



Campeonato Distrital de INF, JUV, JUN, SEN (PC)  
Coruche, 1, 2, e 3 Março 2024

Prova 44 Femin., 200m Livres Infantil B  
09/03/2025 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Inf B	2:21.98	Mafalda Sofia Rosa	CNRM	Silves	27/03/2015

: 3:20.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Laura Conde Correia	13		Torres Novas	<b>2:44.69</b>		300	
	50m: 37.97	100m: 1:20.47	150m: 2:03.44	200m: 2:44.69				
2.	Joana Ines Antunes	13		CPFZ - Natacao	<b>2:54.70</b>		251	
	50m: 39.69	100m: 1:24.38	150m: 2:10.44	200m: 2:54.70				
3.	Valentina Rodrigues Feijao	13		Nautico Salvaterra Magos	<b>2:57.68</b>		239	
	50m: 39.25	100m: 1:24.95	150m: 2:12.64	200m: 2:57.68				
4.	Eva Sousa Alfaiate	13		Torres Novas	<b>3:00.51</b>		228	
	50m: 41.66	100m: 1:28.49	150m: 2:16.63	200m: 3:00.51				
5.	Marta Bento Ferreira	13		Viver Santarem	<b>3:01.55</b>		224	
	50m: 41.46	100m: 1:29.30	150m: 2:17.61	200m: 3:01.55				
6.	Mariana Ferreira Silva	13		Torres Novas	<b>3:05.99</b>		208	
	50m: 43.09	100m: 1:31.88	150m: 2:20.49	200m: 3:05.99				
7.	Leonor Chambel Santos	13		Nautico Abrantes	<b>3:10.41</b>		194	
	50m: 43.24	100m: 1:34.71	150m: 2:23.76	200m: 3:10.41				
8.	Matilde Maria Neto	13		Uniao Samorense	<b>3:16.81</b>		176	
	50m: 44.39	100m: 1:36.42	150m: 2:28.58	200m: 3:16.81				
9.	Mariana Grangeia Massot	13		Natacao do Tejo	<b>3:18.52</b>		171	
	50m: 42.26	100m: 1:31.62	150m: 2:25.35	200m: 3:18.52				
10.	Constanca Mendao Silva	13		Rio Maior	<b>3:20.36</b>		166	
	<i>FTL</i>							
	50m: 44.86	100m: 1:36.18	150m: 2:29.84	200m: 3:20.36				

Prova 44 Femin., 200m Livres Infantil A  
09/03/2025 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Inf A	2:15.24	Mafalda Sofia Rosa	CNRM	Tomar	20/03/2016

: 3:10.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matilde Casimiro Bibi	12		BUZIOS-Coruche	<b>2:24.96</b>		440	
	50m: 34.11	100m: 1:11.48	150m: 1:48.84	200m: 2:24.96				
2.	Rita Gomes Valentim	12		Torres Novas	<b>2:26.88</b>		423	
	50m: 34.07	100m: 1:11.83	150m: 1:49.70	200m: 2:26.88				
3.	Rita Balsa Alves	12		BUZIOS-Coruche	<b>2:31.31</b>		387	
	50m: 35.74	100m: 1:13.68	150m: 1:53.04	200m: 2:31.31				
4.	Marta Costa Soares	12		Uniao Samorense	<b>2:35.06</b>		360	
	50m: 35.33	100m: 1:14.83	150m: 1:55.72	200m: 2:35.06				
5.	Alicia Lopes Deep	12		BUZIOS-Coruche	<b>2:36.41</b>		350	
	50m: 35.28	100m: 1:15.46	150m: 1:56.84	200m: 2:36.41				
6.	Margarida Madeira Pires	12		Rio Maior	<b>2:36.46</b>		350	
	50m: 37.25	100m: 1:17.75	150m: 1:57.69	200m: 2:36.46				
7.	Maria Pais Santos	12		BUZIOS-Coruche	<b>2:41.02</b>		321	
	50m: 37.06	100m: 1:18.12	150m: 2:00.24	200m: 2:41.02				



Campeonato Distrital de INF, JUV, JUN, SEN (PC)  
Coruche, 1, 2, e 3 Março 2024

Prova 44, Femin., 200m Livres, Infantil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Juliana Antunes Monteiro	12		Gualdim Pais	<b>2:43.39</b>		307	
	50m: 38.03 100m: 1:20.94 150m: 2:04.32 200m: 2:43.39							
9.	Diana Marques Maquilao	12		Nautico Salvaterra Magos	<b>2:43.72</b>		305	
	50m: 38.62 100m: 1:21.54 150m: 2:04.86 200m: 2:43.72							
10.	Ana Leonor Lopes	12		Rio Maior	<b>2:51.01</b>		268	
	50m: 39.63 100m: 1:24.98 150m: 2:12.61 200m: 2:51.01							
11.	Matilde Abelho Vaz	12		CLAC-Entroncamento	<b>2:57.38</b>		240	
	50m: 40.33 100m: 1:25.51 150m: 2:12.64 200m: 2:57.38							
12.	Laura Sofia Graca	12		Uniao Samorense	<b>3:01.09</b>		226	
	50m: 41.06 100m: 1:26.92 150m: 2:14.64 200m: 3:01.09							
13.	Maria Francisca Pinheiro	12		Nautico Abrantes	<b>3:05.74</b>		209	
	50m: 41.92 100m: 1:29.36 150m: 2:18.13 200m: 3:05.74							
14.	Joana Verissimo Tavares	12		CLAC-Entroncamento	<b>3:09.54</b>		197	
	50m: 42.32 100m: 1:31.60 150m: 2:21.99 200m: 3:09.54							
15.	Carolina Maria Quinta <i>FTL</i>	12		Torres Novas	<b>3:10.30</b>		194	
	50m: 43.57 100m: 1:32.81 150m: 2:23.16 200m: 3:10.30							
16.	Laura Amaro Marques <i>FTL</i>	12		Torres Novas	<b>3:16.02</b>		178	
	50m: 43.37 100m: 1:34.18 150m: 2:26.70 200m: 3:16.02							
17.	Ana Marisa Simples <i>FTL</i>	12		Uniao Samorense	<b>3:16.69</b>		176	
	50m: 44.98 100m: 1:36.02 150m: 2:28.38 200m: 3:16.69							
18.	Ines Santos Pina <i>FTL</i>	12		CLAC-Entroncamento	<b>3:17.46</b>		174	
	50m: 46.10 100m: 1:37.90 150m: 2:29.61 200m: 3:17.46							

Prova 44  
09/03/2025

Femin., 200m Livres

Juvenil B  
Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv B	2:12.10	Ana Rita Boavista	CNLA	Ourém	07/07/2002
: 3:04.50					

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Sofia Barroca Pereira	11		BUZIOS-Coruche	<b>2:16.60</b>		526	
	50m: 31.58 100m: 1:06.31 150m: 1:42.29 200m: 2:16.60							
2.	Margarida Pinho Formigo	11		Torres Novas	<b>2:30.56</b>		393	
	50m: 34.49 100m: 1:13.04 150m: 1:52.23 200m: 2:30.56							
3.	Carolina Reis Lopes	11		Torres Novas	<b>2:38.85</b>		334	
	50m: 37.50 100m: 1:17.51 150m: 1:59.85 200m: 2:38.85							
4.	Beatriz Agostinho Duque	11		20Km de Almeirim	<b>2:46.82</b>		289	
	50m: 38.67 100m: 1:21.61 150m: 2:05.42 200m: 2:46.82							
5.	Beatriz Isabel Moura	11		Nautico Abrantes	<b>2:49.91</b>		273	
	50m: 38.21 100m: 1:22.36 150m: 2:07.56 200m: 2:49.91							
6.	Catarina Leonor Pereira	11		CLAC-Entroncamento	<b>2:56.00</b>		246	
	50m: 38.82 100m: 1:23.86 150m: 2:11.26 200m: 2:56.00							



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Prova 44, Femin., 200m Livres

Prova 44 Femin., 200m Livres Juvenil A  
09/03/2025 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Juv A	2:09.96	Carolina Marques Neves	CNTN	Sines	25/04/2016

: 3:01.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Leonor Sombreiro Martins	10	BUZIOS-Coruche	<b>2:14.63</b>		550	
	50m: 31.72	100m: 1:05.89	150m: 1:40.92	200m: 2:14.63			
2.	Maria Leonor Lopes	10	Torres Novas	<b>2:21.24</b>		476	
	50m: 33.34	100m: 1:09.15	150m: 1:46.54	200m: 2:21.24			
3.	Lara Paixao Silva	10	Rio Maior	<b>2:21.68</b>		471	
	50m: 32.47	100m: 1:08.27	150m: 1:45.39	200m: 2:21.68			
4.	Flor Fortunata Ferreira	10	Gualdim Pais	<b>2:32.75</b>		376	
	50m: 34.63	100m: 1:13.02	150m: 1:53.43	200m: 2:32.75			
5.	Angela Maria Pereira	10	Nautico Salvaterra Magos	<b>2:38.08</b>		339	
	50m: 36.91	100m: 1:17.14	150m: 1:58.92	200m: 2:38.08			
6.	Raquel Fernandes Samouco	10	Natacao do Tejo	<b>2:54.60</b>		252	
	50m: 39.87	100m: 1:24.82	150m: 2:10.39	200m: 2:54.60			

Prova 44 Femin., 200m Livres Junior  
09/03/2025 Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS 18 +	2:04.86	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021
Recorde Distrital ANDS 17	2:04.85	Caroliona Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS Jun16	2:06.28	Carolina Marques Neves	CNTN	Funchal	11/12/2016

Jun/Sen: 2:52.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rafaela Ferreira Mendes	08	Torres Novas	<b>2:09.71</b>		615	
	50m: 29.69	100m: 1:01.89	150m: 1:35.20	200m: 2:09.71			
2.	Laura Prates Morais	09	Viver Santarem	<b>2:20.43</b>		484	
	50m: 33.16	100m: 1:08.41	150m: 1:44.71	200m: 2:20.43			
3.	Catarina Maria Fragoso	07	Viver Santarem	<b>2:23.25</b>		456	
	50m: 34.63	100m: 1:11.25	150m: 1:47.77	200m: 2:23.25			
4.	Mariana Mauricio Coelho	07	BUZIOS-Coruche	<b>2:24.65</b>		443	
	50m: 33.63	100m: 1:10.84	150m: 1:48.05	200m: 2:24.65			
5.	Leonor Margarida Mateus	09	BUZIOS-Coruche	<b>2:30.17</b>		396	
	50m: 34.63	100m: 1:12.87	150m: 1:52.43	200m: 2:30.17			
6.	Diana Goncalves Oliveira	07	Viver Santarem	<b>2:32.46</b>		378	
	50m: 34.00	100m: 1:11.86	150m: 1:51.97	200m: 2:32.46			
7.	Vera Almeida Rosa	09	Nautico Abrantes	<b>2:38.98</b>		334	
	50m: 36.02	100m: 1:17.30	150m: 1:59.89	200m: 2:38.98			
8.	Carolina Cupertino Marchante	09	CLAC-Entroncamento	<b>2:47.55</b>		285	
	50m: 38.74	100m: 1:21.40	150m: 2:05.07	200m: 2:47.55			
9.	Iris Simoes Martins	08	CLAC-Entroncamento	<b>2:48.05</b>		282	
	50m: 37.84	100m: 1:21.04	150m: 2:07.08	200m: 2:48.05			
10.	Carolina Santos Carrilho	08	CLAC-Entroncamento	<b>2:49.59</b>		275	
	50m: 38.67	100m: 1:22.28	150m: 2:06.44	200m: 2:49.59			



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Coruche, 1, 2, e 3 Março 2024

Prova 44, Femin., 200m Livres, Junior

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Ines Silva Lima	09	Nautico Abrantes	<b>2:49.77</b>		274	
	50m: 37.10 100m: 1:19.13 150m: 2:04.84 200m: 2:49.77						
12.	Maria Ines Campos	09	Nautico Abrantes	<b>2:55.47</b>		248	
	<i>FTL</i>						
	50m: 39.25 100m: 1:23.56 150m: 2:09.98 200m: 2:55.47						
doente	Maria Madalena Monteiro	08	Gualdim Pais				

Prova 44

Femin., 200m Livres

Senior

09/03/2025

Resultados

Recorde Distrital ANDS Open	2:04.85	Carolina Marques Neves	CNTN	Porto	10/12/2017
Recorde Distrital ANDS 18 +	2:04.86	Mafalda Sofia Rosa	CNRM	Albufeira	14/11/2021

Jun/Sen: 2:52.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Catarina Isabel Carlota	05	BUZIOS-Coruche	<b>2:20.95</b>		479	
	50m: 32.30 100m: 1:07.77 150m: 1:44.15 200m: 2:20.95						