

Epreuve 9	Dames, 400m 4 nages				18 - 24 ans
2025-02-23 - 15:38	Nagé du plus vite au plus lent / Seeded Fastest to				Liste résultats
Canadian Master Records	5:06.61	HELMSTAEDT, Karin	KBM	???	1991-01-01
Quebec Provincial Master Records	5:20.28	ZUYAO SHI, Anna	MUMS	Cote St-Luc	2023-04-14

Rang			Age			Soumis			Temps	Points		
1.	SHI, Anna		22	MUMS		5:20.28			<b>5:35.40</b>	7,00		
	50m:	33.06	33.06	150m:	1:55.27	43.16	250m:	3:27.03	46.96	350m:	4:55.42	40.86
	100m:	1:12.11	39.05	200m:	2:40.07	44.80	300m:	4:14.56	47.53	400m:	5:35.40	39.98
2.	MONTICONE, Valerie		23	MUMS		5:45.00			<b>5:57.05</b>	5,00		
	50m:	37.69	37.69	150m:	2:07.33	47.12	250m:	3:41.89	47.93	350m:	5:14.24	44.16
	100m:	1:20.21	42.52	200m:	2:53.96	46.63	300m:	4:30.08	48.19	400m:	5:57.05	42.81
3.	O'BOMSAWIN, Anaïs		21	CAMO		5:40.41			<b>5:57.19</b>	4,00		
	50m:	34.23	34.23	150m:	2:02.72	47.58	250m:	3:41.06	50.71	350m:	5:16.05	43.15
	100m:	1:15.14	40.91	200m:	2:50.35	47.63	300m:	4:32.90	51.84	400m:	5:57.19	41.14
4.	MAZUR, Anna		21	DDO		6:10.30			<b>6:07.16</b>	3,00		
	50m:	37.65	37.65	150m:	2:09.20	47.11	250m:	3:48.94	53.09	350m:	5:25.07	42.54
	100m:	1:22.09	44.44	200m:	2:55.85	46.65	300m:	4:42.53	53.59	400m:	6:07.16	42.09

Epreuve 9	Messieurs, 400m 4 nages				18 - 24 ans
2025-02-23 - 15:38	Nagé du plus vite au plus lent / Seeded Fastest to				Liste résultats
Canadian Master Records	4:28.03	BONOMO, Robert	TOMS	???	2014-05-16
Quebec Provincial Master Records	4:56.16	MCKAY, Caleb	MFC	Pointe-Claire	2024-04-20

Rang			Age			Soumis			Temps	Points		
1.	AUBIN, Samuel		24	SHER		5:00.00			<b>5:16.72</b>	7,00		
	50m:	30.75	30.75	150m:	1:48.74	41.23	250m:	3:15.55	45.77	350m:	4:40.29	37.76
	100m:	1:07.51	36.76	200m:	2:29.78	41.04	300m:	4:02.53	46.98	400m:	5:16.72	36.43
2.	BOLDUC, Antoine		20	SHER		5:45.00			<b>5:42.29</b>	5,00		
	50m:	34.87	34.87	150m:	1:59.02	43.35	250m:	3:34.36	51.78	350m:	5:04.40	38.30
	100m:	1:15.67	40.80	200m:	2:42.58	43.56	300m:	4:26.10	51.74	400m:	5:42.29	37.89

Epreuve 9	Dames, 400m 4 nages				25 - 29 ans
2025-02-23 - 15:38	Nagé du plus vite au plus lent / Seeded Fastest to				Liste résultats
Master World Records	4:44.98	K.BARANOWSKA,	GER		2015-09-27
Canadian Master Records	5:02.47	BERTELINK, Cindy	EOMAC	???	2004-03-26
Quebec Provincial Master Records	5:23.80	BELANGER, Edith	TORP	Trois-Rivieres	2008-04-13

Rang			Age			Soumis			Temps	Points		
1.	LEBEL-GUERIN, Roxanne		28	CALAC		6:40.00			<b>6:19.40</b>	7,00		
	50m:	42.08	42.08	150m:	2:16.40	47.06	250m:	3:57.43	54.51	350m:	5:37.45	44.52
	100m:	1:29.34	47.26	200m:	3:02.92	46.52	300m:	4:52.93	55.50	400m:	6:19.40	41.95
2.	BLAIS, Andréa		28	MEGO		6:55.00			<b>6:49.32</b>	5,00		
	50m:	43.13	43.13	150m:	2:24.59	50.42	250m:	4:14.65	1:00.35	350m:	6:02.87	47.23
	100m:	1:34.17	51.04	200m:	3:14.30	49.71	300m:	5:15.64	1:00.99	400m:	6:49.32	46.45

Epreuve 9, 400m 4 nages

Epreuve 9 2025-02-23 - 15:38	Messieurs, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				25 - 29 ans Liste résultats
Master World Records	4:14.51	HASEGAWA, Ikumi	JPN		2009-11-15
Canadian Master Records	4:30.74	COTE, Tristan	CMSC	Calgary	2023-05-28
Quebec Provincial Master Records	4:48.87	BOUCHARD, Kevin	OP	Quebec	2014-04-12

Rang	Age		Soumis		Temps		Points
1. <b>BARRETTE, Simon</b>	28	CNHR	5:30.00		<b>5:24.23</b>		7,00
50m: 31.99 31.99	150m: 1:52.97 42.12	250m: 3:21.24 46.42	350m: 4:47.13 38.98	100m: 1:10.85 38.86	200m: 2:34.82 41.85	300m: 4:08.15 46.91	400m: 5:24.23 37.10
2. <b>SICILIANI, Zachary</b>	26	MPC	5:27.16		<b>5:25.79</b>		5,00
50m: 32.59 32.59	150m: 1:53.37 42.86	250m: 3:24.28 47.95	350m: 4:50.05 38.02	100m: 1:10.51 37.92	200m: 2:36.33 42.96	300m: 4:12.03 47.75	400m: 5:25.79 35.74
3. <b>SEGUIN, Tyler</b>	27	CALAC	5:45.00		<b>5:28.17</b>		4,00
50m: 33.78 33.78	150m: 1:56.99 43.28	250m: 3:25.17 45.62	350m: 4:50.57 38.58	100m: 1:13.71 39.93	200m: 2:39.55 42.56	300m: 4:11.99 46.82	400m: 5:28.17 37.60

Epreuve 9 2025-02-23 - 15:38	Dames, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				30 - 34 ans Liste résultats
Master World Records	4:45.07	MATSUDA, Hitomi	JPN		2010-04-17
Canadian Master Records	5:09.02	BERTELINK, Cindy	EOMAC	???	2005-05-20
Quebec Provincial Master Records	5:17.61	THIBAULT, Nancy	MSFOY	Gatineau	2012-04-15

Rang	Age		Soumis		Temps		Points
1. <b>BEAUVILLIER, Catherine</b>	30	MEGO	6:50.00		<b>6:49.91</b>		7,00
50m: 44.79 44.79	150m: 2:30.04 49.98	250m: 4:19.73 59.79	350m: 6:06.27 47.08	100m: 1:40.06 55.27	200m: 3:19.94 49.90	300m: 5:19.19 59.46	400m: 6:49.91 43.64

forf.déc. **GERVAIS-CARTIER, Fanny** 31 DDO forf.déc. -

Epreuve 9 2025-02-23 - 15:38	Messieurs, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				30 - 34 ans Liste résultats
Master World Records	4:16.06	TOWNSEND, Darian	USA		2016-11-12
Canadian Master Records	4:25.00	BEAVERS, Keith	KBM	???	2014-03-28
Quebec Provincial Master Records	4:44.52	BOUCHARD, Kevin	OP	Montreal	2016-04-17

Rang	Age		Soumis		Temps		Points
1. <b>SICARD, Sebastien</b>	34	WYMN	5:30.00		<b>5:34.69</b>		7,00
50m: 33.76 33.76	150m: 1:57.69 45.17	250m: 3:31.47 50.16	350m: 5:00.25 38.60	100m: 1:12.52 38.76	200m: 2:41.31 43.62	300m: 4:21.65 50.18	400m: 5:34.69 34.44
2. <b>VAZQUEZ COBA, Jose Antonio</b>	30	MUMS	5:40.97		<b>5:36.91</b>		5,00
50m: 33.47 33.47	150m: 1:57.33 44.84	250m: 3:29.06 47.81	350m: 4:56.61 40.66	100m: 1:12.49 39.02	200m: 2:41.25 43.92	300m: 4:15.95 46.89	400m: 5:36.91 40.30

Epreuve 9, 400m 4 nages

Epreuve 9 Dames, 400m 4 nages 35 - 39 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	4:52.85	K.PIPES-NEILSEN,	USA		1997-12-14
Canadian Master Records	5:09.04	BERTELINK, Cindy	EOMAC	Nepean	2013-05-17
Quebec Provincial Master Records	5:21.93	HAWORTH, Linda	MFC	Trois-Rivieres	2005-04-16

Rang	Age	Soumis	Temps	Points
1._MILBERS, Katherine	36 DDO	NT	<b>5:42.31</b>	7,00
50m: 34.95 34.95	150m: 2:00.82 44.15	250m: 3:32.43 48.83	350m: 5:02.80	40.77
100m: 1:16.67 41.72	200m: 2:43.60 42.78	300m: 4:22.03 49.60	400m: 5:42.31	39.51

Epreuve 9 Messieurs, 400m 4 nages 35 - 39 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	4:19.79	TOWNSEND, Darian	USA		2019-10-26
Canadian Master Records	4:44.51	WELECHUK, Jeff	CMSC	Toronto	2009-05-15
Quebec Provincial Master Records	4:52.27	DUPLESSIS, Gilbert	LAVAL	Quebec	2015-04-19

Rang	Age	Soumis	Temps	Points
1._FORTIN, Claude	39 BRO	8:54.00	<b>8:14.21</b>	7,00
50m: 53.72 53.72	150m: 3:08.76 1:11.48	250m: 5:23.04 1:03.91	350m: 7:25.86	1:00.11
100m: 1:57.28 1:03.56	200m: 4:19.13 1:10.37	300m: 6:25.75 1:02.71	400m: 8:14.21	48.35

Epreuve 9 Dames, 400m 4 nages 40 - 44 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	5:00.82	K.PIPES-NEILSEN,	USA		2002-11-24
Canadian Master Records	5:08.31	BERTELINK, Cindy	EOMAC	???	2017-03-24
Quebec Provincial Master Records	5:22.55	PINCOTT, Cynthia	ENC	Montreal	2006-04-22

Rang	Age	Soumis	Temps	Points
1._BOUTHILLIER, Annie	40 DDO	6:31.20	<b>6:22.53</b>	7,00
50m: 40.45 40.45	150m: 2:15.91 50.50	250m: 3:59.66 52.94	350m: 5:39.07	45.41
100m: 1:25.41 44.96	200m: 3:06.72 50.81	300m: 4:53.66 54.00	400m: 6:22.53	43.46
2._BOEGEL, Krista	42 SOM	6:23.65	<b>6:23.46</b>	-
50m: 44.22 44.22	150m: 2:25.62 50.53	250m: 4:05.59 50.18	350m: 5:41.76	43.46
100m: 1:35.09 50.87	200m: 3:15.41 49.79	300m: 4:58.30 52.71	400m: 6:23.46	41.70
3._AMANO, Louise	43 CALAC	7:30.00	<b>7:07.93</b>	4,00
50m: 44.70 44.70	150m: 2:32.96 55.74	250m: 4:31.22 1:01.61	350m: 6:21.87	48.59
100m: 1:37.22 52.52	200m: 3:29.61 56.65	300m: 5:33.28 1:02.06	400m: 7:07.93	46.06

Epreuve 9, 400m 4 nages

Epreuve 9 2025-02-23 - 15:38	Messieurs, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				40 - 44 ans Liste résultats
Master World Records	4:22.29	ROGAN, Markus	USA		2023-12-02
Canadian Master Records	4:45.78	WELECHUK, Jeff	CMSC	???	2012-05-18
Quebec Provincial Master Records	4:53.79	POMINVILLE, Philippe	MDDO	Quebec	2014-04-12

Rang	Age		Soumis		Temps		Points
1. <b>BOUCHARD, Kevin</b>	40	CNDA	5:03.37		<b>4:59.61</b>		7,00
50m: 32.09 32.09	150m: 1:46.83 38.22	250m: 3:07.67 43.94	350m: 4:26.20	34.57			
100m: 1:08.61 36.52	200m: 2:23.73 36.90	300m: 3:51.63 43.96	400m: 4:59.61	33.41			
2. <b>TRUBIANO, Michael</b>	41	DDO	6:00.00		<b>5:40.86</b>		5,00
50m: 38.73 38.73	150m: 2:07.96 44.56	250m: 3:40.19 47.24	350m: 5:04.97	37.36			
100m: 1:23.40 44.67	200m: 2:52.95 44.99	300m: 4:27.61 47.42	400m: 5:40.86	35.89			
3. <b>DESPATIES, Marc</b>	43	CAMO	5:40.34		<b>6:00.79</b>		4,00
50m: 38.27 38.27	150m: 2:11.81 50.54	250m: 3:52.26 51.14	350m: 5:21.70	40.53			
100m: 1:21.27 43.00	200m: 3:01.12 49.31	300m: 4:41.17 48.91	400m: 6:00.79	39.09			
4. <b>FREMETH, Neil</b>	44	DDO	6:41.90		<b>6:12.79</b>		3,00
50m: 39.12 39.12	150m: 2:15.55 51.92	250m: 3:55.63 50.72	350m: 5:30.36	42.99			
100m: 1:23.63 44.51	200m: 3:04.91 49.36	300m: 4:47.37 51.74	400m: 6:12.79	42.43			

Epreuve 9 2025-02-23 - 15:38	Dames, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				45 - 49 ans Liste résultats
Master World Records	5:00.29	K.PIPES-NEILSEN,	FRA		2009-02-27
Canadian Master Records	5:19.13	MARSHALL, Lynn	CARMA	???	2005-01-01
Quebec Provincial Master Records	5:22.08	THIBAUT, Nancy	NSH	Windsor	2024-05-26

Rang	Age		Soumis		Temps		Points
1. <b>THIBAUT, Nancy</b>	46	NSH	5:28.00		<b>5:40.42</b>		7,00
50m: 35.77 35.77	150m: 2:03.30 46.10	250m: 3:34.79 46.18	350m: 5:01.90	40.21			
100m: 1:17.20 41.43	200m: 2:48.61 45.31	300m: 4:21.69 46.90	400m: 5:40.42	38.52			
2. <b>CROTEAU, Catherine</b>	47	CITA	6:00.00		<b>6:21.87</b>		5,00
50m: 38.90 38.90	150m: 2:15.15 51.19	250m: 3:58.00 52.11	350m: 5:37.57	46.07			
100m: 1:23.96 45.06	200m: 3:05.89 50.74	300m: 4:51.50 53.50	400m: 6:21.87	44.30			

Epreuve 9 2025-02-23 - 15:38	Dames, 400m 4 nages Nagé du plus vite au plus lent / Seeded Fastest to				50 - 54 ans Liste résultats
Master World Records	5:10.96	REYNOLDS, Ellen	USA		2014-09-26
Canadian Master Records	5:14.65	MARSHALL, Lynn	CARMA	???	2011-01-09
Quebec Provincial Master Records	5:34.04	LOWENSTEYN, Ilka	CSLA	Montreal	2015-05-18

Rang	Age		Soumis		Temps		Points
1. <b>MENARD, Natacha</b>	51	CNMN	7:30.00		<b>8:08.22</b>		7,00
50m: 51.47 51.47	150m: 2:58.18 1:02.62	250m: 5:14.00 1:11.21	350m: 7:15.21	54.42			
100m: 1:55.56 1:04.09	200m: 4:02.79 1:04.61	300m: 6:20.79 1:06.79	400m: 8:08.22	53.01			
2. <b>GRATTON, Isabelle</b>	51	CAMO	8:42.46		<b>9:03.30</b>		5,00
50m: 1:03.99 1:03.99	150m: 3:24.88 1:08.83	250m: 5:46.77 1:14.83	350m: 8:04.14	1:01.03			
100m: 2:16.05 1:12.06	200m: 4:31.94 1:07.06	300m: 7:03.11 1:16.34	400m: 9:03.30	59.16			

forf.déc. **ROUSSEAU, Catherine** 54 CAMO forf.déc. -

## Epreuve 9, 400m 4 nages

 Epreuve 9 Messieurs, 400m 4 nages  
 2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to 50 - 54 ans  
Liste résultats

Master World Records	4:29.33	GRANGER, Nicolas	FRA		2017-03-23
Canadian Master Records	4:48.84	STREPPEL, Greg	SOM	Montreal	2019-05-24
Quebec Provincial Master Records	5:09.33	GIROUX, Martin	MPC	Montreal	2019-05-26

Rang	Age		Soumis		Temps		Points
1._GRIMARD, Antoine	51	DDO	6:30.00		<b>6:28.70</b>		7,00
50m: 43.32	43.32	150m: 2:21.05	49.02	250m: 4:04.33	54.93	350m: 5:44.70	45.70
100m: 1:32.03	48.71	200m: 3:09.40	48.35	300m: 4:59.00	54.67	400m: 6:28.70	44.00
forf.nd._MARIN, Étienne	53	CNHR	forf.nd.				-

 Epreuve 9 Dames, 400m 4 nages  
 2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to 55 - 59 ans  
Liste résultats

Master World Records	5:15.72	REYNOLDS, Ellen	USA		2019-11-24
Canadian Master Records	5:23.08	MARSHALL, Lynn	CARMA	???	2016-04-02
Quebec Provincial Master Records	5:40.45	LOWENSTEYN, Ilka	CSLA	Sherbrooke	2022-04-22

Rang	Age		Soumis		Temps		Points
1._FRANK, Emily	58	DDO	6:38.37		<b>6:42.98</b>		7,00
50m: 43.91	43.91	150m: 2:27.16	51.57	250m: 4:14.78	57.76	350m: 5:59.06	44.66
100m: 1:35.59	51.68	200m: 3:17.02	49.86	300m: 5:14.40	59.62	400m: 6:42.98	43.92
2._LISA, Sona	55	DDO	7:32.81		<b>7:49.67</b>		5,00
50m: 55.09	55.09	150m: 3:01.83	1:04.08	250m: 5:04.54	59.90	350m: 6:58.44	54.83
100m: 1:57.75	1:02.66	200m: 4:04.64	1:02.81	300m: 6:03.61	59.07	400m: 7:49.67	51.23
3._RODRIGUEZ, Alma	59	MPC	NT		<b>9:47.76</b>		4,00
50m: 1:05.43	1:05.43	150m: 3:40.36	1:15.04	250m: 6:13.16	1:18.96	350m: 8:42.27	1:08.35
100m: 2:25.32	1:19.89	200m: 4:54.20	1:13.84	300m: 7:33.92	1:20.76	400m: 9:47.76	1:05.49

 Epreuve 9 Messieurs, 400m 4 nages  
 2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to 55 - 59 ans  
Liste résultats

Master World Records	4:49.86	FOSTER, Brent	NZL		2022-07-16
Canadian Master Records	5:02.33	BRUNDAGE, Patrick	SOM	Quebec	2022-05-22
Quebec Provincial Master Records	5:17.16	LEPINE, Daniel	NSH	Cote St-Luc	2019-04-26

Rang	Age		Soumis		Temps		Points
1._CROTEAU, Andre	56	CNMT	7:30.00		<b>6:42.48</b>		7,00
50m: 43.04	43.04	150m: 2:26.80	57.79	250m: 4:19.08	56.67	350m: 6:00.51	44.51
100m: 1:29.01	45.97	200m: 3:22.41	55.61	300m: 5:16.00	56.92	400m: 6:42.48	41.97

Epreuve 9, 400m 4 nages

Epreuve 9 Dames, 400m 4 nages 60 - 64 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	5:23.30	REYNOLDS, Ellen	USA		2024-04-21
Canadian Master Records	5:37.15	MARSHALL, Lynn	CARMA	Etobicoke	2022-03-27
Quebec Provincial Master Records	6:05.88	VENNE, Chantal	MPC	Pointe-Claire	2024-04-20

Rang	Age	Soumis	Temps	Points
1. <b>LOWENSTEYN, Ilka</b> <i>Nouveau record provincial?</i>	60 CSLA	5:50.00	<b>5:44.66</b>	7,00
50m: 36.53 36.53	150m: 2:01.88 45.39	250m: 3:37.12 51.30	350m: 5:07.61	38.68
100m: 1:16.49 39.96	200m: 2:45.82 43.94	300m: 4:28.93 51.81	400m: 5:44.66	37.05

Epreuve 9 Messieurs, 400m 4 nages 60 - 64 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	5:04.54	COLELLA, Rick	USA		2011-11-13
Canadian Master Records	5:12.43	GUSHE, Len	SOM	Etobicoke	2023-05-07
Quebec Provincial Master Records	5:28.03	JACOBS, Calvin	CACM	Cote St-Luc	2023-04-14

Rang	Age	Soumis	Temps	Points
1. <b>LAMBERT, Christopher</b>	61 DDO	7:30.00	<b>7:11.04</b>	7,00
50m: 48.85 48.85	150m: 2:44.90 1:00.73	250m: 4:42.79 59.30	350m: 6:28.37	46.13
100m: 1:44.17 55.32	200m: 3:43.49 58.59	300m: 5:42.24 59.45	400m: 7:11.04	42.67

forf.déc. **CONDE, Pablo** 60 MACC forf.déc. -

Epreuve 9 Messieurs, 400m 4 nages 65 - 69 ans  
2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to Liste résultats

Master World Records	5:03.34	COLELLA, Rick	USA		2017-11-18
Canadian Master Records	5:42.34	RITCHIE, Andy	SOM	Etobicoke	2023-05-07
Quebec Provincial Master Records	6:29.02	RANSOM, Ken	MACC	Montreal	2011-05-23

Rang	Age	Soumis	Temps	Points
1. <b>GRABS, Detlev</b> <i>Nouveau record provincial?</i>	65 MEGO	6:58.60	<b>5:46.81</b>	7,00
50m: 35.29 35.29	150m: 1:59.54 42.49	250m: 3:33.23 51.82	350m: 5:06.91	39.74
100m: 1:17.05 41.76	200m: 2:41.41 41.87	300m: 4:27.17 53.94	400m: 5:46.81	39.90
2. <b>BOILY, Pierre</b>	65 CNMT	7:29.33	<b>7:21.98</b>	5,00
50m: 45.67 45.67	150m: 2:43.90 59.66	250m: 4:44.22 1:03.78	350m: 6:35.18	49.34
100m: 1:44.24 58.57	200m: 3:40.44 56.54	300m: 5:45.84 1:01.62	400m: 7:21.98	46.80

forf.déc. **AMYOT, Marc** 68 RL forf.déc. -

## Epreuve 9, 400m 4 nages

 Epreuve 9 Dames, 400m 4 nages  
 2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to 70 - 74 ans  
Liste résultats

Master World Records	6:07.14	VAL, Laura	USA		2023-10-06
Canadian Master Records	7:19.12	OLIVER, Judith	NYG	???	2002-01-01
Quebec Provincial Master Records	8:35.79	COURTOIS, Lina	MACC	Montreal	2022-11-12

Rang	Age		Soumis		Temps		Points				
1._SNELL, Linda	74	WYMN	8:15.00		<b>10:26.47</b>		7,00				
50m:	1:12.11	1:12.11	150m:	4:17.89	1:32.00	250m:	7:00.75	1:20.98	350m:	9:25.44	1:05.95
100m:	2:45.89	1:33.78	200m:	5:39.77	1:21.88	300m:	8:19.49	1:18.74	400m:	10:26.47	1:01.03

 Epreuve 9 Messieurs, 400m 4 nages  
 2025-02-23 - 15:38 Nagé du plus vite au plus lent / Seeded Fastest to 70 - 74 ans  
Liste résultats

Master World Records	5:46.48	MOREAU, Patrick	FRA		2022-03-10
Canadian Master Records	6:13.91	ARMSTRONG, Ron	EOMAC	Etobicoke	2023-05-07
Quebec Provincial Master Records	7:22.12	KORPASSY, Andre	MPC	Sainte-Foy	2010-04-18

Rang	Age		Soumis		Temps		Points				
1._TREMBLAY, Marc	70	NSH	8:01.06		<b>7:58.12</b>		7,00				
50m:	48.71	48.71	150m:	2:51.86	1:00.90	250m:	5:00.74	1:09.18	350m:	7:05.49	55.00
100m:	1:50.96	1:02.25	200m:	3:51.56	59.70	300m:	6:10.49	1:09.75	400m:	7:58.12	52.63
2._LACHANCE, Bruno	73	MNC	8:06.00		<b>8:09.71</b>		5,00				
50m:	55.90	55.90	150m:	3:03.49	1:04.33	250m:	5:13.85	1:09.07	350m:	7:18.03	57.02
100m:	1:59.16	1:03.26	200m:	4:04.78	1:01.29	300m:	6:21.01	1:07.16	400m:	8:09.71	51.68