

LAC
Oldenzaal, 12-3-2025

Programmanr. 5
12-3-2025 - 18:09

Dames, 400m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Barbara Broekhuis	De Dinkel	5:26.60	200700880	5:20.30
	50m: 35.12	35.12	150m:	250m:	350m:
	100m: 1:16.49	41.37	200m: 2:38.66	300m:	400m: 5:20.30
2.	Renske Oude Egbrink	O Z & P C	5:21.91	200600040	5:29.71
	50m: 34.41	34.41	150m:	250m:	350m:
	100m: 1:16.45	42.04	200m: 2:39.56	300m:	400m: 5:29.71
3.	Flore Blok	O Z & P C	5:29.39	200804348	5:38.50
	50m: 34.48	34.48	150m:	250m:	350m:
	100m: 1:15.51	41.03	200m: 2:42.78	300m:	400m: 5:38.50
4.	Laurie Aarninkhof	De Dinkel	5:29.66	199800822	5:40.72
	50m: 35.12	35.12	150m:	250m:	350m:
	100m: 1:17.13	42.01	200m: 2:42.67	300m:	400m: 5:40.72
5.	Fien de Zeeuw	O Z & P C	6:09.71	200600130	6:29.01
	50m: 42.26	42.26	150m:	250m:	350m:
	100m: 1:35.80	53.54	200m: 3:13.24	300m:	400m: 6:29.01
6.	Ilon Schuurman	O Z & P C	6:27.29	200304766	6:48.64
	50m: 44.42	44.42	150m:	250m:	350m:
	100m: 1:41.77	57.35	200m: 3:28.48	300m:	400m: 6:48.64