

Campeonato Regional Cat 2025
Horta, 7 - 9/3/2025

Prova 22
08/03/2025 - 11:35

Femin., 400m Livres

Infantis
Resultados

Infantis B Fem Inf B: 6:38.00 / Infantis A Fem Inf A: 6:16.00

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
Infantis B			
1. DAMASCENO, Lara Gil	13	Clube Desportivo Escolar de Ag	5:52.78 281
50m: 38.88 38.88	150m: 2:09.41 45.40	250m: 3:40.41 45.45	350m: 5:10.45 44.51
100m: 1:24.01 45.13	200m: 2:54.96 45.55	300m: 4:25.94 45.53	400m: 5:52.78 42.33
2. MARTINS, Maria Vieira	13	Clube Desportivo Escolar de Ag	5:53.36 280
50m: 39.49 39.49	150m: 2:08.62 45.12	250m: 3:39.94 45.65	350m: 5:11.09 45.77
100m: 1:23.50 44.01	200m: 2:54.29 45.67	300m: 4:25.32 45.38	400m: 5:53.36 42.27
3. PONTE, Matilde Almeida	13	Clube Desportivo Escolar de Ag	6:04.48 255
50m: 38.21 38.21	150m: 2:12.96 47.85	250m: 3:46.62 46.03	350m: 5:21.46 46.61
100m: 1:25.11 46.90	200m: 3:00.59 47.63	300m: 4:34.85 48.23	400m: 6:04.48 43.02
4. ARAUJO, Emilia Cabral	13	Clube Desportivo Escolar de Ag	6:08.30 247
50m: 39.87 39.87	150m: 2:15.05 48.04	250m: 3:50.33 47.65	350m: 5:25.88 48.15
100m: 1:27.01 47.14	200m: 3:02.68 47.63	300m: 4:37.73 47.40	400m: 6:08.30 42.42
5. COUTO, Maria Costa	13	Clube Desportivo Escolar de Ag	6:41.45 191
50m: 41.74 41.74	150m: 2:21.66 50.93	250m: 4:05.63 52.66	350m: 5:51.56 53.17
100m: 1:30.73 48.99	200m: 3:12.97 51.31	300m: 4:58.39 52.76	400m: 6:41.45 49.89
6. SARAIVA, Mafalda Cardoso	13	Clube Desportivo Escolar de Ag	6:55.61 172
50m: 44.77 44.77	150m: 2:31.40 54.61	250m: 4:20.16 55.22	350m: 6:08.25 54.24
100m: 1:36.79 52.02	200m: 3:24.94 53.54	300m: 5:14.01 53.85	400m: 6:55.61 47.36
7. CORREIA, Margarida Luis	13	Naval da Horta	7:14.47 150
50m: 43.21 43.21	150m: 2:32.51 56.51	250m: 4:25.66 55.62	350m: 6:16.76 55.36
100m: 1:36.00 52.79	200m: 3:30.04 57.53	300m: 5:21.40 55.74	400m: 7:14.47 57.71
Infantis A			
1. SILVA, Maria Francisca	12	Bombeiros de Ponta Delgada	5:29.38 346
50m: 35.46 35.46	150m: 1:58.31 42.28	250m: 3:24.36 43.38	350m: 4:49.38 42.74
100m: 1:16.03 40.57	200m: 2:40.98 42.67	300m: 4:06.64 42.28	400m: 5:29.38 40.00
2. SOUSA, Rita Quadros	12	Bombeiros de Ponta Delgada	5:51.54 284
50m: 40.52 40.52	150m: 2:10.86 45.92	250m: 3:41.57 45.09	350m: 5:11.14 44.35
100m: 1:24.94 44.42	200m: 2:56.48 45.62	300m: 4:26.79 45.22	400m: 5:51.54 40.40
3. COSTA, Ines Rosa	12	Naval da Horta	5:53.08 281
50m: 38.61 38.61	150m: 2:08.05 45.68	250m: 3:38.81 46.05	350m: 5:11.05 46.07
100m: 1:22.37 43.76	200m: 2:52.76 44.71	300m: 4:24.98 46.17	400m: 5:53.08 42.03
4. ALMEIDA, Jamila Mendes	12	Naval Praia da Vitoria	5:53.60 279
50m: 39.03 39.03	150m: 2:09.26 45.37	250m: 3:42.18 47.33	350m: 5:11.47 44.11
100m: 1:23.89 44.86	200m: 2:54.85 45.59	300m: 4:27.36 45.18	400m: 5:53.60 42.13
5. COSTA, Miriam Sebastiao	12	Naval Praia da Vitoria	5:59.06 267
50m: 39.38 39.38	150m: 2:09.20 45.56	250m: 3:41.62 46.10	350m: 5:13.75 46.02
100m: 1:23.64 44.26	200m: 2:55.52 46.32	300m: 4:27.73 46.11	400m: 5:59.06 45.31
6. GARCIA, Beatriz Mare	12	Bombeiros Ribeira Grande	6:07.32 249
50m: 41.11 41.11	150m: 2:14.66 47.41	250m: 3:49.29 46.53	350m: 5:23.58 47.09
100m: 1:27.25 46.14	200m: 3:02.76 48.10	300m: 4:36.49 47.20	400m: 6:07.32 43.74
7. PONTE, Mariana Almeida	12	Clube Desportivo Escolar de Ag	6:28.83 210
50m: 38.65 38.65	150m: 2:18.94 50.53	250m: 4:00.76 50.71	350m: 5:42.11 50.38
100m: 1:28.41 49.76	200m: 3:10.05 51.11	300m: 4:51.73 50.97	400m: 6:28.83 46.72
8. NEVES, Laura Rego	12	Bombeiros de Ponta Delgada	6:41.34 191
50m: 42.97 42.97	150m: 2:25.25 51.40	250m: 4:10.36 53.15	350m: 5:54.16 51.46
100m: 1:33.85 50.88	200m: 3:17.21 51.96	300m: 5:02.70 52.34	400m: 6:41.34 47.18

Campeonato Regional Cat 2025
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Prova 22, Femin., 400m Livres, Infantis A

Lugar	Ano								Tempo final	Pts		
9.	FONSECA, Sofia Luz			12	Bombeiros de Ponta Delgada				7:42.78	124		
	50m:	51.54	51.54	150m:	2:50.62	59.39	250m:	4:49.65	57.34	350m:	6:47.32	59.81
	100m:	1:51.23	59.69	200m:	3:52.31	1:01.69	300m:	5:47.51	57.86	400m:	7:42.78	55.46