

Valmieras meistarsacikstes
Valmiera, 14. - 15.3.2025

Event 24
15.03.2025 - 11:13

Men, 400m Medley

2010 and older
Results

SKSM Open: 4:10.86 / SM Open: 4:32.47 / SMK Open: 4:48.34 / I Open: 5:08.72 / II Open: 5:39.79 / III Open: 6:23.24 /
IV Open: 7:43.52

Points: AQUA 2024

Vieta	Uzv rds, v rds	Dz.g.	Komanda	Rezult ts	Punkti	RL	SK
1.	MELNGARSS Eduards	10	Valmieras SS	5:21.21	390		II
	50m: 33.60 33.60	150m: 1:56.90 42.62	250m: 3:22.69 45.69	350m: 4:46.13 37.03			
	100m: 1:14.28 40.68	200m: 2:37.00 40.10	300m: 4:09.10 46.41	400m: 5:21.21 35.08			
2.	OZOLS Kristers	10	Valmieras SS	6:15.09	245	+0.81	III
	50m: 41.15 41.15	150m: 2:19.36 46.94	250m: 3:58.60 51.85	350m: 5:34.56 42.54			
	100m: 1:32.42 51.27	200m: 3:06.75 47.39	300m: 4:52.02 53.42	400m: 6:15.09 40.53			