

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 15  
15/02/2025

Messieurs, 400m Libre

Cat. générale  
Liste résultats Finales

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
Finale A											
1.	VAN HEIRWEGHE, Maxime	08	AQUABLABEL		4:11.38	<b>4:09.36</b>		58.16	1:03.59	1:04.33	1:03.28
	50m: 27.87	27.87	150m: 1:29.61		31.45	250m: 2:33.70		31.95	350m: 3:38.08		32.00
	100m: 58.16	30.29	200m: 2:01.75		32.14	300m: 3:06.08		32.38	400m: 4:09.36		31.28
2.	SOBRIE, Gautier	08	DM	BEL	4:11.12	<b>4:12.39</b>		1:01.04	1:04.01	1:04.09	1:03.25
	50m: 29.66	29.66	150m: 1:33.18		32.14	250m: 2:37.33		32.28	350m: 3:41.46		32.32
	100m: 1:01.04	31.38	200m: 2:05.05		31.87	300m: 3:09.14		31.81	400m: 4:12.39		30.93
3.	HESSENS, Tristan	07	MOSAN	BEL	4:16.25	<b>4:14.13</b>		1:01.09	1:04.78	1:04.87	1:03.39
	50m: 29.51	29.51	150m: 1:33.66		32.57	250m: 2:38.46		32.59	350m: 3:43.34		32.60
	100m: 1:01.09	31.58	200m: 2:05.87		32.21	300m: 3:10.74		32.28	400m: 4:14.13		30.79
4.	GONZALEZ PEREZ, Rodrigo	07	SL	ESP	4:18.62	<b>4:20.37</b>		1:00.80	1:05.83	1:06.95	1:06.79
	50m: 29.16	29.16	150m: 1:33.32		32.52	250m: 2:39.84		33.21	350m: 3:47.25		33.67
	100m: 1:00.80	31.64	200m: 2:06.63		33.31	300m: 3:13.58		33.74	400m: 4:20.37		33.12
5.	LAMBERT, Noah	10	LGN	BEL	4:22.20	<b>4:24.69</b>		1:03.16	1:07.14	1:07.79	1:06.60
	50m: 30.60	30.60	150m: 1:36.50		33.34	250m: 2:44.23		33.93	350m: 3:52.12		34.03
	100m: 1:03.16	32.56	200m: 2:10.30		33.80	300m: 3:18.09		33.86	400m: 4:24.69		32.57
6.	GILSOUL, Sebastien	05	NOC	BEL	4:20.47	<b>4:26.74</b>		1:02.56	1:08.30	1:08.09	1:07.79
	50m: 29.84	29.84	150m: 1:36.49		33.93	250m: 2:44.92		34.06	350m: 3:53.59		34.64
	100m: 1:02.56	32.72	200m: 2:10.86		34.37	300m: 3:18.95		34.03	400m: 4:26.74		33.15
7.	DEVILLE, Manu	08	PERRON	BEL	4:24.43	<b>4:30.01</b>		1:03.90	1:08.55	1:09.59	1:07.97
	50m: 30.57	30.57	150m: 1:37.79		33.89	250m: 2:47.27		34.82	350m: 3:56.67		34.63
	100m: 1:03.90	33.33	200m: 2:12.45		34.66	300m: 3:22.04		34.77	400m: 4:30.01		33.34
Finale B											
9.	GOFFAUX, Thibault	07	CMA	BEL	4:24.83	<b>4:26.61</b>		1:01.99	1:08.09	1:08.81	1:07.72
	50m: 29.20	29.20	150m: 1:35.89		33.90	250m: 2:44.45		34.37	350m: 3:53.67		34.78
	100m: 1:01.99	32.79	200m: 2:10.08		34.19	300m: 3:18.89		34.44	400m: 4:26.61		32.94
10.	DUFOND, Nathan	08	ENLN	BEL	4:24.84	<b>4:28.74</b>		1:02.07	1:08.75	1:09.07	1:08.85
	50m: 29.27	29.27	150m: 1:36.48		34.41	250m: 2:45.77		34.95	350m: 3:55.29		35.40
	100m: 1:02.07	32.80	200m: 2:10.82		34.34	300m: 3:19.89		34.12	400m: 4:28.74		33.45
11.	GUELTON, Mathias	09	CNT	BEL	4:32.75	<b>4:29.07</b>		1:02.41	1:08.52	1:09.93	1:08.21
	50m: 29.65	29.65	150m: 1:36.41		34.00	250m: 2:45.60		34.67	350m: 3:55.86		35.00
	100m: 1:02.41	32.76	200m: 2:10.93		34.52	300m: 3:20.86		35.26	400m: 4:29.07		33.21
12.	CABO, Esteban	07	ENLN	BEL	4:30.79	<b>4:31.91</b>		1:03.86	1:09.82	1:10.40	1:07.83
	50m: 29.66	29.66	150m: 1:38.60		34.74	250m: 2:48.76		35.08	350m: 3:58.52		34.44
	100m: 1:03.86	34.20	200m: 2:13.68		35.08	300m: 3:24.08		35.32	400m: 4:31.91		33.39
13.	REMY, Martin	09	MOSAN	BEL	4:39.64	<b>4:35.05</b>		1:05.72	1:08.84	1:10.61	1:09.88
	50m: 30.81	30.81	150m: 1:40.00		34.28	250m: 2:49.07		34.51	350m: 4:00.23		35.06
	100m: 1:05.72	34.91	200m: 2:14.56		34.56	300m: 3:25.17		36.10	400m: 4:35.05		34.82
14.	COUNARD, Matéo	10	ENW	BEL	4:35.79	<b>4:39.33</b>		1:06.96	1:10.59	1:11.54	1:10.24
	50m: 31.91	31.91	150m: 1:42.05		35.09	250m: 2:52.73		35.18	350m: 4:04.09		35.00
	100m: 1:06.96	35.05	200m: 2:17.55		35.50	300m: 3:29.09		36.36	400m: 4:39.33		35.24
15.	DUBOIS, Simon	09	MOSAN	BEL	4:36.65	<b>4:42.65</b>		1:06.48	1:11.60	1:12.79	1:11.78
	50m: 31.48	31.48	150m: 1:42.32		35.84	250m: 2:54.47		36.39	350m: 4:07.70		36.83
	100m: 1:06.48	35.00	200m: 2:18.08		35.76	300m: 3:30.87		36.40	400m: 4:42.65		34.95