

Prova 35

Femin., 400m Livres

Infantis
Resultados

26/04/2025 - 17:45

Recorde Regional (25m) Open	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 13	4:53.19	GUEDES, Ana Margarida	GCVR	Santa Marta	06/07/2014
Recorde Regional (25m) 12	4:55.62	GUEDES, Ana Margarida	GCVR	Espinho	26/05/2013

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	ALVES, Laura Jorge	216844	13	Gcvr	5:33.06	334
	50m: 36.50 36.50	200m: 2:44.14 1:26.18		400m: 5:33.06 1:23.52		
	100m: 1:17.96 41.46	300m: 4:09.54 1:25.40				
2.	MOREIRA, Ana Beatriz	214021	13	Lousada Séc.XXI	5:33.94	332
	50m: 37.69 37.69	200m: 2:46.37 1:26.18		400m: 5:33.94 1:20.75		
	100m: 1:20.19 42.50	300m: 4:13.19 1:26.82				
3.	MATELA, Leonor Afonso	220723	12	EN Bragança	5:37.28	322
	50m: 36.06 36.06	200m: 2:43.46 1:26.18		400m: 5:37.28 1:25.92		
	100m: 1:17.28 41.22	300m: 4:11.36 1:27.90				
4.	TEIXEIRA, Ana Rita	216143	13	Peso da Regua	5:45.23	300
	50m: 37.06 37.06	200m: 2:49.74 1:30.04		400m: 5:45.23 1:25.88		
	100m: 1:19.70 42.64	300m: 4:19.35 1:29.61				
5.	CARVALHINHA, Susana Pedro	214488	13	Gcvr	5:52.13	283
	50m: 41.07 41.07	200m: 2:57.02 1:31.92		400m: 5:52.13 1:24.97		
	100m: 1:25.10 44.03	300m: 4:27.16 1:30.14				
6.	SOARES, Joana Margarida	146161	12	Peso da Regua	6:09.16	245
	50m: 38.95 38.95	200m: 2:57.20 1:33.69		400m: 6:09.16 1:35.59		
	100m: 1:23.51 44.56	300m: 4:33.57 1:36.37				
7.	FERNANDES, Benedita Martins	214551	13	Gcvr	6:10.77	242
	50m: 42.27 42.27	200m: 3:03.17 1:34.61		400m: 6:10.77 1:33.87		
	100m: 1:28.56 46.29	300m: 4:36.90 1:33.73				
8.	SALES, Matilde Ribeiro	220142	13	Peso da Regua	6:25.97	215
	50m: 43.83 43.83	200m: 3:12.90 1:39.60		400m: 6:25.97 1:32.10		
	100m: 1:33.30 49.47	300m: 4:53.87 1:40.97				
9.	NOGUEIRA, Diana Ribeiro	217385	12	Gcvr	6:32.70	204
	50m: 45.35 45.35	200m: 3:15.27 1:40.67		400m: 6:32.70 1:37.71		
	100m: 1:34.60 49.25	300m: 4:54.99 1:39.72				
10.	RIBEIRO, Lorena Sofia	223766	12	Gcvr	6:40.39	192
	50m: 43.76 43.76	200m: 3:18.63 1:44.19		400m: 6:40.39 1:40.94		
	100m: 1:34.44 50.68	300m: 4:59.45 1:40.82				
11.	MARTINS OLIVEIRA, Maria	220504	12	Durius/AC Pesqueira	6:57.31	170
	50m: 47.18 47.18	200m: 3:27.40 1:47.84		400m: 6:57.31 1:41.41		
	100m: 1:39.56 52.38	300m: 5:15.90 1:48.50				
12.	TRALHAO, Catarina Alexandra	220506	12	Durius/AC Pesqueira	7:09.16	156
	50m: 48.31 48.31	200m: 3:33.13 1:51.94		400m: 7:09.16 1:44.75		
	100m: 1:41.19 52.88	300m: 5:24.41 1:51.28				
13.	ROCHA, Mara Daniela	222067	13	Peso da Regua	7:12.34	153
	50m: 48.98 48.98	200m: 3:29.23 1:46.57		400m: 7:12.34 1:52.00		
	100m: 1:42.66 53.68	300m: 5:20.34 1:51.11				
14.	PEREIRA VILA, Carolina	224224	12	Durius/AC Pesqueira	7:16.80	148
	50m: 49.14 49.14	200m: 3:36.92 1:52.69		400m: 7:16.80 1:45.69		
	100m: 1:44.23 55.09	300m: 5:31.11 1:54.19				
DSQ	PEREIRA SANTOS, Iris	225117	12	Durius/AC Pesqueira		
	403 - Falsa partida - SW 4.4					
DNS	PRIETO GARCIA, Candelas		12	C.D.N. San Jose Obrero		

Prova 35

Femin., 400m Livres

Juvenis
Resultados

26/04/2025 - 17:45

Recorde Regional (25m) Open	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 15	4:45.43	PEREIRA, Maria Silva	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) 14	4:51.53	GUEDES, Ana Margarida	GCVR	Vila Real	23/11/2014

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	RODRIGUEZ MARTINEZ, Carla		11	CN Casa de Asturias	4:52.63	493
	50m: 32.77 32.77	200m: 2:23.49 1:13.79		400m: 4:52.63 1:14.07		
	100m: 1:09.70 36.93	300m: 3:38.56 1:15.07				
2.	MESQUITA, Maria Ines	214677	10	Gcvr	5:09.12	418
	50m: 35.34 35.34	200m: 2:32.28 1:18.57		400m: 5:09.12 1:17.56		
	100m: 1:13.71 38.37	300m: 3:51.56 1:19.28				
3.	LUIS, Eliana Beatriz	211998	11	Lousada Séc.XXI	5:21.32	373
	50m: 35.25 35.25	200m: 2:36.97 1:21.65		400m: 5:21.32 1:20.20		
	100m: 1:15.32 40.07	300m: 4:01.12 1:24.15				
4.	RANGEL, Renata Daniela	220398	11	Gcvr	5:35.15	328
	50m: 36.87 36.87	200m: 2:43.78 1:25.50		400m: 5:35.15 1:24.53		
	100m: 1:18.28 41.41	300m: 4:10.62 1:26.84				

Prova 35, Femin., 400m Livres, Juvenis

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
5.	TEIXEIRA, Matilde Pinto	211225	11	EN Bragança	5:48.37	292
	50m: 38.44 38.44	200m: 2:49.94 1:28.97		400m: 5:48.37 1:28.43		
	100m: 1:20.97 42.53	300m: 4:19.94 1:30.00				
6.	FREDERICO SANTOS, Ines	217397	10	Durius/AC Pesqueira	6:31.50	206
	50m: 44.96 44.96	200m: 3:14.78 1:40.85		400m: 6:31.50 1:35.04		
	100m: 1:33.93 48.97	300m: 4:56.46 1:41.68				
7.	COSTA FERNANDES, Diana	218005	10	Durius/AC Pesqueira	6:52.63	176
	50m: 45.99 45.99	200m: 3:23.45 1:45.71		400m: 6:52.63 1:42.76		
	100m: 1:37.74 51.75	300m: 5:09.87 1:46.42				

Prova 35 Femin., 400m Livres Juniores e Seniores
26/04/2025 - 17:45 Resultados

Recorde Regional (25m) Open	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 18 +	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	PINTO, Joana Patricia	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	LEITE, Ana Sofia	GCVR	Chaves	22/11/2008

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	CALLEJA COLADO, Sara		08	CN Casa de Asturias	5:54.61	277
	50m: 38.14 38.14	200m: 2:51.21 1:29.28		400m: 5:54.61 1:32.05		
	100m: 1:21.93 43.79	300m: 4:22.56 1:31.35				
2.	FONSECA, Francisca Moreira	209211	09	Peso da Regua	5:54.86	276
	50m: 38.26 38.26	200m: 2:51.60 1:29.78		400m: 5:54.86 1:31.60		
	100m: 1:21.82 43.56	300m: 4:23.26 1:31.66				
3.	CARDOSO, Maria Julia	220507	09	Durius/AC Pesqueira	6:33.02	203
	50m: 45.07 45.07	200m: 3:14.54 1:39.31		400m: 6:33.02 1:36.60		
	100m: 1:35.23 50.16	300m: 4:56.42 1:41.88				
4.	COSTA, Bruna Filipa	220503	09	Durius/AC Pesqueira	6:37.65	196
	50m: 43.87 43.87	200m: 3:15.90 1:42.94		400m: 6:37.65 1:40.47		
	100m: 1:32.96 49.09	300m: 4:57.18 1:41.28				
5.	VEIGA FREIXO, Joana	217396	09	Durius/AC Pesqueira	7:00.45	166
	50m: 45.20 45.20	200m: 3:19.48 1:45.44		400m: 7:00.45 1:49.37		
	100m: 1:34.04 48.84	300m: 5:11.08 1:51.60				
DSQ	COUTINHO, Eva Alexandra	208558	09	Peso da Regua		
	Não cumpriu o regulamento da prova					

Prova 35 Femin., 400m Livres Absolutos
26/04/2025 - 17:45 Resultados

Recorde Regional (25m) Open	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 18 +	4:32.90	BARREIRA, Andreia Monteiro	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	PINTO, Joana Patricia	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	LEITE, Ana Sofia	GCVR	Chaves	22/11/2008
Recorde Regional (25m) 15	4:45.43	PEREIRA, Maria Silva	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) 14	4:51.53	GUEDES, Ana Margarida	GCVR	Vila Real	23/11/2014
Recorde Regional (25m) 13	4:53.19	GUEDES, Ana Margarida	GCVR	Santa Marta	06/07/2014
Recorde Regional (25m) 12	4:55.62	GUEDES, Ana Margarida	GCVR	Espinho	26/05/2013

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	RODRIGUEZ MARTINEZ, Carla		11	CN Casa de Asturias	4:52.63	493
	50m: 32.77 32.77	200m: 2:23.49 1:13.79		400m: 4:52.63 1:14.07		
	100m: 1:09.70 36.93	300m: 3:38.56 1:15.07				
2.	MESQUITA, Maria Ines	214677	10	Gcvr	5:09.12	418
	50m: 35.34 35.34	200m: 2:32.28 1:18.57		400m: 5:09.12 1:17.56		
	100m: 1:13.71 38.37	300m: 3:51.56 1:19.28				
3.	LUIS, Eliana Beatriz	211998	11	Lousada Séc.XXI	5:21.32	373
	50m: 35.25 35.25	200m: 2:36.97 1:21.65		400m: 5:21.32 1:20.20		
	100m: 1:15.32 40.07	300m: 4:01.12 1:24.15				
4.	ALVES, Laura Jorge	216844	13	Gcvr	5:33.06	334
	50m: 36.50 36.50	200m: 2:44.14 1:26.18		400m: 5:33.06 1:23.52		
	100m: 1:17.96 41.46	300m: 4:09.54 1:25.40				
5.	MOREIRA, Ana Beatriz	214021	13	Lousada Séc.XXI	5:33.94	332
	50m: 37.69 37.69	200m: 2:46.37 1:26.18		400m: 5:33.94 1:20.75		
	100m: 1:20.19 42.50	300m: 4:13.19 1:26.82				
6.	RANGEL, Renata Daniela	220398	11	Gcvr	5:35.15	328
	50m: 36.87 36.87	200m: 2:43.78 1:25.50		400m: 5:35.15 1:24.53		
	100m: 1:18.28 41.41	300m: 4:10.62 1:26.84				

Prova 35, Femin., 400m Livres, Absolutos

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
7.	MATELA, Leonor Afonso 50m: 36.06 36.06 100m: 1:17.28 41.22	220723 200m: 2:43.46 1:26.18 300m: 4:11.36 1:27.90	12	EN Bragança 400m: 5:37.28 1:25.92	5:37.28	322
8.	TEIXEIRA, Ana Rita 50m: 37.06 37.06 100m: 1:19.70 42.64	216143 200m: 2:49.74 1:30.04 300m: 4:19.35 1:29.61	13	Peso da Regua 400m: 5:45.23 1:25.88	5:45.23	300
9.	TEIXEIRA, Matilde Pinto 50m: 38.44 38.44 100m: 1:20.97 42.53	211225 200m: 2:49.94 1:28.97 300m: 4:19.94 1:30.00	11	EN Bragança 400m: 5:48.37 1:28.43	5:48.37	292
10.	CARVALHINHA, Susana Pedro 50m: 41.07 41.07 100m: 1:25.10 44.03	214488 200m: 2:57.02 1:31.92 300m: 4:27.16 1:30.14	13	Gcvr 400m: 5:52.13 1:24.97	5:52.13	283
11.	CALLEJA COLADO, Sara 50m: 38.14 38.14 100m: 1:21.93 43.79	25121 200m: 2:51.21 1:29.28 300m: 4:22.56 1:31.35	08	CN Casa de Asturias 400m: 5:54.61 1:32.05	5:54.61	277
12.	FONSECA, Francisca Moreira 50m: 38.26 38.26 100m: 1:21.82 43.56	209211 200m: 2:51.60 1:29.78 300m: 4:23.26 1:31.66	09	Peso da Regua 400m: 5:54.86 1:31.60	5:54.86	276
13.	SOARES, Joana Margarida 50m: 38.95 38.95 100m: 1:23.51 44.56	146161 200m: 2:57.20 1:33.69 300m: 4:33.57 1:36.37	12	Peso da Regua 400m: 6:09.16 1:35.59	6:09.16	245
14.	FERNANDES, Benedita Martins 50m: 42.27 42.27 100m: 1:28.56 46.29	214551 200m: 3:03.17 1:34.61 300m: 4:36.90 1:33.73	13	Gcvr 400m: 6:10.77 1:33.87	6:10.77	242
15.	SALES, Matilde Ribeiro 50m: 43.83 43.83 100m: 1:33.30 49.47	220142 200m: 3:12.90 1:39.60 300m: 4:53.87 1:40.97	13	Peso da Regua 400m: 6:25.97 1:32.10	6:25.97	215
16.	FREDERICO SANTOS, Ines 50m: 44.96 44.96 100m: 1:33.93 48.97	217397 200m: 3:14.78 1:40.85 300m: 4:56.46 1:41.68	10	Durius/AC Pesqueira 400m: 6:31.50 1:35.04	6:31.50	206
17.	NOGUEIRA, Diana Ribeiro 50m: 45.35 45.35 100m: 1:34.60 49.25	217385 200m: 3:15.27 1:40.67 300m: 4:54.99 1:39.72	12	Gcvr 400m: 6:32.70 1:37.71	6:32.70	204
18.	CARDOSO, Maria Julia 50m: 45.07 45.07 100m: 1:35.23 50.16	220507 200m: 3:14.54 1:39.31 300m: 4:56.42 1:41.88	09	Durius/AC Pesqueira 400m: 6:33.02 1:36.60	6:33.02	203
19.	COSTA, Bruna Filipa 50m: 43.87 43.87 100m: 1:32.96 49.09	220503 200m: 3:15.90 1:42.94 300m: 4:57.18 1:41.28	09	Durius/AC Pesqueira 400m: 6:37.65 1:40.47	6:37.65	196
20.	RIBEIRO, Lorena Sofia 50m: 43.76 43.76 100m: 1:34.44 50.68	223766 200m: 3:18.63 1:44.19 300m: 4:59.45 1:40.82	12	Gcvr 400m: 6:40.39 1:40.94	6:40.39	192
21.	COSTA FERNANDES, Diana 50m: 45.99 45.99 100m: 1:37.74 51.75	218005 200m: 3:23.45 1:45.71 300m: 5:09.87 1:46.42	10	Durius/AC Pesqueira 400m: 6:52.63 1:42.76	6:52.63	176
22.	MARTINS OLIVEIRA, Maria 50m: 47.18 47.18 100m: 1:39.56 52.38	220504 200m: 3:27.40 1:47.84 300m: 5:15.90 1:48.50	12	Durius/AC Pesqueira 400m: 6:57.31 1:41.41	6:57.31	170
23.	VEIGA FREIXO, Joana 50m: 45.20 45.20 100m: 1:34.04 48.84	217396 200m: 3:19.48 1:45.44 300m: 5:11.08 1:51.60	09	Durius/AC Pesqueira 400m: 7:00.45 1:49.37	7:00.45	166
24.	TRALHAO, Catarina Alexandra 50m: 48.31 48.31 100m: 1:41.19 52.88	220506 200m: 3:33.13 1:51.94 300m: 5:24.41 1:51.28	12	Durius/AC Pesqueira 400m: 7:09.16 1:44.75	7:09.16	156
25.	ROCHA, Mara Daniela 50m: 48.98 48.98 100m: 1:42.66 53.68	222067 200m: 3:29.23 1:46.57 300m: 5:20.34 1:51.11	13	Peso da Regua 400m: 7:12.34 1:52.00	7:12.34	153
26.	PEREIRA VILA, Carolina 50m: 49.14 49.14 100m: 1:44.23 55.09	224224 200m: 3:36.92 1:52.69 300m: 5:31.11 1:54.19	12	Durius/AC Pesqueira 400m: 7:16.80 1:45.69	7:16.80	148
DSQ	COUTINHO, Eva Alexandra <i>Não cumpriu o regulamento da prova</i>	208558	09	Peso da Regua		
DSQ	PEREIRA SANTOS, Iris 403 - Falsa partida - SW 4.4	225117	12	Durius/AC Pesqueira		
DNS	PRIETO GARCIA, Candelas		12	C.D.N. San Jose Obrero		