

Rencontre régionale ANLSL # 4 PCSC
Pointe-Claire, 15- - 16-2-2025

Event 13
2025-02-15

Girls, 400m Freestyle

9 - 12 years
Results

ANLSL REGIONAL #4 Open: 8:00.00

Points: AQUA 2024

Rank			Age					Time	Pts
9 years									
1.	XIONG, Yuqi		9	Pointe-Claire Swim Club				6:13.03	238
	50m:	42.84	42.84	150m:	2:19.26	48.66	250m:	3:55.84	48.50
	100m:	1:30.60	47.76	200m:	3:07.34	48.08	300m:	4:42.80	46.96
							350m:	5:28.97	46.17
							400m:	6:13.03	44.06
2.	BORDELEAU, Lily		9	Pointe-Claire Swim Club				6:20.60	224
	50m:	41.06	41.06	150m:	2:16.66	48.08	250m:	3:53.01	48.04
	100m:	1:28.58	47.52	200m:	3:04.97	48.31	300m:	4:41.54	48.53
							350m:	5:27.20	45.66
							400m:	6:20.60	53.40
3.	PROVOST, Livia		9	Pointe-Claire Swim Club				6:42.56	189
	50m:	45.12	45.12	150m:	2:31.84	53.48	250m:	4:13.70	51.11
	100m:	1:38.36	53.24	200m:	3:22.59	50.75	300m:	5:04.80	51.10
							350m:	5:56.17	51.37
							400m:	6:42.56	46.39
4.	CAO, Nuoyi		9	Pointe-Claire Swim Club				7:05.76	160
	50m:	43.13	43.13	150m:	2:29.01	54.70	250m:	4:20.73	54.22
	100m:	1:34.31	51.18	200m:	3:26.51	57.50	300m:	5:18.02	57.29
							350m:	6:12.41	54.39
							400m:	7:05.76	53.35
DNS	PIPER-CHANG, Clara		9	Pointe-Claire Swim Club					
10 years									
1.	ILLOUZ, Justine		10	Dorval Swim Club				5:58.85	267
	50m:	41.39	41.39	150m:	2:13.72	46.22	250m:	3:45.71	45.32
	100m:	1:27.50	46.11	200m:	3:00.39	46.67	300m:	4:31.23	45.52
							350m:	5:15.30	44.07
							400m:	5:58.85	43.55
2.	CHOWN, Meighan		10	Pointe-Claire Swim Club				6:01.61	261
	50m:	40.61	40.61	150m:	2:12.87	46.02	250m:	3:44.50	44.71
	100m:	1:26.85	46.24	200m:	2:59.79	46.92	300m:	4:30.97	46.47
							350m:	5:17.64	46.67
							400m:	6:01.61	43.97
3.	SPINA, Isabella		10	Club de natation Saint-Laurent				6:03.86	256
	50m:	41.64	41.64	150m:	2:13.85	46.08	250m:	3:46.99	46.41
	100m:	1:27.77	46.13	200m:	3:00.58	46.73	300m:	4:34.07	47.08
							350m:	5:20.29	46.22
							400m:	6:03.86	43.57
4.	SILES, Sofia		10	Ddo				6:05.41	253
	50m:	39.22	39.22	150m:	2:12.62	47.44	250m:	3:46.00	46.48
	100m:	1:25.18	45.96	200m:	2:59.52	46.90	300m:	4:32.66	46.66
							350m:	5:20.12	47.46
							400m:	6:05.41	45.29
5.	PAQUETTE, Florence		10	Pointe-Claire Swim Club				6:07.14	250
	50m:	41.74	41.74	150m:	2:18.49	48.09	250m:	3:51.64	45.48
	100m:	1:30.40	48.66	200m:	3:06.16	47.67	300m:	4:37.82	46.18
							350m:	5:24.12	46.30
							400m:	6:07.14	43.02
6.	HAMILTON, Olivia		10	Pointe-Claire Swim Club				6:14.53	235
	50m:	42.04	42.04	150m:	2:16.31	46.85	250m:	3:52.74	48.28
	100m:	1:29.46	47.42	200m:	3:04.46	48.15	300m:	4:40.73	47.99
							350m:	5:29.33	48.60
							400m:	6:14.53	45.20
7.	SERVIO, Arya		10	Ddo				6:21.50	222
	50m:	41.40	41.40	150m:	2:17.82	48.26	250m:	3:54.38	48.50
	100m:	1:29.56	48.16	200m:	3:05.88	48.06	300m:	4:44.57	50.19
							350m:	5:34.54	49.97
							400m:	6:21.50	46.96
8.	SMITH, Mackenzie		10	Bbf				6:22.23	221
	50m:	42.80	42.80	150m:	2:18.04	47.72	250m:	3:54.54	48.64
	100m:	1:30.32	47.52	200m:	3:05.90	47.86	300m:	4:44.56	50.02
							350m:	5:34.43	49.87
							400m:	6:22.23	47.80
9.	GUTIERREZ SALAZAR, Isabela		10	Ddo				6:24.71	217
	50m:	41.57	41.57	150m:	2:19.29	49.21	250m:	3:59.83	50.88
	100m:	1:30.08	48.51	200m:	3:08.95	49.66	300m:	4:50.04	50.21
							350m:	5:39.61	49.57
							400m:	6:24.71	45.10



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Event 13, Girls, 400m Freestyle, 10 years

Rank			Age							Time	Pts	
10.	MCIVER, Darcy		10	Pointe-Claire Swim Club						6:25.05	216	
	50m:	42.11	42.11	150m:	2:18.46	47.68	250m:	3:58.04	49.06	350m:	5:36.76	48.66
	100m:	1:30.78	48.67	200m:	3:08.98	50.52	300m:	4:48.10	50.06	400m:	6:25.05	48.29
11.	HOU, Jiang		10	Ddo						6:29.04	210	
	50m:	41.23	41.23	150m:	2:20.14	49.86	250m:	4:00.66	50.35	350m:	5:39.59	49.21
	100m:	1:30.28	49.05	200m:	3:10.31	50.17	300m:	4:50.38	49.72	400m:	6:29.04	49.45
12.	ZHANG, Yiming		10	Club de natation Saint-Laurent						6:46.09	184	
	50m:	45.95	45.95	150m:	2:30.74	53.53	250m:	4:14.51	51.87	350m:	5:58.01	51.39
	100m:	1:37.21	51.26	200m:	3:22.64	51.90	300m:	5:06.62	52.11	400m:	6:46.09	48.08
13.	YAO, Jessie		10	Pointe-Claire Swim Club						6:46.72	183	
	50m:	45.03	45.03	150m:	2:29.87	53.72	250m:	4:16.14	53.00	350m:	5:59.34	51.86
	100m:	1:36.15	51.12	200m:	3:23.14	53.27	300m:	5:07.48	51.34	400m:	6:46.72	47.38
14.	PARIZEAU, Claire		10	Ddo						7:11.53	153	
	50m:	49.12	49.12	150m:	2:36.22	53.51	250m:	4:28.17	56.51	350m:	6:17.61	54.42
	100m:	1:42.71	53.59	200m:	3:31.66	55.44	300m:	5:23.19	55.02	400m:	7:11.53	53.92
DNS	MARCU, Eva		10	Bbf								

11 years

1.	HMIDDOUCH, Soraya		11	Pointe-Claire Swim Club						6:06.87	250	
	<i>Ineligible - met Coupe Junior Standards</i>											
	50m:	41.47	41.47	150m:	2:14.24		250m:	3:47.67	46.90	350m:	5:21.40	
	100m:			200m:	3:00.77	46.53	300m:			400m:	6:06.87	45.47
2.	WARKE, Jeevika		11	Pointe-Claire Swim Club						7:01.15	165	
	50m:	45.40	45.40	150m:	2:32.28	54.48	250m:	4:20.63	54.27	350m:	6:09.33	53.62
	100m:	1:37.80	52.40	200m:	3:26.36	54.08	300m:	5:15.71	55.08	400m:	7:01.15	51.82
3.	BRENNAN, Stephanie		11	Pointe-Claire Swim Club						7:07.65	158	
	50m:	47.18	47.18	150m:	2:34.83	54.45	250m:	4:24.55	55.36	350m:	6:15.47	55.47
	100m:	1:40.38	53.20	200m:	3:29.19	54.36	300m:	5:20.00	55.45	400m:	7:07.65	52.18
DNS	CERE-STEWART, Mackenzie		11	Bbf								
DNS	HAMEL, Rosalie		11	Club Aquatique Calac Lasalle								

12 years

1.	TUFF, Adara		12	Bbf						6:13.36	237	
	50m:	41.84	41.84	150m:	2:17.40		250m:			350m:		
	100m:			200m:			300m:	4:41.74		400m:	6:13.36	
2.	BERTRAND-BOUGIE, June		12	Bbf						6:18.11	228	
	50m:	41.34	41.34	150m:	2:16.14	48.18	250m:	3:55.06	50.30	350m:	5:32.42	48.50
	100m:	1:27.96	46.62	200m:	3:04.76	48.62	300m:	4:43.92	48.86	400m:	6:18.11	45.69
3.	HANEMAN, Skye		12	Bbf						6:38.47	195	
	50m:	42.53	42.53	150m:	2:22.49	51.04	250m:	4:07.37	52.92	350m:	5:48.34	49.99
	100m:	1:31.45	48.92	200m:	3:14.45	51.96	300m:	4:58.35	50.98	400m:	6:38.47	50.13
4.	CHAMMAS, Miley		12	Club de natation Saint-Laurent						6:42.55	189	
	50m:	42.07	42.07	150m:	2:21.64	50.12	250m:	4:05.61	53.29	350m:	5:50.80	53.15
	100m:	1:31.52	49.45	200m:	3:12.32	50.68	300m:	4:57.65	52.04	400m:	6:42.55	51.75



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Event 13, Girls, 400m Freestyle, 12 years

Rank			Age						Time	Pts		
5.	GRAHAM, Victoria		12	Bbf					6:46.32	184		
	50m:	42.97	42.97	150m:	2:25.93	53.74	250m:	4:12.61	53.88	350m:	5:56.83	50.39
	100m:	1:32.19	49.22	200m:	3:18.73	52.80	300m:	5:06.44	53.83	400m:	6:46.32	49.49
6.	WILKINSON, Zoe		12	Bbf					7:08.79	156		
	50m:	47.54	47.54	150m:	2:36.00	54.75	250m:	4:24.31	54.20	350m:	6:12.94	54.81
	100m:	1:41.25	53.71	200m:	3:30.11	54.11	300m:	5:18.13	53.82	400m:	7:08.79	55.85

