

Jarná cena Žiliny
Žilina, 21. - 23.3.2025

disciplína 1
21.03.2025 - 16:00

ženy, 400m polohové preteky

11 ro . a st.
Výsledky

Meeting record / Rekord mítingu	4:48.21	Sebestyén Dalma	HUN	Žilina	18.03.2022
Rekord SR sen.	4:48.72	Trníková Nikoleta	PBPO	Eindhoven (NED)	09.04.2022
Rekord SR jun.	4:50.29	Trníková Nikoleta	PBPO	Kazan (RUS)	03.07.2019

bodovanie: AQUA 2024

por.			Ro .			as	RT	body	
15 ro . a st.									
1.	Trníková Nikoleta		02	Považskobystrický PO		4:56.84		718	
	50m:	31.00 31.00	150m:	1:46.85 39.11	250m:	3:06.16 40.38	350m:	4:22.18 35.03	
	100m:	1:07.74 36.74	200m:	2:25.78 38.93	300m:	3:47.15 40.99	400m:	4:56.84 34.66	
2.	Mišúthová Daniela		06	XBS swimming		5:24.61		549	+ 27.77
	50m:	32.30 32.30	150m:	1:49.64 39.76	250m:	3:19.02 49.38	350m:	4:47.00 37.86	
	100m:	1:09.88 37.58	200m:	2:29.64 40.00	300m:	4:09.14 50.12	400m:	5:24.61 37.61	
3.	Bretzová Tamara		10	ŠKP Košice		5:25.92		542	+ 29.08
	50m:	31.31 31.31	150m:	1:51.31 43.34	250m:	3:20.35 47.44	350m:	4:49.55 39.68	
	100m:	1:07.97 36.66	200m:	2:32.91 41.60	300m:	4:09.87 49.52	400m:	5:25.92 36.37	
4.	Chromiaková Ema Mária		08	PK Martin		5:28.08		532	+ 31.24
	50m:	32.62 32.62	150m:	1:51.88 41.17	250m:	3:21.91 48.27	350m:	4:49.91 39.21	
	100m:	1:10.71 38.09	200m:	2:33.64 41.76	300m:	4:10.70 48.79	400m:	5:28.08 38.17	
5.	Gomolová Nela		09	PK Martin		5:28.87		528	+ 32.03
	50m:	34.04 34.04	150m:	1:55.99 41.48	250m:	3:23.67 47.29	350m:	4:50.76 39.12	
	100m:	1:14.51 40.47	200m:	2:36.38 40.39	300m:	4:11.64 47.97	400m:	5:28.87 38.11	
6.	Slafkovská Lucia		09	ŠKP Košice		5:29.95		523	+ 33.11
	50m:	32.80 32.80	150m:	1:55.56 43.91	250m:	3:26.26 47.66	350m:	4:53.13 38.50	
	100m:	1:11.65 38.85	200m:	2:38.60 43.04	300m:	4:14.63 48.37	400m:	5:29.95 36.82	
7.	Krontorádová Sára		08	TJ Znojmo		5:36.13		494	+ 39.29
	50m:	34.16 34.16	150m:	1:56.69 43.73	250m:	3:27.25 47.71	350m:	4:56.97 38.84	
	100m:	1:12.96 38.80	200m:	2:39.54 42.85	300m:	4:18.13 50.88	400m:	5:36.13 39.16	
8.	Šenke íková Lucie		08	PK Nový Ji ín		5:37.60		488	+ 40.76
	50m:	35.31 35.31	150m:	2:01.38 44.88	250m:	3:34.63 49.33	350m:	5:01.16 37.24	
	100m:	1:16.50 41.19	200m:	2:45.30 43.92	300m:	4:23.92 49.29	400m:	5:37.60 36.44	
9.	Kostková Stela		10	Elite Standard Academy		5:43.09		465	+ 46.25
	50m:	35.39 35.39	150m:	2:03.02 44.03	250m:	3:36.78 50.43	350m:	5:06.72 39.84	
	100m:	1:18.99 43.60	200m:	2:46.35 43.33	300m:	4:26.88 50.10	400m:	5:43.09 36.37	
10.	Dirbáková Viktória		08	Nereus Žilina		5:43.31		464	+ 46.47
	50m:	33.28 33.28	150m:	1:57.99 45.12	250m:	3:31.33 49.31	350m:	5:04.13 41.97	
	100m:	1:12.87 39.59	200m:	2:42.02 44.03	300m:	4:22.16 50.83	400m:	5:43.31 39.18	
11.	Vnuková Anna		09	Elite Standard Academy		5:44.71		458	+ 47.87
	50m:	34.94 34.94	150m:	2:03.40 47.27	250m:	3:37.77 48.27	350m:	5:06.56 39.92	
	100m:	1:16.13 41.19	200m:	2:49.50 46.10	300m:	4:26.64 48.87	400m:	5:44.71 38.15	
12.	Spišáková Alexandra		08	VŠK UK FTVŠ Lafranconi		5:46.78		450	+ 49.94
	50m:	36.82 36.82	150m:	2:07.46 44.94	250m:	3:38.73 47.05	350m:	5:09.30 41.26	
	100m:	1:22.52 45.70	200m:	2:51.68 44.22	300m:	4:28.04 49.31	400m:	5:46.78 37.48	
13.	Gronichová Melánia		09	STU Trnava		5:46.79		450	+ 49.95
	50m:	36.98 36.98	150m:	2:09.12 46.30	250m:	3:40.41 47.02	350m:	5:09.27 39.71	
	100m:	1:22.82 45.84	200m:	2:53.39 44.27	300m:	4:29.56 49.15	400m:	5:46.79 37.52	
14.	Nagy Zorka		06	VŠK UK FTVŠ Lafranconi		5:47.75		446	+ 50.91
	50m:	33.53 33.53	150m:	1:58.84 46.57	250m:	3:36.12 51.47	350m:	5:08.43 40.77	
	100m:	1:12.27 38.74	200m:	2:44.65 45.81	300m:	4:27.66 51.54	400m:	5:47.75 39.32	
15.	Feren íková Eliška		09	VŠK UK FTVŠ Lafranconi		6:10.07		370	+ 1:13.23
	50m:	33.84 33.84	150m:	2:06.02 47.94	250m:	3:46.63 51.48	350m:	5:26.92 44.73	
	100m:	1:18.08 44.24	200m:	2:55.15 49.13	300m:	4:42.19 55.56	400m:	6:10.07 43.15	
16.	Kaletová Klára		10	PK Bohumín		6:27.11		323	+ 1:30.27
	50m:	42.89 42.89	150m:	2:26.52 54.13	250m:	4:09.69 51.25	350m:	5:46.52 44.10	
	100m:	1:32.39 49.50	200m:	3:18.44 51.92	300m:	5:02.42 52.73	400m:	6:27.11 40.59	

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1.	Fiedlerová Stella	12	Elite Standard Academy	5:33.92	504	
	50m: 35.87 35.87	150m: 2:03.55 43.65	250m: 3:33.12 47.16	350m: 4:58.67 37.44		
	100m: 1:19.90 44.03	200m: 2:45.96 42.41	300m: 4:21.23 48.11	400m: 5:33.92 35.25		
2.	Dan íková Laura	11	Nereus Žilina	5:36.31	494	+ 2.39
	50m: 36.98 36.98	150m: 2:03.62 42.66	250m: 3:29.99 44.39	350m: 4:55.54 41.16		
	100m: 1:20.96 43.98	200m: 2:45.60 41.98	300m: 4:14.38 44.39	400m: 5:36.31 40.77		
3.	Muránska Nina	11	ŠK Iglovia	5:43.18	464	+ 9.26
	50m: 34.38 34.38	150m: 2:02.49 45.37	250m: 3:34.24 46.64	350m: 5:04.13 41.40		
	100m: 1:17.12 42.74	200m: 2:47.60 45.11	300m: 4:22.73 48.49	400m: 5:43.18 39.05		
4.	Hermelijn Jaydee	11	XBS swimming	5:44.28	460	+ 10.36
	50m: 35.54 35.54	150m: 2:02.86 46.69	250m: 3:36.03 46.89	350m: 5:05.41 40.89		
	100m: 1:16.17 40.63	200m: 2:49.14 46.28	300m: 4:24.52 48.49	400m: 5:44.28 38.87		
5.	Briedová Nela	12	XBS swimming	5:48.12	445	+ 14.20
	50m: 36.10 36.10	150m: 2:05.39 45.33	250m: 3:40.37 49.81	350m: 5:10.92 40.94		
	100m: 1:20.06 43.96	200m: 2:50.56 45.17	300m: 4:29.98 49.61	400m: 5:48.12 37.20		
6.	Kertész Karolina	12	Elite Standard Academy	5:50.33	437	+ 16.41
	50m: 38.26 38.26	150m: 2:11.23 43.53	250m: 3:43.67 50.53	350m: 5:12.58 38.58		
	100m: 1:27.70 49.44	200m: 2:53.14 41.91	300m: 4:34.00 50.33	400m: 5:50.33 37.75		
7.	Štefaníková Barbora	12	ŠKP Košice	5:50.95	434	+ 17.03
	50m: 38.16 38.16	150m: 2:07.21 45.27	250m: 3:39.41 47.71	350m: 5:10.58 42.51		
	100m: 1:21.94 43.78	200m: 2:51.70 44.49	300m: 4:28.07 48.66	400m: 5:50.95 40.37		
8.	Kacera Hana	11	XBS swimming	5:52.63	428	+ 18.71
	50m: 35.11 35.11	150m: 2:02.29 44.47	250m: 3:36.92 50.80	350m: 5:11.16 42.09		
	100m: 1:17.82 42.71	200m: 2:46.12 43.83	300m: 4:29.07 52.15	400m: 5:52.63 41.47		
9.	Šmigurová Ivana	12	Matador Púchov	5:56.59	414	+ 22.67
	50m: 37.27 37.27	150m: 2:11.15 46.05	250m: 3:46.53 48.40	350m: 5:17.79 41.90		
	100m: 1:25.10 47.83	200m: 2:58.13 46.98	300m: 4:35.89 49.36	400m: 5:56.59 38.80		
10.	Lydíková Kiara	12	ŠK Delfín Nitra	6:00.09	402	+ 26.17
	50m: 37.87 37.87	150m: 2:11.16 46.91	250m: 3:49.23 52.29	350m: 5:22.01 41.60		
	100m: 1:24.25 46.38	200m: 2:56.94 45.78	300m: 4:40.41 51.18	400m: 6:00.09 38.08		
11.	Malovcová Monika	11	Pieš anský PK	6:00.49	401	+ 26.57
	50m: 37.70 37.70	150m: 2:09.56 45.29	250m: 3:46.73 53.69	350m: 5:21.70 41.63		
	100m: 1:24.27 46.57	200m: 2:53.04 43.48	300m: 4:40.07 53.34	400m: 6:00.49 38.79		
12.	Št pánová Sophia Anna	11	Elite Standard Academy	6:01.11	399	+ 27.19
	50m: 39.03 39.03	150m: 2:09.78 43.25	250m: 3:46.72 53.92	350m: 5:21.56 40.27		
	100m: 1:26.53 47.50	200m: 2:52.80 43.02	300m: 4:41.29 54.57	400m: 6:01.11 39.55		
13.	Serbousková Karolína	12	Elite Standard Academy	6:02.25	395	+ 28.33
	50m: 36.44 36.44	150m: 2:08.86 45.76	250m: 3:45.62 51.83	350m: 5:20.73 42.80		
	100m: 1:23.10 46.66	200m: 2:53.79 44.93	300m: 4:37.93 52.31	400m: 6:02.25 41.52		
14.	Tarbajová Radka	12	PK Nanti	6:06.93	380	+ 33.01
	50m: 38.83 38.83	150m: 2:12.62 45.59	250m: 3:50.20 53.70	350m: 5:24.86 41.62		
	100m: 1:27.03 48.20	200m: 2:56.50 43.88	300m: 4:43.24 53.04	400m: 6:06.93 42.07		
15.	Šrobová Simona	12	MPK Tvrdošín	6:07.13	379	+ 33.21
	50m: 39.10 39.10	150m: 2:14.09 46.38	250m: 3:50.83 51.32	350m: 5:25.71 42.47		
	100m: 1:27.71 48.61	200m: 2:59.51 45.42	300m: 4:43.24 52.41	400m: 6:07.13 41.42		
16.	Aradská Anna	11	PK Bohumín	6:11.53	366	+ 37.61
	50m: 41.71 41.71	150m: 2:17.47 47.50	250m: 3:55.70 50.33	350m: 5:30.50 41.73		
	100m: 1:29.97 48.26	200m: 3:05.37 47.90	300m: 4:48.77 53.07	400m: 6:11.53 41.03		
17.	Drozdíková Tamara	12	PK ORCA Bratislava	6:18.82	345	+ 44.90
	50m: 42.72 42.72	150m: 2:21.08 46.91	250m: 4:02.63 54.41	350m: 5:37.88 41.05		
	100m: 1:34.17 51.45	200m: 3:08.22 47.14	300m: 4:56.83 54.20	400m: 6:18.82 40.94		
18.	Schmidtová Mia	12	PK ORCA Bratislava	6:29.23	318	+ 55.31
	50m: 44.26 44.26	150m: 2:27.63 47.96	250m: 4:09.99 55.63	350m: 5:50.05 43.92		
	100m: 1:39.67 55.41	200m: 3:14.36 46.73	300m: 5:06.13 56.14	400m: 6:29.23 39.18		

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por.			Ro .			as	RT	body				
19.	Marková Kristína		12	PK ORCA Bratislava		6:30.57		315	+ 56.65			
	50m:	42.99	42.99	150m:	2:29.62	48.37	250m:	4:06.96	50.31	350m:	5:46.67	47.32
	100m:	1:41.25	58.26	200m:	3:16.65	47.03	300m:	4:59.35	52.39	400m:	6:30.57	43.90
20.	Šimková Linda		12	PK ORCA Bratislava		6:31.82		312	+ 57.90			
	50m:	45.00	45.00	150m:	2:26.68	46.63	250m:	4:12.15	59.73	350m:	5:52.68	43.17
	100m:	1:40.05	55.05	200m:	3:12.42	45.74	300m:	5:09.51	57.36	400m:	6:31.82	39.14
21.	Križanová Karolína		12	PK ORCA Bratislava		6:42.41		288	+ 1:08.49			
	50m:	43.88	43.88	150m:	2:32.64	51.94	250m:	4:15.42	52.27	350m:	5:56.63	48.65
	100m:	1:40.70	56.82	200m:	3:23.15	50.51	300m:	5:07.98	52.56	400m:	6:42.41	45.78
22.	Šimková Lea		12	PK ORCA Bratislava		6:59.69		254	+ 1:25.77			
	50m:	45.39	45.39	150m:	2:36.96	52.41	250m:	4:29.99	1:02.12	350m:	6:15.57	44.03
	100m:	1:44.55	59.16	200m:	3:27.87	50.91	300m:	5:31.54	1:01.55	400m:	6:59.69	44.12

11 - 12 ro .

1.	Moravská Miriam		13	Aquasport Levice		5:47.42		448				
	50m:	35.78	35.78	150m:	2:03.46	43.72	250m:	3:38.07	51.11	350m:	5:09.85	40.36
	100m:	1:19.74	43.96	200m:	2:46.96	43.50	300m:	4:29.49	51.42	400m:	5:47.42	37.57
2.	Demínová Olívia		13	PK Nové Zámky		5:50.53		436	+ 3.11			
	50m:	37.01	37.01	150m:	2:03.95	42.82	250m:	3:39.72	52.77	350m:	5:13.24	38.95
	100m:	1:21.13	44.12	200m:	2:46.95	43.00	300m:	4:34.29	54.57	400m:	5:50.53	37.29
3.	Labantová Tereza		13	Matador Púchov		5:57.89		409	+ 10.47			
	50m:	34.94	34.94	150m:	2:04.86	46.96	250m:	3:42.24	50.59	350m:	5:16.76	41.93
	100m:	1:17.90	42.96	200m:	2:51.65	46.79	300m:	4:34.83	52.59	400m:	5:57.89	41.13
4.	Kubín áková Dominika		13	MPK Tvrdošín		6:02.26		395	+ 14.84			
	50m:	36.64	36.64	150m:	2:07.69	45.90	250m:	3:44.27	50.91	350m:	5:20.96	43.69
	100m:	1:21.79	45.15	200m:	2:53.36	45.67	300m:	4:37.27	53.00	400m:	6:02.26	41.30
5.	Zele áková Eliana		13	PK ORCA Bratislava		6:02.87		393	+ 15.45			
	50m:	40.08	40.08	150m:	2:12.10	46.25	250m:	3:51.43	52.35	350m:	5:23.36	41.02
	100m:	1:25.85	45.77	200m:	2:59.08	46.98	300m:	4:42.34	50.91	400m:	6:02.87	39.51
6.	Barátová Helena		14	Aquasport Levice		6:18.43		346	+ 31.01			
	50m:	45.40	45.40	150m:	2:22.54	46.37	250m:	4:03.18	54.77	350m:	5:39.83	41.65
	100m:	1:36.17	50.77	200m:	3:08.41	45.87	300m:	4:58.18	55.00	400m:	6:18.43	38.60
7.	Ma ošková Barbora		13	MPK Tvrdošín		6:21.19		339	+ 33.77			
	50m:	41.74	41.74	150m:	2:21.39	48.31	250m:	4:00.49	50.78	350m:	5:38.32	44.56
	100m:	1:33.08	51.34	200m:	3:09.71	48.32	300m:	4:53.76	53.27	400m:	6:21.19	42.87
8.	Ková ová Eliška		13	PK Bohumín		6:28.78		319	+ 41.36			
	50m:	44.83	44.83	150m:	2:34.58	52.62	250m:	4:14.69	47.85	350m:	5:46.67	42.10
	100m:	1:41.96	57.13	200m:	3:26.84	52.26	300m:	5:04.57	49.88	400m:	6:28.78	42.11
9.	Le Anna Khim		13	PK Bohumín		6:35.39		304	+ 47.97			
	50m:	42.73	42.73	150m:	2:21.61	49.97	250m:	4:08.75	57.49	350m:	5:50.90	45.47
	100m:	1:31.64	48.91	200m:	3:11.26	49.65	300m:	5:05.43	56.68	400m:	6:35.39	44.49
10.	Pieranová Elen		13	PK Bohumín		6:41.77		289	+ 54.35			
	50m:	45.15	45.15	150m:	2:31.67	51.85	250m:	4:15.42	55.23	350m:	5:56.46	46.67
	100m:	1:39.82	54.67	200m:	3:20.19	48.52	300m:	5:09.79	54.37	400m:	6:41.77	45.31