66		122%	
Isabella Dilja Bjarnadottir, 2015 (10 years), Girls								1
100m Freestyle	Timed Final	11.	1:57.33	-	2:10.91		124%	
50m Breaststroke	Timed Final	16.	1:26.55	-	NT		-	
Isabella Saga Thorbjörnsdottir, 2013 (12 years), Girls								4
50m Freestyle	Timed Final	9.	36.17	-	40.62	02.11.2024	126%	
400m Freestyle	Timed Final	1.	5:45.84	-	6:26.48		125%	
100m Backstroke	Timed Final	8.	1:30.36	-	1:32.84	01.02.2025	106%	
200m Medley	Timed Final	4.	3:16.10	-	3:30.99	16.02.2025	116%	
Ivar Andri Hauksson, 2015 (10 years), Boys								2
100m Freestyle	Timed Final	8.	1:53.11	-	2:02.74		118%	
100m Medley	Timed Final	6.	2:14.27	-	2:53.87		168%	
Julian Thor Maniak, 2015 (10 years), Boys								4
100m Freestyle	Timed Final	22.	1:30.94	-	1:37.98	01.02.2025	116%	
50m Breaststroke	Timed Final	10.	51.45	-	1:02.47	02.11.2024	147%	
100m Breaststroke	Timed Final	20.	1:58.05	-	2:19.34		139%	
100m Medley	Timed Final	18.	1:43.96	-	1:50.03	01.02.2025	112%	
Kristin Inga Kristinsdottir, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	18.	1:29.90	-	1:40.39	28.09.2024	125%	
200m Freestyle	Timed Final	15.	3:05.98	-	3:25.19	01.02.2025	122%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

50m Butterfly	Timed Final	15.	48.07	-	46.92		95%	
100m Medley	Timed Final	16.	1:40.62	-	1:48.21	01.02.2025	116%	
Kristinn Freyr Gudmundsson, 2014 (11 years), Boys								
50m Backstroke	Timed Final	1.	37.58	-	36.53	01.02.2025	94%	2
100m Backstroke	Timed Final	2.	1:21.54	-	1:29.38		120%	
100m Breaststroke	Timed Final	3.	1:37.06	-	1:34.71	01.02.2025	95%	
200m Medley	Timed Final	3.	2:57.08	-	3:03.03	16.02.2025	107%	
400m Medley	Timed Final	4.	6:16.27	-	6:15.14		99%	
Logi Liljar Sigurdarson, 2016 (9 years), Boys								
100m Freestyle	Timed Final	5.	1:41.34	-	2:10.20	02.11.2024	165%	1
Maria Zahra, 2015 (10 years), Girls								
50m Breaststroke	Timed Final	9.	49.95	-	54.47	02.11.2024	119%	2
50m Butterfly	Timed Final	16.	48.18	-	47.97		99%	
100m Medley	Timed Final	14.	1:38.09	-	1:40.77	23.11.2024	106%	
Olafía Run Olafsdóttir, 2015 (10 years), Girls								
100m Freestyle	Timed Final	17.	2:32.45	-	NT		-	-
Oliwia Romanowska, 2014 (11 years), Girls								
100m Freestyle	Timed Final	29.	1:38.12	-	1:50.33	02.11.2024	126%	4
50m Breaststroke	Timed Final	11.	51.74	-	1:00.12	02.11.2024	135%	
100m Breaststroke	Timed Final	9.	1:52.92	-	2:22.12		158%	
100m Medley	Timed Final	30.	1:54.67	-	1:58.43		107%	
Piotr Gruszka, 2015 (10 years), Boys								
50m Freestyle	Timed Final	15.	41.30	-	39.82	01.02.2025	93%	3
100m Backstroke	Timed Final	13.	1:46.10	-	1:56.12	15.02.2025	120%	
100m Breaststroke	Timed Final	15.	1:55.47	-	2:18.49		144%	
50m Butterfly	Timed Final	9.	55.45	-	58.36		111%	
Robert Ingi Arnarsson, 2013 (12 years), Boys								
50m Backstroke	Timed Final	2.	40.91	-	43.23	02.11.2024	112%	3
100m Backstroke	Timed Final	4.	1:27.77	-	1:28.26	15.02.2025	101%	
200m Medley	Timed Final	5.	3:05.30	-	3:19.26	16.02.2025	116%	
400m Medley	Timed Final	5.	6:34.58	-	6:31.57		98%	
Svana Run Imsland, 2014 (11 years), Girls								
50m Freestyle	Timed Final	7.	35.49	-	35.69	01.02.2025	101%	4
100m Backstroke	Timed Final	5.	1:26.61	-	1:39.23		131%	
200m Backstroke	Timed Final	2.	3:00.78	-	3:29.56		134%	
50m Butterfly	Timed Final	10.	44.17	-	46.88		113%	
Svarar Bragi Danielsson, 2013 (12 years), Boys								
100m Freestyle	Timed Final	39.	1:46.32	-	1:44.00	01.02.2025	96%	1
50m Backstroke	Timed Final	19.	1:02.52	-	1:05.84	02.11.2024	111%	
Tristan Orri Borghildarson, 2010 (15 years), Boys								
50m Butterfly	Timed Final	1.	34.16	-	43.39		161%	3
200m Butterfly	Timed Final	2.	3:01.27	-	3:16.14		117%	
200m Medley	Timed Final	2.	2:46.96	-	2:49.21	19.10.2024	103%	
Ymir Atli Kristinsson, 2013 (12 years), Boys								
50m Backstroke	Timed Final	8.	48.17	-	52.32		118%	3
100m Backstroke	Timed Final	18.	1:52.69	-	1:56.15		106%	
100m Breaststroke	Timed Final	19.	1:57.49	-	2:08.78	15.02.2025	120%	

Lýsismót Ármanns
Reykjavík, 5. - 6.4.2025

Osp

Ymir Snar S14 Hlynsson, 2002 (23 years), Men

3

3

50m Freestyle	Timed Final	3.	34.38	-	33.58	02.11.2024	95%
100m Freestyle	Timed Final	4.	1:13.87	-	1:14.56	02.11.2024	102%
200m Freestyle	Timed Final	2.	2:45.80	-	2:52.10	20.10.2024	108%
50m Butterfly	Timed Final	3.	50.16	-	53.03	02.11.2024	112%