

Gullmót KR
Reykjavík, 14. - 16.2.2025

Event 57
16.02.2025 - 16:00

Women, 400m Freestyle

13 years and older
Results

Points: AQUA 2024

Rank			Age					Time	Pts
13 - 15 years									
1.	Alicja Julia Kempisty		15	Odinn				4:51.67	525
	50m:	31.70 31.70	150m:	1:44.12	36.97	250m:	3:00.37 38.29	350m:	4:15.93 37.23
	100m:	1:07.15 35.45	200m:	2:22.08	37.96	300m:	3:38.70 38.33	400m:	4:51.67 35.74
2.	Gudrun Isold Hardardottir		14	Breidablik				4:56.29	501
	50m:	34.25 34.25	150m:	1:49.94	37.75	250m:	3:04.54 37.33	350m:	4:19.55 37.31
	100m:	1:12.19 37.94	200m:	2:27.21	37.27	300m:	3:42.24 37.70	400m:	4:56.29 36.74
3.	Ema Austa Pratusyte		15	SH				4:57.87	493
	50m:	32.94 32.94	150m:	1:48.04	37.96	250m:	3:05.15 38.66	350m:	4:22.00 38.19
	100m:	1:10.08 37.14	200m:	2:26.49	38.45	300m:	3:43.81 38.66	400m:	4:57.87 35.87
4.	Natalia Eir Curtis		15	Armann				4:59.10	487
	50m:	34.23 34.23	150m:	1:49.91	38.11	250m:	3:06.33 38.06	350m:	4:22.41 37.83
	100m:	1:11.80 37.57	200m:	2:28.27	38.36	300m:	3:44.58 38.25	400m:	4:59.10 36.69
5.	Thorgerdur Freyja Helgadóttir		14	Breidablik				5:06.07	454
	50m:	35.50 35.50	150m:	1:54.19	39.45	250m:	3:12.36 38.99	350m:	4:29.24 37.82
	100m:	1:14.74 39.24	200m:	2:33.37	39.18	300m:	3:51.42 39.06	400m:	5:06.07 36.83
6.	Thelma Osp Sveinbjornsdóttir		15	SH				5:06.89	451
	50m:	34.00 34.00	150m:	1:54.17	40.21	250m:	3:12.75 38.49	350m:	4:30.54 38.42
	100m:	1:13.96 39.96	200m:	2:34.26	40.09	300m:	3:52.12 39.37	400m:	5:06.89 36.35
7.	Hildur Erla Hakonardóttir		15	SH				5:07.58	448
	50m:	34.88 34.88	150m:	1:51.60	38.66	250m:	3:10.27 39.14	350m:	4:29.31 39.05
	100m:	1:12.94 38.06	200m:	2:31.13	39.53	300m:	3:50.26 39.99	400m:	5:07.58 38.27
8.	Alfrun Loa Jonsdóttir		15	Armann				5:09.80	438
	50m:	35.50 35.50	150m:	1:54.27	39.95	250m:	3:13.06 39.72	350m:	4:32.19 38.92
	100m:	1:14.32 38.82	200m:	2:33.34	39.07	300m:	3:53.27 40.21	400m:	5:09.80 37.61
9.	Natalia Fanney Sigurdardóttir		15	IRB				5:11.67	430
	50m:	34.39 34.39	150m:	1:53.63	40.34	250m:	3:13.90 40.21	350m:	4:33.55 39.32
	100m:	1:13.29 38.90	200m:	2:33.69	40.06	300m:	3:54.23 40.33	400m:	5:11.67 38.12
10.	Adriana Agnes Derti		15	IRB				5:12.18	428
	50m:	35.73 35.73	150m:	1:54.30	39.93	250m:	3:14.12 40.10	350m:	4:33.89 40.02
	100m:	1:14.37 38.64	200m:	2:34.02	39.72	300m:	3:53.87 39.75	400m:	5:12.18 38.29
11.	Karen Anna Orlita		13	IA				5:12.60	426
	50m:	34.69 34.69	150m:	1:53.22	39.73	250m:	3:12.70 39.33	350m:	4:33.82 40.02
	100m:	1:13.49 38.80	200m:	2:33.37	40.15	300m:	3:53.80 41.10	400m:	5:12.60 38.78
12.	Karen Julia Traustadóttir		13	IRB				5:16.11	412
	50m:	35.07 35.07	150m:	1:54.30	39.70	250m:	3:15.66 41.05	350m:	4:35.51 40.09
	100m:	1:14.60 39.53	200m:	2:34.61	40.31	300m:	3:55.42 39.76	400m:	5:16.11 40.60
13.	Elsa Dilja Lunddal Runarsdóttir		15	SH				5:20.21	397
	50m:	35.76 35.76	150m:	1:56.15	40.34	250m:	3:18.64 41.05	350m:	4:40.32 40.77
	100m:	1:15.81 40.05	200m:	2:37.59	41.44	300m:	3:59.55 40.91	400m:	5:20.21 39.89
14.	Rannveig Perla Petursdóttir		15	Armann				5:20.30	396
	50m:	35.26 35.26	150m:	1:55.55	41.09	250m:	3:18.88 41.58	350m:	4:41.73 40.90
	100m:	1:14.46 39.20	200m:	2:37.30	41.75	300m:	4:00.83 41.95	400m:	5:20.30 38.57
15.	Theodis Styrmisdóttir		14	Breidablik				5:21.07	394
	50m:	36.20 36.20	150m:	1:59.08	41.38	250m:	3:21.66 41.32	350m:	4:42.99 40.47
	100m:	1:17.70 41.50	200m:	2:40.34	41.26	300m:	4:02.52 40.86	400m:	5:21.07 38.08
16.	Eva Goda Pratusyte		13	SH				5:28.46	368
	50m:	37.67 37.67	150m:	2:02.92	42.92	250m:	3:26.76 41.56	350m:	4:49.24 40.90
	100m:	1:20.00 42.33	200m:	2:45.20	42.28	300m:	4:08.34 41.58	400m:	5:28.46 39.22
17.	Kamilla Yr Isaksdóttir Gudmann		14	Breidablik				5:29.22	365
	50m:	37.08 37.08	150m:	1:59.08	41.46	250m:	3:23.58 42.11	350m:	4:47.86 41.87
	100m:	1:17.62 40.54	200m:	2:41.47	42.39	300m:	4:05.99 42.41	400m:	5:29.22 41.36

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Event 57, Girls, 400m Freestyle, 13 - 15 years

Rank			Age							Time	Pts
18.	Alexandra Dis Gunnarsdottir		14	IRB						5:29.58	364
	50m:	36.11 36.11	150m:	1:58.28	41.55	250m:	3:23.63	42.87	350m:	4:48.80	41.97
	100m:	1:16.73 40.62	200m:	2:40.76	42.48	300m:	4:06.83	43.20	400m:	5:29.58	40.78
19.	Thea Sif Hjaltadottir		14	Armann						5:30.47	361
	50m:	36.98 36.98	150m:	2:01.35	42.97	250m:	3:27.57	43.52	350m:	4:51.64	41.55
	100m:	1:18.38 41.40	200m:	2:44.05	42.70	300m:	4:10.09	42.52	400m:	5:30.47	38.83
20.	Tinna Salome Robertsdottir		14	Breidablik						5:32.04	356
	50m:	37.03 37.03	150m:	2:02.50	42.83	250m:	3:27.77	42.88	350m:	4:52.46	42.22
	100m:	1:19.67 42.64	200m:	2:44.89	42.39	300m:	4:10.24	42.47	400m:	5:32.04	39.58
21.	Emilia Bjort Magnusdottir		15	SH						5:32.18	355
	50m:	37.42 37.42	150m:	2:02.99	43.56	250m:	3:27.88	42.52	350m:	4:52.19	41.59
	100m:	1:19.43 42.01	200m:	2:45.36	42.37	300m:	4:10.60	42.72	400m:	5:32.18	39.99
22.	Agusta Elly Kristinsdottir		14	Armann						5:32.33	355
	50m:	37.59 37.59	150m:	2:02.13	43.22	250m:	3:28.09	43.47	350m:	4:53.34	42.85
	100m:	1:18.91 41.32	200m:	2:44.62	42.49	300m:	4:10.49	42.40	400m:	5:32.33	38.99
23.	Emilia Anna Johannsdottir		14	SH						5:33.65	351
	50m:	37.64 37.64	150m:	2:02.58	43.14	250m:	3:28.83	42.47	350m:	4:53.10	41.97
	100m:	1:19.44 41.80	200m:	2:46.36	43.78	300m:	4:11.13	42.30	400m:	5:33.65	40.55
24.	Lena Przybylska		14	IRB						5:37.60	338
	50m:	36.63 36.63	150m:	2:00.81	42.13	250m:	3:27.14	43.64	350m:	4:55.78	44.34
	100m:	1:18.68 42.05	200m:	2:43.50	42.69	300m:	4:11.44	44.30	400m:	5:37.60	41.82
25.	Briana Osk Alvarasdottir		13	SH						5:45.18	317
	50m:	38.40 38.40	150m:	2:08.01	45.50	250m:	3:38.04	44.36	350m:	5:04.43	42.35
	100m:	1:22.51 44.11	200m:	2:53.68	45.67	300m:	4:22.08	44.04	400m:	5:45.18	40.75
26.	Sara Steinunn Elvarasdottir		14	IRB						5:48.19	308
	50m:	39.84 39.84	150m:	2:08.69	44.94	250m:	3:39.00	45.39	350m:	5:07.48	43.69
	100m:	1:23.75 43.91	200m:	2:53.61	44.92	300m:	4:23.79	44.79	400m:	5:48.19	40.71
27.	Sollilja Thordardottir		14	Breidablik						5:50.15	303
	50m:	39.57 39.57	150m:	2:07.14	44.28	250m:	3:37.66	45.66	350m:	5:07.16	44.30
	100m:	1:22.86 43.29	200m:	2:52.00	44.86	300m:	4:22.86	45.20	400m:	5:50.15	42.99
28.	Arndis Margret Magnusdottir		13	Odinn						5:55.43	290
	50m:	38.57 38.57	150m:	2:08.17	45.80	250m:	3:40.19	45.85	350m:	5:11.75	45.64
	100m:	1:22.37 43.80	200m:	2:54.34	46.17	300m:	4:26.11	45.92	400m:	5:55.43	43.68
29.	Brynhildur Freyja Stefansdottir		13	SH						6:19.71	238
	50m:	44.24 44.24	150m:	2:22.42	49.37	250m:	3:58.86	47.17	350m:	5:34.98	48.14
	100m:	1:33.05 48.81	200m:	3:11.69	49.27	300m:	4:46.84	47.98	400m:	6:19.71	44.73
30.	Briet Laufey Ingimarsdottir		14	Odinn						6:20.25	237
	50m:	41.39 41.39	150m:	2:19.44	49.90	250m:	3:59.50	50.60	350m:	5:35.56	47.61
	100m:	1:29.54 48.15	200m:	3:08.90	49.46	300m:	4:47.95	48.45	400m:	6:20.25	44.69
31.	Eyvor Asa Holm		14	Armann						6:22.73	232
	50m:	41.77 41.77	150m:	2:19.05	48.78	250m:	3:58.99	50.75	350m:	5:36.84	48.81
	100m:	1:30.27 48.50	200m:	3:08.24	49.19	300m:	4:48.03	49.04	400m:	6:22.73	45.89

16 years and older

1.	Vala Dis Cicero		17	SH						4:27.38	682
	50m:	30.77 30.77	150m:	1:40.22	35.24	250m:	2:48.94	33.83	350m:	3:55.80	32.95
	100m:	1:04.98 34.21	200m:	2:15.11	34.89	300m:	3:22.85	33.91	400m:	4:27.38	31.58
2.	Katja Lilja Andriysdottir		19	SH						4:37.26	611
	50m:	32.10 32.10	150m:	1:41.47	34.73	250m:	2:51.49	34.95	350m:	4:02.62	35.62
	100m:	1:06.74 34.64	200m:	2:16.54	35.07	300m:	3:27.00	35.51	400m:	4:37.26	34.64
3.	Austeja Savickaite		16	IRB						5:03.10	468
	50m:	35.43 35.43	150m:	1:51.81	38.36	250m:	3:09.14	38.58	350m:	4:27.10	38.93
	100m:	1:13.45 38.02	200m:	2:30.56	38.75	300m:	3:48.17	39.03	400m:	5:03.10	36.00

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Event 57, Women, 400m Freestyle, 16 years and older

Rank				Age					Time	Pts		
4.	Astros Lovisa Hauksdottir			17	IRB				5:11.13	432		
	50m:	35.00	35.00	150m:	1:53.02	39.28	250m:	3:12.06	39.60	350m:	4:31.98	39.79
	100m:	1:13.74	38.74	200m:	2:32.46	39.44	300m:	3:52.19	40.13	400m:	5:11.13	39.15
5.	Asa Julia Kaldal			16	Aegir				6:04.52	269		
	50m:	40.26	40.26	150m:	2:12.67	46.94	250m:	3:46.88	47.18	350m:	5:20.52	46.72
	100m:	1:25.73	45.47	200m:	2:59.70	47.03	300m:	4:33.80	46.92	400m:	6:04.52	44.00