

INVITATION PRINTEMPS MONT-TREMBLANT
Mont-Tremblant, 15- - 16-3-2025

Epreuve 8
2025-03-16

400m 4 nages

Cat. générale
Liste résultats

Points: AQUA 2024

Rang			Age						Temps	Pts		
12 ans et moins, Filles												
1.	MARTIN, Alizé		12		ICI				5:54.25	390		
	50m:	40.51	40.51	150m:	2:13.45	44.33	250m:	3:46.21	48.81	350m:	5:16.30	39.29
	100m:	1:29.12	48.61	200m:	2:57.40	43.95	300m:	4:37.01	50.80	400m:	5:54.25	37.95
2.	VEILLETTE, Olivianne		12		Mégophias				6:07.88	348		
	50m:	42.04	42.04	150m:	2:18.92	45.49	250m:	3:57.13	53.38	350m:	5:31.04	41.12
	100m:	1:33.43	51.39	200m:	3:03.75	44.83	300m:	4:49.92	52.79	400m:	6:07.88	36.84
3.	LEBLANC, Naomie		12		Natation Gatineau				6:29.40	294		
	50m:	42.18	42.18	150m:	2:22.31	49.47	250m:	4:06.43	56.54	350m:	5:49.04	43.54
	100m:	1:32.84	50.66	200m:	3:09.89	47.58	300m:	5:05.50	59.07	400m:	6:29.40	40.36
4.	DINH, Marie-Anne		11		Citadins de Vaudreuil				6:41.83	267		
	50m:	43.71	43.71	150m:	2:30.61	49.98	250m:	4:20.69	1:01.24	350m:	6:00.58	42.92
	100m:	1:40.63	56.92	200m:	3:19.45	48.84	300m:	5:17.66	56.97	400m:	6:41.83	41.25
5.	PATRUTIU, Anna		9		Natation Gatineau				6:41.86	267		
	50m:	43.17	43.17	150m:	2:27.63	52.40	250m:	4:15.21	56.72	350m:	5:58.85	46.73
	100m:	1:35.23	52.06	200m:	3:18.49	50.86	300m:	5:12.12	56.91	400m:	6:41.86	43.01
6.	CLERMONT-GRONDIN, Adèle		12		C.N. Chambly				6:53.96	244		
	50m:	46.02	46.02	150m:	2:28.74	49.30	250m:	4:20.35	1:01.82	350m:	6:08.66	49.95
	100m:	1:39.44	53.42	200m:	3:18.53	49.79	300m:	5:18.71	58.36	400m:	6:53.96	45.30
7.	BROCHU, Tessa		12		Natation Gatineau				7:01.66	231		
	50m:	50.10	50.10	150m:	2:39.33	49.34	250m:	4:31.66	1:01.12	350m:	6:15.88	44.04
	100m:	1:49.99	59.89	200m:	3:30.54	51.21	300m:	5:31.84	1:00.18	400m:	7:01.66	45.78
8.	GIROUARD, Ève		12		Natation Gatineau				7:11.25	216		
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	7:11.25	
9.	SECOURS, Camie		9		Natation Gatineau				7:12.30	214		
	50m:	46.89	46.89	150m:	2:34.71	52.67	250m:	4:28.46	1:01.20	350m:	6:22.60	52.53
	100m:	1:42.04	55.15	200m:	3:27.26	52.55	300m:	5:30.07	1:01.61	400m:	7:12.30	49.70
10.	TREMBLAY, Kamille		9		Natation Gatineau				7:24.98	197		
	50m:	50.06	50.06	150m:	2:46.91	55.67	250m:	4:40.55	1:00.56	350m:	6:32.08	51.17
	100m:	1:51.24	1:01.18	200m:	3:39.99	53.08	300m:	5:40.91	1:00.36	400m:	7:24.98	52.90
11.	OLASSA, Ève		12		C.N. Chambly				7:26.94	194		
	50m:	46.25	46.25	150m:	2:40.88	55.85	250m:	4:43.87	1:04.94	350m:	6:40.56	53.08
	100m:	1:45.03	58.78	200m:	3:38.93	58.05	300m:	5:47.48	1:03.61	400m:	7:26.94	46.38
12 ans et moins, Garçons												
1.	BIROLLEAU-SGARD, Sam		12		Natation Gatineau				6:12.04	251		
	50m:	38.66	38.66	150m:	2:12.23	47.05	250m:	3:54.46	55.52	350m:	5:32.21	41.31
	100m:	1:25.18	46.52	200m:	2:58.94	46.71	300m:	4:50.90	56.44	400m:	6:12.04	39.83
2.	HARVEY, Thomas		12		Natation Gatineau				6:16.72	242		
	50m:	36.71	36.71	150m:	2:09.20	44.88	250m:	3:53.60	58.76	350m:	5:36.01	43.68
	100m:	1:24.32	47.61	200m:	2:54.84	45.64	300m:	4:52.33	58.73	400m:	6:16.72	40.71
3.	HILL, Daniel		11		Natation Gatineau				6:23.21	230		
	50m:	42.55	42.55	150m:	2:22.50	48.62	250m:	4:05.84	55.26	350m:	5:45.92	43.89
	100m:	1:33.88	51.33	200m:	3:10.58	48.08	300m:	5:02.03	56.19	400m:	6:23.21	37.29

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Epreuve 8, Garçons, 400m 4 nages, 12 ans et moins

Rang				Age					Temps	Pts		
4.	KIM, James			11	Groupe aquatique Mille-Îles No				6:50.00	187		
	50m:	48.55	48.55	150m:	2:34.91	48.98	250m:	4:22.65	58.56	350m:	6:05.94	46.01
	100m:	1:45.93	57.38	200m:	3:24.09	49.18	300m:	5:19.93	57.28	400m:	6:50.00	44.06

13 - 14 ans, Filles

1.	BROCHU, Aleni			13	Natation Gatineau				5:17.55	542		
	50m:	34.19	34.19	150m:	1:53.95	39.55	250m:	3:18.60	45.94	350m:	4:42.10	36.30
	100m:	1:14.40	40.21	200m:	2:32.66	38.71	300m:	4:05.80	47.20	400m:	5:17.55	35.45
2.	ROY, Alissia			14	C.N. Chambly				6:45.30	260		
	50m:	42.70	42.70	150m:	2:20.97	50.01	250m:	4:09.69	57.16	350m:	5:59.00	51.86
	100m:	1:30.96	48.26	200m:	3:12.53	51.56	300m:	5:07.14	57.45	400m:	6:45.30	46.30
3.	DEMOULIN, Mary			13	Natation Gatineau				6:47.15	257		
	50m:	38.22	38.22	150m:	3:05.38	50.43	250m:	5:06.22	1:01.30	350m:	6:31.98	41.24
	100m:	2:14.95	1:36.73	200m:	4:04.92	59.54	300m:	5:50.74	44.52	400m:	6:47.15	15.17

13 - 14 ans, Garçons

1.	JASEM RADHE, Kinan			13	Natation Gatineau				5:05.49	454		
	50m:	31.74	31.74	150m:	1:46.90	38.40	250m:	3:09.76	43.18	350m:	4:30.02	36.16
	100m:	1:08.50	36.76	200m:	2:26.58	39.68	300m:	3:53.86	44.10	400m:	5:05.49	35.47
2.	POLIO, César			14	Club de Natation Mont-Tremblant				5:16.26	409		
	50m:	35.06	35.06	150m:	1:54.34	41.13	250m:	3:22.21	45.21	350m:	4:43.12	33.82
	100m:	1:13.21	38.15	200m:	2:37.00	42.66	300m:	4:09.30	47.09	400m:	5:16.26	33.14
3.	REZVANI, Artin			14	Natation Gatineau				5:30.88	357		
	50m:	34.23	34.23	150m:	2:01.25	43.85	250m:	3:29.79	45.33	350m:	4:54.07	37.64
	100m:	1:17.40	43.17	200m:	2:44.46	43.21	300m:	4:16.43	46.64	400m:	5:30.88	36.81
4.	PACHEBAT, Gabriel			13	Natation Gatineau				5:45.98	312		
	50m:	38.03	38.03	150m:	2:04.12	43.04	250m:	3:40.11	53.48	350m:	5:09.29	37.55
	100m:	1:21.08	43.05	200m:	2:46.63	42.51	300m:	4:31.74	51.63	400m:	5:45.98	36.69
5.	RAKOTOHARISON, Kyan			13	Natation Gatineau				6:06.84	262		
	50m:	37.01	37.01	150m:	2:06.82	47.64	250m:	3:49.75	55.73	350m:	5:27.63	41.69
	100m:	1:19.18	42.17	200m:	2:54.02	47.20	300m:	4:45.94	56.19	400m:	6:06.84	39.21
disq.	BARTEKIAN, Liam			14	Laval				5:44.26			
	50m:	38.46	38.46	150m:	2:04.92	43.86	250m:	3:42.55	52.46	350m:	5:09.47	34.44
	100m:	1:21.06	42.60	200m:	2:50.09	45.17	300m:	4:35.03	52.48	400m:	5:44.26	34.79

15 - 16 ans, Filles

1.	LESSARD, Émilie			15	Natation Gatineau				5:44.20	425		
	50m:	35.72	35.72	150m:	2:03.04	43.94	250m:	3:38.45	51.79	350m:	5:08.31	39.32
	100m:	1:19.10	43.38	200m:	2:46.66	43.62	300m:	4:28.99	50.54	400m:	5:44.20	35.89
2.	THERIAULT, Marianne			15	Natation Gatineau				6:13.01	334		
	50m:	38.29	38.29	150m:	2:10.25	44.95	250m:	3:50.12	53.37	350m:	5:28.74	44.53
	100m:	1:25.30	47.01	200m:	2:56.75	46.50	300m:	4:44.21	54.09	400m:	6:13.01	44.27

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15 - 16 ans, Garçons

1. LEMIRE, Hugo			15	Mégophias				6:58.69	176
50m: 39.24	39.24	150m: 2:27.55	57.42	250m: 4:21.84	56.29	350m: 6:10.87	50.27		
100m: 1:30.13	50.89	200m: 3:25.55	58.00	300m: 5:20.60	58.76	400m: 6:58.69	47.82		

17 ans et plus, Messieurs

1. BÉLISLE, Henri			17	Club de natation Mont-Laurier				5:44.45	316
50m: 32.73	32.73	150m: 1:54.83	41.78	250m: 3:28.78	52.08	350m: 5:04.42	42.41		
100m: 1:13.05	40.32	200m: 2:36.70	41.87	300m: 4:22.01	53.23	400m: 5:44.45	40.03		