

Baltic States Swimming Championships  
Tartu, 8. - 9.3.2025

Event 109  
08.03.2025 - 11:29

Men, 400m Freestyle

Open  
Results Prelim

Points: AQUA 2025

Rank			YB			Time			Pts	
<b>2009 and younger</b>										
1.	LESSING, Gerd Johan		09	Estonia		<b>4:10.90</b>			674	Q
	50m:	27.93 27.93	150m:	1:30.89 31.78	250m:	2:35.51 32.42	350m:	3:40.57 32.52		
	100m:	59.11 31.18	200m:	2:03.09 32.20	300m:	3:08.05 32.54	400m:	4:10.90 30.33		
2.	MAESEPP, Erik		09	Estonia		<b>4:12.47</b>			662	Q
	50m:	28.36 28.36	150m:	1:31.36 31.93	250m:	2:35.42 32.16	350m:	3:40.40 32.75		
	100m:	59.43 31.07	200m:	2:03.26 31.90	300m:	3:07.65 32.23	400m:	4:12.47 32.07		
3.	PRIKS, Robin		10	Estonia		<b>4:16.11</b>			634	Q
	50m:	28.62 28.62	150m:	1:32.20 32.25	250m:	2:37.52 32.94	350m:	3:44.23 33.52		
	100m:	59.95 31.33	200m:	2:04.58 32.38	300m:	3:10.71 33.19	400m:	4:16.11 31.88		
4.	ZABLOCKIS, Vilius		09	Lithuania		<b>4:22.16</b>			591	Q
	50m:	29.90 29.90	150m:	1:34.98 32.59	250m:	2:42.42 33.77	350m:	3:50.08 33.41		
	100m:	1:02.39 32.49	200m:	2:08.65 33.67	300m:	3:16.67 34.25	400m:	4:22.16 32.08		
5.	POTSEPP, Martin		09	Estonia		<b>4:23.94</b>			579	R
	50m:	28.91 28.91	150m:	1:35.40 33.95	250m:	2:44.35 34.35	350m:	3:52.29 33.94		
	100m:	1:01.45 32.54	200m:	2:10.00 34.60	300m:	3:18.35 34.00	400m:	4:23.94 31.65		
6.	VESSELOV, Robert		09	Estonia		<b>4:24.89</b>			573	R
	50m:	28.81 28.81	150m:	1:34.63 33.45	250m:	2:41.89 33.70	350m:	3:50.83 34.26		
	100m:	1:01.18 32.37	200m:	2:08.19 33.56	300m:	3:16.57 34.68	400m:	4:24.89 34.06		
7.	LAURIMAA, Mikk		10	Estonia		<b>4:39.60</b>			487	
	50m:	30.01 30.01	150m:	1:40.33 36.05	250m:	2:53.26 36.62	350m:	4:06.33 36.75		
	100m:	1:04.28 34.27	200m:	2:16.64 36.31	300m:	3:29.58 36.32	400m:	4:39.60 33.27		
8.	MIKKER, Mikk Johann		10	Estonia		<b>4:40.45</b>			483	
	50m:	29.94 29.94	150m:	1:40.45 36.21	250m:	2:51.49 35.43	350m:	4:04.04 37.12		
	100m:	1:04.24 34.30	200m:	2:16.06 35.61	300m:	3:26.92 35.43	400m:	4:40.45 36.41		
9.	SIILIVASK, Richard		10	Estonia		<b>4:50.74</b>			433	
	50m:	30.05 30.05	150m:	1:41.28 36.48	250m:	2:56.72 38.15	350m:	4:14.01 38.59		
	100m:	1:04.80 34.75	200m:	2:18.57 37.29	300m:	3:35.42 38.70	400m:	4:50.74 36.73		
<b>YOB 2007 - 2008</b>										
1.	CIRTAUTAS, Giedrius		07	Lithuania		<b>4:13.79</b>			652	Q
	50m:	28.81 28.81	150m:	1:32.15 31.94	250m:	2:36.60 32.19	350m:	3:41.97 32.82		
	100m:	1:00.21 31.40	200m:	2:04.41 32.26	300m:	3:09.15 32.55	400m:	4:13.79 31.82		
2.	MANNA, Oskar		07	Estonia		<b>4:24.92</b>			573	
	50m:	28.57 28.57	150m:	1:33.61 32.94	250m:	2:41.76 34.63	350m:	3:54.08 36.26		
	100m:	1:00.67 32.10	200m:	2:07.13 33.52	300m:	3:17.82 36.06	400m:	4:24.92 30.84		
3.	LOGINOV, Arseni		07	Estonia		<b>4:30.33</b>			539	
	50m:	29.30 29.30	150m:	1:35.23 33.41	250m:	2:44.55 34.91	350m:	3:55.92 35.53		
	100m:	1:01.82 32.52	200m:	2:09.64 34.41	300m:	3:20.39 35.84	400m:	4:30.33 34.41		
4.	NAIRISMAGI, Sigmar		08	Estonia		<b>4:32.15</b>			528	
	50m:	30.27 30.27	150m:	1:37.89 34.31	250m:	2:48.94 35.91	350m:	4:00.21 35.66		
	100m:	1:03.58 33.31	200m:	2:13.03 35.14	300m:	3:24.55 35.61	400m:	4:32.15 31.94		
<b>Open</b>										
1.	VAICIUNAS, Kostas		06	Lithuania		<b>4:10.84</b>			675	Q
	50m:	29.78 29.78	150m:	1:35.16 33.11	250m:	2:40.22 32.40	350m:	3:42.27 31.19		
	100m:	1:02.05 32.27	200m:	2:07.82 32.66	300m:	3:11.08 30.86	400m:	4:10.84 28.57		
2.	LESSING, Gerd Johan		09	Estonia		<b>4:10.90</b>			674	Q
	50m:	27.93 27.93	150m:	1:30.89 31.78	250m:	2:35.51 32.42	350m:	3:40.57 32.52		
	100m:	59.11 31.18	200m:	2:03.09 32.20	300m:	3:08.05 32.54	400m:	4:10.90 30.33		

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Event 109, Men, 400m Freestyle, Prelim, Open

Rank			YB				Time		Pts	
3.	MAESEPP, Erik		09		Estonia		<b>4:12.47</b>		662	Q
	50m:	28.36 28.36	150m:	1:31.36 31.93	250m:	2:35.42 32.16	350m:	3:40.40 32.75		
	100m:	59.43 31.07	200m:	2:03.26 31.90	300m:	3:07.65 32.23	400m:	4:12.47 32.07		
4.	CIRTAUTAS, Giedrius		07		Lithuania		<b>4:13.79</b>		652	Q
	50m:	28.81 28.81	150m:	1:32.15 31.94	250m:	2:36.60 32.19	350m:	3:41.97 32.82		
	100m:	1:00.21 31.40	200m:	2:04.41 32.26	300m:	3:09.15 32.55	400m:	4:13.79 31.82		
5.	CINGA, Matas		05		Lithuania		<b>4:15.37</b>		639	Q
	50m:	29.04 29.04	150m:	1:33.21 32.51	250m:	2:39.21 33.33	350m:	3:43.63 30.99		
	100m:	1:00.70 31.66	200m:	2:05.88 32.67	300m:	3:12.64 33.43	400m:	4:15.37 31.74		
6.	PRIKS, Robin		10		Estonia		<b>4:16.11</b>		634	Q
	50m:	28.62 28.62	150m:	1:32.20 32.25	250m:	2:37.52 32.94	350m:	3:44.23 33.52		
	100m:	59.95 31.33	200m:	2:04.58 32.38	300m:	3:10.71 33.19	400m:	4:16.11 31.88		
7.	ZABLOCKIS, Vilius		09		Lithuania		<b>4:22.16</b>		591	Q
	50m:	29.90 29.90	150m:	1:34.98 32.59	250m:	2:42.42 33.77	350m:	3:50.08 33.41		
	100m:	1:02.39 32.49	200m:	2:08.65 33.67	300m:	3:16.67 34.25	400m:	4:22.16 32.08		
8.	TAMMER, Toomas Tanel		03		Estonia		<b>4:23.69</b>		581	Q
	50m:	28.84 28.84	150m:	1:33.26 32.83	250m:	2:40.92 33.69	350m:	3:49.70 34.20		
	100m:	1:00.43 31.59	200m:	2:07.23 33.97	300m:	3:15.50 34.58	400m:	4:23.69 33.99		
9.	POTSEPP, Martin		09		Estonia		<b>4:23.94</b>		579	R
	50m:	28.91 28.91	150m:	1:35.40 33.95	250m:	2:44.35 34.35	350m:	3:52.29 33.94		
	100m:	1:01.45 32.54	200m:	2:10.00 34.60	300m:	3:18.35 34.00	400m:	4:23.94 31.65		
10.	VESSELOV, Robert		09		Estonia		<b>4:24.89</b>		573	R
	50m:	28.81 28.81	150m:	1:34.63 33.45	250m:	2:41.89 33.70	350m:	3:50.83 34.26		
	100m:	1:01.18 32.37	200m:	2:08.19 33.56	300m:	3:16.57 34.68	400m:	4:24.89 34.06		
11.	MANNA, Oskar		07		Estonia		<b>4:24.92</b>		573	
	50m:	28.57 28.57	150m:	1:33.61 32.94	250m:	2:41.76 34.63	350m:	3:54.08 36.26		
	100m:	1:00.67 32.10	200m:	2:07.13 33.52	300m:	3:17.82 36.06	400m:	4:24.92 30.84		
12.	ZABOTIN, Allan		06		Estonia		<b>4:26.12</b>		565	
	50m:	29.73 29.73	150m:	1:35.66 33.32	250m:	2:44.52 34.56	350m:	3:53.24 34.31		
	100m:	1:02.34 32.61	200m:	2:09.96 34.30	300m:	3:18.93 34.41	400m:	4:26.12 32.88		
13.	LOGINOV, Arseni		07		Estonia		<b>4:30.33</b>		539	
	50m:	29.30 29.30	150m:	1:35.23 33.41	250m:	2:44.55 34.91	350m:	3:55.92 35.53		
	100m:	1:01.82 32.52	200m:	2:09.64 34.41	300m:	3:20.39 35.84	400m:	4:30.33 34.41		
14.	NAIRISMAGI, Sigmar		08		Estonia		<b>4:32.15</b>		528	
	50m:	30.27 30.27	150m:	1:37.89 34.31	250m:	2:48.94 35.91	350m:	4:00.21 35.66		
	100m:	1:03.58 33.31	200m:	2:13.03 35.14	300m:	3:24.55 35.61	400m:	4:32.15 31.94		
15.	LAURIMAA, Mikk		10		Estonia		<b>4:39.60</b>		487	
	50m:	30.01 30.01	150m:	1:40.33 36.05	250m:	2:53.26 36.62	350m:	4:06.33 36.75		
	100m:	1:04.28 34.27	200m:	2:16.64 36.31	300m:	3:29.58 36.32	400m:	4:39.60 33.27		
16.	MIKKER, Mikk Johann		10		Estonia		<b>4:40.45</b>		483	
	50m:	29.94 29.94	150m:	1:40.45 36.21	250m:	2:51.49 35.43	350m:	4:04.04 37.12		
	100m:	1:04.24 34.30	200m:	2:16.06 35.61	300m:	3:26.92 35.43	400m:	4:40.45 36.41		
17.	SIILIVASK, Richard		10		Estonia		<b>4:50.74</b>		433	
	50m:	30.05 30.05	150m:	1:41.28 36.48	250m:	2:56.72 38.15	350m:	4:14.01 38.59		
	100m:	1:04.80 34.75	200m:	2:18.57 37.29	300m:	3:35.42 38.70	400m:	4:50.74 36.73		