

Intra club Unik, La Fonderie Laroche  
Donnacona, 16-3-2025

Epreuve 101  
2025-03-16 - 15:11

400m Libre

Cat. générale  
Liste résultats Time Trial

Points: FINA 2023

Rang				Age						Temps	Pts	
11 - 12 ans, Filles												
1.	GERVAIS, Florence			12	Unik			<b>5:26.55</b>			355	
	50m:	35.30	35.30	150m:	1:57.80	41.93	250m:	3:21.30	41.65	350m:	4:44.40	41.44
	100m:	1:15.87	40.57	200m:	2:39.65	41.85	300m:	4:02.96	41.66	400m:	5:26.55	42.15
13 - 14 ans, Filles												
1.	TRUDEL, Léanne			13	Unik			<b>5:09.35</b>			418	
	50m:	34.11	34.11	150m:	1:51.11	38.81	250m:	3:09.93	39.66	350m:	4:29.27	39.81
	100m:	1:12.30	38.19	200m:	2:30.27	39.16	300m:	3:49.46	39.53	400m:	5:09.35	40.08