

Championnats FFBN Open 2025
Charleroi, 15 - 16/2/2025

Epreuve 35
16/02/2025

Dames, 400m Libre

Cat. générale
Liste résultats Finales

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
Finale A											
	1.DUREZ, Laure	06	ENLN	BEL	4:32.11	4:29.95		1:03.81	1:08.60	1:09.27	1:08.27
	50m: 30.76	30.76	150m: 1:38.14	34.33	250m: 2:47.05		34.64	350m: 3:56.22	34.54		
	100m: 1:03.81	33.05	200m: 2:12.41	34.27	300m: 3:21.68		34.63	400m: 4:29.95	33.73		
	2.DECRAENE, Sioban	07	DM	BEL	4:34.11	4:31.73		1:05.99	1:08.69	1:09.13	1:07.92
	50m: 32.31	32.31	150m: 1:40.79	34.80	250m: 2:49.77		35.09	350m: 3:58.61	34.80		
	100m: 1:05.99	33.68	200m: 2:14.68	33.89	300m: 3:23.81		34.04	400m: 4:31.73	33.12		
	3.GRIES, Laure	04	CNSW	BEL	4:35.71	4:35.98		1:06.58	1:09.94	1:10.43	1:09.03
	50m: 32.12	32.12	150m: 1:41.56	34.98	250m: 2:51.73		35.21	350m: 4:02.34	35.39		
	100m: 1:06.58	34.46	200m: 2:16.52	34.96	300m: 3:26.95		35.22	400m: 4:35.98	33.64		
	4.PAQUES, Célya	09	LGN	BEL	4:38.00	4:36.52		1:06.47	1:10.05	1:10.92	1:09.08
	50m: 32.20	32.20	150m: 1:41.34	34.87	250m: 2:52.02		35.50	350m: 4:02.63	35.19		
	100m: 1:06.47	34.27	200m: 2:16.52	35.18	300m: 3:27.44		35.42	400m: 4:36.52	33.89		
	5.DE BECKER, Aurore	07	DM	BEL	4:44.80	4:41.90		1:08.33	1:11.66	1:12.02	1:09.89
	50m: 33.07	33.07	150m: 1:44.18	35.85	250m: 2:56.51		36.52	350m: 4:08.00	35.99		
	100m: 1:08.33	35.26	200m: 2:19.99	35.81	300m: 3:32.01		35.50	400m: 4:41.90	33.90		
	6.PAQUES, Typhanie	09	LGN	BEL	4:37.43	4:42.24		1:06.76	1:11.60	1:12.99	1:10.89
	50m: 32.55	32.55	150m: 1:42.33	35.57	250m: 2:55.11		36.75	350m: 4:07.88	36.53		
	100m: 1:06.76	34.21	200m: 2:18.36	36.03	300m: 3:31.35		36.24	400m: 4:42.24	34.36		
	7.VAN AVONDT, Lina	09	STA	BEL	4:45.21	4:42.55		1:06.33	1:11.53	1:12.70	1:11.99
	50m: 31.68	31.68	150m: 1:41.93	35.60	250m: 2:53.84		35.98	350m: 4:06.97	36.41		
	100m: 1:06.33	34.65	200m: 2:17.86	35.93	300m: 3:30.56		36.72	400m: 4:42.55	35.58		
	8.MERCIER, Sophie	10	CNBA	FRA	4:46.55	4:50.04		1:09.70	1:14.30	1:13.69	1:12.35
	50m: 32.89	32.89	150m: 1:46.68	36.98	250m: 3:00.73		36.73	350m: 4:14.64	36.95		
	100m: 1:09.70	36.81	200m: 2:24.00	37.32	300m: 3:37.69		36.96	400m: 4:50.04	35.40		
Finale B											
	9.MARDAGA, Anaïs	10	LGN	BEL	4:48.22	4:49.23		1:07.88	1:13.44	1:14.51	1:13.40
	50m: 32.92	32.92	150m: 1:44.50	36.62	250m: 2:58.94		37.62	350m: 4:13.23	37.40		
	100m: 1:07.88	34.96	200m: 2:21.32	36.82	300m: 3:35.83		36.89	400m: 4:49.23	36.00		
	10.PAIROUX, Eloise	08	PERRONBEL		4:49.44	4:53.75		1:10.91	1:15.36	1:14.90	1:12.58
	50m: 34.46	34.46	150m: 1:48.69	37.78	250m: 3:04.11		37.84	350m: 4:18.31	37.14		
	100m: 1:10.91	36.45	200m: 2:26.27	37.58	300m: 3:41.17		37.06	400m: 4:53.75	35.44		
	11.GULLENTOPS, Manon	09	LSC	BEL	4:53.73	4:54.92		1:10.21	1:14.48	1:15.84	1:14.39
	50m: 33.45	33.45	150m: 1:47.77	37.56	250m: 3:02.96		38.27	350m: 4:18.64	38.11		
	100m: 1:10.21	36.76	200m: 2:24.69	36.92	300m: 3:40.53		37.57	400m: 4:54.92	36.28		
	12.JACRI, Maeva	09	MOSAN	BEL	4:51.27	4:55.16		1:09.18	1:14.32	1:16.28	1:15.38
	50m: 33.33	33.33	150m: 1:46.13	36.95	250m: 3:01.50		38.00	350m: 4:17.80	38.02		
	100m: 1:09.18	35.85	200m: 2:23.50	37.37	300m: 3:39.78		38.28	400m: 4:55.16	37.36		
	13.STEVENS, Eléonore	09	AQUABLABEL		4:55.48	5:03.16		1:11.61	1:17.32	1:17.64	1:16.59
	50m: 33.71	33.71	150m: 1:50.37	38.76	250m: 3:07.78		38.85	350m: 4:25.54	38.97		
	100m: 1:11.61	37.90	200m: 2:28.93	38.56	300m: 3:46.57		38.79	400m: 5:03.16	37.62		
	14.RANCILLON, Eline	09	AQUABLABEL		4:59.11	5:10.03		1:12.61	1:19.07	1:19.41	1:18.94
	50m: 35.03	35.03	150m: 1:52.59	39.98	250m: 3:12.01		40.33	350m: 4:31.24	40.15		
	100m: 1:12.61	37.58	200m: 2:31.68	39.09	300m: 3:51.09		39.08	400m: 5:10.03	38.79		