

Prova 27 Masc., 1500m Livres 13 anos e mais velhos  
16/03/2025 Resultados

Recordes Regionais Open	16:00.92	Ricardo Sousa, FILIPE	LDC	Leiria	06/12/2009
Recordes Regionais Sen.	16:00.92	Ricardo Sousa, FILIPE	LDC	Leiria	06/12/2009
Recordes Regionais Jun. 2	16:20.21	Rui Miguel, LOPES	CNOL	Silves	04/12/2011
Recordes Regionais Jun. 1	16:30.83	Joao Duarte, SANTOS	CNOL	Quarteira	12/11/2011
Recordes Regionais Juv. A	16:35.72	Eduardo Cardoso, LOPES	LDC	Leiria	14/12/2014
Recordes Regionais Juv. B	16:41.29	Eduardo Cardoso, LOPES	LDC	Silves	16/03/2014
Recordes Regionais Inf. A	17:14.55	Eduardo Cardoso, LOPES	LDC	S. Ant�nio Cavaleiros	17/03/2013
Recordes Regionais Inf. B	18:42.44	Eduardo Cardoso, LOPES	LDC	S. Ant�nio Cavaleiros	18/03/2012

Pontos: AQUA 2024

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final IPC Pts

Juvenis B

1. Goncalo Alexandre, RETRE	10	Naval de Faro	<b>18:11.01</b>	467
100m: 1:08.93 1:08.93	500m: 6:01.11 1:13.55	900m: 10:54.79 1:13.52	1300m: 15:47.65 1:13.37	
200m: 2:20.94 1:12.01	600m: 7:14.58 1:13.47	1000m: 12:07.90 1:13.11	1400m: 17:00.89 1:13.24	
300m: 3:34.28 1:13.34	700m: 8:27.90 1:13.32	1100m: 13:21.20 1:13.30	1500m: 18:11.01 1:10.12	
400m: 4:47.56 1:13.28	800m: 9:41.27 1:13.37	1200m: 14:34.28 1:13.08		

Juvenis A

1. Rafael Alexandre, SILVA	09	Louletano / Loule Aqui e Ago	<b>17:22.60</b>	535
100m: 1:04.17 1:04.17	500m: 5:42.37 1:10.01	900m: 10:23.46 1:10.05	1300m: 15:04.55 1:10.32	
200m: 2:12.73 1:08.56	600m: 6:53.00 1:10.63	1000m: 11:33.42 1:09.96	1400m: 16:14.33 1:09.78	
300m: 3:22.29 1:09.56	700m: 8:03.27 1:10.27	1100m: 12:44.13 1:10.71	1500m: 17:22.60 1:08.27	
400m: 4:32.36 1:10.07	800m: 9:13.41 1:10.14	1200m: 13:54.23 1:10.10		
2. Tiago Afonso, COSTA	09	Louletano / Loule Aqui e Ago	<b>18:29.92</b>	444
100m: 1:05.72 1:05.72	500m: 5:59.49 1:13.92	900m: 10:57.16 1:15.10	1300m: 15:59.84 1:16.30	
200m: 2:18.72 1:13.00	600m: 7:13.76 1:14.27	1000m: 12:11.88 1:14.72	1400m: 17:16.45 1:16.61	
300m: 3:32.29 1:13.57	700m: 8:27.82 1:14.06	1100m: 13:27.34 1:15.46	1500m: 18:29.92 1:13.47	
400m: 4:45.57 1:13.28	800m: 9:42.06 1:14.24	1200m: 14:43.54 1:16.20		

Juniores

1. Miguel Lourenco, VELHINHO	07	Lagoa Academico Clube	<b>17:06.67</b>	561
100m: 1:03.20 1:03.20	500m: 5:31.96 1:07.81	900m: 10:08.37 1:09.38	1300m: 14:48.53 1:10.00	
200m: 2:10.28 1:07.08	600m: 6:40.70 1:08.74	1000m: 11:18.34 1:09.97	1400m: 15:58.69 1:10.16	
300m: 3:16.93 1:06.65	700m: 7:50.31 1:09.61	1100m: 12:28.22 1:09.88	1500m: 17:06.67 1:07.98	
400m: 4:24.15 1:07.22	800m: 8:58.99 1:08.68	1200m: 13:38.53 1:10.31		
2. Diogo Jose, MATEUS	08	Lagoa Academico Clube	<b>19:07.43</b>	402
100m: 1:06.99 1:06.99	500m: 6:16.96 1:18.62	900m: 11:31.40 1:19.36	1300m: 16:37.52 1:17.84	
200m: 2:20.78 1:13.79	600m: 7:34.72 1:17.76	1000m: 12:49.85 1:18.45	1400m: 17:54.26 1:16.74	
300m: 3:38.62 1:17.84	700m: 8:53.45 1:18.73	1100m: 14:03.35 1:13.50	1500m: 19:07.43 1:13.17	
400m: 4:58.34 1:19.72	800m: 10:12.04 1:18.59	1200m: 15:19.68 1:16.33		

Seniores

1. Goncalo Gualberto, BARBARA	00	Lagoa Academico Clube	<b>17:12.14</b>	552
100m: 1:03.61 1:03.61	500m: 5:41.12 1:09.95	900m: 10:17.59 1:09.09	1300m: 14:55.15 1:09.44	
200m: 2:11.86 1:08.25	600m: 6:50.47 1:09.35	1000m: 11:26.62 1:09.03	1400m: 16:04.71 1:09.56	
300m: 3:21.33 1:09.47	700m: 7:59.65 1:09.18	1100m: 12:36.05 1:09.43	1500m: 17:12.14 1:07.43	
400m: 4:31.17 1:09.84	800m: 9:08.50 1:08.85	1200m: 13:45.71 1:09.66		

Absoluto

1. Miguel Lourenco, VELHINHO	07	Lagoa Academico Clube	<b>17:06.67</b>	561
100m: 1:03.20 1:03.20	500m: 5:31.96 1:07.81	900m: 10:08.37 1:09.38	1300m: 14:48.53 1:10.00	
200m: 2:10.28 1:07.08	600m: 6:40.70 1:08.74	1000m: 11:18.34 1:09.97	1400m: 15:58.69 1:10.16	
300m: 3:16.93 1:06.65	700m: 7:50.31 1:09.61	1100m: 12:28.22 1:09.88	1500m: 17:06.67 1:07.98	
400m: 4:24.15 1:07.22	800m: 8:58.99 1:08.68	1200m: 13:38.53 1:10.31		

Prova 27, Masc., 1500m Livres, Absoluto

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
2.	Goncalo Gualberto, BARBARA	00			Lagoa Academico Clube	<b>17:12.14</b>	552	
	100m: 1:03.61 1:03.61	500m: 5:41.12	1:09.95	900m: 10:17.59	1:09.09	1300m: 14:55.15	1:09.44	
	200m: 2:11.86 1:08.25	600m: 6:50.47	1:09.35	1000m: 11:26.62	1:09.03	1400m: 16:04.71	1:09.56	
	300m: 3:21.33 1:09.47	700m: 7:59.65	1:09.18	1100m: 12:36.05	1:09.43	1500m: 17:12.14	1:07.43	
	400m: 4:31.17 1:09.84	800m: 9:08.50	1:08.85	1200m: 13:45.71	1:09.66			
3.	Diogo Jose, MATEUS	08			Lagoa Academico Clube	<b>19:07.43</b>	402	
	100m: 1:06.99 1:06.99	500m: 6:16.96	1:18.62	900m: 11:31.40	1:19.36	1300m: 16:37.52	1:17.84	
	200m: 2:20.78 1:13.79	600m: 7:34.72	1:17.76	1000m: 12:49.85	1:18.45	1400m: 17:54.26	1:16.74	
	300m: 3:38.62 1:17.84	700m: 8:53.45	1:18.73	1100m: 14:03.35	1:13.50	1500m: 19:07.43	1:13.17	
	400m: 4:58.34 1:19.72	800m: 10:12.04	1:18.59	1200m: 15:19.68	1:16.33			