

Gullmót KR
Reykjavík, 14. - 16.2.2025

Event 5
14.02.2025 - 18:09

Women, 400m Medley

11 years and older
Results

Points: AQUA 2024

Rank	Age			Time Pts			100m	200m	300m	400m
1.	Katja Lilja Andriydsdottir	19	SH	5:20.42	571		1:12.54	1:26.75	1:27.75	1:13.38
	50m: 33.19	33.19	150m: 1:57.20	44.66	250m: 3:22.64		43.35	350m: 4:44.73	37.69	
	100m: 1:12.54	39.35	200m: 2:39.29	42.09	300m: 4:07.04		44.40	400m: 5:20.42	35.69	
2.	Gudrun Isold Hardardottir	14	Breidablik	5:39.47	480		1:20.87	1:26.85	1:36.11	1:15.64
	50m: 36.61	36.61	150m: 2:05.78	44.91	250m: 3:35.91		48.19	350m: 5:01.99	38.16	
	100m: 1:20.87	44.26	200m: 2:47.72	41.94	300m: 4:23.83		47.92	400m: 5:39.47	37.48	
3.	Eydis Johannesdottir	14	IRB	5:40.27	477		1:19.59	1:31.79	1:30.32	1:18.57
	50m: 36.03	36.03	150m: 2:06.82	47.23	250m: 3:36.01		44.63	350m: 5:02.14	40.44	
	100m: 1:19.59	43.56	200m: 2:51.38	44.56	300m: 4:21.70		45.69	400m: 5:40.27	38.13	
4.	Katrin Loa Ingadottir	17	SH	5:40.60	475		1:19.34	1:22.42	1:39.73	1:19.11
	50m: 36.21	36.21	150m: 2:00.82	41.48	250m: 3:31.17		49.41	350m: 5:01.55	40.06	
	100m: 1:19.34	43.13	200m: 2:41.76	40.94	300m: 4:21.49		50.32	400m: 5:40.60	39.05	
5.	Thorgerdur Freyja H.	14	Breidablik	5:43.74	462		1:19.14	1:29.13	1:37.71	1:17.76
	50m: 35.65	35.65	150m: 2:04.29	45.15	250m: 3:36.77		48.50	350m: 5:05.45	39.47	
	100m: 1:19.14	43.49	200m: 2:48.27	43.98	300m: 4:25.98		49.21	400m: 5:43.74	38.29	
6.	Alfrun Loa Jonsdottir	15	Armann	5:53.76	424		1:26.19	1:34.56	1:33.91	1:19.10
	50m: 38.07	38.07	150m: 2:14.80	48.61	250m: 3:48.09		47.34	350m: 5:15.39	40.73	
	100m: 1:26.19	48.12	200m: 3:00.75	45.95	300m: 4:34.66		46.57	400m: 5:53.76	38.37	
7.	Thea Sif Hjaltadottir	14	Armann	5:55.65	417		1:26.73	1:29.32	1:38.54	1:21.06
	50m: 39.79	39.79	150m: 2:11.37	44.64	250m: 3:45.63		49.58	350m: 5:15.89	41.30	
	100m: 1:26.73	46.94	200m: 2:56.05	44.68	300m: 4:34.59		48.96	400m: 5:55.65	39.76	
8.	Karen Julia Traustadottir	13	IRB	5:59.22	405		1:24.76	1:32.40	1:40.74	1:21.32
	50m: 39.34	39.34	150m: 2:12.08	47.32	250m: 3:48.32		51.16	350m: 5:18.92	41.02	
	100m: 1:24.76	45.42	200m: 2:57.16	45.08	300m: 4:37.90		49.58	400m: 5:59.22	40.30	
9.	Adriana Agnes Derti	15	IRB	6:00.34	401		1:19.17	1:31.95	1:47.49	1:21.73
	50m: 36.65	36.65	150m: 2:05.67	46.50	250m: 3:44.07		52.95	350m: 5:19.17	40.56	
	100m: 1:19.17	42.52	200m: 2:51.12	45.45	300m: 4:38.61		54.54	400m: 6:00.34	41.17	
10.	Isabella Johannsdottir	15	Odinn	6:00.82	400		1:26.23	1:41.51	1:35.16	1:17.92
	50m: 39.28	39.28	150m: 2:18.15	51.92	250m: 3:54.37		46.63	350m: 5:22.81	39.91	
	100m: 1:26.23	46.95	200m: 3:07.74	49.59	300m: 4:42.90		48.53	400m: 6:00.82	38.01	
11.	Asta Thorey Einarsdottir	12	SH	6:00.87	399		1:21.27	1:40.59	1:43.25	1:15.76
	50m: 37.75	37.75	150m: 3:53.85	2:32.58	250m: 5:23.97	2:22.11	350m:			
	100m: 1:21.27	43.52	200m: 3:01.86		300m: 4:45.11		400m: 6:00.87			
12.	Natalia Fanney S.	15	IRB	6:05.78	384		1:31.74	1:36.65	1:36.40	1:20.99
	50m: 39.69	39.69	150m: 2:21.47	49.73	250m: 3:56.55		48.16	350m: 5:24.98	40.19	
	100m: 1:31.74	52.05	200m: 3:08.39	46.92	300m: 4:44.79		48.24	400m: 6:05.78	40.80	
13.	Eva Goda Pratusyte	13	SH	6:15.17	355		1:35.87	1:31.41	1:48.98	1:18.91
	50m: 43.34	43.34	150m: 2:22.23	46.36	250m: 4:01.15		53.87	350m: 5:36.55	40.29	
	100m: 1:35.87	52.53	200m: 3:07.28	45.05	300m: 4:56.26		55.11	400m: 6:15.17	38.62	
14.	Fridrika Sif Agustsdottir	15	Odinn	6:17.41	349		1:24.23	1:39.56	1:51.94	1:21.68
	50m: 37.65	37.65	150m: 2:14.30	50.07	250m: 3:58.77		54.98	350m: 5:38.17	42.44	
	100m: 1:24.23	46.58	200m: 3:03.79	49.49	300m: 4:55.73		56.96	400m: 6:17.41	39.24	
15.	Sofia Cogalniceanu	13	Armann	6:17.82	348		1:34.47	1:35.71	1:47.49	1:20.15
	50m: 43.80	43.80	150m: 2:22.62	48.15	250m: 4:04.10		53.92	350m: 5:38.27	40.60	
	100m: 1:34.47	50.67	200m: 3:10.18	47.56	300m: 4:57.67		53.57	400m: 6:17.82	39.55	
16.	Sara Steinunn Elvarsdottir	14	IRB	6:35.64	303		1:40.78	1:37.98	1:50.46	1:26.42
	50m: 46.19	46.19	150m: 2:30.56	49.78	250m: 4:14.04		55.28	350m: 5:53.84	44.62	
	100m: 1:40.78	54.59	200m: 3:18.76	48.20	300m: 5:09.22		55.18	400m: 6:35.64	41.80	
17.	Briana Osk Alvarsdottir	13	SH	6:42.44	288		1:33.03	1:47.22	1:55.96	1:26.23
	50m: 40.81	40.81	150m: 2:28.21	55.18	250m: 4:18.59		58.34	350m: 6:00.91	44.70	
	100m: 1:33.03	52.22	200m: 3:20.25	52.04	300m: 5:16.21		57.62	400m: 6:42.44	41.53	
18.	Soley Katrin S.	13	Armann	7:08.92	238		1:53.93	1:43.41	2:00.92	1:30.66
	50m: 52.54	52.54	150m: 2:45.88	51.95	250m: 4:37.62	1:00.28	350m: 6:25.02	46.76		
	100m: 1:53.93	1:01.39	200m: 3:37.34	51.46	300m: 5:38.26	1:00.64	400m: 7:08.92	43.90		
19.	Matthilda Lilja Larsen	11	SH	7:13.94	229		1:38.83	1:55.32	2:03.21	1:36.58
	50m: 42.31	42.31	150m: 2:38.29	59.46	250m: 4:33.85		59.70	350m: 6:26.22	48.86	
	100m: 1:38.83	56.52	200m: 3:34.15	55.86	300m: 5:37.36	1:03.51	400m: 7:13.94	47.72		

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Event 5, Women, 400m Medley, 11 years and older

Rank		Age		Time	Pts	100m	200m	300m	400m
DSQ	Herdís Dadadóttir	13	Armann						
	<i>Bf4 - önnur hönd í bakka eða hendur snertu ekki bakkann samtímis í snúningi eða við lok sunds og/eða hendur ekki aðskildar (SW 8.4)</i>								