

FESTIVAL FONDO MASTER 2025  
Oviedo, 23/2/2025

Prueba 3  
23/02/2025 - 13:57

400m Estilos

20 años y mayores  
Resultados

Puntos: AQUA 2024

Clasificación	AN			Tiempo	Pts
<b>20+, Masc.</b>					
Baja	SUAREZ BARRERA Sergio	03	C.N. Las Anclas Castrillon		
<b>25+, Masc.</b>					
1.	LARA RENUNCIO Jorge	00	C. Aquatico Aviles Solras	<b>4:58.02</b>	489
	50m: 28.88 28.88 150m: 250m: 350m:			400m: 4:58.02	
	100m: 1:05.96 37.08 200m: 2:26.40 300m: 3:44.59				
2.	LARA RENUNCIO Enrique	97	C.N. Santa Olaya	<b>6:24.73</b>	227
	50m: 37.64 37.64 150m: 250m: 350m:			400m: 6:24.73	
	100m: 1:24.67 47.03 200m: 3:04.35 300m: 4:52.52				
<b>30+, Masc.</b>					
1.	SASTRE GARCIA Miguel	95	C. Aquatico Aviles Solras	<b>6:19.59</b>	236
	50m: 38.92 38.92 150m: 250m: 350m:			400m: 6:19.59	
	100m: 1:24.32 45.40 200m: 3:04.81 300m: 4:51.35				
<b>40+, Masc.</b>					
1.	FERNANDEZ CORDOBA Diego	85	R.G.C. Covadonga	<b>5:18.67</b>	400
	50m: 32.24 32.24 150m: 250m: 350m:			400m: 5:18.67	
	100m: 1:10.14 37.90 200m: 2:31.49 300m: 4:03.59				
<b>45+, Masc.</b>					
1.	CUADRADO CAZORLA Roberto	78	C.N. Ovimaster	<b>5:55.10</b>	289
	50m: 35.07 35.07 150m: 250m: 350m:			400m: 5:55.10	
	100m: 1:17.32 42.25 200m: 2:52.08 300m: 4:33.76				
2.	RANGEL MENDEZ Luis Alberto	78	C.N. Ovimaster	<b>6:13.15</b>	249
	50m: 41.33 41.33 150m: 250m: 350m:			400m: 6:13.15	
	100m: 1:32.16 50.83 200m: 3:02.16 300m: 4:50.28				
<b>50+, Masc.</b>					
1.	LOSA PARRONDO Andres	75	R.G.C. Covadonga	<b>6:25.01</b>	226
	50m: 41.85 41.85 150m: 250m: 350m:			400m: 6:25.01	
	100m: 1:29.16 47.31 200m: 3:16.54 300m: 5:00.13				
<b>55+, Masc.</b>					
1.	RIBERA GONZALEZ-PARDO Emilio	70	C. Aquatico Aviles Solras	<b>6:30.27</b>	217
	50m: 40.34 40.34 150m: 250m: 350m:			400m: 6:30.27	
	100m: 1:28.17 47.83 200m: 3:12.73 300m: 4:55.58				

Piscina 25 m. / crono manual

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25+, Fem.

1. ORTIZ DE GUINEA BASTON Alba	97	C. Aquatico Aviles Solras	<b>5:14.46</b>	558
50m: 32.73	32.73	150m:	250m:	350m:
100m: 1:11.88	39.15	200m: 2:36.87	300m: 4:04.35	400m: 5:14.46

35+, Fem.

1. AGUERA FERNANDEZ Patricia	87	R.G.C. Covadonga	<b>5:58.96</b>	375
50m: 37.67	37.67	150m:	250m:	350m:
100m: 1:21.16	43.49	200m: 2:55.16	300m: 4:36.38	400m: 5:58.96

45+, Fem.

Baja DIAZ GARCIA Angela 77 C. Aquatico Aviles Solras

50+, Fem.

1. FUERTES LLAMAZALES Begona	73	C.N. Santa Olaya	<b>7:22.45</b>	200
50m:	150m:	250m:	350m:	
100m:	200m: 3:43.59	300m: 5:40.69	400m: 7:22.45	