



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 20 Masc., 4 x 200m Livres Infantil
08/03/2025 Resultados

Recorde Distrital ANDS Inf A	8:48.83	CNTN	CNTN	Pinhal Novo	08/03/2009
Recorde Distrital ANDS Inf	8:48.83	CNTN	CNTN	Pinhal Novo	08/03/2009
Recorde Distrital ANDS Inf B	9:34.74	Soc Cult Desp Turismo Gestao Urb	VSitar�m, E	Tomar	18/03/2016
Recorde Distrital ANDS Abs	7:49.97	CNLA	CNLA	Santo Ant� Cavaleiros	17/12/2006

INF A E B : 12:04.00 / Inf A: 11:50.00; Inf B: 12:20.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. BUZIOS-Coruche 3		BUZIOS-Coruche	10:13.61		285						
50m:	34.39	34.39	250m:	3:12.73	35.16	450m:	5:45.73	35.31	650m:	8:16.83	34.42
100m:	1:14.63	40.24	300m:	3:51.62	38.89	500m:	6:24.70	38.97	700m:	8:55.97	39.14
150m:	1:56.55	41.92	350m:	4:31.31	39.69	550m:	7:03.94	39.24	750m:	9:35.83	39.86
200m:	2:37.57	41.02	400m:	5:10.42	39.11	600m:	7:42.41	38.47	800m:	10:13.61	37.78

Prova 20 Masc., 4 x 200m Livres Juvenil
08/03/2025 Resultados

Recorde Distrital ANDS Juv A	8:03.97	Soc Cult Desp Turismo Gestao Urb	VSitar�m, E	Tomar	14/12/2018
Recorde Distrital ANDS Juv	8:03.97	Soc Cult Desp Turismo Gestao Urb	VSitar�m, E	Tomar	14/12/2018
Recorde Distrital ANDS Juv B	8:31.94	CNTN	CNTN	Torres Novas	05/12/2009
Recorde Distrital ANDS Abs	7:49.97	CNLA	CNLA	Santo Ant� Cavaleiros	17/12/2006

JUV A E B : 10:43.00 / Juv A: 10:30.00; Juv B: 11:00.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. Nautico Abrantes 6		Nautico Abrantes	8:55.56		429						
50m:	30.17	30.17	250m:	2:42.01	28.63	450m:	4:53.19	30.50	650m:	7:09.92	29.67
100m:	1:04.18	34.01	300m:	3:14.31	32.30	500m:	5:27.97	34.78	700m:	7:44.26	34.34
150m:	1:38.98	34.80	350m:	3:48.02	33.71	550m:	6:03.94	35.97	750m:	8:19.98	35.72
200m:	2:13.38	34.40	400m:	4:22.69	34.67	600m:	6:40.25	36.31	800m:	8:55.56	35.58
2. BUZIOS-Coruche 2		BUZIOS-Coruche	10:05.59		297						
50m:	29.74	29.74	250m:	2:44.77	34.45	450m:	5:18.09	35.31	650m:	7:54.56	37.53
100m:	1:02.95	33.21	300m:	3:23.26	38.49	500m:	5:56.76	38.67	700m:	8:37.16	42.60
150m:	1:37.26	34.31	350m:	4:03.96	40.70	550m:	6:37.05	40.29	750m:	9:21.98	44.82
200m:	2:10.32	33.06	400m:	4:42.78	38.82	600m:	7:17.03	39.98	800m:	10:05.59	43.61

DSQ Rio Maior 1 Rio Maior
SW 10.11 - Rendic o antecipada do(a) 3 nadador(a)

Prova 20 Masc., 4 x 200m Livres Junior/Senior
08/03/2025 Resultados

Recorde Distrital ANDS Sen	7:49.97	CNLA	CNLA	Santo Ant� Cavaleiros	17/12/2006
Recorde Distrital ANDS Jun18	8:57.91	SFUS	SFUS	Tomar	23/11/2012
Recorde Distrital ANDS Jun	7:58.93	CNTN	CNTN	Funchal (ROU)	11/12/2016
Recorde Distrital ANDS Jun17	8:04.89	VS	VS	Felgueiras	21/12/2019
Recorde Distrital ANDS Abs	7:49.97	CNLA	CNLA	Santo Ant� Cavaleiros	17/12/2006

: 10:15.00

Pontos: AQUA 2024

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. BUZIOS-Coruche 1		BUZIOS-Coruche	8:27.64		504						
50m:	28.83	28.83	250m:	2:34.71	28.97	450m:	4:45.57	28.11	650m:	6:51.28	27.49
100m:	1:00.25	31.42	300m:	3:07.95	33.24	500m:	5:17.16	31.59	700m:	7:22.28	31.00
150m:	1:32.77	32.52	350m:	3:42.36	34.41	550m:	5:50.45	33.29	750m:	7:54.86	32.58
200m:	2:05.74	32.97	400m:	4:17.46	35.10	600m:	6:23.79	33.34	800m:	8:27.64	32.78
2. Torres Novas 1		Torres Novas	8:36.42		479						
50m:	30.16	30.16	250m:	2:38.96	28.13	450m:	4:46.61	30.02	650m:	6:58.22	28.08
100m:	1:03.30	33.14	300m:	3:10.31	31.35	500m:	5:19.88	33.27	700m:	7:29.50	31.28
150m:	1:37.24	33.94	350m:	3:43.16	32.85	550m:	5:55.08	35.20	750m:	8:02.86	33.36
200m:	2:10.83	33.59	400m:	4:16.59	33.43	600m:	6:30.14	35.06	800m:	8:36.42	33.56