



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 21 Femin., 4 x 200m Livres Infantil
08/03/2025 Resultados

Recorde Distrital ANDS Inf A	9:52.20	CNLA	CNLA	Ponte de Sor	19/03/2005
Recorde Distrital ANDS Inf	9:40.34	CNRM	CNRM	Coruche	15/03/2015
Recorde Distrital ANDS Inf B	9:51.48	CNRM	CNRM	Tomar	30/11/2014
Recorde Distrital ANDS Abs	8:55.95	CNRM	CNRM	Leiria	14/12/2019

INF A E B : 12:20.00 / Inf A: 12:14.00; Inf B: 12:30.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BUZIOS-Coruche 3	BUZIOS-Coruche	10:18.16		388	
	50m: 35.37 35.37	250m: 3:07.31 36.11	450m: 5:50.09 35.15	650m: 8:25.35	33.19	
	100m: 1:13.47 38.10	300m: 3:49.19 41.88	500m: 6:30.67 40.58	700m: 9:02.80	37.45	
	150m: 1:52.72 39.25	350m: 4:33.00 43.81	550m: 7:12.59 41.92	750m: 9:41.43	38.63	
	200m: 2:31.20 38.48	400m: 5:14.94 41.94	600m: 7:52.16 39.57	800m: 10:18.16	36.73	
2.	Torres Novas 2	Torres Novas	12:46.38		203	
	<i>FTL</i>					
	50m: 44.17 44.17	250m: 3:54.74 42.20	450m: 7:08.78 46.83	650m: 10:19.13	43.34	
	100m: 1:32.82 48.65	300m: 4:42.95 48.21	500m: 7:59.97 51.19	700m: 11:08.82	49.69	
	150m: 2:23.41 50.59	350m: 5:34.44 51.49	550m: 8:50.76 50.79	750m: 11:59.22	50.40	
	200m: 3:12.54 49.13	400m: 6:21.95 47.51	600m: 9:35.79 45.03	800m: 12:46.38	47.16	
3.	CLAC-Entroncamento 2	CLAC-Entroncamento	13:26.03		175	
	<i>FTL</i>					
	50m: 43.93 43.93	250m: 3:59.03 43.71	450m: 7:13.28 42.98	800m: 13:26.03	3:44.66	
	100m: 1:34.55 50.62	300m: 4:49.31 50.28	500m: 8:01.85 48.57			
	150m: 2:25.60 51.05	350m: 5:41.08 51.77	550m: 8:52.77 50.92			
	200m: 3:15.32 49.72	400m: 6:30.30 49.22	600m: 9:41.37 48.60			

Prova 21 Femin., 4 x 200m Livres Juvenil
08/03/2025 Resultados

Recorde Distrital ANDS Juv A	9:42.57	CNTN	CNTN	Setúbal	04/12/2015
Recorde Distrital ANDS Juv	9:11.29	Clube Natacao de Rio Maior	CNRM	Tomar	11/11/2016
Recorde Distrital ANDS Juv B	9:46.07	CNTN	CNTN	Leiria	12/12/2014
Recorde Distrital ANDS Abs	8:55.95	CNRM	CNRM	Leiria	14/12/2019

JUV A E B : 11:43.00 / Juv A: 12:00.00; Juv B: 12:06.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Torres Novas 1	Torres Novas	9:36.49		478	
	50m: 32.63 32.63	250m: 2:53.32 33.95	450m: 5:18.64 32.04	650m: 7:41.94	34.72	
	100m: 1:07.65 35.02	300m: 3:31.57 38.25	500m: 5:54.15 35.51	700m: 8:19.11	37.17	
	150m: 1:43.74 36.09	350m: 4:07.83 36.26	550m: 6:30.77 36.62	750m: 8:57.94	38.83	
	200m: 2:19.37 35.63	400m: 4:46.60 38.77	600m: 7:07.22 36.45	800m: 9:36.49	38.55	
DSQ	BUZIOS-Coruche 2	BUZIOS-Coruche				
	<i>SW 10.11 - Rendição antecipada do(a) 4 nadador(a)</i>					



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 21, Femin., 4 x 200m Livres

Prova 21
08/03/2025

Femin., 4 x 200m Livres

Junior/Senior
Resultados

Recorde Distrital ANDS 18 +	9:36.84	SCALABISPORT	SCALAB	Tomar	19/11/2011
Recorde Distrital ANDS 16 - 17	9:11.68	Clube Natacao de Rio Maior	CNRM	Coruche	16/03/2019
Recorde Distrital ANDS Abs	8:55.95	CNRM	CNRM	Leiria	14/12/2019

: 11:45.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Viver Santarem 2		Viver Santarem	9:51.65		442		
50m: 34.06	34.06	250m: 2:59.46	35.47	450m: 5:30.53	33.33	650m: 7:53.19	34.06
100m: 1:10.12	36.06	300m: 3:38.52	39.06	500m: 6:06.91	36.38	700m: 8:30.72	37.53
150m: 1:47.33	37.21	350m: 4:18.31	39.79	550m: 6:43.32	36.41	750m: 9:11.19	40.47
200m: 2:23.99	36.66	400m: 4:57.20	38.89	600m: 7:19.13	35.81	800m: 9:51.65	40.46
2. BUZIOS-Coruche 1		BUZIOS-Coruche	10:07.69		408		
50m: 32.32	32.32	250m: 3:01.29	38.85	450m: 5:45.12	33.69	650m: 8:15.09	33.22
100m: 1:08.01	35.69	300m: 3:44.61	43.32	500m: 6:23.64	38.52	700m: 8:52.54	37.45
150m: 1:44.98	36.97	350m: 4:28.91	44.30	550m: 7:03.32	39.68	750m: 9:31.23	38.69
200m: 2:22.44	37.46	400m: 5:11.43	42.52	600m: 7:41.87	38.55	800m: 10:07.69	36.46
3. CLAC-Entroncamento 1		CLAC-Entroncamento	10:57.97		321		
50m: 36.40	36.40	250m: 3:22.73	37.38	450m: 6:09.88	36.78	650m: 8:55.73	37.36
100m: 1:17.34	40.94	300m: 4:05.67	42.94	500m: 6:51.70	41.82	700m: 9:36.19	40.46
150m: 2:01.20	43.86	350m: 4:50.50	44.83	550m: 7:35.27	43.57	750m: 10:17.24	41.05
200m: 2:45.35	44.15	400m: 5:33.10	42.60	600m: 8:18.37	43.10	800m: 10:57.97	40.73