



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1 Masc., 1500m Livres Infantil B
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf B	17:52.60	Paulo Bruno Janeiro	CNLA	Sines	01/04/2007

: 24:56.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Matias Rafael Pacheco	12		BUZIOS-Coruche	20:28.78		327	
	50m: 36.93	300m: 4:01.18	550m: 7:27.18	800m: 10:54.15	1050m: 14:21.37	1300m: 17:47.05		
	100m: 1:17.64	350m: 4:42.27	600m: 8:08.43	850m: 11:35.55	1100m: 15:02.63	1350m: 18:28.55		
	150m: 1:58.85	400m: 5:23.54	650m: 8:49.71	900m: 12:16.97	1150m: 15:43.43	1400m: 19:09.51		
	200m: 2:39.97	450m: 6:04.66	700m: 9:31.17	950m: 12:58.37	1200m: 16:25.00	1450m: 19:50.34		
	250m: 3:20.60	500m: 6:46.09	750m: 10:12.63	1000m: 13:39.71	1250m: 17:05.71	1500m: 20:28.78		
2.	Salvador Henrique Vieira	12		Torres Novas	21:05.13		299	
	50m: 36.85	300m: 4:02.16	550m: 7:32.27	800m: 11:06.60	1050m: 14:41.27	1300m: 18:16.97		
	100m: 1:17.46	350m: 4:43.18	600m: 8:14.08	850m: 11:49.52	1100m: 15:24.56	1350m: 19:00.53		
	150m: 1:58.81	400m: 5:24.98	650m: 8:57.19	900m: 12:32.94	1150m: 16:07.22	1400m: 19:44.25		
	200m: 2:39.59	450m: 6:07.69	700m: 9:40.41	950m: 13:15.23	1200m: 16:50.29	1450m: 20:25.13		
	250m: 3:20.91	500m: 6:49.68	750m: 10:23.61	1000m: 13:58.45	1250m: 17:33.49	1500m: 21:05.13		
3.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	25:43.92		165	
	<i>FTL</i>							
	50m: 42.02	300m: 4:53.67	550m: 9:10.96	800m: 13:38.31	1050m: 18:02.12	1300m: 22:21.37		
	100m: 1:30.71	350m: 5:44.49	600m: 10:02.82	850m: 14:31.57	1100m: 18:53.40	1350m: 23:11.39		
	150m: 2:21.14	400m: 6:35.08	650m: 10:56.09	900m: 15:24.49	1150m: 19:46.25	1400m: 24:02.44		
	200m: 3:10.33	450m: 7:28.53	700m: 11:49.97	950m: 16:16.75	1200m: 20:39.63	1450m: 24:53.78		
	250m: 4:01.33	500m: 8:20.34	750m: 12:43.13	1000m: 17:09.68	1250m: 21:30.35	1500m: 25:43.92		

Prova 1 Masc., 1500m Livres Infantil A
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007

: 23:38.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Moura Mendes	11		Torres Novas	19:22.03		387	
	50m: 34.21	300m: 3:46.61	550m: 7:01.97	800m: 10:17.52	1050m: 13:31.72	1300m: 16:47.21		
	100m: 1:11.70	350m: 4:25.90	600m: 7:41.17	850m: 10:56.24	1100m: 14:11.27	1350m: 17:26.74		
	150m: 1:49.72	400m: 5:05.33	650m: 8:20.65	900m: 11:35.25	1150m: 14:50.45	1400m: 18:06.20		
	200m: 2:28.30	450m: 5:44.16	700m: 8:59.27	950m: 12:14.23	1200m: 15:28.79	1450m: 18:45.73		
	250m: 3:07.26	500m: 6:23.10	750m: 9:38.30	1000m: 12:53.13	1250m: 16:07.94	1500m: 19:22.03		
2.	Francisco Maria Dias	11		Viver Santarem	20:08.29		344	
	50m: 34.10	300m: 3:51.83	550m: 7:13.77	800m: 10:37.21	1050m: 14:01.59	1300m: 17:27.69		
	100m: 1:12.19	350m: 4:32.19	600m: 7:54.35	850m: 11:17.84	1100m: 14:43.18	1350m: 18:08.40		
	150m: 1:51.99	400m: 5:12.63	650m: 8:34.92	900m: 11:58.38	1150m: 15:24.22	1400m: 18:49.03		
	200m: 2:31.85	450m: 5:52.76	700m: 9:15.68	950m: 12:39.32	1200m: 16:05.38	1450m: 19:29.56		
	250m: 3:11.84	500m: 6:32.91	750m: 9:56.20	1000m: 13:20.58	1250m: 16:46.40	1500m: 20:08.29		
3.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	20:33.29		323	
	50m: 35.81	300m: 4:00.15	550m: 7:27.82	800m: 10:56.08	1050m: 14:24.67	1300m: 17:52.55		
	100m: 1:15.89	350m: 4:41.54	600m: 8:08.98	850m: 11:37.36	1100m: 15:06.28	1350m: 18:33.46		
	150m: 1:56.78	400m: 5:23.48	650m: 8:50.97	900m: 12:19.04	1150m: 15:48.27	1400m: 19:14.54		
	200m: 2:38.18	450m: 6:04.62	700m: 9:32.79	950m: 13:00.53	1200m: 16:29.41	1450m: 19:54.80		
	250m: 3:18.71	500m: 6:46.01	750m: 10:14.47	1000m: 13:42.95	1250m: 17:10.76	1500m: 20:33.29		
4.	Artur Alexandre Silva	11		20Km de Almeirim	20:33.52		323	
	50m: 35.45	300m: 4:00.97	550m: 7:30.12	800m: 10:59.05	1050m: 14:27.56	1300m: 17:53.14		
	100m: 1:16.54	350m: 4:42.07	600m: 8:11.86	850m: 11:40.71	1100m: 15:08.55	1350m: 18:35.27		
	150m: 1:57.62	400m: 5:24.33	650m: 8:53.56	900m: 12:22.10	1150m: 15:50.28	1400m: 19:16.59		
	200m: 2:38.69	450m: 6:05.71	700m: 9:35.39	950m: 13:03.92	1200m: 16:31.66	1450m: 19:56.38		
	250m: 3:19.71	500m: 6:47.62	750m: 10:17.50	1000m: 13:45.40	1250m: 17:12.30	1500m: 20:33.52		



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1, Masc., 1500m Livres, Infantil A

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Martim Miguel Santos	11		Rio Maior	20:48.16			312
	50m: 36.67	300m: 4:04.20	550m: 7:33.91	800m: 11:02.17	1050m: 14:31.17	1300m: 18:04.52		
	100m: 1:17.05	350m: 4:45.75	600m: 8:15.47	850m: 11:44.20	1100m: 15:13.08	1350m: 18:47.57		
	150m: 1:58.59	400m: 5:27.96	650m: 8:58.00	900m: 12:26.09	1150m: 15:54.87	1400m: 19:28.37		
	200m: 2:40.08	450m: 6:09.55	700m: 9:39.53	950m: 13:07.88	1200m: 16:37.45	1450m: 20:08.10		
	250m: 3:22.41	500m: 6:52.01	750m: 10:20.91	1000m: 13:49.88	1250m: 17:21.23	1500m: 20:48.16		
6.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	21:43.93			273
	50m: 36.51	300m: 4:12.00	550m: 7:51.02	800m: 11:33.92	1050m: 15:15.09	1300m: 18:56.94		
	100m: 1:18.23	350m: 4:55.12	600m: 8:35.03	850m: 12:18.86	1100m: 16:00.83	1350m: 19:39.85		
	150m: 2:00.39	400m: 5:38.93	650m: 9:20.75	900m: 13:04.61	1150m: 16:45.19	1400m: 20:22.98		
	200m: 2:43.65	450m: 6:22.16	700m: 10:05.76	950m: 13:49.83	1200m: 17:31.32	1450m: 21:06.81		
	250m: 3:27.38	500m: 7:06.38	750m: 10:49.97	1000m: 14:32.23	1250m: 18:15.88	1500m: 21:43.93		
7.	Rodrigo Miguel Alcobia	11	S10	CPFZ - Natacao	24:03.31			202
	<i>FTL, Recorde Nacional de Adaptada - S10 - 400m, 800m, 1500m Livres</i>							
	50m: 39.57	300m: 4:35.23	550m: 8:34.41	800m: 12:35.76	1050m: 16:41.50	1300m: 20:50.59		
	100m: 1:25.52	350m: 5:22.39	600m: 9:22.77	850m: 13:25.14	1100m: 17:32.59	1350m: 21:39.50		
	150m: 2:13.04	400m: 6:10.13	650m: 10:10.23	900m: 14:15.56	1150m: 18:21.86	1400m: 22:27.98		
	200m: 3:00.30	450m: 6:57.52	700m: 10:59.51	950m: 15:04.74	1200m: 19:11.48	1450m: 23:16.08		
	250m: 3:47.37	500m: 7:45.96	750m: 11:47.20	1000m: 15:53.97	1250m: 20:01.98	1500m: 24:03.31		

Prova 1
07/03/2025

Masc., 1500m Livres

Juvenil B
Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003

: 23:05.00

Pontos: AQUA 2024

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	17:48.72			497
	50m: 30.98	300m: 3:26.85	550m: 6:26.19	800m: 9:26.95	1050m: 12:27.02	1300m: 15:28.27		
	100m: 1:05.01	350m: 4:03.20	600m: 7:01.87	850m: 10:03.06	1100m: 13:03.23	1350m: 16:03.87		
	150m: 1:40.11	400m: 4:38.77	650m: 7:37.94	900m: 10:38.90	1150m: 13:39.66	1400m: 16:39.86		
	200m: 2:15.23	450m: 5:14.12	700m: 8:14.56	950m: 11:14.77	1200m: 14:15.67	1450m: 17:14.76		
	250m: 2:51.20	500m: 5:50.40	750m: 8:50.74	1000m: 11:51.18	1250m: 14:52.05	1500m: 17:48.72		
2.	Daniel Filipe Jorge	10		Rio Maior	18:07.34			472
	50m: 31.39	300m: 3:31.07	550m: 6:34.89	800m: 9:38.12	1050m: 12:40.51	1300m: 15:43.06		
	100m: 1:05.99	350m: 4:07.64	600m: 7:11.82	850m: 10:14.37	1100m: 13:16.73	1350m: 16:19.92		
	150m: 1:41.37	400m: 4:44.30	650m: 7:48.49	900m: 10:51.04	1150m: 13:53.36	1400m: 16:56.69		
	200m: 2:17.67	450m: 5:21.28	700m: 8:25.47	950m: 11:27.47	1200m: 14:29.77	1450m: 17:32.52		
	250m: 2:54.12	500m: 5:57.86	750m: 9:01.71	1000m: 12:03.87	1250m: 15:06.38	1500m: 18:07.34		
3.	Tiago Frazao Barra	10		Rio Maior	18:14.91			462
	50m: 31.70	300m: 3:30.90	550m: 6:34.88	800m: 9:38.60	1050m: 12:42.17	1300m: 15:46.99		
	100m: 1:05.99	350m: 4:07.71	600m: 7:11.83	850m: 10:15.17	1100m: 13:19.11	1350m: 16:24.31		
	150m: 1:41.43	400m: 4:44.45	650m: 7:48.78	900m: 10:51.87	1150m: 13:55.81	1400m: 17:01.72		
	200m: 2:17.55	450m: 5:20.94	700m: 8:25.53	950m: 11:28.66	1200m: 14:32.87	1450m: 17:38.82		
	250m: 2:54.13	500m: 5:57.74	750m: 9:01.90	1000m: 12:05.53	1250m: 15:09.73	1500m: 18:14.91		
4.	Lourenco Vicente Geada	10		Torres Novas	18:55.42			414
	50m: 33.65	300m: 3:40.33	550m: 6:50.71	800m: 10:01.18	1050m: 13:11.76	1300m: 16:23.37		
	100m: 1:10.29	350m: 4:18.32	600m: 7:28.70	850m: 10:39.07	1100m: 13:50.16	1350m: 17:01.80		
	150m: 1:47.34	400m: 4:56.29	650m: 8:07.02	900m: 11:17.29	1150m: 14:28.25	1400m: 17:39.86		
	200m: 2:24.87	450m: 5:34.31	700m: 8:44.95	950m: 11:55.40	1200m: 15:06.54	1450m: 18:17.70		
	250m: 3:02.49	500m: 6:12.64	750m: 9:23.19	1000m: 12:33.64	1250m: 15:44.77	1500m: 18:55.42		
5.	Luis Miguel Reis	10		Rio Maior	20:08.30			344
	50m: 36.15	300m: 3:59.48	550m: 7:20.86	800m: 10:42.35	1050m: 14:05.64	1300m: 17:29.01		
	100m: 1:16.38	350m: 4:39.75	600m: 8:00.65	850m: 11:22.89	1100m: 14:46.29	1350m: 18:09.82		
	150m: 1:56.99	400m: 5:20.04	650m: 8:41.37	900m: 12:04.08	1150m: 15:26.43	1400m: 18:50.82		
	200m: 2:37.95	450m: 6:00.36	700m: 9:21.15	950m: 12:44.42	1200m: 16:06.84	1450m: 19:30.67		
	250m: 3:18.92	500m: 6:40.46	750m: 10:01.83	1000m: 13:24.22	1250m: 16:47.95	1500m: 20:08.30		



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1, Masc., 1500m Livres, Juvenil B

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Vicente Jose Carrilho	10	BUZIOS-Coruche	20:35.11			322
	50m: 35.53	300m: 3:58.71	550m: 7:28.68	800m: 11:01.07	1050m: 14:27.47	1300m: 17:54.30	
	100m: 1:14.49	350m: 4:40.53	600m: 8:10.88	850m: 11:43.11	1100m: 15:08.10	1350m: 18:35.62	
	150m: 1:54.49	400m: 5:22.09	650m: 8:52.80	900m: 12:24.73	1150m: 15:49.65	1400m: 19:17.54	
	200m: 2:35.40	450m: 6:04.25	700m: 9:36.03	950m: 13:05.32	1200m: 16:31.08	1450m: 19:57.00	
	250m: 3:16.86	500m: 6:46.28	750m: 10:18.48	1000m: 13:46.51	1250m: 17:12.91	1500m: 20:35.11	
7.	Lourenco Manuel Palmeiro	10	BUZIOS-Coruche	21:21.16			288
	50m: 35.76	300m: 3:57.48	550m: 7:27.94	800m: 10:59.79	1050m: 14:37.63	1300m: 18:25.46	
	100m: 1:14.91	350m: 4:39.59	600m: 8:09.59	850m: 11:42.95	1100m: 15:23.35	1350m: 19:09.76	
	150m: 1:55.03	400m: 5:20.80	650m: 8:51.99	900m: 12:25.25	1150m: 16:08.59	1400m: 19:54.38	
	200m: 2:35.11	450m: 6:03.07	700m: 9:34.23	950m: 13:07.98	1200m: 16:54.41	1450m: 20:37.43	
	250m: 3:16.58	500m: 6:45.28	750m: 10:16.41	1000m: 13:53.05	1250m: 17:39.82	1500m: 21:21.16	

Prova 1 Masc., 1500m Livres Juvenil A
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008

: 22:49.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gabriel Antunes Ramos	09	Rio Maior	19:56.10			354
	50m: 34.55	300m: 3:51.16	550m: 7:14.29	800m: 10:37.11	1050m: 14:00.12	1300m: 17:23.42	
	100m: 1:12.15	350m: 4:31.68	600m: 7:54.14	850m: 11:17.57	1100m: 14:40.47	1350m: 18:04.32	
	150m: 1:51.51	400m: 5:12.63	650m: 8:35.00	900m: 11:58.63	1150m: 15:20.91	1400m: 18:43.55	
	200m: 2:30.66	450m: 5:54.15	700m: 9:15.81	950m: 12:39.96	1200m: 16:01.83	1450m: 19:20.54	
	250m: 3:10.67	500m: 6:34.60	750m: 9:56.67	1000m: 13:19.54	1250m: 16:42.38	1500m: 19:56.10	

Prova 1 Masc., 1500m Livres Junior
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Jun18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 21:04.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	17:23.30			534
	50m: 30.65	300m: 3:21.19	550m: 6:15.98	800m: 9:11.62	1050m: 12:07.52	1300m: 15:03.77	
	100m: 1:04.12	350m: 3:55.96	600m: 6:50.76	850m: 9:46.66	1100m: 12:42.17	1350m: 15:39.49	
	150m: 1:38.15	400m: 4:30.93	650m: 7:26.33	900m: 10:22.28	1150m: 13:17.00	1400m: 16:14.56	
	200m: 2:12.44	450m: 5:05.96	700m: 8:01.38	950m: 10:57.39	1200m: 13:52.68	1450m: 16:50.16	
	250m: 2:46.48	500m: 5:40.79	750m: 8:36.82	1000m: 11:32.71	1250m: 14:28.65	1500m: 17:23.30	



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Senior
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023

Jun/Sen: 21:04.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eliseu Manuel Tavares	99	Uniao Samorense	20:18.69		335	
	50m: 31.13	300m: 3:49.02	550m: 7:15.63	800m: 10:41.14	1050m: 14:07.22	1300m: 17:36.22	
	100m: 1:07.12	350m: 4:31.16	600m: 7:55.58	850m: 11:22.12	1100m: 14:49.48	1350m: 18:16.62	
	150m: 1:46.13	400m: 5:12.19	650m: 8:36.31	900m: 12:03.66	1150m: 15:31.08	1400m: 18:58.75	
	200m: 2:26.72	450m: 5:52.43	700m: 9:18.15	950m: 12:44.71	1200m: 16:13.19	1450m: 19:39.53	
	250m: 3:08.05	500m: 6:33.88	750m: 9:59.38	1000m: 13:26.01	1250m: 16:55.11	1500m: 20:18.69	

Prova 1 Masc., 1500m Livres S110
07/03/2025 Resultados

Recorde Distrital ANDS Open	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Sen	15:14.70	Tiago Filipe Campos	CNRM	Albufeira	10/11/2023
Recorde Distrital ANDS Jun18	15:55.58	Ricardo Matias Santos	CPFS	Leiria	11/12/2022
Recorde Distrital ANDS Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009
Recorde Distrital ANDS Juv A	15:50.63	Gustavo Manuel Santa	CNLA	Sines	21/12/2008
Recorde Distrital ANDS Juv B	16:27.54	Pedro Diogo Oliveira	CNRM	Rio Maior	11/07/2003
Recorde Distrital ANDS Inf A	17:24.44	Gustavo Manuel Santa	CNLA	Sines	01/04/2007
Recorde Distrital ANDS Inf B	17:52.60	Paulo Bruno Janeiro	CNLA	Sines	01/04/2007

Inf A: 23:38.00; Inf B: 24:56.00; Juv A: 22:49.00; Jun/Sen: 21:04.00; Juv B: 23:05.00

Pontos: AQUA 2024

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	17:23.30		534	
	50m: 30.65	300m: 3:21.19	550m: 6:15.98	800m: 9:11.62	1050m: 12:07.52	1300m: 15:03.77	
	100m: 1:04.12	350m: 3:55.96	600m: 6:50.76	850m: 9:46.66	1100m: 12:42.17	1350m: 15:39.49	
	150m: 1:38.15	400m: 4:30.93	650m: 7:26.33	900m: 10:22.28	1150m: 13:17.00	1400m: 16:14.56	
	200m: 2:12.44	450m: 5:05.96	700m: 8:01.38	950m: 10:57.39	1200m: 13:52.68	1450m: 16:50.16	
	250m: 2:46.48	500m: 5:40.79	750m: 8:36.82	1000m: 11:32.71	1250m: 14:28.65	1500m: 17:23.30	
2.	David Filipe Pacheco	10	BUZIOS-Coruche	17:48.72		497	
	50m: 30.98	300m: 3:26.85	550m: 6:26.19	800m: 9:26.95	1050m: 12:27.02	1300m: 15:28.27	
	100m: 1:05.01	350m: 4:03.20	600m: 7:01.87	850m: 10:03.06	1100m: 13:03.23	1350m: 16:03.87	
	150m: 1:40.11	400m: 4:38.77	650m: 7:37.94	900m: 10:38.90	1150m: 13:39.66	1400m: 16:39.86	
	200m: 2:15.23	450m: 5:14.12	700m: 8:14.56	950m: 11:14.77	1200m: 14:15.67	1450m: 17:14.76	
	250m: 2:51.20	500m: 5:50.40	750m: 8:50.74	1000m: 11:51.18	1250m: 14:52.05	1500m: 17:48.72	
3.	Daniel Filipe Jorge	10	Rio Maior	18:07.34		472	
	50m: 31.39	300m: 3:31.07	550m: 6:34.89	800m: 9:38.12	1050m: 12:40.51	1300m: 15:43.06	
	100m: 1:05.99	350m: 4:07.64	600m: 7:11.82	850m: 10:14.37	1100m: 13:16.73	1350m: 16:19.92	
	150m: 1:41.37	400m: 4:44.30	650m: 7:48.49	900m: 10:51.04	1150m: 13:53.36	1400m: 16:56.69	
	200m: 2:17.67	450m: 5:21.28	700m: 8:25.47	950m: 11:27.47	1200m: 14:29.77	1450m: 17:32.52	
	250m: 2:54.12	500m: 5:57.86	750m: 9:01.71	1000m: 12:03.87	1250m: 15:06.38	1500m: 18:07.34	
4.	Tiago Frazao Barra	10	Rio Maior	18:14.91		462	
	50m: 31.70	300m: 3:30.90	550m: 6:34.88	800m: 9:38.60	1050m: 12:42.17	1300m: 15:46.99	
	100m: 1:05.99	350m: 4:07.71	600m: 7:11.83	850m: 10:15.17	1100m: 13:19.11	1350m: 16:24.31	
	150m: 1:41.43	400m: 4:44.45	650m: 7:48.78	900m: 10:51.87	1150m: 13:55.81	1400m: 17:01.72	
	200m: 2:17.55	450m: 5:20.94	700m: 8:25.53	950m: 11:28.66	1200m: 14:32.87	1450m: 17:38.82	
	250m: 2:54.13	500m: 5:57.74	750m: 9:01.90	1000m: 12:05.53	1250m: 15:09.73	1500m: 18:14.91	
5.	Lourenco Vicente Gead	10	Torres Novas	18:55.42		414	
	50m: 33.65	300m: 3:40.33	550m: 6:50.71	800m: 10:01.18	1050m: 13:11.76	1300m: 16:23.37	
	100m: 1:10.29	350m: 4:18.32	600m: 7:28.70	850m: 10:39.07	1100m: 13:50.16	1350m: 17:01.80	
	150m: 1:47.34	400m: 4:56.29	650m: 8:07.02	900m: 11:17.29	1150m: 14:28.25	1400m: 17:39.86	
	200m: 2:24.87	450m: 5:34.31	700m: 8:44.95	950m: 11:55.40	1200m: 15:06.54	1450m: 18:17.70	
	250m: 3:02.49	500m: 6:12.64	750m: 9:23.19	1000m: 12:33.64	1250m: 15:44.77	1500m: 18:55.42	



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1, Masc., 1500m Livres, S110

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Duarte Moura Mendes	11		Torres Novas	19:22.03			387
	50m: 34.21	300m: 3:46.61	550m: 7:01.97	800m: 10:17.52	1050m: 13:31.72	1300m: 16:47.21		
	100m: 1:11.70	350m: 4:25.90	600m: 7:41.17	850m: 10:56.24	1100m: 14:11.27	1350m: 17:26.74		
	150m: 1:49.72	400m: 5:05.33	650m: 8:20.65	900m: 11:35.25	1150m: 14:50.45	1400m: 18:06.20		
	200m: 2:28.30	450m: 5:44.16	700m: 8:59.27	950m: 12:14.23	1200m: 15:28.79	1450m: 18:45.73		
	250m: 3:07.26	500m: 6:23.10	750m: 9:38.30	1000m: 12:53.13	1250m: 16:07.94	1500m: 19:22.03		
7.	Gabriel Antunes Ramos	09		Rio Maior	19:56.10			354
	50m: 34.55	300m: 3:51.16	550m: 7:14.29	800m: 10:37.11	1050m: 14:00.12	1300m: 17:23.42		
	100m: 1:12.15	350m: 4:31.68	600m: 7:54.14	850m: 11:17.57	1100m: 14:40.47	1350m: 18:04.32		
	150m: 1:51.51	400m: 5:12.63	650m: 8:35.00	900m: 11:58.63	1150m: 15:20.91	1400m: 18:43.55		
	200m: 2:30.66	450m: 5:54.15	700m: 9:15.81	950m: 12:39.96	1200m: 16:01.83	1450m: 19:20.54		
	250m: 3:10.67	500m: 6:34.60	750m: 9:56.67	1000m: 13:19.54	1250m: 16:42.38	1500m: 19:56.10		
8.	Francisco Maria Dias	11		Viver Santarem	20:08.29			344
	50m: 34.10	300m: 3:51.83	550m: 7:13.77	800m: 10:37.21	1050m: 14:01.59	1300m: 17:27.69		
	100m: 1:12.19	350m: 4:32.19	600m: 7:54.35	850m: 11:17.84	1100m: 14:43.18	1350m: 18:08.40		
	150m: 1:51.99	400m: 5:12.63	650m: 8:34.92	900m: 11:58.38	1150m: 15:24.22	1400m: 18:49.03		
	200m: 2:31.85	450m: 5:52.76	700m: 9:15.68	950m: 12:39.32	1200m: 16:05.38	1450m: 19:29.56		
	250m: 3:11.84	500m: 6:32.91	750m: 9:56.20	1000m: 13:20.58	1250m: 16:46.40	1500m: 20:08.29		
9.	Luis Miguel Reis	10		Rio Maior	20:08.30			344
	50m: 36.15	300m: 3:59.48	550m: 7:20.86	800m: 10:42.35	1050m: 14:05.64	1300m: 17:29.01		
	100m: 1:16.38	350m: 4:39.75	600m: 8:00.65	850m: 11:22.89	1100m: 14:46.29	1350m: 18:09.82		
	150m: 1:56.99	400m: 5:20.04	650m: 8:41.37	900m: 12:04.08	1150m: 15:26.43	1400m: 18:50.82		
	200m: 2:37.95	450m: 6:00.36	700m: 9:21.15	950m: 12:44.42	1200m: 16:06.84	1450m: 19:30.67		
	250m: 3:18.92	500m: 6:40.46	750m: 10:01.83	1000m: 13:24.22	1250m: 16:47.95	1500m: 20:08.30		
10.	Eliseu Manuel Tavares	99		Uniao Samorense	20:18.69			335
	50m: 31.13	300m: 3:49.02	550m: 7:15.63	800m: 10:41.14	1050m: 14:07.22	1300m: 17:36.22		
	100m: 1:07.12	350m: 4:31.16	600m: 7:55.81	850m: 11:22.12	1100m: 14:49.48	1350m: 18:16.62		
	150m: 1:46.13	400m: 5:12.19	650m: 8:36.31	900m: 12:03.66	1150m: 15:31.08	1400m: 18:58.75		
	200m: 2:26.72	450m: 5:52.43	700m: 9:18.15	950m: 12:44.71	1200m: 16:13.19	1450m: 19:39.53		
	250m: 3:08.05	500m: 6:33.88	750m: 9:59.38	1000m: 13:26.01	1250m: 16:55.11	1500m: 20:18.69		
11.	Matias Rafael Pacheco	12		BUZIOS-Coruche	20:28.78			327
	50m: 36.93	300m: 4:01.18	550m: 7:27.18	800m: 10:54.15	1050m: 14:21.37	1300m: 17:47.05		
	100m: 1:17.64	350m: 4:42.27	600m: 8:08.43	850m: 11:35.55	1100m: 15:02.63	1350m: 18:28.55		
	150m: 1:58.85	400m: 5:23.54	650m: 8:49.71	900m: 12:16.97	1150m: 15:43.43	1400m: 19:09.51		
	200m: 2:39.97	450m: 6:04.66	700m: 9:31.17	950m: 12:58.37	1200m: 16:25.00	1450m: 19:50.34		
	250m: 3:20.60	500m: 6:46.09	750m: 10:12.63	1000m: 13:39.71	1250m: 17:05.71	1500m: 20:28.78		
12.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	20:33.29			323
	50m: 35.81	300m: 4:00.15	550m: 7:27.82	800m: 10:56.08	1050m: 14:24.67	1300m: 17:52.55		
	100m: 1:15.89	350m: 4:41.54	600m: 8:08.98	850m: 11:37.36	1100m: 15:06.28	1350m: 18:33.46		
	150m: 1:56.78	400m: 5:23.48	650m: 8:50.97	900m: 12:19.04	1150m: 15:48.27	1400m: 19:14.54		
	200m: 2:38.18	450m: 6:04.62	700m: 9:32.79	950m: 13:00.53	1200m: 16:29.41	1450m: 19:54.80		
	250m: 3:18.71	500m: 6:46.01	750m: 10:14.47	1000m: 13:42.95	1250m: 17:10.76	1500m: 20:33.29		
13.	Artur Alexandre Silva	11		20Km de Almeirim	20:33.52			323
	50m: 35.45	300m: 4:00.97	550m: 7:30.12	800m: 10:59.05	1050m: 14:27.56	1300m: 17:53.14		
	100m: 1:16.54	350m: 4:42.07	600m: 8:11.86	850m: 11:40.71	1100m: 15:08.55	1350m: 18:35.27		
	150m: 1:57.62	400m: 5:24.33	650m: 8:53.56	900m: 12:22.10	1150m: 15:50.28	1400m: 19:16.59		
	200m: 2:38.69	450m: 6:05.71	700m: 9:35.39	950m: 13:03.92	1200m: 16:31.66	1450m: 19:56.38		
	250m: 3:19.71	500m: 6:47.62	750m: 10:17.50	1000m: 13:45.40	1250m: 17:12.30	1500m: 20:33.52		
14.	Vicente Jose Carrilho	10		BUZIOS-Coruche	20:35.11			322
	50m: 35.53	300m: 3:58.71	550m: 7:28.68	800m: 11:01.07	1050m: 14:27.47	1300m: 17:54.30		
	100m: 1:14.49	350m: 4:40.53	600m: 8:10.88	850m: 11:43.11	1100m: 15:08.10	1350m: 18:35.62		
	150m: 1:54.49	400m: 5:22.09	650m: 8:52.80	900m: 12:24.73	1150m: 15:49.65	1400m: 19:17.54		
	200m: 2:35.40	450m: 6:04.25	700m: 9:36.03	950m: 13:05.32	1200m: 16:31.08	1450m: 19:57.00		
	250m: 3:16.86	500m: 6:46.28	750m: 10:18.48	1000m: 13:46.51	1250m: 17:12.91	1500m: 20:35.11		
15.	Martim Miguel Santos	11		Rio Maior	20:48.16			312
	50m: 36.67	300m: 4:04.20	550m: 7:33.91	800m: 11:02.17	1050m: 14:31.17	1300m: 18:04.52		
	100m: 1:17.05	350m: 4:45.75	600m: 8:15.47	850m: 11:44.20	1100m: 15:13.08	1350m: 18:47.57		
	150m: 1:58.59	400m: 5:27.96	650m: 8:58.00	900m: 12:26.09	1150m: 15:54.87	1400m: 19:28.37		
	200m: 2:40.08	450m: 6:09.55	700m: 9:39.53	950m: 13:07.88	1200m: 16:37.45	1450m: 20:08.10		
	250m: 3:22.41	500m: 6:52.01	750m: 10:20.91	1000m: 13:49.88	1250m: 17:21.23	1500m: 20:48.16		



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 1, Masc., 1500m Livres, S110

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Salvador Henrique Vieira	12		Torres Novas	21:05.13			299
	50m: 36.85	300m: 4:02.16	550m: 7:32.27	800m: 11:06.60	1050m: 14:41.27	1300m: 18:16.97		
	100m: 1:17.46	350m: 4:43.18	600m: 8:14.08	850m: 11:49.52	1100m: 15:24.56	1350m: 19:00.53		
	150m: 1:58.81	400m: 5:24.98	650m: 8:57.19	900m: 12:32.94	1150m: 16:07.22	1400m: 19:44.25		
	200m: 2:39.59	450m: 6:07.69	700m: 9:40.41	950m: 13:15.23	1200m: 16:50.29	1450m: 20:25.13		
	250m: 3:20.91	500m: 6:49.68	750m: 10:23.61	1000m: 13:58.45	1250m: 17:33.49	1500m: 21:05.13		
17.	Lourenco Manuel Palmeiro	10		BUZIOS-Coruche	21:21.16			288
	50m: 35.76	300m: 3:57.48	550m: 7:27.94	800m: 10:59.79	1050m: 14:37.63	1300m: 18:25.46		
	100m: 1:14.91	350m: 4:39.59	600m: 8:09.59	850m: 11:42.95	1100m: 15:23.35	1350m: 19:09.76		
	150m: 1:55.03	400m: 5:20.80	650m: 8:51.99	900m: 12:25.25	1150m: 16:08.59	1400m: 19:54.38		
	200m: 2:35.11	450m: 6:03.07	700m: 9:34.23	950m: 13:07.98	1200m: 16:54.41	1450m: 20:37.43		
	250m: 3:16.58	500m: 6:45.28	750m: 10:16.41	1000m: 13:53.05	1250m: 17:39.82	1500m: 21:21.16		
18.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	21:43.93			273
	50m: 36.51	300m: 4:12.00	550m: 7:51.02	800m: 11:33.92	1050m: 15:15.09	1300m: 18:56.94		
	100m: 1:18.23	350m: 4:55.12	600m: 8:35.03	850m: 12:18.86	1100m: 16:00.83	1350m: 19:39.85		
	150m: 2:00.39	400m: 5:38.93	650m: 9:20.75	900m: 13:04.61	1150m: 16:45.19	1400m: 20:22.98		
	200m: 2:43.65	450m: 6:22.16	700m: 10:05.76	950m: 13:49.83	1200m: 17:31.32	1450m: 21:06.81		
	250m: 3:27.38	500m: 7:06.38	750m: 10:49.97	1000m: 14:32.23	1250m: 18:15.88	1500m: 21:43.93		
19.	Rodrigo Miguel Alcobia	11	S10	CPFZ - Natacao	24:03.31			202
	<i>FTL, Recorde Nacional de Adaptada - S10 - 400m, 800m, 1500m Livres</i>							
	50m: 39.57	300m: 4:35.23	550m: 8:34.41	800m: 12:35.76	1050m: 16:41.50	1300m: 20:50.59		
	100m: 1:25.52	350m: 5:22.39	600m: 9:22.77	850m: 13:25.14	1100m: 17:32.59	1350m: 21:39.50		
	150m: 2:13.04	400m: 6:10.13	650m: 10:10.23	900m: 14:15.56	1150m: 18:21.86	1400m: 22:27.98		
	200m: 3:00.30	450m: 6:57.52	700m: 10:59.51	950m: 15:04.74	1200m: 19:11.48	1450m: 23:16.08		
	250m: 3:47.37	500m: 7:45.96	750m: 11:47.20	1000m: 15:53.97	1250m: 20:01.98	1500m: 24:03.31		
20.	Afonso Ferreira Cruz	12		CLAC-Entroncamento	25:43.92			165
	<i>FTL</i>							
	50m: 42.02	300m: 4:53.67	550m: 9:10.96	800m: 13:38.31	1050m: 18:02.12	1300m: 22:21.37		
	100m: 1:30.71	350m: 5:44.49	600m: 10:02.82	850m: 14:31.57	1100m: 18:53.40	1350m: 23:11.39		
	150m: 2:21.14	400m: 6:35.08	650m: 10:56.09	900m: 15:24.49	1150m: 19:46.25	1400m: 24:02.44		
	200m: 3:10.33	450m: 7:28.53	700m: 11:49.97	950m: 16:16.75	1200m: 20:39.63	1450m: 24:53.78		
	250m: 4:01.33	500m: 8:20.34	750m: 12:43.13	1000m: 17:09.68	1250m: 21:30.35	1500m: 25:43.92		