



Campeonato Distrital de INF, JUV, JUN, SEN (PC)  
Coruche, 1, 2, e 3 Março 2024

Prova 48 Femin., 4 x 100m Livres Infantil  
09/03/2025 Resultados

Recorde Distrital ANDS Inf A	4:33.44	CNTN	CNTN	Campo Maior	30/03/2014
Recorde Distrital ANDS Inf	4:32.74	CNRM	CNRM	Coruche	15/03/2015
Recorde Distrital ANDS Inf B	4:38.72	CNRM	CNRM	Tomar	30/11/2014
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

INF A E B : 6:00.00 / Inf A: 6:02.00; Inf B: 6:08.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BUZIOS-Coruche 3	BUZIOS-Coruche	<b>4:48.20</b>		<b>362</b>	
	50m: 35.37 35.37	150m: 1:48.19 35.85	250m: 3:02.09 34.28	350m: 4:12.87 32.14		
	100m: 1:12.34 36.97	200m: 2:27.81 39.62	300m: 3:40.73 38.64	400m: 4:48.20 35.33		
2.	Torres Novas 2	Torres Novas	<b>5:46.45</b>		<b>208</b>	
	50m: 38.86 38.86	150m: 2:05.30 40.94	250m: 3:35.78 43.39	350m: 5:00.91 40.29		
	100m: 1:24.36 45.50	200m: 2:52.39 47.09	300m: 4:20.62 44.84	400m: 5:46.45 45.54		
3.	CLAC-Entroncamento 2	CLAC-Entroncamento	<b>5:51.50</b>		<b>199</b>	
	50m: 39.21 39.21	150m: 2:05.07 43.54	250m: 3:38.47 44.70	350m: 5:06.03 40.99		
	100m: 1:21.53 42.32	200m: 2:53.77 48.70	300m: 4:25.04 46.57	400m: 5:51.50 45.47		

Prova 48 Femin., 4 x 100m Livres Juvenil  
09/03/2025 Resultados

Recorde Distrital ANDS Juv A	4:18.41	Clube de Natacao de Torres Novas	CNTN	Tomar	15/11/2015
Recorde Distrital ANDS Juv	4:15.57	Clube Natacao de Rio Maior	CNRM	Tomar	19/11/2017
Recorde Distrital ANDS Juv B	4:25.37	CNTN	CNTN	Leiria	14/12/2014
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

JUV A E B : 5:53.00 / Juv B: 5:50.00; Juv A: 5:36.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Torres Novas 1	Torres Novas	<b>4:23.64</b>		<b>473</b>	
	50m: 31.29 31.29	150m: 1:35.85 32.16	250m: 2:44.35 33.53	350m: 3:50.82 30.89		
	100m: 1:03.69 32.40	200m: 2:10.82 34.97	300m: 3:19.93 35.58	400m: 4:23.64 32.82		
2.	BUZIOS-Coruche 2	BUZIOS-Coruche	<b>4:28.85</b>		<b>446</b>	
	50m: 30.66 30.66	150m: 1:37.31 34.50	250m: 2:49.27 34.04	350m: 3:55.67 30.09		
	100m: 1:02.81 32.15	200m: 2:15.23 37.92	300m: 3:25.58 36.31	400m: 4:28.85 33.18		

Prova 48 Femin., 4 x 100m Livres Junior/Senior  
09/03/2025 Resultados

Recorde Distrital ANDS 16 - 17	4:15.63	Clube Nautico de Abrantes	CNAB	Coruche	15/03/2015
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

: 5:20.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Viver Santarem 5	Viver Santarem	<b>4:33.73</b>		<b>422</b>	
	50m: 32.31 32.31	150m: 1:41.17 34.29	250m: 2:49.82 31.49	350m: 3:57.16 32.77		
	100m: 1:06.88 34.57	200m: 2:18.33 37.16	300m: 3:24.39 34.57	400m: 4:33.73 36.57		
2.	BUZIOS-Coruche 1	BUZIOS-Coruche	<b>4:40.80</b>		<b>391</b>	
	50m: 31.62 31.62	150m: 1:38.36 32.64	250m: 2:45.56 32.05	350m: 3:59.19 38.47		
	100m: 1:05.72 34.10	200m: 2:13.51 35.15	300m: 3:20.72 35.16	400m: 4:40.80 41.61		
3.	CLAC-Entroncamento 1	CLAC-Entroncamento	<b>5:01.67</b>		<b>315</b>	
	50m: 36.61 36.61	150m: 1:52.29 35.82	250m: 3:08.79 36.70	350m: 4:23.45 33.46		
	100m: 1:16.47 39.86	200m: 2:32.09 39.80	300m: 3:49.99 41.20	400m: 5:01.67 38.22		