



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 23 Masc., 400m Livres Infantil B
08/03/2025 Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf B	4:32.58	David Filipe Pacheco	BUZIOS	Lagos	25/03/2023

: 6:29.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matias Rafael Pacheco	12		BUZIOS-Coruche	5:10.57		319	
	50m: 35.57 150m: 1:54.11 250m: 3:13.44 350m: 4:32.24							
	100m: 1:14.49 200m: 2:33.77 300m: 3:52.89 400m: 5:10.57							
2.	Salvador Henrique Vieira	12		Torres Novas	5:11.18		317	
	50m: 35.92 150m: 1:55.95 250m: 3:15.05 350m: 4:34.06							
	100m: 1:16.05 200m: 2:35.66 300m: 3:54.91 400m: 5:11.18							
3.	Francisco Grave Reis	12		Rio Maior	5:21.16		288	
	50m: 35.20 150m: 1:54.31 250m: 3:17.56 350m: 4:42.52							
	100m: 1:14.14 200m: 2:35.31 300m: 4:00.48 400m: 5:21.16							
4.	Rodrigo Miranda Rosa	12		Uniao Samorense	5:33.15		258	
	50m: 37.36 150m: 2:03.65 250m: 3:30.62 350m: 4:56.37							
	100m: 1:20.39 200m: 2:46.81 300m: 4:14.62 400m: 5:33.15							
5.	Martim Rocha Silva	12		Gualdim Pais	5:46.40		230	
	50m: 38.20 150m: 2:04.59 250m: 3:34.87 350m: 5:04.35							
	100m: 1:20.95 200m: 2:48.83 300m: 4:19.70 400m: 5:46.40							
6.	Sandro Jose Tomas	12		BUZIOS-Coruche	6:35.46		154	
	<i>FTL</i>							
	50m: 41.78 150m: 2:20.80 250m: 4:03.84 350m: 5:46.88							
	100m: 1:30.68 200m: 3:11.93 300m: 4:56.71 400m: 6:35.46							
7.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	6:38.99		150	
	<i>FTL</i>							
	50m: 43.11 150m: 2:25.25 250m: 4:08.72 350m: 5:49.99							
	100m: 1:33.36 200m: 3:17.42 300m: 5:00.00 400m: 6:38.99							

Prova 23 Masc., 400m Livres Infantil A
08/03/2025 Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002

: 6:06.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Martim Maria Salvador	11		Nautico Salvaterra Magos	4:48.16		399	
	50m: 32.12 150m: 1:46.01 250m: 3:00.92 350m: 4:14.43							
	100m: 1:08.58 200m: 2:23.33 300m: 3:38.45 400m: 4:48.16							
2.	Francisco Maria Dias	11		Viver Santarem	5:00.32		353	
	50m: 33.06 150m: 1:49.04 250m: 3:06.78 350m: 4:24.54							
	100m: 1:10.50 200m: 2:28.18 300m: 3:45.72 400m: 5:00.32							
3.	Manuel Maria Moniz	11		20Km de Almeirim	5:09.52		322	
	50m: 35.62 150m: 1:55.79 250m: 3:15.50 350m: 4:33.96							
	100m: 1:15.99 200m: 2:35.85 300m: 3:55.66 400m: 5:09.52							
4.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	5:10.82		318	
	50m: 36.18 150m: 1:55.79 250m: 3:13.88 350m: 4:33.16							
	100m: 1:15.98 200m: 2:35.01 300m: 3:53.25 400m: 5:10.82							
5.	Martim Miguel Santos	11		Rio Maior	5:15.51		304	
	50m: 35.36 150m: 1:54.35 250m: 3:14.82 350m: 4:35.40							
	100m: 1:14.52 200m: 2:34.55 300m: 3:55.23 400m: 5:15.51							



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 23, Masc., 400m Livres, Infantil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	5:15.89		303	
	50m: 35.42	150m: 1:56.53	250m: 3:17.86	350m: 4:40.06				
	100m: 1:16.13	200m: 2:37.09	300m: 3:59.18	400m: 5:15.89				
7.	Diogo Chambel Santos	11		Nautico Abrantes	5:16.00		303	
	50m: 38.43	150m: 1:59.09	250m: 3:18.81	350m: 4:37.51				
	100m: 1:18.88	200m: 2:38.85	300m: 3:57.55	400m: 5:16.00				
8.	Luca Cristian Irimia	11		Uniao Samorense	5:19.58		292	
	50m: 35.00	150m: 1:56.89	250m: 3:19.61	350m: 4:42.03				
	100m: 1:15.91	200m: 2:38.00	300m: 4:01.54	400m: 5:19.58				
9.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	5:22.51		285	
	50m: 36.85	150m: 1:58.37	250m: 3:21.30	350m: 4:44.41				
	100m: 1:17.26	200m: 2:39.90	300m: 4:03.14	400m: 5:22.51				
10.	Gabriel Antonio Marques	11		Nautico Abrantes	5:47.56		227	
	50m: 38.55	150m: 2:04.82	250m: 3:34.85	350m: 5:04.42				
	100m: 1:21.44	200m: 2:49.56	300m: 4:19.69	400m: 5:47.56				
11.	Rodrigo Miguel Alcobia	11	S10	CPFZ - Natacao	5:58.09		208	
	50m: 39.14	150m: 2:07.21	250m: 3:39.34	350m: 5:13.70				
	100m: 1:21.83	200m: 2:53.25	300m: 4:26.74	400m: 5:58.09				
12.	Salvador Miguel Silva	11		Viver Santarem	6:10.48		188	
	<i>FTL</i>							
	50m: 40.49	150m: 2:14.14	250m: 3:50.20	350m: 5:26.45				
	100m: 1:26.11	200m: 3:02.13	300m: 4:39.33	400m: 6:10.48				
13.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	6:27.71		164	
	<i>FTL</i>							
	50m: 37.04	150m: 2:16.87	250m: 4:01.27	350m: 5:41.77				
	100m: 1:24.11	200m: 3:08.33	300m: 4:51.79	400m: 6:27.71				
14.	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche	6:35.63		154	
	<i>FTL</i>							
	50m: 40.69	150m: 2:18.86	250m: 4:01.53	350m: 5:45.18				
	100m: 1:28.97	200m: 3:09.52	300m: 4:52.48	400m: 6:35.63				

Prova 23
08/03/2025

Masc., 400m Livres

Juvenil B
Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003

: 5:36.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	4:30.51		483	
	50m: 29.70	150m: 1:37.62	250m: 2:47.78	350m: 3:57.43				
	100m: 1:03.00	200m: 2:12.52	300m: 3:22.85	400m: 4:30.51				
2.	Daniel Filipe Jorge	10		Rio Maior	4:32.50		472	
	50m: 30.70	150m: 1:38.82	250m: 2:48.39	350m: 3:58.51				
	100m: 1:04.31	200m: 2:13.56	300m: 3:23.62	400m: 4:32.50				
3.	Tiago Frazao Barra	10		Rio Maior	4:36.88		450	
	50m: 31.42	150m: 1:40.73	250m: 2:52.02	350m: 4:03.35				
	100m: 1:05.49	200m: 2:16.79	300m: 3:27.54	400m: 4:36.88				
4.	Lourenco Vicente Geada	10		Torres Novas	4:47.42		402	
	50m: 32.35	150m: 1:45.75	250m: 2:59.34	350m: 4:12.72				
	100m: 1:08.90	200m: 2:22.63	300m: 3:36.16	400m: 4:47.42				



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Coruche, 1, 2, e 3 Março 2024

Prova 23, Masc., 400m Livres, Juvenil B

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Andre Guilherme Anastacio	10		Nautico Abrantes	4:56.52		366	
	50m: 33.67	150m: 1:47.31	250m: 3:03.37	350m: 4:18.04				
	100m: 1:09.99	200m: 2:25.47	300m: 3:41.02	400m: 4:56.52				
6.	Francisco Sa Lopes	10		Torres Novas	5:06.02		333	
	50m: 34.68	150m: 1:53.34	250m: 3:13.18	350m: 4:30.29				
	100m: 1:13.60	200m: 2:33.38	300m: 3:52.44	400m: 5:06.02				
7.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	5:16.70		301	
	50m: 35.65	150m: 1:55.43	250m: 3:16.57	350m: 4:38.24				
	100m: 1:14.83	200m: 2:35.76	300m: 3:57.70	400m: 5:16.70				
8.	Vicente Jose Carrilho	10		BUZIOS-Coruche	5:20.99		289	
	50m: 36.27	150m: 1:56.62	250m: 3:18.66	350m: 4:41.60				
	100m: 1:15.80	200m: 2:37.96	300m: 4:00.33	400m: 5:20.99				

Prova 23
08/03/2025

Masc., 400m Livres

Juvenil A
Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009
: 5:26.00					

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Pedro Morgado Costa	09		Rio Maior	4:33.07		469	
	50m: 30.68	150m: 1:39.44	250m: 2:49.76	350m: 3:59.45				
	100m: 1:04.83	200m: 2:14.26	300m: 3:25.21	400m: 4:33.07				
2.	Luis Suissas Rato	09		Nautico Salvaterra Magos	4:46.83		405	
	50m: 33.83	150m: 1:48.59	250m: 3:02.99	350m: 4:14.05				
	100m: 1:10.59	200m: 2:26.48	300m: 3:39.74	400m: 4:46.83				
3.	Gabriel Sa Chambel	09		CLAC-Entroncamento	5:09.23		323	
	50m: 33.42	150m: 1:51.01	250m: 3:09.63	350m: 4:29.63				
	100m: 1:12.24	200m: 2:30.32	300m: 3:49.60	400m: 5:09.23				

Prova 23
08/03/2025

Masc., 400m Livres

Junior
Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Jun18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017
Recorde Distrital ANDS Jun17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Jun/Sen: 5:20.00					

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Monteiro	08		BUZIOS-Coruche	4:21.55		534	
	50m: 29.47	150m: 1:34.28	250m: 2:40.93	350m: 3:48.27				
	100m: 1:01.39	200m: 2:07.35	300m: 3:14.54	400m: 4:21.55				
2.	Tomas Alexandre Santos	07		BUZIOS-Coruche	4:23.75		521	
	50m: 28.91	150m: 1:33.91	250m: 2:41.81	350m: 3:50.10				
	100m: 1:00.90	200m: 2:07.65	300m: 3:15.92	400m: 4:23.75				
3.	Simao Pedro Oliveira	07		Torres Novas	4:36.62		451	
	50m: 30.55	150m: 1:40.24	250m: 2:51.72	350m: 4:02.65				
	100m: 1:04.98	200m: 2:16.20	300m: 3:27.45	400m: 4:36.62				
4.	Bernardo Pereira Simoes	07		Torres Novas	4:44.73		414	
	50m: 32.33	150m: 1:44.23	250m: 2:56.93	350m: 4:09.19				
	100m: 1:08.07	200m: 2:20.45	300m: 3:33.35	400m: 4:44.73				
5.	Leonardo Gomes Silva	08		Rio Maior	4:50.42		390	
	50m: 32.86	150m: 1:45.22	250m: 2:57.82	350m: 4:11.74				
	100m: 1:09.07	200m: 2:21.54	300m: 3:34.80	400m: 4:50.42				



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 23, Masc., 400m Livres, Junior

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	5:00.69		351	
	50m: 34.35	150m: 1:47.73	250m: 3:03.59	350m: 4:22.91			
	100m: 1:10.88	200m: 2:25.40	300m: 3:43.08	400m: 5:00.69			

Prova 23 Masc., 400m Livres Senior Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021

Jun/Sen: 5:20.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Hugo Miguel Silva	77	BUZIOS-Coruche	5:18.23		296	
	50m: 34.84	150m: 1:56.62	250m: 3:19.41	350m: 4:41.34			
	100m: 1:15.19	200m: 2:38.44	300m: 4:01.29	400m: 5:18.23			

Prova 23 Masc., 400m Livres S110 Resultados

Recorde Distrital ANDS Open	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	3:54.00	Tiago Filipe Campos	CNRM	Albufeira	13/11/2021
Recorde Distrital ANDS Jun18	4:02.22	Tiago Filipe Campos	Sel POR	Felgueiras	22/04/2017
Recorde Distrital ANDS Jun17	3:51.74	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	16/05/2009
Recorde Distrital ANDS Juv B	4:09.90	Pedro Diogo Oliveira	CNRM	Rio Maior	12/07/2003
Recorde Distrital ANDS Inf A	4:22.64	Pedro Diogo Oliveira	CNRM	Benavente	26/05/2002
Recorde Distrital ANDS Inf B	4:32.58	David Filipe Pacheco	BUZIOS	Lagos	25/03/2023

Inf A: 6:06.00; Inf B: 6:29.00; Juv A: 5:26.00; Juv B: 5:36.00; Jun/Sen: 5:20.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	4:21.55		534	
	50m: 29.47	150m: 1:34.28	250m: 2:40.93	350m: 3:48.27			
	100m: 1:01.39	200m: 2:07.35	300m: 3:14.54	400m: 4:21.55			
2.	Tomas Alexandre Santos	07	BUZIOS-Coruche	4:23.75		521	
	50m: 28.91	150m: 1:33.91	250m: 2:41.81	350m: 3:50.10			
	100m: 1:00.90	200m: 2:07.65	300m: 3:15.92	400m: 4:23.75			
3.	David Filipe Pacheco	10	BUZIOS-Coruche	4:30.51		483	
	50m: 29.70	150m: 1:37.62	250m: 2:47.78	350m: 3:57.43			
	100m: 1:03.00	200m: 2:12.52	300m: 3:22.85	400m: 4:30.51			
4.	Daniel Filipe Jorge	10	Rio Maior	4:32.50		472	
	50m: 30.70	150m: 1:38.82	250m: 2:48.39	350m: 3:58.51			
	100m: 1:04.31	200m: 2:13.56	300m: 3:23.62	400m: 4:32.50			
5.	Pedro Morgado Costa	09	Rio Maior	4:33.07		469	
	50m: 30.68	150m: 1:39.44	250m: 2:49.76	350m: 3:59.45			
	100m: 1:04.83	200m: 2:14.26	300m: 3:25.21	400m: 4:33.07			
6.	Simao Pedro Oliveira	07	Torres Novas	4:36.62		451	
	50m: 30.55	150m: 1:40.24	250m: 2:51.72	350m: 4:02.65			
	100m: 1:04.98	200m: 2:16.20	300m: 3:27.45	400m: 4:36.62			
7.	Tiago Frazao Barra	10	Rio Maior	4:36.88		450	
	50m: 31.42	150m: 1:40.73	250m: 2:52.02	350m: 4:03.35			
	100m: 1:05.49	200m: 2:16.79	300m: 3:27.54	400m: 4:36.88			
8.	Bernardo Pereira Simoes	07	Torres Novas	4:44.73		414	
	50m: 32.33	150m: 1:44.23	250m: 2:56.93	350m: 4:09.19			
	100m: 1:08.07	200m: 2:20.45	300m: 3:33.35	400m: 4:44.73			



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
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Prova 23, Masc., 400m Livres, S110

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Luis Suissas Rato	09		Nautico Salvaterra Magos	4:46.83		405	
	50m: 33.83 150m: 1:48.59 250m: 3:02.99 350m: 4:14.05							
	100m: 1:10.59 200m: 2:26.48 300m: 3:39.74 400m: 4:46.83							
10.	Lourenco Vicente Geadá	10		Torres Novas	4:47.42		402	
	50m: 32.35 150m: 1:45.75 250m: 2:59.34 350m: 4:12.72							
	100m: 1:08.90 200m: 2:22.63 300m: 3:36.16 400m: 4:47.42							
11.	Martim Maria Salvador	11		Nautico Salvaterra Magos	4:48.16		399	
	50m: 32.12 150m: 1:46.01 250m: 3:00.92 350m: 4:14.43							
	100m: 1:08.58 200m: 2:23.33 300m: 3:38.45 400m: 4:48.16							
12.	Leonardo Gomes Silva	08		Rio Maior	4:50.42		390	
	50m: 32.86 150m: 1:45.22 250m: 2:57.82 350m: 4:11.74							
	100m: 1:09.07 200m: 2:21.54 300m: 3:34.80 400m: 4:50.42							
13.	Andre Guilherme Anastacio	10		Nautico Abrantes	4:56.52		366	
	50m: 33.67 150m: 1:47.31 250m: 3:03.37 350m: 4:18.04							
	100m: 1:09.99 200m: 2:25.47 300m: 3:41.02 400m: 4:56.52							
14.	Francisco Maria Dias	11		Viver Santarem	5:00.32		353	
	50m: 33.06 150m: 1:49.04 250m: 3:06.78 350m: 4:24.54							
	100m: 1:10.50 200m: 2:28.18 300m: 3:45.72 400m: 5:00.32							
15.	Bernardo Marques Fernandes	07		CLAC-Entroncamento	5:00.69		351	
	50m: 34.35 150m: 1:47.73 250m: 3:03.59 350m: 4:22.91							
	100m: 1:10.88 200m: 2:25.40 300m: 3:43.08 400m: 5:00.69							
16.	Francisco Sa Lopes	10		Torres Novas	5:06.02		333	
	50m: 34.68 150m: 1:53.34 250m: 3:13.18 350m: 4:30.29							
	100m: 1:13.60 200m: 2:33.38 300m: 3:52.44 400m: 5:06.02							
17.	Gabriel Sa Chambel	09		CLAC-Entroncamento	5:09.23		323	
	50m: 33.42 150m: 1:51.01 250m: 3:09.63 350m: 4:29.63							
	100m: 1:12.24 200m: 2:30.32 300m: 3:49.60 400m: 5:09.23							
18.	Manuel Maria Moniz	11		20Km de Almeirim	5:09.52		322	
	50m: 35.62 150m: 1:55.79 250m: 3:15.50 350m: 4:33.96							
	100m: 1:15.99 200m: 2:35.85 300m: 3:55.66 400m: 5:09.52							
19.	Matias Rafael Pacheco	12		BUZIOS-Coruche	5:10.57		319	
	50m: 35.57 150m: 1:54.11 250m: 3:13.44 350m: 4:32.24							
	100m: 1:14.49 200m: 2:33.77 300m: 3:52.89 400m: 5:10.57							
20.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	5:10.82		318	
	50m: 36.18 150m: 1:55.79 250m: 3:13.88 350m: 4:33.16							
	100m: 1:15.98 200m: 2:35.01 300m: 3:53.25 400m: 5:10.82							
21.	Salvador Henrique Vieira	12		Torres Novas	5:11.18		317	
	50m: 35.92 150m: 1:55.95 250m: 3:15.05 350m: 4:34.06							
	100m: 1:16.05 200m: 2:35.66 300m: 3:54.91 400m: 5:11.18							
22.	Martim Miguel Santos	11		Rio Maior	5:15.51		304	
	50m: 35.36 150m: 1:54.35 250m: 3:14.82 350m: 4:35.40							
	100m: 1:14.52 200m: 2:34.55 300m: 3:55.23 400m: 5:15.51							
23.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	5:15.89		303	
	50m: 35.42 150m: 1:56.53 250m: 3:17.86 350m: 4:40.06							
	100m: 1:16.13 200m: 2:37.09 300m: 3:59.18 400m: 5:15.89							
24.	Diogo Chambel Santos	11		Nautico Abrantes	5:16.00		303	
	50m: 38.43 150m: 1:59.09 250m: 3:18.81 350m: 4:37.51							
	100m: 1:18.88 200m: 2:38.85 300m: 3:57.55 400m: 5:16.00							
25.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	5:16.70		301	
	50m: 35.65 150m: 1:55.43 250m: 3:16.57 350m: 4:38.24							
	100m: 1:14.83 200m: 2:35.76 300m: 3:57.70 400m: 5:16.70							



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Maro 2024

Prova 23, Masc., 400m Livres, S110

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
26.	Hugo Miguel Silva	77		BUZIOS-Coruche	5:18.23		296	
	50m: 34.84 150m: 1:56.62 250m: 3:19.41 350m: 4:41.34							
	100m: 1:15.19 200m: 2:38.44 300m: 4:01.29 400m: 5:18.23							
27.	Luca Cristian Irimia	11		Uniao Samoreense	5:19.58		292	
	50m: 35.00 150m: 1:56.89 250m: 3:19.61 350m: 4:42.03							
	100m: 1:15.91 200m: 2:38.00 300m: 4:01.54 400m: 5:19.58							
28.	Vicente Jose Carrilho	10		BUZIOS-Coruche	5:20.99		289	
	50m: 36.27 150m: 1:56.62 250m: 3:18.66 350m: 4:41.60							
	100m: 1:15.80 200m: 2:37.96 300m: 4:00.33 400m: 5:20.99							
29.	Francisco Grave Reis	12		Rio Maior	5:21.16		288	
	50m: 35.20 150m: 1:54.31 250m: 3:17.56 350m: 4:42.52							
	100m: 1:14.14 200m: 2:35.31 300m: 4:00.48 400m: 5:21.16							
30.	Dinis Oliveira Nunes	11		BUZIOS-Coruche	5:22.51		285	
	50m: 36.85 150m: 1:58.37 250m: 3:21.30 350m: 4:44.41							
	100m: 1:17.26 200m: 2:39.90 300m: 4:03.14 400m: 5:22.51							
31.	Rodrigo Miranda Rosa	12		Uniao Samoreense	5:33.15		258	
	50m: 37.36 150m: 2:03.65 250m: 3:30.62 350m: 4:56.37							
	100m: 1:20.39 200m: 2:46.81 300m: 4:14.62 400m: 5:33.15							
32.	Martim Rocha Silva	12		Gualdim Pais	5:46.40		230	
	50m: 38.20 150m: 2:04.59 250m: 3:34.87 350m: 5:04.35							
	100m: 1:20.95 200m: 2:48.83 300m: 4:19.70 400m: 5:46.40							
33.	Gabriel Antonio Marques	11		Nautico Abrantes	5:47.56		227	
	50m: 38.55 150m: 2:04.82 250m: 3:34.85 350m: 5:04.42							
	100m: 1:21.44 200m: 2:49.56 300m: 4:19.69 400m: 5:47.56							
34.	Rodrigo Miguel Alcobia	11	S10	CPFZ - Natacao	5:58.09		208	
	50m: 39.14 150m: 2:07.21 250m: 3:39.34 350m: 5:13.70							
	100m: 1:21.83 200m: 2:53.25 300m: 4:26.74 400m: 5:58.09							
35.	Salvador Miguel Silva	11		Viver Santarem	6:10.48		188	
	<i>FTL</i>							
	50m: 40.49 150m: 2:14.14 250m: 3:50.20 350m: 5:26.45							
	100m: 1:26.11 200m: 3:02.13 300m: 4:39.33 400m: 6:10.48							
36.	Antonio Francisco Rouxinol	11		BUZIOS-Coruche	6:27.71		164	
	<i>FTL</i>							
	50m: 37.04 150m: 2:16.87 250m: 4:01.27 350m: 5:41.77							
	100m: 1:24.11 200m: 3:08.33 300m: 4:51.79 400m: 6:27.71							
37.	Sandro Jose Tomas	12		BUZIOS-Coruche	6:35.46		154	
	<i>FTL</i>							
	50m: 41.78 150m: 2:20.80 250m: 4:03.84 350m: 5:46.88							
	100m: 1:30.68 200m: 3:11.93 300m: 4:56.71 400m: 6:35.46							
38.	Sebastiao Maria Borlinhas	11		BUZIOS-Coruche	6:35.63		154	
	<i>FTL</i>							
	50m: 40.69 150m: 2:18.86 250m: 4:01.53 350m: 5:45.18							
	100m: 1:28.97 200m: 3:09.52 300m: 4:52.48 400m: 6:35.63							
39.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	6:38.99		150	
	<i>FTL</i>							
	50m: 43.11 150m: 2:25.25 250m: 4:08.72 350m: 5:49.99							
	100m: 1:33.36 200m: 3:17.42 300m: 5:00.00 400m: 6:38.99							