



4ª JORNADA DE LIGA PREB-BENJ-ALE
ALCANTARILLA, 1/3/2025



Prueba 10
01/03/2025 - 12:35

Fem., 400m Libre

13 años
Resultados

Clasificación	Nombre	AÑO	Club	Tiempo	Pts
1.	MARTINEZ BENZAL, Anais	12	C.N. Murcia	4:50.61	19,00
	50m: 34.14 34.14 150m: 1:46.64 36.59 250m: 2:59.89 36.68 350m: 4:14.11 36.97			100m: 1:10.05 35.91 200m: 2:23.21 36.57 300m: 3:37.14 37.25 400m: 4:50.61 36.50	
2.	COSTA RODRIGUEZ, Carmen	12	C.N. Murcia	5:09.21	16,00
	50m: 35.52 35.52 150m: 1:51.99 38.69 250m: 3:09.92 38.97 350m: 4:29.55 40.00			100m: 1:13.30 37.78 200m: 2:30.95 38.96 300m: 3:49.55 39.63 400m: 5:09.21 39.66	
3.	IZQUIERDO ROS, Leonor	12	Ucam C.N. Ciudad De Murcia-Fuensanta	5:12.55	14,00
	50m: 35.64 35.64 150m: 1:53.24 39.13 250m: 3:12.42 39.25 350m: 4:33.05 40.13			100m: 1:14.11 38.47 200m: 2:33.17 39.93 300m: 3:52.92 40.50 400m: 5:12.55 39.50	
4.	TORRES FERNANDEZ, Sara	12	Ucam C.N. Ciudad De Murcia-Fuensanta	5:17.33	13,00
	50m: 35.67 35.67 150m: 1:55.95 40.56 250m: 3:16.61 40.56 350m: 4:38.49 41.13			100m: 1:15.39 39.72 200m: 2:36.05 40.10 300m: 3:57.36 40.75 400m: 5:17.33 38.84	
5.	NIETO AZNAR, Elysse	12	C.N. Marina-Cartagena	5:22.67	12,00
	50m: 38.30 38.30 150m: 1:59.45 41.21 250m: 3:21.24 41.00 350m: 4:42.77 41.22			100m: 1:18.24 39.94 200m: 2:40.24 40.79 300m: 4:01.55 40.31 400m: 5:22.67 39.90	
6.	VERA MENDOZA, Eva	12	C.N. Fuente Alamo	5:25.55	11,00
	50m: 37.58 37.58 150m: 2:00.49 41.69 250m: 3:23.49 41.79 350m: 4:46.83 41.19			100m: 1:18.80 41.22 200m: 2:41.70 41.21 300m: 4:05.64 42.15 400m: 5:25.55 38.72	
7.	ZHOU, Victoria	12	C.N.Cartagonova Cartagena	5:27.08	10,00
	50m: 35.55 35.55 150m: 1:56.08 41.31 250m: 3:21.05 42.60 350m: 4:45.33 42.72			100m: 1:14.77 39.22 200m: 2:38.45 42.37 300m: 4:02.61 41.56 400m: 5:27.08 41.75	
8.	FADIL CHAHBOUN, Amina	12	C.N. Fuente Alamo	5:27.21	9,00
	50m: 37.39 37.39 150m: 2:00.92 42.40 250m: 3:24.70 42.18 350m: 4:49.02 42.00			100m: 1:18.52 41.13 200m: 2:42.52 41.60 300m: 4:07.02 42.32 400m: 5:27.21 38.19	
9.	AZORIN SORIANO, Marta	12	C.N. Yecla	5:43.17	8,00
	50m: 37.36 37.36 150m: 2:04.11 44.06 250m: 3:33.08 52.38 350m: 5:03.11 44.87			100m: 1:20.05 42.69 200m: 2:40.70 36.59 300m: 4:18.24 45.16 400m: 5:43.17 40.06	
10.	RUIZ HERRERO, Valeria	12	Ucam C.N. Ciudad De Murcia-Fuensanta	5:43.95	7,00
	50m: 39.61 39.61 150m: 2:05.99 43.63 250m: 3:32.86 43.75 350m: 5:01.61 45.06			100m: 1:22.36 42.75 200m: 2:49.11 43.12 300m: 4:16.55 43.69 400m: 5:43.95 42.34	
11.	TOMAS GOMEZ, Mara	12	C.N. Lorca	5:44.33	6,00
	50m: 38.52 38.52 150m: 2:05.52 44.13 250m: 3:34.27 44.72 350m: 5:01.99 43.25			100m: 1:21.39 42.87 200m: 2:49.55 44.03 300m: 4:18.74 44.47 400m: 5:44.33 42.34	
12.	GONZALEZ HERNANDEZ, Blanca	12	Ucam C.N. Ciudad De Murcia-Fuensanta	5:45.55	5,00
	50m: 39.02 39.02 150m: 2:05.86 43.59 250m: 3:35.05 44.78 350m: 5:03.05 43.25			100m: 1:22.27 43.25 200m: 2:50.27 44.41 300m: 4:19.80 44.75 400m: 5:45.55 42.50	
13.	ORTUÑO MARTÍNEZ, Carla	12	C.N. Yecla	5:49.36	4,00
	50m: 39.52 39.52 150m: 2:09.67 45.75 250m: 3:39.08 44.63 350m: 5:08.74 44.69			100m: 1:23.92 44.40 200m: 2:54.45 44.78 300m: 4:24.05 44.97 400m: 5:49.36 40.62	
14.	VALERO MARTINEZ, Valeria	12	C.N. Lorca	5:51.58	3,00
	50m: 38.58 38.58 150m: 2:05.61 43.94 250m: 3:35.33 44.91 350m: 5:06.14 45.50			100m: 1:21.67 43.09 200m: 2:50.42 44.81 300m: 4:20.64 45.31 400m: 5:51.58 45.44	
15.	HERNANDEZ HOSTALET, Irene	12	C D MurciaSwim	6:24.05	2,00
	50m: 41.39 41.39 150m: 2:17.61 48.66 250m: 3:56.05 49.25 350m: 5:35.36 50.37			100m: 1:28.95 47.56 200m: 3:06.80 49.19 300m: 4:44.99 48.94 400m: 6:24.05 48.69	
16.	ARGUDO RUIZ, Marina	12	Ucam C.N. Ciudad De Murcia-Fuensanta	6:33.24	1,00
	50m: 41.30 41.30 150m: 2:16.61 47.40 250m: 3:58.05 50.84 350m: 5:42.77 1:02.07			100m: 1:29.21 47.91 200m: 3:07.21 50.60 300m: 4:40.70 42.65 400m: 6:33.24 50.47	
17.	HTIT HADDOU, Ritaj	12	C.N. San Javier Mar Menor	8:10.42	-
	50m: 52.08 52.08 150m: 2:55.58 1:01.94 250m: 5:06.42 1:04.43 350m: 7:12.14 1:01.00			100m: 1:53.64 1:01.56 200m: 4:01.99 1:06.41 300m: 6:11.14 1:04.72 400m: 8:10.42 58.28	
18.	TORRES MADRID, Noa	12	Ucam C.N. Ciudad De Murcia-Fuensanta	8:10.74	-
	50m: 50.49 50.49 150m: 2:49.80 1:00.00 250m: 4:56.95 1:05.12 350m: 7:06.61 1:05.34			100m: 1:49.80 59.31 200m: 3:51.83 1:02.03 300m: 6:01.27 1:04.32 400m: 8:10.74 1:04.13	
NP	MAIRAN OCHOA, Ana Laura	12	C.N. Aguilas		-
WDR	SANCHEZ DEL RINCON, Almudena	12	C.N. Murcia		-
WDR	SANCHEZ GARCIA, Mar	12	C.N. San Javier Mar Menor		-



effort
Rentabilizamos lo humano,
humanizamos lo rentable.