

Campeonato Regional Cat 2025  
Horta, 7 - 9/3/2025

Prova 52  
09/03/2025 - 9:50

Masc., 400m Livres

15 anos e mais velhos  
Resultados

Juvenis B Masc Juv B: 5:30.00 / Juvenis A Masc Juv A: 5:10.00 / Juniores Masc Jun: 4:55.00 / Seniores Masc Sen: 4:50.00

Pontos: AQUA 2024

Lugar			Ano			Tempo final			Pts	
<b>Juvenis B</b>										
1.	NOVO, Simao Noronha		10	Clube Desportivo Escolar de Ag		<b>5:12.08</b>			314	
	50m:	33.44 33.44	150m:	1:49.46	38.83	250m:	3:09.57	40.76	350m:	4:32.24 41.80
	100m:	1:10.63 37.19	200m:	2:28.81	39.35	300m:	3:50.44	40.87	400m:	5:12.08 39.84
2.	MENDES, Artur Bettencourt		10	Naval Praia da Vitoria		<b>5:25.43</b>			277	
	50m:	36.17 36.17	150m:	1:57.13	40.92	250m:	3:21.71	42.81	350m:	4:46.37 42.15
	100m:	1:16.21 40.04	200m:	2:38.90	41.77	300m:	4:04.22	42.51	400m:	5:25.43 39.06
<b>Juvenis A</b>										
1.	SILVA, Francisco Carvalho		09	Naval Praia da Vitoria		<b>4:44.42</b>			415	
	50m:	32.74 32.74	150m:	1:45.46	36.62	250m:	2:59.32	36.51	350m:	4:10.13 34.49
	100m:	1:08.84 36.10	200m:	2:22.81	37.35	300m:	3:35.64	36.32	400m:	4:44.42 34.29
2.	MELO, Rodrigo Paiva		09	Bombeiros de Ponta Delgada		<b>4:48.17</b>			399	
	50m:	30.26 30.26	150m:	1:39.49	35.51	250m:	2:53.05	37.15	350m:	4:09.33 38.72
	100m:	1:03.98 33.72	200m:	2:15.90	36.41	300m:	3:30.61	37.56	400m:	4:48.17 38.84
<b>Juniores</b>										
1.	SANTOS, Rodrigo Canedo		08	Bombeiros de Ponta Delgada		<b>4:17.01</b>			563	
	50m:	29.04 29.04	150m:	1:31.80	31.92	250m:	2:36.89	32.61	350m:	3:44.30 34.00
	100m:	59.88 30.84	200m:	2:04.28	32.48	300m:	3:10.30	33.41	400m:	4:17.01 32.71
2.	PEREIRA, Miguel Lima		08	Bombeiros de Ponta Delgada		<b>4:41.80</b>			427	
	50m:	31.98 31.98	150m:	1:42.81	35.76	250m:	2:53.82	35.31	350m:	4:05.90 35.95
	100m:	1:07.05 35.07	200m:	2:18.51	35.70	300m:	3:29.95	36.13	400m:	4:41.80 35.90
3.	SOUSA, Miguel Carreiro		08	Clube Desportivo Escolar de Ag		<b>5:00.12</b>			353	
	50m:	30.97 30.97	150m:	1:45.04	38.02	250m:	3:02.59	39.01	350m:	4:20.88 39.04
	100m:	1:07.02 36.05	200m:	2:23.58	38.54	300m:	3:41.84	39.25	400m:	5:00.12 39.24