

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 22  
16/02/2025

Messieurs, 400m 4 nages

Cat. générale  
Liste résultats Eliminatoires

TL FFBN 15: 5:55.00; 16: 5:40.00; 17: 5:30.00; 18: 5:20.00; 19 +: 5:15.00

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
<b>15 ans</b>											
Q	1.DOLNE, Noah	10	VN	BEL	NT	<b>4:57.36</b>		1:05.99	1:16.81	1:25.31	1:09.25
	50m: 30.75	30.75	150m: 1:44.70	38.71	250m: 3:04.93	42.13	350m: 4:23.11	35.00			
	100m: 1:05.99	35.24	200m: 2:22.80	38.10	300m: 3:48.11	43.18	400m: 4:57.36	34.25			
Q	2.EMARA, Nael	10	DM	BEL	5:10.12	<b>5:01.96</b>		1:11.74	1:19.41	1:22.17	1:08.64
	50m: 33.63	33.63	150m: 1:52.32	40.58	250m: 3:11.95	40.80	350m: 4:28.66	35.34			
	100m: 1:11.74	38.11	200m: 2:31.15	38.83	300m: 3:53.32	41.37	400m: 5:01.96	33.30			
	3.COUNARD, Matéo	10	ENW	BEL	5:15.83	<b>5:13.40</b>		1:11.65	1:19.64	1:32.37	1:09.74
	50m: 33.20	33.20	150m: 1:52.11	40.46	250m: 3:16.76	45.47	350m: 4:38.36	34.70			
	100m: 1:11.65	38.45	200m: 2:31.29	39.18	300m: 4:03.66	46.90	400m: 5:13.40	35.04			
	4.ESLAMI, Sam	10	WN	BEL	5:43.68	<b>5:36.86</b>		1:16.06	1:28.75	1:37.53	1:14.52
	50m: 34.09	34.09	150m: 2:00.86	44.80	250m: 3:33.71	48.90	350m: 5:01.30	38.96			
	100m: 1:16.06	41.97	200m: 2:44.81	43.95	300m: 4:22.34	48.63	400m: 5:36.86	35.56			
	5.ROUSSEAU, Simon	10	MHN	BEL	5:53.73	<b>5:48.93</b>		1:23.94	1:29.99	1:37.07	1:17.93
	50m: 39.56	39.56	150m: 2:11.19	47.25	250m: 3:42.79	48.86	350m: 5:10.83	39.83			
	100m: 1:23.94	44.38	200m: 2:53.93	42.74	300m: 4:31.00	48.21	400m: 5:48.93	38.10			
**	6.KERFF, Peter	10	MOSAN	BEL	NT	<b>6:00.06</b>		1:31.53	1:32.42	1:35.60	1:20.51
	50m: 41.22	41.22	150m: 2:18.57	47.04	250m: 3:50.45	46.50	350m: 5:21.08	41.53			
	100m: 1:31.53	50.31	200m: 3:03.95	45.38	300m: 4:39.55	49.10	400m: 6:00.06	38.98			
**	7.EL BOUSTANE, Dawood	10	MOSAN	BEL	NT	<b>6:14.68</b>		1:32.42	1:33.71	1:45.57	1:22.98
	50m: 38.18	38.18	150m: 2:21.65	49.23	250m: 3:58.91	52.78	350m: 5:34.93	43.23			
	100m: 1:32.42	54.24	200m: 3:06.13	44.48	300m: 4:51.70	52.79	400m: 6:14.68	39.75			
'disq.	LUYCKX, Joey	10	WN	BEL	5:56.65	<b>5:58.27</b>		1:24.13	1:26.92	1:45.82	1:21.40
	<i>SW 8.3.c - beenbeweging schoolslag/Mouvements des jambes en brasse</i>										
	50m: 37.03	37.03	150m: 2:08.16	44.03	250m: 3:43.60	52.55	350m: 5:18.15	41.28			
	100m: 1:24.13	47.10	200m: 2:51.05	42.89	300m: 4:36.87	53.27	400m: 5:58.27	40.12			
<b>16 ans</b>											
Q	1.PELLE, Luca-Alexandru	09	CNBA	BEL	4:54.38	<b>4:46.12</b>		1:04.38	1:11.25	1:25.30	1:05.19
	50m: 29.90	29.90	150m: 1:40.73	36.35	250m: 2:59.03	43.40	350m: 4:14.06	33.13			
	100m: 1:04.38	34.48	200m: 2:15.63	34.90	300m: 3:40.93	41.90	400m: 4:46.12	32.06			
Q	2.GARCIA ZAMORA, Esteban	09	PERRON	BEL	4:51.80	<b>4:55.91</b>		1:06.60	1:17.11	1:22.83	1:09.37
	50m: 30.94	30.94	150m: 1:45.85	39.25	250m: 3:04.17	40.46	350m: 4:22.81	36.27			
	100m: 1:06.60	35.66	200m: 2:23.71	37.86	300m: 3:46.54	42.37	400m: 4:55.91	33.10			
R	3.BRAEM, Noa	09	EC	BEL	5:01.82	<b>5:06.42</b>		1:10.05	1:20.26	1:24.48	1:11.63
	50m: 31.36	31.36	150m: 1:50.56	40.51	250m: 3:12.34	42.03	350m: 4:31.14	36.35			
	100m: 1:10.05	38.69	200m: 2:30.31	39.75	300m: 3:54.79	42.45	400m: 5:06.42	35.28			
R	4.STRUYS, Gabriel	09	STD	BEL	NT	<b>5:07.12</b>		1:07.76	1:18.00	1:30.34	1:11.02
	50m: 31.34	31.34	150m: 1:47.68	39.92	250m: 3:11.00	45.24	350m: 4:32.50	36.40			
	100m: 1:07.76	36.42	200m: 2:25.76	38.08	300m: 3:56.10	45.10	400m: 5:07.12	34.62			
	5.DUBOIS, Simon	09	MOSAN	BEL	5:11.56	<b>5:15.17</b>		1:13.30	1:19.53	1:31.78	1:10.56
	50m: 32.82	32.82	150m: 1:53.33	40.03	250m: 3:17.84	45.01	350m: 4:40.38	35.77			
	100m: 1:13.30	40.48	200m: 2:32.83	39.50	300m: 4:04.61	46.77	400m: 5:15.17	34.79			
	6.GUELTON, Mathias	09	CNT	BEL	5:15.75	<b>5:16.60</b>		1:11.82	1:22.49	1:13.09	1:29.20
	50m: 32.44	32.44	150m: 1:53.76	41.94	250m: 3:20.44	46.13	350m: 4:42.93	55.53			
	100m: 1:11.82	39.38	200m: 2:34.31	40.55	300m: 3:47.40	26.96	400m: 5:16.60	33.67			
	7.MAKA, Nicolas	09	ESN	BEL	5:25.33	<b>5:25.87</b>		1:13.03	1:26.90	1:31.77	1:14.17
	50m: 33.56	33.56	150m: 1:57.47	44.44	250m: 3:24.75	44.82	350m: 4:49.39	37.69			
	100m: 1:13.03	39.47	200m: 2:39.93	42.46	300m: 4:11.70	46.95	400m: 5:25.87	36.48			
	8.DENISON, Martin	09	PERRON	BEL	5:27.73	<b>5:28.51</b>		1:14.14	1:24.24	1:32.29	1:17.84
	50m: 34.80	34.80	150m: 1:57.13	42.99	250m: 3:25.59	47.21	350m: 4:51.35	40.68			
	100m: 1:14.14	39.34	200m: 2:38.38	41.25	300m: 4:10.67	45.08	400m: 5:28.51	37.16			

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17 - 18 ans

Q	1.LAVIOLETTE, Simon	08	SCR	BEL	4:32.67	<b>4:44.60</b>	1:06.83	1:12.51	1:19.92	1:05.34
	50m: 31.42	31.42	150m: 1:44.54	37.71	250m: 2:59.14	39.80	350m: 4:14.74	35.48		
	100m: 1:06.83	35.41	200m: 2:19.34	34.80	300m: 3:39.26	40.12	400m: 4:44.60	29.86		
Q	2.DUFOND, Nathan	08	ENLN	BEL	4:56.92	<b>5:01.19</b>	1:06.74	1:18.88	1:31.59	1:03.98
	50m: 30.35	30.35	150m: 1:47.01	40.27	250m: 3:11.61	45.99	350m: 4:29.98	32.77		
	100m: 1:06.74	36.39	200m: 2:25.62	38.61	300m: 3:57.21	45.60	400m: 5:01.19	31.21		
Q	3.ZEIMES, Elric	07	ESN	BEL	4:58.12	<b>5:01.35</b>	1:05.95	1:17.06	1:29.83	1:08.51
	50m: 31.00	31.00	150m: 1:45.02	39.07	250m: 3:08.15	45.14	350m: 4:28.61	35.77		
	100m: 1:05.95	34.95	200m: 2:23.01	37.99	300m: 3:52.84	44.69	400m: 5:01.35	32.74		
	4.MESTDAGT, Arnaud	08	ESN	BEL	5:12.77	<b>5:16.10</b>	1:09.86	1:19.94	1:28.81	1:17.49
	50m: 32.11	32.11	150m: 1:50.31	40.45	250m: 3:15.98	46.18	350m: 4:40.51	41.90		
	100m: 1:09.86	37.75	200m: 2:29.80	39.49	300m: 3:58.61	42.63	400m: 5:16.10	35.59		
	5.CHRISTIAENS, Théo	08	PERRON	BEL	5:23.71	<b>5:22.56</b>	1:17.31	1:16.05	1:35.77	1:13.43
	50m: 34.04	34.04	150m: 1:55.71	38.40	250m: 3:21.27	47.91	350m: 4:46.52	37.39		
	100m: 1:17.31	43.27	200m: 2:33.36	37.65	300m: 4:09.13	47.86	400m: 5:22.56	36.04		

19 ans et plus

Q	1.THILL, Nicolas	05	SL	LUX	4:42.04	<b>4:47.68</b>	1:04.91	1:09.80	1:23.63	1:09.34
	50m: 30.47	30.47	150m: 1:40.57	35.66	250m: 2:57.05	42.34	350m: 4:14.55	36.21		
	100m: 1:04.91	34.44	200m: 2:14.71	34.14	300m: 3:38.34	41.29	400m: 4:47.68	33.13		

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Q	1.LAVIOLETTE, Simon	08	SCR	BEL	4:32.67	<b>4:44.60</b>	1:06.83	1:12.51	1:19.92	1:05.34
	50m: 31.42	31.42	150m: 1:44.54	37.71	250m: 2:59.14	39.80	350m: 4:14.74	35.48		
	100m: 1:06.83	35.41	200m: 2:19.34	34.80	300m: 3:39.26	40.12	400m: 4:44.60	29.86		
Q	2.PELLE, Luca-Alexandru	09	CNBA	BEL	4:54.38	<b>4:46.12</b>	1:04.38	1:11.25	1:25.30	1:05.19
	50m: 29.90	29.90	150m: 1:40.73	36.35	250m: 2:59.03	43.40	350m: 4:14.06	33.13		
	100m: 1:04.38	34.48	200m: 2:15.63	34.90	300m: 3:40.93	41.90	400m: 4:46.12	32.06		
Q	3.THILL, Nicolas	05	SL	LUX	4:42.04	<b>4:47.68</b>	1:04.91	1:09.80	1:23.63	1:09.34
	50m: 30.47	30.47	150m: 1:40.57	35.66	250m: 2:57.05	42.34	350m: 4:14.55	36.21		
	100m: 1:04.91	34.44	200m: 2:14.71	34.14	300m: 3:38.34	41.29	400m: 4:47.68	33.13		
Q	4.GARCIA ZAMORA, Esteban	09	PERRON	BEL	4:51.80	<b>4:55.91</b>	1:06.60	1:17.11	1:22.83	1:09.37
	50m: 30.94	30.94	150m: 1:45.85	39.25	250m: 3:04.17	40.46	350m: 4:22.81	36.27		
	100m: 1:06.60	35.66	200m: 2:23.71	37.86	300m: 3:46.54	42.37	400m: 4:55.91	33.10		
Q	5.DOLNE, Noah	10	VN	BEL	NT	<b>4:57.36</b>	1:05.99	1:16.81	1:25.31	1:09.25
	50m: 30.75	30.75	150m: 1:44.70	38.71	250m: 3:04.93	42.13	350m: 4:23.11	35.00		
	100m: 1:05.99	35.24	200m: 2:22.80	38.10	300m: 3:48.11	43.18	400m: 4:57.36	34.25		
Q	6.DUFOND, Nathan	08	ENLN	BEL	4:56.92	<b>5:01.19</b>	1:06.74	1:18.88	1:31.59	1:03.98
	50m: 30.35	30.35	150m: 1:47.01	40.27	250m: 3:11.61	45.99	350m: 4:29.98	32.77		
	100m: 1:06.74	36.39	200m: 2:25.62	38.61	300m: 3:57.21	45.60	400m: 5:01.19	31.21		
Q	7.ZEIMES, Elric	07	ESN	BEL	4:58.12	<b>5:01.35</b>	1:05.95	1:17.06	1:29.83	1:08.51
	50m: 31.00	31.00	150m: 1:45.02	39.07	250m: 3:08.15	45.14	350m: 4:28.61	35.77		
	100m: 1:05.95	34.95	200m: 2:23.01	37.99	300m: 3:52.84	44.69	400m: 5:01.35	32.74		
Q	8.EMARA, Nael	10	DM	BEL	5:10.12	<b>5:01.96</b>	1:11.74	1:19.41	1:22.17	1:08.64
	50m: 33.63	33.63	150m: 1:52.32	40.58	250m: 3:11.95	40.80	350m: 4:28.66	35.34		
	100m: 1:11.74	38.11	200m: 2:31.15	38.83	300m: 3:53.32	41.37	400m: 5:01.96	33.30		
R	9.BRAEM, Noa	09	EC	BEL	5:01.82	<b>5:06.42</b>	1:10.05	1:20.26	1:24.48	1:11.63
	50m: 31.36	31.36	150m: 1:50.56	40.51	250m: 3:12.34	42.03	350m: 4:31.14	36.35		
	100m: 1:10.05	38.69	200m: 2:30.31	39.75	300m: 3:54.79	42.45	400m: 5:06.42	35.28		
R	10.STRUYS, Gabriel	09	STD	BEL	NT	<b>5:07.12</b>	1:07.76	1:18.00	1:30.34	1:11.02
	50m: 31.34	31.34	150m: 1:47.68	39.92	250m: 3:11.00	45.24	350m: 4:32.50	36.40		
	100m: 1:07.76	36.42	200m: 2:25.76	38.08	300m: 3:56.10	45.10	400m: 5:07.12	34.62		
	11.COUNARD, Matéo	10	ENW	BEL	5:15.83	<b>5:13.40</b>	1:11.65	1:19.64	1:32.37	1:09.74
	50m: 33.20	33.20	150m: 1:52.11	40.46	250m: 3:16.76	45.47	350m: 4:38.36	34.70		
	100m: 1:11.65	38.45	200m: 2:31.29	39.18	300m: 4:03.66	46.90	400m: 5:13.40	35.04		
	12.DUBOIS, Simon	09	MOSAN	BEL	5:11.56	<b>5:15.17</b>	1:13.30	1:19.53	1:31.78	1:10.56
	50m: 32.82	32.82	150m: 1:53.33	40.03	250m: 3:17.84	45.01	350m: 4:40.38	35.77		
	100m: 1:13.30	40.48	200m: 2:32.83	39.50	300m: 4:04.61	46.77	400m: 5:15.17	34.79		

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Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m	
	13.MESTDAGT, Arnaud	08	ESN	BEL	5:12.77	<b>5:16.10</b>		1:09.86	1:19.94	1:28.81	1:17.49	
	50m:	32.11	32.11	150m:	1:50.31	40.45	250m:	3:15.98	46.18	350m:	4:40.51	41.90
	100m:	1:09.86	37.75	200m:	2:29.80	39.49	300m:	3:58.61	42.63	400m:	5:16.10	35.59
	14.GUELTON, Mathias	09	CNT	BEL	5:15.75	<b>5:16.60</b>		1:11.82	1:22.49	1:13.09	1:29.20	
	50m:	32.44	32.44	150m:	1:53.76	41.94	250m:	3:20.44	46.13	350m:	4:42.93	55.53
	100m:	1:11.82	39.38	200m:	2:34.31	40.55	300m:	3:47.40	26.96	400m:	5:16.60	33.67
	15.CHRISTIAENS, Théo	08	PERRON	BEL	5:23.71	<b>5:22.56</b>		1:17.31	1:16.05	1:35.77	1:13.43	
	50m:	34.04	34.04	150m:	1:55.71	38.40	250m:	3:21.27	47.91	350m:	4:46.52	37.39
	100m:	1:17.31	43.27	200m:	2:33.36	37.65	300m:	4:09.13	47.86	400m:	5:22.56	36.04
	16.MAKA, Nicolas	09	ESN	BEL	5:25.33	<b>5:25.87</b>		1:13.03	1:26.90	1:31.77	1:14.17	
	50m:	33.56	33.56	150m:	1:57.47	44.44	250m:	3:24.75	44.82	350m:	4:49.39	37.69
	100m:	1:13.03	39.47	200m:	2:39.93	42.46	300m:	4:11.70	46.95	400m:	5:25.87	36.48
	17.DENISON, Martin	09	PERRON	BEL	5:27.73	<b>5:28.51</b>		1:14.14	1:24.24	1:32.29	1:17.84	
	50m:	34.80	34.80	150m:	1:57.13	42.99	250m:	3:25.59	47.21	350m:	4:51.35	40.68
	100m:	1:14.14	39.34	200m:	2:38.38	41.25	300m:	4:10.67	45.08	400m:	5:28.51	37.16
	18.ESLAMI, Sam	10	WN	BEL	5:43.68	<b>5:36.86</b>		1:16.06	1:28.75	1:37.53	1:14.52	
	50m:	34.09	34.09	150m:	2:00.86	44.80	250m:	3:33.71	48.90	350m:	5:01.30	38.96
	100m:	1:16.06	41.97	200m:	2:44.81	43.95	300m:	4:22.34	48.63	400m:	5:36.86	35.56
	19.ROUSSEAU, Simon	10	MHN	BEL	5:53.73	<b>5:48.93</b>		1:23.94	1:29.99	1:37.07	1:17.93	
	50m:	39.56	39.56	150m:	2:11.19	47.25	250m:	3:42.79	48.86	350m:	5:10.83	39.83
	100m:	1:23.94	44.38	200m:	2:53.93	42.74	300m:	4:31.00	48.21	400m:	5:48.93	38.10
**	20.KERFF, Peter	10	MOSAN	BEL	NT	<b>6:00.06</b>		1:31.53	1:32.42	1:35.60	1:20.51	
	50m:	41.22	41.22	150m:	2:18.57	47.04	250m:	3:50.45	46.50	350m:	5:21.08	41.53
	100m:	1:31.53	50.31	200m:	3:03.95	45.38	300m:	4:39.55	49.10	400m:	6:00.06	38.98
**	21.EL BOUSTANE, Dawood	10	MOSAN	BEL	NT	<b>6:14.68</b>		1:32.42	1:33.71	1:45.57	1:22.98	
	50m:	38.18	38.18	150m:	2:21.65	49.23	250m:	3:58.91	52.78	350m:	5:34.93	43.23
	100m:	1:32.42	54.24	200m:	3:06.13	44.48	300m:	4:51.70	52.79	400m:	6:14.68	39.75
'disq.	LUYCKX, Joey	10	WN	BEL	5:56.65	<b>5:58.27</b>		1:24.13	1:26.92	1:45.82	1:21.40	
	<i>SW 8.3.c - beenbeweging schoolslag/Mouvements des jambes en brasse</i>											
	50m:	37.03	37.03	150m:	2:08.16	44.03	250m:	3:43.60	52.55	350m:	5:18.15	41.28
	100m:	1:24.13	47.10	200m:	2:51.05	42.89	300m:	4:36.87	53.27	400m:	5:58.27	40.12