

Baltic States Swimming Championships  
Tartu, 8. - 9.3.2025

Event 209  
08.03.2025 - 17:42

Men, 400m Freestyle

Open  
Results Final

Points: AQUA 2025

Rank			YB						Time	Pts
1.	VAICIUNAS, Kostas		06		Lithuania				<b>4:02.96</b>	743
	50m:	27.79 27.79	150m:	1:28.26 30.91	250m:	2:31.12 31.66	350m:	3:33.31 30.32		
	100m:	57.35 29.56	200m:	1:59.46 31.20	300m:	3:02.99 31.87	400m:	4:02.96 29.65		
2.	LESSING, Gerd Johan		09		Estonia				<b>4:04.50</b>	729
	50m:	27.84 27.84	150m:	1:28.25 30.55	250m:	2:31.19 31.66	350m:	3:34.30 31.51		
	100m:	57.70 29.86	200m:	1:59.53 31.28	300m:	3:02.79 31.60	400m:	4:04.50 30.20		
3.	PRIKS, Robin		10		Estonia				<b>4:14.81</b>	644
	50m:	29.02 29.02	150m:	1:32.79 32.26	250m:	2:38.32 32.89	350m:	3:44.24 32.88		
	100m:	1:00.53 31.51	200m:	2:05.43 32.64	300m:	3:11.36 33.04	400m:	4:14.81 30.57		
4.	CIRTAUTAS, Giedrius		07		Lithuania				<b>4:15.18</b>	641
	50m:	29.81 29.81	150m:	1:34.56 32.78	250m:	2:39.86 32.55	350m:	3:44.56 32.33		
	100m:	1:01.78 31.97	200m:	2:07.31 32.75	300m:	3:12.23 32.37	400m:	4:15.18 30.62		
5.	CINGA, Matas		05		Lithuania				<b>4:15.53</b>	638
	50m:	28.89 28.89	150m:	1:35.44 33.79	250m:	2:42.88 33.68	350m:	3:47.28 30.61		
	100m:	1:01.65 32.76	200m:	2:09.20 33.76	300m:	3:16.67 33.79	400m:	4:15.53 28.25		
6.	MAESEPP, Erik		09		Estonia				<b>4:16.87</b>	628
	50m:	27.79 27.79	150m:	1:30.11 31.65	250m:	2:35.87 33.31	350m:	3:43.30 33.94		
	100m:	58.46 30.67	200m:	2:02.56 32.45	300m:	3:09.36 33.49	400m:	4:16.87 33.57		
7.	ZABLOCKIS, Vilius		09		Lithuania				<b>4:20.34</b>	604
	50m:	29.53 29.53	150m:	1:35.00 33.14	250m:	2:41.73 33.28	350m:	3:48.50 32.76		
	100m:	1:01.86 32.33	200m:	2:08.45 33.45	300m:	3:15.74 34.01	400m:	4:20.34 31.84		
8.	POTSEPP, Martin		09		Estonia				<b>4:23.01</b>	585
	50m:	28.58 28.58	150m:	1:34.82 33.80	250m:	2:43.44 34.11	350m:	3:51.44 33.86		
	100m:	1:01.02 32.44	200m:	2:09.33 34.51	300m:	3:17.58 34.14	400m:	4:23.01 31.57		