

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 15  
15/02/2025

Messieurs, 400m Libre

Cat. générale  
Liste résultats Eliminatoires

TL FFBN 15: 5:04.00; 16: 4:56.00; 17: 4:48.00; 18: 4:40.00; 19 +: 4:32.00

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
<b>15 ans</b>											
A	1.LAMBERT, Noah	10	LGN	BEL	4:27.29	<b>4:22.20</b>		1:01.08	1:06.99	1:07.62	1:06.51
	50m: 29.38	29.38	150m: 1:34.41	33.33	250m: 2:41.66	33.59	350m: 3:49.74	34.05			
	100m: 1:01.08	31.70	200m: 2:08.07	33.66	300m: 3:15.69	34.03	400m: 4:22.20	32.46			
B	2.COUNARD, Matéo	10	ENW	BEL	4:36.73	<b>4:35.79</b>		1:05.66	1:10.67	1:10.81	1:08.65
	50m: 31.11	31.11	150m: 1:40.75	35.09	250m: 2:51.60	35.27	350m: 4:02.92	35.78			
	100m: 1:05.66	34.55	200m: 2:16.33	35.58	300m: 3:27.14	35.54	400m: 4:35.79	32.87			
	3.EL YOUSFI, Ilyès	10	ONS	BEL	4:45.05	<b>4:44.89</b>		1:05.81	1:13.80	1:14.32	1:10.96
	50m: 31.59	31.59	150m: 1:42.91	37.10	250m: 2:57.13	37.52	350m: 4:10.44	36.51			
	100m: 1:05.81	34.22	200m: 2:19.61	36.70	300m: 3:33.93	36.80	400m: 4:44.89	34.45			
	4.DUREZ, Oliver	10	ENLN	BEL	4:33.10	<b>4:46.63</b>		1:07.06	1:12.95	1:13.99	1:12.63
	50m: 31.49	31.49	150m: 1:43.05	35.99	250m: 2:56.68	36.67	350m: 4:10.72	36.72			
	100m: 1:07.06	35.57	200m: 2:20.01	36.96	300m: 3:34.00	37.32	400m: 4:46.63	35.91			
	5.DAVID, Alan	10	PERRON	BEL	4:44.58	<b>4:46.77</b>		1:07.06	1:13.52	1:14.83	1:11.36
	50m: 31.99	31.99	150m: 1:43.93	36.87	250m: 2:58.22	37.64	350m: 4:13.40	37.99			
	100m: 1:07.06	35.07	200m: 2:20.58	36.65	300m: 3:35.41	37.19	400m: 4:46.77	33.37			
	6.GILLARD, Sacha	10	LGN	BEL	4:53.17	<b>4:46.78</b>		1:07.52	1:12.83	1:13.54	1:12.89
	50m: 32.73	32.73	150m: 1:44.09	36.57	250m: 2:57.22	36.87	350m: 4:11.29	37.40			
	100m: 1:07.52	34.79	200m: 2:20.35	36.26	300m: 3:33.89	36.67	400m: 4:46.78	35.49			
	7.JANS, Ruben	10	PERRON	BEL	4:52.53	<b>4:47.10</b>		1:08.71	1:14.18	1:14.87	1:09.34
	50m: 32.47	32.47	150m: 1:45.90	37.19	250m: 3:00.24	37.35	350m: 4:14.21	36.45			
	100m: 1:08.71	36.24	200m: 2:22.89	36.99	300m: 3:37.76	37.52	400m: 4:47.10	32.89			
	8.SYLVIO, Sacha	10	ENLN	BEL	5:02.82	<b>4:51.60</b>		1:08.92	1:13.57	1:14.95	1:14.16
	50m: 33.22	33.22	150m: 1:45.82	36.90	250m: 3:00.49	38.00	350m: 4:15.20	37.76			
	100m: 1:08.92	35.70	200m: 2:22.49	36.67	300m: 3:37.44	36.95	400m: 4:51.60	36.40			
	9.AROKIUM, Luca	10	CNBA	BEL	4:47.33	<b>4:51.79</b>		1:08.06	1:14.69	1:14.75	1:14.29
	50m: 32.53	32.53	150m: 1:45.33	37.27	250m: 2:59.99	37.24	350m: 4:15.52	38.02			
	100m: 1:08.06	35.53	200m: 2:22.75	37.42	300m: 3:37.50	37.51	400m: 4:51.79	36.27			
	10.DE BECKER, Aurélien	10	WN	BEL	5:02.52	<b>4:52.15</b>		1:09.30	1:14.86	1:15.32	1:12.67
	50m: 32.67	32.67	150m: 1:46.76	37.46	250m: 3:02.06	37.90	350m: 4:16.41	36.93			
	100m: 1:09.30	36.63	200m: 2:24.16	37.40	300m: 3:39.48	37.42	400m: 4:52.15	35.74			
	11.EL BOUSTANE, Dawood	10	MOSAN	BEL	5:11.79	<b>4:59.81</b>		1:11.08	1:16.12	1:17.22	1:15.39
	50m: 32.74	32.74	150m: 1:48.57	37.49	250m: 3:05.23	38.03	350m: 4:22.33	37.91			
	100m: 1:11.08	38.34	200m: 2:27.20	38.63	300m: 3:44.42	39.19	400m: 4:59.81	37.48			
**	12.KHEDIMALLAH, Rayan	10	ENW	BEL	4:44.98	<b>5:07.67</b>		1:11.86	1:18.48	1:18.40	1:18.93
	50m: 33.84	33.84	150m: 1:50.62	38.76	250m: 3:08.96	38.62	350m: 4:29.03	40.29			
	100m: 1:11.86	38.02	200m: 2:30.34	39.72	300m: 3:48.74	39.78	400m: 5:07.67	38.64			
<b>16 ans</b>											
B	1.GUELTON, Mathias	09	CNT	BEL	4:33.66	<b>4:32.75</b>		1:02.14	1:08.97	1:11.48	1:10.16
	50m: 29.99	29.99	150m: 1:36.67	34.53	250m: 2:46.67	35.56	350m: 3:58.27	35.68			
	100m: 1:02.14	32.15	200m: 2:11.11	34.44	300m: 3:22.59	35.92	400m: 4:32.75	34.48			
B	2.CUNI, Alviero	09	CNBA	ALB	4:29.02	<b>4:34.07</b>		1:03.71	1:09.51	1:12.24	1:08.61
	50m: 30.47	30.47	150m: 1:38.00	34.29	250m: 2:48.96	35.74	350m: 4:00.92	35.46			
	100m: 1:03.71	33.24	200m: 2:13.22	35.22	300m: 3:25.46	36.50	400m: 4:34.07	33.15			
R	3.DUBOIS, Simon	09	MOSAN	BEL	NT	<b>4:36.65</b>		1:06.19	1:10.16	1:10.87	1:09.43
	50m: 31.67	31.67	150m: 1:41.21	35.02	250m: 2:51.81	35.46	350m: 4:02.82	35.60			
	100m: 1:06.19	34.52	200m: 2:16.35	35.14	300m: 3:27.22	35.41	400m: 4:36.65	33.83			
	4.REMY, Martin	09	MOSAN	BEL	4:33.21	<b>4:39.64</b>		1:04.21	1:10.79	1:12.15	1:12.49
	50m: 30.30	30.30	150m: 1:39.65	35.44	250m: 2:50.78	35.78	350m: 4:04.06	36.91			
	100m: 1:04.21	33.91	200m: 2:15.00	35.35	300m: 3:27.15	36.37	400m: 4:39.64	35.58			
	5.NEGRIN, Samuel	09	MHN	BEL	4:37.81	<b>4:40.56</b>		1:06.91	1:11.93	1:11.67	1:10.05
	50m: 31.86	31.86	150m: 1:43.22	36.31	250m: 2:54.75	35.91	350m: 4:06.25	35.74			
	100m: 1:06.91	35.05	200m: 2:18.84	35.62	300m: 3:30.51	35.76	400m: 4:40.56	34.31			
	6.REINESCH, Inaki	09	CNB	LUX	4:43.34	<b>4:43.04</b>		1:05.44	1:12.81	1:14.35	1:10.44
	50m: 30.34	30.34	150m: 1:41.01	35.57	250m: 2:55.09	36.84	350m: 4:08.97	36.37			
	100m: 1:05.44	35.10	200m: 2:18.25	37.24	300m: 3:32.60	37.51	400m: 4:43.04	34.07			

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 15, Garçons, 400m Libre, Elimatoire, 16 ans

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
	7.CHAVATTE, Louis	09	EC	FRA	4:42.88	<b>4:44.26</b>		1:05.26	1:12.11	1:13.75	1:13.14
	50m: 30.83	30.83	150m: 1:41.44	36.18	250m: 2:54.19	36.82	350m: 4:08.61	37.49			
	100m: 1:05.26	34.43	200m: 2:17.37	35.93	300m: 3:31.12	36.93	400m: 4:44.26	35.65			
	8.CHAUVEHEID, Théotime	09	MOSAN	BEL	NT	<b>4:44.63</b>		1:06.20	1:12.75	1:13.49	1:12.19
	50m: 31.31	31.31	150m: 1:41.90	35.70	250m: 2:55.45	36.50	350m: 4:09.02	36.58			
	100m: 1:06.20	34.89	200m: 2:18.95	37.05	300m: 3:32.44	36.99	400m: 4:44.63	35.61			
	9.MAKA, Nicolas	09	ESN	BEL	4:48.00	<b>4:44.96</b>		1:06.39	1:12.93	1:13.99	1:11.65
	50m: 31.25	31.25	150m: 1:42.54	36.15	250m: 2:56.01	36.69	350m: 4:10.19	36.88			
	100m: 1:06.39	35.14	200m: 2:19.32	36.78	300m: 3:33.31	37.30	400m: 4:44.96	34.77			
17 - 18 ans											
A	1.SOBRIE, Gautier	08	DM	BEL	4:13.26	<b>4:11.12</b>		1:00.58	1:04.44	1:04.36	1:01.74
	50m: 29.23	29.23	150m: 1:32.74	32.16	250m: 2:37.29	32.27	350m: 3:41.61	32.23			
	100m: 1:00.58	31.35	200m: 2:05.02	32.28	300m: 3:09.38	32.09	400m: 4:11.12	29.51			
A	2.LAVIOLETTE, Simon	08	SCR	BEL	4:17.00	<b>4:11.20</b>		1:00.47	1:05.27	1:03.42	1:02.04
	50m: 28.82	28.82	150m: 1:33.28	32.81	250m: 2:36.98	31.24	350m: 3:41.16	32.00			
	100m: 1:00.47	31.65	200m: 2:05.74	32.46	300m: 3:09.16	32.18	400m: 4:11.20	30.04			
A	3.VAN HEIRWEGHE, Maxime	08	AQUABLABEL		4:06.34	<b>4:11.38</b>		1:00.08	1:04.75	1:04.17	1:02.38
	50m: 28.53	28.53	150m: 1:32.74	32.66	250m: 2:37.08	32.25	350m: 3:41.12	32.12			
	100m: 1:00.08	31.55	200m: 2:04.83	32.09	300m: 3:09.00	31.92	400m: 4:11.38	30.26			
A	4.HESSENS, Tristan	07	MOSAN	BEL	4:13.09	<b>4:16.25</b>		1:01.66	1:05.46	1:05.71	1:03.42
	50m: 29.80	29.80	150m: 1:34.43	32.77	250m: 2:39.89	32.77	350m: 3:44.98	32.15			
	100m: 1:01.66	31.86	200m: 2:07.12	32.69	300m: 3:12.83	32.94	400m: 4:16.25	31.27			
A	5.GONZALEZ PEREZ, Rodrigo	07	SL	ESP	4:17.28	<b>4:18.62</b>		1:00.83	1:04.84	1:06.43	1:06.52
	50m: 29.28	29.28	150m: 1:32.90	32.07	250m: 2:38.78	33.11	350m: 3:46.00	33.90			
	100m: 1:00.83	31.55	200m: 2:05.67	32.77	300m: 3:12.10	33.32	400m: 4:18.62	32.62			
A	6.DEVILLE, Manu	08	PERRON	BEL	4:16.69	<b>4:24.43</b>		1:02.80	1:06.28	1:08.11	1:07.24
	50m: 30.25	30.25	150m: 1:35.83	33.03	250m: 2:43.19	34.11	350m: 3:51.61	34.42			
	100m: 1:02.80	32.55	200m: 2:09.08	33.25	300m: 3:17.19	34.00	400m: 4:24.43	32.82			
B	7.GOFFAUX, Thibault	07	CMA	BEL	4:27.18	<b>4:24.83</b>		1:02.92	1:07.64	1:08.39	1:05.88
	50m: 30.00	30.00	150m: 1:36.95	34.03	250m: 2:44.72	34.16	350m: 3:53.00	34.05			
	100m: 1:02.92	32.92	200m: 2:10.56	33.61	300m: 3:18.95	34.23	400m: 4:24.83	31.83			
B	8.DUFOND, Nathan	08	ENLNL	BEL	4:17.86	<b>4:24.84</b>		1:02.11	1:06.50	1:08.62	1:07.61
	50m: 29.63	29.63	150m: 1:35.44	33.33	250m: 2:42.46	33.85	350m: 3:51.78	34.55			
	100m: 1:02.11	32.48	200m: 2:08.61	33.17	300m: 3:17.23	34.77	400m: 4:24.84	33.06			
B	9.CABO, Esteban	07	ENLNL	BEL	4:21.89	<b>4:30.79</b>		1:03.62	1:09.09	1:10.45	1:07.63
	50m: 29.67	29.67	150m: 1:37.54	33.92	250m: 2:47.48	34.77	350m: 3:57.33	34.17			
	100m: 1:03.62	33.95	200m: 2:12.71	35.17	300m: 3:23.16	35.68	400m: 4:30.79	33.46			
B	10.VANDERSTICHELEN, Oscar	08	CNT	BEL	4:21.55	<b>4:35.37</b>		1:02.16	1:10.48	1:09.96	1:12.77
	50m: 29.59	29.59	150m: 1:36.87	34.71	250m: 2:46.98	34.34	350m: 3:59.28	36.68			
	100m: 1:02.16	32.57	200m: 2:12.64	35.77	300m: 3:22.60	35.62	400m: 4:35.37	36.09			
B	11.URBAIN, Raphael	08	SSSV	BEL	4:41.00	<b>4:35.92</b>		1:03.16	1:11.06	1:11.56	1:10.14
	50m: 29.48	29.48	150m: 1:38.42	35.26	250m: 2:49.79	35.57	350m: 4:01.16	35.38			
	100m: 1:03.16	33.68	200m: 2:14.22	35.80	300m: 3:25.78	35.99	400m: 4:35.92	34.76			
R	12.SFAR, Mehdi	08	CNSW	TUN	4:36.67	<b>4:36.41</b>		1:05.62	1:10.40	1:11.49	1:08.90
	50m: 31.33	31.33	150m: 1:41.32	35.70	250m: 2:52.18	36.16	350m: 4:02.92	35.41			
	100m: 1:05.62	34.29	200m: 2:16.02	34.70	300m: 3:27.51	35.33	400m: 4:36.41	33.49			
	13.CHRISTIAENS, Théo	08	PERRON	BEL	4:42.46	<b>4:40.46</b>		1:05.06	1:10.51	1:13.20	1:11.69
	50m: 31.35	31.35	150m: 1:40.11	35.05	250m: 2:51.65	36.08	350m: 4:05.65	36.88			
	100m: 1:05.06	33.71	200m: 2:15.57	35.46	300m: 3:28.77	37.12	400m: 4:40.46	34.81			
	14.HENRY, Milo	08	PERRON	BEL	4:41.13	<b>4:41.24</b>		1:05.87	1:11.40	1:13.31	1:10.66
	50m: 31.63	31.63	150m: 1:41.64	35.77	250m: 2:54.53	37.26	350m: 4:06.91	36.33			
	100m: 1:05.87	34.24	200m: 2:17.27	35.63	300m: 3:30.58	36.05	400m: 4:41.24	34.33			
	15.VERBEELEN, Luca	08	LSC	BEL	4:33.50	<b>4:43.82</b>		1:06.10	1:12.75	1:13.23	1:11.74
	50m: 31.25	31.25	150m: 1:42.46	36.36	250m: 2:55.75	36.90	350m: 4:08.74	36.66			
	100m: 1:06.10	34.85	200m: 2:18.85	36.39	300m: 3:32.08	36.33	400m: 4:43.82	35.08			
**	16.ANKAERT, Léon	08	ENLNL	BEL	4:29.11	<b>4:49.10</b>		1:06.04	1:12.88	1:15.57	1:14.61
	50m: 31.07	31.07	150m: 1:41.61	35.57	250m: 2:56.35	37.43	350m: 4:12.24	37.75			
	100m: 1:06.04	34.97	200m: 2:18.92	37.31	300m: 3:34.49	38.14	400m: 4:49.10	36.86			

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 15, Messieurs, 400m Libre, Eliminatoire

19 ans et plus

A	1.GILSOUL, Sebastien	05	NOC	BEL	4:20.68	<b>4:20.47</b>	1:01.98	1:07.27	1:06.72	1:04.50
	50m: 29.30	29.30	150m: 1:35.92	33.94	250m: 2:42.93	33.68	350m: 3:49.40	33.43		
	100m: 1:01.98	32.68	200m: 2:09.25	33.33	300m: 3:15.97	33.04	400m: 4:20.47	31.07		

Cat. générale

A	1.SOBRIE, Gautier	08	DM	BEL	4:13.26	<b>4:11.12</b>	1:00.58	1:04.44	1:04.36	1:01.74
	50m: 29.23	29.23	150m: 1:32.74	32.16	250m: 2:37.29	32.27	350m: 3:41.61	32.23		
	100m: 1:00.58	31.35	200m: 2:05.02	32.28	300m: 3:09.38	32.09	400m: 4:11.12	29.51		

A	2.LAVIOLETTE, Simon	08	SCR	BEL	4:17.00	<b>4:11.20</b>	1:00.47	1:05.27	1:03.42	1:02.04
	50m: 28.82	28.82	150m: 1:33.28	32.81	250m: 2:36.98	31.24	350m: 3:41.16	32.00		
	100m: 1:00.47	31.65	200m: 2:05.74	32.46	300m: 3:09.16	32.18	400m: 4:11.20	30.04		

A	3.VAN HEIRWEGHE, Maxime	08	AQUABLABEL		4:06.34	<b>4:11.38</b>	1:00.08	1:04.75	1:04.17	1:02.38
	50m: 28.53	28.53	150m: 1:32.74	32.66	250m: 2:37.08	32.25	350m: 3:41.12	32.12		
	100m: 1:00.08	31.55	200m: 2:04.83	32.09	300m: 3:09.00	31.92	400m: 4:11.38	30.26		

A	4.HESSENS, Tristan	07	MOSAN	BEL	4:13.09	<b>4:16.25</b>	1:01.66	1:05.46	1:05.71	1:03.42
	50m: 29.80	29.80	150m: 1:34.43	32.77	250m: 2:39.89	32.77	350m: 3:44.98	32.15		
	100m: 1:01.66	31.86	200m: 2:07.12	32.69	300m: 3:12.83	32.94	400m: 4:16.25	31.27		

A	5.GONZALEZ PEREZ, Rodrigo	07	SL	ESP	4:17.28	<b>4:18.62</b>	1:00.83	1:04.84	1:06.43	1:06.52
	50m: 29.28	29.28	150m: 1:32.90	32.07	250m: 2:38.78	33.11	350m: 3:46.00	33.90		
	100m: 1:00.83	31.55	200m: 2:05.67	32.77	300m: 3:12.10	33.32	400m: 4:18.62	32.62		

A	6.GILSOUL, Sebastien	05	NOC	BEL	4:20.68	<b>4:20.47</b>	1:01.98	1:07.27	1:06.72	1:04.50
	50m: 29.30	29.30	150m: 1:35.92	33.94	250m: 2:42.93	33.68	350m: 3:49.40	33.43		
	100m: 1:01.98	32.68	200m: 2:09.25	33.33	300m: 3:15.97	33.04	400m: 4:20.47	31.07		

A	7.LAMBERT, Noah	10	LGN	BEL	4:27.29	<b>4:22.20</b>	1:01.08	1:06.99	1:07.62	1:06.51
	50m: 29.38	29.38	150m: 1:34.41	33.33	250m: 2:41.66	33.59	350m: 3:49.74	34.05		
	100m: 1:01.08	31.70	200m: 2:08.07	33.66	300m: 3:15.69	34.03	400m: 4:22.20	32.46		

A	8.DEVILLE, Manu	08	PERRON	BEL	4:16.69	<b>4:24.43</b>	1:02.80	1:06.28	1:08.11	1:07.24
	50m: 30.25	30.25	150m: 1:35.83	33.03	250m: 2:43.19	34.11	350m: 3:51.61	34.42		
	100m: 1:02.80	32.55	200m: 2:09.08	33.25	300m: 3:17.19	34.00	400m: 4:24.43	32.82		

B	9.GOFFAUX, Thibault	07	CMA	BEL	4:27.18	<b>4:24.83</b>	1:02.92	1:07.64	1:08.39	1:05.88
	50m: 30.00	30.00	150m: 1:36.95	34.03	250m: 2:44.72	34.16	350m: 3:53.00	34.05		
	100m: 1:02.92	32.92	200m: 2:10.56	33.61	300m: 3:18.95	34.23	400m: 4:24.83	31.83		

B	10.DUFOND, Nathan	08	ENLN	BEL	4:17.86	<b>4:24.84</b>	1:02.11	1:06.50	1:08.62	1:07.61
	50m: 29.63	29.63	150m: 1:35.44	33.33	250m: 2:42.46	33.85	350m: 3:51.78	34.55		
	100m: 1:02.11	32.48	200m: 2:08.61	33.17	300m: 3:17.23	34.77	400m: 4:24.84	33.06		

B	11.CABO, Esteban	07	ENLN	BEL	4:21.89	<b>4:30.79</b>	1:03.62	1:09.09	1:10.45	1:07.63
	50m: 29.67	29.67	150m: 1:37.54	33.92	250m: 2:47.48	34.77	350m: 3:57.33	34.17		
	100m: 1:03.62	33.95	200m: 2:12.71	35.17	300m: 3:23.16	35.68	400m: 4:30.79	33.46		

B	12.GUELTON, Mathias	09	CNT	BEL	4:33.66	<b>4:32.75</b>	1:02.14	1:08.97	1:11.48	1:10.16
	50m: 29.99	29.99	150m: 1:36.67	34.53	250m: 2:46.67	35.56	350m: 3:58.27	35.68		
	100m: 1:02.14	32.15	200m: 2:11.11	34.44	300m: 3:22.59	35.92	400m: 4:32.75	34.48		

B	13.CUNI, Alviero	09	CNBA	ALB	4:29.02	<b>4:34.07</b>	1:03.71	1:09.51	1:12.24	1:08.61
	50m: 30.47	30.47	150m: 1:38.00	34.29	250m: 2:48.96	35.74	350m: 4:00.92	35.46		
	100m: 1:03.71	33.24	200m: 2:13.22	35.22	300m: 3:25.46	36.50	400m: 4:34.07	33.15		

B	14.VANDERSTICHELEN, Oscar	08	CNT	BEL	4:21.55	<b>4:35.37</b>	1:02.16	1:10.48	1:09.96	1:12.77
	50m: 29.59	29.59	150m: 1:36.87	34.71	250m: 2:46.98	34.34	350m: 3:59.28	36.68		
	100m: 1:02.16	32.57	200m: 2:12.64	35.77	300m: 3:22.60	35.62	400m: 4:35.37	36.09		

B	15.COUNARD, Matéo	10	ENW	BEL	4:36.73	<b>4:35.79</b>	1:05.66	1:10.67	1:10.81	1:08.65
	50m: 31.11	31.11	150m: 1:40.75	35.09	250m: 2:51.60	35.27	350m: 4:02.92	35.78		
	100m: 1:05.66	34.55	200m: 2:16.33	35.58	300m: 3:27.14	35.54	400m: 4:35.79	32.87		

B	16.URBAIN, Raphael	08	SSSV	BEL	4:41.00	<b>4:35.92</b>	1:03.16	1:11.06	1:11.56	1:10.14
	50m: 29.48	29.48	150m: 1:38.42	35.26	250m: 2:49.79	35.57	350m: 4:01.16	35.38		
	100m: 1:03.16	33.68	200m: 2:14.22	35.80	300m: 3:25.78	35.99	400m: 4:35.92	34.76		

R	17.SFAR, Mehdi	08	CNSW	TUN	4:36.67	<b>4:36.41</b>	1:05.62	1:10.40	1:11.49	1:08.90
	50m: 31.33	31.33	150m: 1:41.32	35.70	250m: 2:52.18	36.16	350m: 4:02.92	35.41		
	100m: 1:05.62	34.29	200m: 2:16.02	34.70	300m: 3:27.51	35.33	400m: 4:36.41	33.49		

R	18.DUBOIS, Simon	09	MOSAN	BEL	NT	<b>4:36.65</b>	1:06.19	1:10.16	1:10.87	1:09.43
	50m: 31.67	31.67	150m: 1:41.21	35.02	250m: 2:51.81	35.46	350m: 4:02.82	35.60		
	100m: 1:06.19	34.52	200m: 2:16.35	35.14	300m: 3:27.22	35.41	400m: 4:36.65	33.83		

Championnats FFBN Open 2025  
Charleroi, 15 - 16/2/2025

Epreuve 15, Messieurs, 400m Libre, Eliminatoire, Cat. générale

Q	PLNAME	YB	CLUB	COUNTR	I-TIME	S-TIME	Fina	100m	200m	300m	400m
	19.REMY, Martin	09	MOSAN	BEL	4:33.21	<b>4:39.64</b>		1:04.21	1:10.79	1:12.15	1:12.49
	50m: 30.30	30.30	150m: 1:39.65	35.44	250m: 2:50.78	35.78	350m: 4:04.06	36.91			
	100m: 1:04.21	33.91	200m: 2:15.00	35.35	300m: 3:27.15	36.37	400m: 4:39.64	35.58			
	20.CHRISTIAENS, Théo	08	PERRON	BEL	4:42.46	<b>4:40.46</b>		1:05.06	1:10.51	1:13.20	1:11.69
	50m: 31.35	31.35	150m: 1:40.11	35.05	250m: 2:51.65	36.08	350m: 4:05.65	36.88			
	100m: 1:05.06	33.71	200m: 2:15.57	35.46	300m: 3:28.77	37.12	400m: 4:40.46	34.81			
	21.NEGRIN, Samuel	09	MHN	BEL	4:37.81	<b>4:40.56</b>		1:06.91	1:11.93	1:11.67	1:10.05
	50m: 31.86	31.86	150m: 1:43.22	36.31	250m: 2:54.75	35.91	350m: 4:06.25	35.74			
	100m: 1:06.91	35.05	200m: 2:18.84	35.62	300m: 3:30.51	35.76	400m: 4:40.56	34.31			
	22.HENRY, Milo	08	PERRON	BEL	4:41.13	<b>4:41.24</b>		1:05.87	1:11.40	1:13.31	1:10.66
	50m: 31.63	31.63	150m: 1:41.64	35.77	250m: 2:54.53	37.26	350m: 4:06.91	36.33			
	100m: 1:05.87	34.24	200m: 2:17.27	35.63	300m: 3:30.58	36.05	400m: 4:41.24	34.33			
	23.REINESCH, Inaki	09	CNB	LUX	4:43.34	<b>4:43.04</b>		1:05.44	1:12.81	1:14.35	1:10.44
	50m: 30.34	30.34	150m: 1:41.01	35.57	250m: 2:55.09	36.84	350m: 4:08.97	36.37			
	100m: 1:05.44	35.10	200m: 2:18.25	37.24	300m: 3:32.60	37.51	400m: 4:43.04	34.07			
	24.VERBEELEN, Luca	08	LSC	BEL	4:33.50	<b>4:43.82</b>		1:06.10	1:12.75	1:13.23	1:11.74
	50m: 31.25	31.25	150m: 1:42.46	36.36	250m: 2:55.75	36.90	350m: 4:08.74	36.66			
	100m: 1:06.10	34.85	200m: 2:18.85	36.39	300m: 3:32.08	36.33	400m: 4:43.82	35.08			
	25.CHAVATTE, Louis	09	EC	FRA	4:42.88	<b>4:44.26</b>		1:05.26	1:12.11	1:13.75	1:13.14
	50m: 30.83	30.83	150m: 1:41.44	36.18	250m: 2:54.19	36.82	350m: 4:08.61	37.49			
	100m: 1:05.26	34.43	200m: 2:17.37	35.93	300m: 3:31.12	36.93	400m: 4:44.26	35.65			
	26.CHAUVEHEID, Théotime	09	MOSAN	BEL	NT	<b>4:44.63</b>		1:06.20	1:12.75	1:13.49	1:12.19
	50m: 31.31	31.31	150m: 1:41.90	35.70	250m: 2:55.45	36.50	350m: 4:09.02	36.58			
	100m: 1:06.20	34.89	200m: 2:18.95	37.05	300m: 3:32.44	36.99	400m: 4:44.63	35.61			
	27.EL YOUSFI, Ilyès	10	ONS	BEL	4:45.05	<b>4:44.89</b>		1:05.81	1:13.80	1:14.32	1:10.96
	50m: 31.59	31.59	150m: 1:42.91	37.10	250m: 2:57.13	37.52	350m: 4:10.44	36.51			
	100m: 1:05.81	34.22	200m: 2:19.61	36.70	300m: 3:33.93	36.80	400m: 4:44.89	34.45			
	28.MAKA, Nicolas	09	ESN	BEL	4:48.00	<b>4:44.96</b>		1:06.39	1:12.93	1:13.99	1:11.65
	50m: 31.25	31.25	150m: 1:42.54	36.15	250m: 2:56.01	36.69	350m: 4:10.19	36.88			
	100m: 1:06.39	35.14	200m: 2:19.32	36.78	300m: 3:33.31	37.30	400m: 4:44.96	34.77			
	29.DUREZ, Oliver	10	ENLN	BEL	4:33.10	<b>4:46.63</b>		1:07.06	1:12.95	1:13.99	1:12.63
	50m: 31.49	31.49	150m: 1:43.05	35.99	250m: 2:56.68	36.67	350m: 4:10.72	36.72			
	100m: 1:07.06	35.57	200m: 2:20.01	36.96	300m: 3:34.00	37.32	400m: 4:46.63	35.91			
	30.DAVID, Alan	10	PERRON	BEL	4:44.58	<b>4:46.77</b>		1:07.06	1:13.52	1:14.83	1:11.36
	50m: 31.99	31.99	150m: 1:43.93	36.87	250m: 2:58.22	37.64	350m: 4:13.40	37.99			
	100m: 1:07.06	35.07	200m: 2:20.58	36.65	300m: 3:35.41	37.19	400m: 4:46.77	33.37			
	31.GILLARD, Sacha	10	LGN	BEL	4:53.17	<b>4:46.78</b>		1:07.52	1:12.83	1:13.54	1:12.89
	50m: 32.73	32.73	150m: 1:44.09	36.57	250m: 2:57.22	36.87	350m: 4:11.29	37.40			
	100m: 1:07.52	34.79	200m: 2:20.35	36.26	300m: 3:33.89	36.67	400m: 4:46.78	35.49			
	32.JANS, Ruben	10	PERRON	BEL	4:52.53	<b>4:47.10</b>		1:08.71	1:14.18	1:14.87	1:09.34
	50m: 32.47	32.47	150m: 1:45.90	37.19	250m: 3:00.24	37.35	350m: 4:14.21	36.45			
	100m: 1:08.71	36.24	200m: 2:22.89	36.99	300m: 3:37.76	37.52	400m: 4:47.10	32.89			
**	33.ANKAERT, Léon	08	ENLN	BEL	4:29.11	<b>4:49.10</b>		1:06.04	1:12.88	1:15.57	1:14.61
	50m: 31.07	31.07	150m: 1:41.61	35.57	250m: 2:56.35	37.43	350m: 4:12.24	37.75			
	100m: 1:06.04	34.97	200m: 2:18.92	37.31	300m: 3:34.49	38.14	400m: 4:49.10	36.86			
	34.SYLVIO, Sacha	10	ENLN	BEL	5:02.82	<b>4:51.60</b>		1:08.92	1:13.57	1:14.95	1:14.16
	50m: 33.22	33.22	150m: 1:45.82	36.90	250m: 3:00.49	38.00	350m: 4:15.20	37.76			
	100m: 1:08.92	35.70	200m: 2:22.49	36.67	300m: 3:37.44	36.95	400m: 4:51.60	36.40			
	35.AROKIUM, Luca	10	CNBA	BEL	4:47.33	<b>4:51.79</b>		1:08.06	1:14.69	1:14.75	1:14.29
	50m: 32.53	32.53	150m: 1:45.33	37.27	250m: 2:59.99	37.24	350m: 4:15.52	38.02			
	100m: 1:08.06	35.53	200m: 2:22.75	37.42	300m: 3:37.50	37.51	400m: 4:51.79	36.27			
	36.DE BECKER, Aurélien	10	WN	BEL	5:02.52	<b>4:52.15</b>		1:09.30	1:14.86	1:15.32	1:12.67
	50m: 32.67	32.67	150m: 1:46.76	37.46	250m: 3:02.06	37.90	350m: 4:16.41	36.93			
	100m: 1:09.30	36.63	200m: 2:24.16	37.40	300m: 3:39.48	37.42	400m: 4:52.15	35.74			
	37.EL BOUSTANE, Dawood	10	MOSAN	BEL	5:11.79	<b>4:59.81</b>		1:11.08	1:16.12	1:17.22	1:15.39
	50m: 32.74	32.74	150m: 1:48.57	37.49	250m: 3:05.23	38.03	350m: 4:22.33	37.91			
	100m: 1:11.08	38.34	200m: 2:27.20	38.63	300m: 3:44.42	39.19	400m: 4:59.81	37.48			
**	38.KHEDIMALLAH, Rayan	10	ENW	BEL	4:44.98	<b>5:07.67</b>		1:11.86	1:18.48	1:18.40	1:18.93
	50m: 33.84	33.84	150m: 1:50.62	38.76	250m: 3:08.96	38.62	350m: 4:29.03	40.29			
	100m: 1:11.86	38.02	200m: 2:30.34	39.72	300m: 3:48.74	39.78	400m: 5:07.67	38.64			