

Intra club Unik, La Fonderie Laroche
Donnacona, 16-3-2025

Epreuve 1
2025-03-16 - 13:30

400m Libre

Cat. générale
Liste résultats

Points: FINA 2023

Rang			Age							Temps	Pts	
11 - 12 ans, Filles												
1.	PAQUET, Joanie		12		Unik					5:25.27	359	
	50m:	36.40	36.40	150m:	1:57.56	41.13	250m:	3:20.74	41.53	350m:	4:44.59	42.22
	100m:	1:16.43	40.03	200m:	2:39.21	41.65	300m:	4:02.37	41.63	400m:	5:25.27	40.68
2.	SAMSON, Elody		12		Unik					6:07.17	249	
	50m:	39.36	39.36	150m:	2:11.84	47.14	250m:	3:47.24	47.25	350m:	5:23.20	45.56
	100m:	1:24.70	45.34	200m:	2:59.99	48.15	300m:	4:37.64	50.40	400m:	6:07.17	43.97
11 - 12 ans, Garçons												
1.	SAMSON, Nolan		11		Unik					6:01.78	201	
	50m:	39.58	39.58	150m:	2:11.45	46.62	250m:	3:44.55	46.35	350m:	5:18.39	46.94
	100m:	1:24.83	45.25	200m:	2:58.20	46.75	300m:	4:31.45	46.90	400m:	6:01.78	43.39
13 - 14 ans, Filles												
1.	TESSIER, Laurence		13		Unik					5:48.18	293	
	50m:	37.55	37.55	150m:	2:04.40	44.35	250m:	3:34.96	45.72	350m:	5:04.99	45.00
	100m:	1:20.05	42.50	200m:	2:49.24	44.84	300m:	4:19.99	45.03	400m:	5:48.18	43.19
13 - 14 ans, Garçons												
1.	GRENIER, Léo		14		Unik					5:11.42	316	
	50m:	34.64	34.64	150m:	1:53.27	39.91	250m:	3:13.36	39.94	350m:	4:33.67	39.87
	100m:	1:13.36	38.72	200m:	2:33.42	40.15	300m:	3:53.80	40.44	400m:	5:11.42	37.75
15 ans et plus, Dames												
1.	THÉRIAULT, Marie-Pier		17		Unik					5:11.50	409	
	50m:	34.27	34.27	150m:	1:50.89	38.84	250m:	3:10.92	40.34	350m:	4:32.20	40.78
	100m:	1:12.05	37.78	200m:	2:30.58	39.69	300m:	3:51.42	40.50	400m:	5:11.50	39.30
2.	JOBIN, Eve		16		Unik					5:40.24	314	
	50m:	36.61	36.61	150m:	2:00.02	42.53	250m:	3:28.55	44.47	350m:	4:57.96	44.44
	100m:	1:17.49	40.88	200m:	2:44.08	44.06	300m:	4:13.52	44.97	400m:	5:40.24	42.28