

coupe du Hainaut en 25 m
Comines, 8 - 9/3/2025

Epreuve 25
09/03/2025

Dames, 400m Libre

11 ans et plus
Liste résultats

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	points
11 ans								
	1.	COCO Amalia	14	Helios	BEL	5:16.58	5:07.12	15,00
		50m: 34.66 34.66	150m:		250m:		350m:	
		100m: 1:12.72 38.06	200m: 2:32.47		300m:		400m: 5:07.12	
	2.	ROMBAUX Camille	14	BCSG	BEL	6:25.91	6:23.01	10,00
		50m: 41.88 41.88	150m:		250m:		350m:	
		100m: 1:30.41 48.53	200m: 3:09.41		300m:		400m: 6:23.01	
	3.	DEPAEPE Louisa	14	Ons	BEL	8:33.82	6:29.06	8,00
		50m: 43.09 43.09	150m:		250m:		350m:	
		100m: 1:32.55 49.46	200m: 3:14.48		300m:		400m: 6:29.06	
	4.	GHESQUIERE Elise	14	DM	BEL	NT	7:12.63	5,00
		50m: 47.35 47.35	150m:		250m:		350m:	
		100m: 1:41.85 54.50	200m: 3:32.35		300m:		400m: 7:12.63	
	5.	LETELLIER Lyzie	14	Helios	BEL	NT	7:25.42	4,00
		50m: 50.00 50.00	150m:		250m:		350m:	
		100m: 1:45.03 55.03	200m: 3:37.99		300m:		400m: 7:25.42	
	disq.	VANEXE Ellie	14	EC	FRA	NT		-
		<i>SW 10.2 - Niet de volledige afstand gezwommen/N'a pas couvert la totalité de la distance de l'épreuve</i>						

12 ans

	1.	MAGHUE Laly	13	Enln	BEL	5:32.10	5:18.44	15,00
		50m: 36.40 36.40	150m:		250m:		350m:	
		100m: 1:17.09 40.69	200m: 2:39.30		300m:		400m: 5:18.44	
	2.	RUSTIN Maude	13	Mhn	BEL	5:34.26	5:20.30	10,00
		50m: 36.68 36.68	150m:		250m:		350m:	
		100m: 1:17.09 40.41	200m: 2:39.75		300m:		400m: 5:20.30	
	3.	DUBREUCQ Alexandra	13	BCSG	BEL	5:39.74	5:31.13	8,00
		50m: 36.38 36.38	150m:		250m:		350m:	
		100m: 1:17.16 40.78	200m: 2:40.88		300m:		400m: 5:31.13	
	4.	BRUNO Juliette	13	Helios	BEL	6:10.26	5:43.58	5,00
		50m: 38.89 38.89	150m:		250m:		350m:	
		100m: 1:23.83 44.94	200m: 2:50.70		300m:		400m: 5:43.58	
	5.	VALERIO Inès	13	Enln	BEL	6:03.12	5:49.31	4,00
		50m: 39.61 39.61	150m:		250m:		350m:	
		100m: 1:23.28 43.67	200m: 2:53.53		300m:		400m: 5:49.31	
	6.	NICOLAS Nathalie	13	CNT	BEL	7:14.56	5:56.39	3,00
		50m: 40.80 40.80	150m:		250m:		350m:	
		100m: 1:20.57 39.77	200m: 2:57.95		300m:		400m: 5:56.39	
	7.	LETELLIER Leyna	13	Helios	BEL	6:09.21	5:57.61	2,00
		50m: 40.86 40.86	150m:		250m:		350m:	
		100m: 1:25.65 44.79	200m: 2:55.95		300m:		400m: 5:57.61	
	8.	T'SJOEN Aeva	13	Ons	BEL	NT	6:03.67	1,00
		50m: 40.23 40.23	150m:		250m:		350m:	
		100m: 1:24.42 44.19	200m: 2:58.93		300m:		400m: 6:03.67	
	9.	VANZEVEREN Zola	13	DM	BEL	7:44.83	6:57.21	-
		50m: 47.51 47.51	150m:		250m:		350m:	
		100m: 1:38.09 50.58	200m: 3:25.00		300m:		400m: 6:57.21	

13 ans

	1.	TERRIER Elise	12	EC	BEL	5:25.20	5:15.15	15,00
		50m: 35.23 35.23	150m:		250m:		350m:	
		100m: 1:14.63 39.40	200m: 2:35.64		300m:		400m: 5:15.15	
	2.	DELEPLANQUE Erin	12	Helios	BEL	5:19.17	5:15.37	10,00
		50m: 35.82 35.82	150m:		250m:		350m:	
		100m: 1:13.69 37.87	200m: 2:33.63		300m:		400m: 5:15.37	

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Epreuve 25, Filles, 400m Libre, 13 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	points
	3.	VALLEE Elisa	12	BCSG	BEL	5:22.59	5:16.73	8,00
		50m: 34.96	34.96	150m:	250m:	350m:		
		100m: 1:13.52	38.56	200m: 2:33.77	300m:	400m: 5:16.73		
	4.	MAENE Lea	12	Mhn	BEL	5:27.63	5:25.71	5,00
		50m: 38.87	38.87	150m:	250m:	350m:		
		100m: 1:20.37	41.50	200m: 2:45.83	300m:	400m: 5:25.71		
	5.	BILLET Soline	12	DM	BEL	5:27.70	5:26.45	4,00
		50m: 36.52	36.52	150m: 2:41.55	1:23.98	250m:	350m:	
		100m: 1:17.57	41.05	200m:	300m:	400m: 5:26.45		
	6.	DELROT Keyla	12	BCSG	BEL	5:19.79	5:28.70	3,00
		50m: 35.82	35.82	150m:	250m:	350m:		
		100m: 1:15.75	39.93	200m: 2:38.75	300m:	400m: 5:28.70		
	7.	SALAMONE Luna	12	Mhn	BEL	5:50.97	5:30.04	2,00
		50m: 38.36	38.36	150m:	250m:	350m:		
		100m: 1:20.81	42.45	200m: 2:47.10	300m:	400m: 5:30.04		
	8.	BETTE Lysi	12	Ons	BEL	6:30.26	5:43.31	1,00
		50m: 35.00	35.00	150m:	250m:	350m:		
		100m: 1:20.17	45.17	200m: 2:50.91	300m:	400m: 5:43.31		
	9.	AZMANI Amélia	12	Ons	BEL	5:47.70	5:44.08	-
		50m: 37.89	37.89	150m:	250m:	350m:		
		100m: 1:19.83	41.94	200m:	300m:	400m: 5:44.08		
	10.	PUGENGER Noémie	12	EnIn	BEL	6:04.11	5:52.70	-
		50m: 38.35	38.35	150m:	250m:	350m:		
		100m: 1:22.38	44.03	200m: 2:52.60	300m:	400m: 5:52.70		
	11.	THIEBAUT Charlotte	12	CNT	BEL	6:00.71	5:56.43	-
		50m: 38.55	38.55	150m:	250m:	350m:		
		100m: 1:23.07	44.52	200m: 2:55.94	300m:	400m: 5:56.43		
	12.	DUFRANE Emilie	12	BCSG	BEL	6:28.32	6:13.45	-
		50m: 41.31	41.31	150m:	250m:	350m:		
		100m: 1:28.48	47.17	200m: 3:03.88	300m:	400m: 6:13.45		
	13.	MEGDICHE Yomna	12	BCSG	BEL	NT	6:57.55	-
		50m: 41.97	41.97	150m:	250m:	350m:		
		100m: 1:32.15	50.18	200m: 3:16.83	300m:	400m: 6:57.55		
	disq.	ROUDOMETKINA Ksenia	12	Helios	BEL	4:57.19		-

SW 10.2 - Niet de volledige afstand gezwommen/N'a pas couvert la totalité de la distance de l'épreuve

14 ans

	1.	VANDAMME Louna	11	DM	BEL	4:43.32	4:40.46	15,00
		50m: 32.51	32.51	150m:	250m:	350m:		
		100m: 1:06.91	34.40	200m: 2:17.57	300m:	400m: 4:40.46		
	2.	LECLERCQ Elin	11	Helios	BEL	5:17.56	5:08.12	10,00
		50m: 34.90	34.90	150m:	250m:	350m:		
		100m: 1:13.06	38.16	200m: 2:31.78	300m:	400m: 5:08.12		
	3.	MICHELS Julie	11	EnIn	BEL	5:24.23	5:20.40	8,00
		50m: 35.68	35.68	150m:	250m:	350m:		
		100m: 1:14.97	39.29	200m: 2:37.53	300m:	400m: 5:20.40		
	4.	BONDUELLE Loanne	11	EC	FRA	5:43.11	5:26.22	5,00
		50m: 35.69	35.69	150m:	250m:	350m:		
		100m: 1:15.26	39.57	200m: 2:38.76	300m:	400m: 5:26.22		
	5.	GIARRIZZO Iliana	11	EnIn	BEL	6:14.33	5:34.56	4,00
		50m: 37.13	37.13	150m:	250m:	350m:		
		100m: 1:18.05	40.92	200m: 2:44.27	300m:	400m: 5:34.56		
	6.	CROWET Audrey	11	STC	BEL	6:34.81	5:50.20	3,00
		50m: 38.42	38.42	150m:	250m:	350m:		
		100m: 1:22.70	44.28	200m: 2:52.79	300m:	400m: 5:50.20		

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Epreuve 25, Dames, 400m Libre

15 ans

1.	GIESSER Elise	10	Helios	BEL	5:25.25	5:06.66	15,00
	50m: 34.91 34.91	150m:		250m:		350m:	
	100m: 1:13.05 38.14	200m: 2:30.94		300m:		400m: 5:06.66	
2.	NULLI Anna	10	Mhn	ITA	5:10.11	5:16.73	10,00
	50m: 34.43 34.43	150m:		250m:		350m:	
	100m: 1:12.69 38.26	200m: 2:32.88		300m:		400m: 5:16.73	
3.	GOOSSENS Louise	10	Helios	BEL	5:42.52	5:27.60	8,00
	50m: 37.18 37.18	150m:		250m:		350m:	
	100m: 1:18.29 41.11	200m: 2:40.80		300m:		400m: 5:27.60	
4.	GIESSER Camille	10	Helios	BEL	5:30.09	5:28.11	5,00
	50m: 36.83 36.83	150m:		250m:		350m:	
	100m: 1:17.33 40.50	200m: 2:40.27		300m:		400m: 5:28.11	
5.	LECOURT Jeanne	10	EC	BEL	5:46.94	5:33.78	4,00
	50m: 38.35 38.35	150m:		250m:		350m:	
	100m: 1:20.22 41.87	200m: 2:45.63		300m:		400m: 5:33.78	
6.	PETRE Myriam	10	Enln	BEL	5:34.65	5:37.09	3,00
	50m: 37.09 37.09	150m:		250m:		350m:	
	100m: 1:18.73 41.64	200m: 2:44.98		300m:		400m: 5:37.09	
7.	BOULARD Rosaline	10	BCSG	BEL	6:24.51	6:05.24	2,00
	50m: 41.05 41.05	150m:		250m:		350m:	
	100m: 1:26.61 45.56	200m: 2:59.70		300m:		400m: 6:05.24	
8.	THUILLIER Lola	10	EC	FRA	NT	6:13.62	1,00
	50m: 39.53 39.53	150m:		250m:		350m:	
	100m: 1:24.84 45.31	200m: 3:00.93		300m:		400m: 6:13.62	

16 ans

1.	GUARINI Violette	09	Enln	BEL	5:19.19	5:19.13	15,00
	50m: 35.51 35.51	150m:		250m:		350m:	
	100m: 1:15.72 40.21	200m: 2:37.19		300m:		400m: 5:19.13	
2.	VANDEBUSSCHE Thaïs	09	CNT	BEL	NT	5:23.75	10,00
	50m: 37.22 37.22	150m:		250m:		350m:	
	100m: 1:18.75 41.53	200m: 2:41.75		300m:		400m: 5:23.75	
3.	LANCRY Marion	09	EC	FRA	5:49.10	5:40.68	8,00
	50m: 38.16 38.16	150m:		250m:		350m:	
	100m: 1:19.92 41.76	200m: 2:46.18		300m:		400m: 5:40.68	
4.	MAGHUE Nina	09	Enln	BEL	5:59.12	5:50.28	5,00
	50m: 37.14 37.14	150m:		250m:		350m:	
	100m: 1:19.31 42.17	200m: 2:49.21		300m:		400m: 5:50.28	
5.	MONSTERLET Margot	09	CNT	FRA	5:45.85	5:53.27	4,00
	50m: 38.80 38.80	150m:		250m:		350m:	
	100m: 1:21.53 42.73	200m: 2:51.59		300m:		400m: 5:53.27	
6.	LARDE Nina	09	EC	FRA	NT	6:13.10	3,00
	50m: 40.45 40.45	150m:		250m:		350m:	
	100m: 1:27.09 46.64	200m: 3:03.35		300m:		400m: 6:13.10	
7.	ANSIAUX Louise	09	EC	BEL	6:27.02	6:36.14	2,00
	50m: 42.27 42.27	150m:		250m:		350m:	
	100m: 1:30.50 48.23	200m: 3:16.93		300m:		400m: 6:36.14	

17 ans

1.	PETRE Victoria	08	Enln	BEL	5:13.21	4:58.29	15,00
	50m: 33.65 33.65	150m:		250m:		350m:	
	100m: 1:10.83 37.18	200m: 2:25.91		300m:		400m: 4:58.29	
2.	MIKUS Doriane	08	BCSG	BEL	5:19.49	5:13.72	10,00
	50m: 34.38 34.38	150m:		250m:		350m:	
	100m: 1:13.02 38.64	200m: 2:32.48		300m:		400m: 5:13.72	
3.	DESTOMBES Jeanne	08	CNT	BEL	5:44.49	5:33.00	8,00
	50m: 37.79 37.79	150m:		250m:		350m:	
	100m: 1:19.69 41.90	200m: 2:45.03		300m:		400m: 5:33.00	

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Epreuve 25, Filles, 400m Libre, 17 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	points
	4.	DELEPLANQUE Emma	08	Helios	BEL	5:11.66	5:34.65	5,00
		50m: 37.03 37.03	150m:		250m:		350m:	
		100m: 1:19.08 42.05	200m: 2:45.47		300m:		400m: 5:34.65	
	5.	SENTE Gwendoline	08	Helios	BEL	5:49.78	5:38.45	4,00
		50m: 36.51 36.51	150m:		250m:		350m:	
		100m: 1:17.95 41.44	200m: 2:44.82		300m:		400m: 5:38.45	

19 ans et plus

	1.	HERBINT Aurélie	06	BCSG	BEL	5:37.28	5:42.02	15,00
		50m: 37.98 37.98	150m:		250m:		350m:	
		100m: 1:20.74 42.76	200m: 2:47.70		300m:		400m: 5:42.02	