

Prova 33

Masc., 800m Livres

Open

06/04/2025 - 16:14

Resultados

Recordes Nacionais 50m Open	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Recordes Nacionais 50m Sen	7:52.68	LOPES, Jose Paulo	POR	Budapeste (HUN)	22/05/2021
Recordes Nacionais 50m Jun 18	8:06.97	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	09/07/2016
Recordes Nacionais 50m Jun 17	8:13.49	SANTA, Gustavo Manuel	POR	Helsinki (FIN)	17/07/2010
Recordes Nacionais 50m Juv A	8:23.54	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Recordes Nacionais 50m Juv B	8:32.97	PEREIRA, Rui Silva	POR	Coimbra	28/05/2023
Recordes Nacionais 50m 14	8:54.25	OLIVEIRA, Pedro Fontoura	CFB	Lisboa	29/05/2004
Recordes Nacionais 50m 13	9:12.56	OLIVEIRA, Pedro Fontoura	CFB	Lisboa	27/07/2003

Pontos: AQUA 2024

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
Juvenis B							
1.	MONTEIRO, Afonso Carvalho	10	POR	Famalicao	8:57.94	+0,72	593
	100m: 1:02.83 1:02.83	300m: 3:18.21 1:08.01	500m: 5:34.93 1:08.28	700m: 7:52.09 1:08.47			
	200m: 2:10.20 1:07.37	400m: 4:26.65 1:08.44	600m: 6:43.62 1:08.69	800m: 8:57.94 1:05.85			
2.	RIBEIRO, Dinis Aresta	10	POR	Sporting	9:04.14	+0,80	573
	100m: 1:04.51 1:04.51	300m: 3:21.99 1:08.63	500m: 5:39.23 1:08.72	700m: 7:57.07 1:09.06			
	200m: 2:13.36 1:08.85	400m: 4:30.51 1:08.52	600m: 6:48.01 1:08.78	800m: 9:04.14 1:07.07			
3.	PACHECO, David Filipe	10	POR	BUZIOS - Coruche	9:07.71	+0,72	562
	100m: 1:02.57 1:02.57	300m: 3:19.94 1:09.36	500m: 5:40.41 1:09.81	700m: 8:00.31 1:09.97			
	200m: 2:10.58 1:08.01	400m: 4:30.60 1:10.66	600m: 6:50.34 1:09.93	800m: 9:07.71 1:07.40			
4.	PEREIRA, Guilherme Valente	10	POR	Adrcimm	9:16.58	+0,71	536
	100m: 1:06.31 1:06.31	300m: 3:27.75 1:10.82	500m: 5:48.55 1:10.62	700m: 8:08.18 1:09.92			
	200m: 2:16.93 1:10.62	400m: 4:37.93 1:10.18	600m: 6:58.26 1:09.71	800m: 9:16.58 1:08.40			
5.	SANTOS, Andre Ferreira	10	POR	Academico Viseu Futebol Clube	9:18.26	+0,79	531
	100m: 1:04.18 1:04.18	300m: 3:23.82 1:10.34	500m: 5:48.53 1:12.66	700m: 8:10.01 1:10.49			
	200m: 2:13.48 1:09.30	400m: 4:35.87 1:12.05	600m: 6:59.52 1:10.99	800m: 9:18.26 1:08.25			
6.	DIAS, Rodrigo Ferrao	10	POR	Sporting	9:21.70	+0,79	521
	100m: 1:05.99 1:05.99	300m: 3:28.84 1:12.00	500m: 5:51.46 1:11.08	700m: 8:12.10 1:09.79			
	200m: 2:16.84 1:10.85	400m: 4:40.38 1:11.54	600m: 7:02.31 1:10.85	800m: 9:21.70 1:09.60			
7.	RAPOSO, Mateus Medeiros	10	POR	Clube Desportivo Nacional	9:23.68	+0,79	516
	100m: 1:05.16 1:05.16	300m: 3:26.59 1:11.41	500m: 5:51.19 1:12.48	700m: 8:14.59 1:11.87			
	200m: 2:15.18 1:10.02	400m: 4:38.71 1:12.12	600m: 7:02.72 1:11.53	800m: 9:23.68 1:09.09			
8.	TOMAS, Rodrigo Cardoso	10	POR	Alcobaca	9:28.43	+0,63	503
	100m: 1:07.26 1:07.26	300m: 3:31.49 1:12.16	500m: 5:55.76 1:10.78	700m: 8:19.36 1:11.00			
	200m: 2:19.33 1:12.07	400m: 4:44.98 1:13.49	600m: 7:08.36 1:12.60	800m: 9:28.43 1:09.07			
9.	MACHADO, Rafael Almeida	10	POR	Braga	9:35.57	+0,96	484
	100m: 1:05.85 1:05.85	300m: 3:31.01 1:12.98	500m: 5:58.05 1:13.98	700m: 8:25.25 1:13.51			
	200m: 2:18.03 1:12.18	400m: 4:44.07 1:13.06	600m: 7:11.74 1:13.69	800m: 9:35.57 1:10.32			
10.	MARQUES, Rodrigo Almeida	10	POR	Braga	9:36.18	+0,71	483
	100m: 1:05.69 1:05.69	300m: 3:31.09 1:13.01	500m: 5:59.22 1:14.01	700m: 8:26.36 1:13.01			
	200m: 2:18.08 1:12.39	400m: 4:45.21 1:14.12	600m: 7:13.35 1:14.13	800m: 9:36.18 1:09.82			
11.	REIS, Afonso Ferreira	10	POR	Nautico Marinha Grande	9:36.79	+0,71	481
	100m: 1:04.95 1:04.95	300m: 3:31.43 1:13.27	500m: 5:58.79 1:14.38	700m: 8:26.33 1:13.71			
	200m: 2:18.16 1:13.21	400m: 4:44.41 1:12.98	600m: 7:12.62 1:13.83	800m: 9:36.79 1:10.46			
12.	PEDROSA, Francisco Lourenc	10	POR	Nautico Marinha Grande	9:45.49	+0,55	460
	100m: 1:08.57 1:08.57	300m: 3:35.72 1:13.70	500m: 6:04.77 1:14.54	700m: 8:33.63 1:14.29			
	200m: 2:22.02 1:13.45	400m: 4:50.23 1:14.51	600m: 7:19.34 1:14.57	800m: 9:45.49 1:11.86			

Prova 33, Masc., 800m Livres, Juvenis B

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
13.	BRILHA, Martim Marino	10	POR	Os Belenenses	9:53.67	+0,77	441
	100m: 1:07.38 1:07.38	300m: 3:36.00 1:15.01	500m: 6:07.96 1:16.43	700m: 8:39.34 1:15.55			
	200m: 2:20.99 1:13.61	400m: 4:51.53 1:15.53	600m: 7:23.79 1:15.83	800m: 9:53.67 1:14.33			

Juvenis A

1.	MACEDO, Martim Cunha	09	POR	Natacao da Maia	8:52.64	+0,65	611
	100m: 1:00.36 1:00.36	300m: 3:13.00 1:07.12	500m: 5:30.06 1:08.82	700m: 7:46.40 1:07.82			
	200m: 2:05.88 1:05.52	400m: 4:21.24 1:08.24	600m: 6:38.58 1:08.52	800m: 8:52.64 1:06.24			
2.	KOT, Paulo	09	POR	Nautico Marinha Grande	9:02.47	+0,73	578
	100m: 1:02.18 1:02.18	300m: 3:17.33 1:08.54	500m: 5:36.25 1:09.46	700m: 7:54.85 1:09.05			
	200m: 2:08.79 1:06.61	400m: 4:26.79 1:09.46	600m: 6:45.80 1:09.55	800m: 9:02.47 1:07.62			
3.	MONIZ, Rafael Lin	09	POR	Naval Setubalense	9:02.66	+0,70	578
	100m: 1:03.31 1:03.31	300m: 3:19.80 1:08.34	500m: 5:37.94 1:08.89	700m: 7:56.59 1:09.09			
	200m: 2:11.46 1:08.15	400m: 4:29.05 1:09.25	600m: 6:47.50 1:09.56	800m: 9:02.66 1:06.07			
4.	OLIVEIRA, Jose Pedro	09	POR	Tubaroes de Gaia	9:16.13	+0,70	537
	100m: 1:04.44 1:04.44	300m: 3:23.90 1:10.17	500m: 5:46.21 1:11.32	700m: 8:07.88 1:10.78			
	200m: 2:13.73 1:09.29	400m: 4:34.89 1:10.99	600m: 6:57.10 1:10.89	800m: 9:16.13 1:08.25			
5.	SILVA, Rafael Alexandre	09	POR	Louletano / Loule Aqui e Agora	9:20.87	+0,76	523
	100m: 1:04.51 1:04.51	300m: 3:25.57 1:11.13	500m: 5:48.60 1:11.59	700m: 8:11.41 1:11.21			
	200m: 2:14.44 1:09.93	400m: 4:37.01 1:11.44	600m: 7:00.20 1:11.60	800m: 9:20.87 1:09.46			
6.	BARROS, Raul Ventura	09	POR	Braga	9:31.84	+0,88	494
	100m: 1:07.13 1:07.13	300m: 3:29.23 1:11.13	500m: 5:53.94 1:12.77	700m: 8:20.40 1:13.19			
	200m: 2:18.10 1:10.97	400m: 4:41.17 1:11.94	600m: 7:07.21 1:13.27	800m: 9:31.84 1:11.44			

Juniores

1.	BORGES, Rodrigo Costa	07	POR	Fluvial Portuense	8:24.55	+0,71	719
	100m: 58.60 58.60	300m: 3:04.49 1:03.10	500m: 5:13.23 1:04.77	700m: 7:22.61 1:04.41			
	200m: 2:01.39 1:02.79	400m: 4:08.46 1:03.97	600m: 6:18.20 1:04.97	800m: 8:24.55 1:01.94			
2.	PEREIRA, Rui Silva	08	POR	Adrcimm	8:25.70	+0,88	714
	100m: 59.13 59.13	300m: 3:06.95 1:03.83	500m: 5:15.22 1:04.06	700m: 7:23.42 1:04.17			
	200m: 2:03.12 1:03.99	400m: 4:11.16 1:04.21	600m: 6:19.25 1:04.03	800m: 8:25.70 1:02.28			
3.	MEDEIROS, Miguel Fragoso	08	POR	Porto	8:30.57	+0,72	694
	100m: 59.68 59.68	300m: 3:06.67 1:03.39	500m: 5:16.12 1:04.96	700m: 7:27.24 1:05.84			
	200m: 2:03.28 1:03.60	400m: 4:11.16 1:04.49	600m: 6:21.40 1:05.28	800m: 8:30.57 1:03.33			
4.	MARQUES, Duarte Cachulo	07	POR	Condeixa Aqua Clube	8:37.77	+0,68	665
	100m: 58.95 58.95	300m: 3:06.89 1:04.12	500m: 5:18.86 1:06.77	700m: 7:32.20 1:06.87			
	200m: 2:02.77 1:03.82	400m: 4:12.09 1:05.20	600m: 6:25.33 1:06.47	800m: 8:37.77 1:05.57			
5.	PEIXOTO, Tomas Pinto	08	POR	Porto	8:41.16	+0,82	652
	100m: 1:01.09 1:01.09	300m: 3:11.48 1:05.40	500m: 5:22.58 1:05.40	700m: 7:35.61 1:06.13			
	200m: 2:06.08 1:04.99	400m: 4:17.18 1:05.70	600m: 6:29.48 1:06.90	800m: 8:41.16 1:05.55			
6.	ASMAR, Axel Guedes	07	POR	Sporting	8:44.54	+0,60	640
	100m: 59.80 59.80	300m: 3:09.91 1:05.66	500m: 5:23.80 1:07.35	700m: 7:39.76 1:08.12			
	200m: 2:04.25 1:04.45	400m: 4:16.45 1:06.54	600m: 6:31.64 1:07.84	800m: 8:44.54 1:04.78			
7.	CANELAS, Tiago Andre	08	POR	Fluvial Portuense	8:44.59	+0,70	640
	100m: 1:00.85 1:00.85	300m: 3:12.43 1:06.44	500m: 5:26.13 1:07.00	700m: 7:41.07 1:07.43			
	200m: 2:05.99 1:05.14	400m: 4:19.13 1:06.70	600m: 6:33.64 1:07.51	800m: 8:44.59 1:03.52			

Prova 33, Masc., 800m Livres, Juniores

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
8.	COSTA, Andre Leitao	07	POR	Foca Quinta Da Lixa - Cnf	8:49.30	+0,74	623
	100m: 1:02.69 1:02.69	300m: 3:16.07 1:06.30	500m: 5:30.58 1:08.14	700m: 7:45.06 1:07.39	800m: 8:49.30 1:04.24		
	200m: 2:09.77 1:07.08	400m: 4:22.44 1:06.37	600m: 6:37.67 1:07.09				
9.	RODRIGUES, Rafael Pereira	08	POR	Condeixa Aqua Clube	8:56.25	+0,71	599
	100m: 1:02.58 1:02.58	300m: 3:17.15 1:07.79	500m: 5:33.71 1:07.82	700m: 7:49.38 1:07.84	800m: 8:56.25 1:06.87		
	200m: 2:09.36 1:06.78	400m: 4:25.89 1:08.74	600m: 6:41.54 1:07.83				
10.	MIRANDA, Francisco Guilherme	08	POR	Naval Do Funchal	9:03.24	+0,58	576
	100m: 1:03.72 1:03.72	300m: 3:21.40 1:08.90	500m: 5:39.77 1:09.22	700m: 7:56.88 1:08.78	800m: 9:03.24 1:06.36		
	200m: 2:12.50 1:08.78	400m: 4:30.55 1:09.15	600m: 6:48.10 1:08.33				
11.	SOARES, Goncalo Augusto	08	POR	Porto	9:04.73	+0,86	571
	100m: 1:03.34 1:03.34	300m: 3:18.85 1:07.91	500m: 5:37.82 1:09.69	700m: 7:57.34 1:09.90	800m: 9:04.73 1:07.39		
	200m: 2:10.94 1:07.60	400m: 4:28.13 1:09.28	600m: 6:47.44 1:09.62				
12.	CASTRO, Marco Antonio	08	POR	Naval Do Funchal	9:05.38	+0,75	569
	100m: 1:03.23 1:03.23	300m: 3:20.36 1:09.25	500m: 5:39.52 1:09.72	700m: 8:00.18 1:10.25	800m: 9:05.38 1:05.20		
	200m: 2:11.11 1:07.88	400m: 4:29.80 1:09.44	600m: 6:49.93 1:10.41				
13.	JESUS, Vasco Franca	08	POR	Naval Do Funchal	9:05.66	+0,66	568
	100m: 1:02.91 1:02.91	300m: 3:20.01 1:09.13	500m: 5:39.40 1:09.73	700m: 8:00.67 1:10.75	800m: 9:05.66 1:04.99		
	200m: 2:10.88 1:07.97	400m: 4:29.67 1:09.66	600m: 6:49.92 1:10.52				
14.	RITA, Francisco Xavier	07	POR	Vieirense	9:05.68	+0,80	568
	100m: 1:03.10 1:03.10	300m: 3:20.50 1:09.19	500m: 5:39.75 1:09.05	700m: 7:58.15 1:08.72	800m: 9:05.68 1:07.53		
	200m: 2:11.31 1:08.21	400m: 4:30.70 1:10.20	600m: 6:49.43 1:09.68				
15.	GONCALVES COSTA, Afonso	08	POR	Colegio Efanor	9:07.78	+0,79	562
	100m: 1:04.16 1:04.16	300m: 3:22.03 1:09.18	500m: 5:40.03 1:08.99	700m: 7:59.36 1:10.07	800m: 9:07.78 1:08.42		
	200m: 2:12.85 1:08.69	400m: 4:31.04 1:09.01	600m: 6:49.29 1:09.26				
16.	VELHINHO, Miguel Lourenco	07	POR	Lagoa Academico Clube	9:09.03	+0,76	558
	100m: 1:03.24 1:03.24	300m: 3:21.21 1:09.42	500m: 5:40.39 1:09.57	700m: 8:00.87 1:09.97	800m: 9:09.03 1:08.16		
	200m: 2:11.79 1:08.55	400m: 4:30.82 1:09.61	600m: 6:50.90 1:10.51				
17.	OLIVEIRA, Marco Dimitar	07	POR	Cnac	9:11.68	+0,80	550
	100m: 1:03.61 1:03.61	300m: 3:24.30 1:10.87	500m: 5:44.09 1:09.69	700m: 8:04.50 1:10.13	800m: 9:11.68 1:07.18		
	200m: 2:13.43 1:09.82	400m: 4:34.40 1:10.10	600m: 6:54.37 1:10.28				
18.	SOUSA, Guilherme Simoes	08	POR	Cnac	9:14.82	+0,68	541
	100m: 1:03.55 1:03.55	300m: 3:23.06 1:10.18	500m: 5:44.71 1:10.83	700m: 8:06.50 1:10.52	800m: 9:14.82 1:08.32		
	200m: 2:12.88 1:09.33	400m: 4:33.88 1:10.82	600m: 6:55.98 1:11.27				
19.	SILVA, Eduardo Pires	08	POR	Vilacondense	9:18.45	+0,77	530
	100m: 1:03.77 1:03.77	300m: 3:23.91 1:10.73	500m: 5:47.04 1:11.39	700m: 8:10.29 1:11.21	800m: 9:18.45 1:08.16		
	200m: 2:13.18 1:09.41	400m: 4:35.65 1:11.74	600m: 6:59.08 1:12.04				
20.	BATISTA, Miguel Duarte	08	POR	Academico Viseu Futebol Clube	9:36.63	+0,85	482
	100m: 1:05.73 1:05.73	300m: 3:30.22 1:13.02	500m: 5:56.85 1:13.39	700m: 8:24.05 1:13.63	800m: 9:36.63 1:12.58		
	200m: 2:17.20 1:11.47	400m: 4:43.46 1:13.24	600m: 7:10.42 1:13.57				

Prova 33, Masc., 800m Livres

OPEN

1.	AMARAL, Francisco Rodriguez	02	POR	Porto	8:18.91	+0,72	744					
	100m:	58.87	58.87	300m:	3:03.68	1:02.43	500m:	5:08.86	1:02.55	700m:	7:15.23	1:03.31
	200m:	2:01.25	1:02.38	400m:	4:06.31	1:02.63	600m:	6:11.92	1:03.06	800m:	8:18.91	1:03.68
2.	BORGES, Rodrigo Costa	07	POR	Fluvial Portuense	8:24.55	+0,71	719					
	100m:	58.60	58.60	300m:	3:04.49	1:03.10	500m:	5:13.23	1:04.77	700m:	7:22.61	1:04.41
	200m:	2:01.39	1:02.79	400m:	4:08.46	1:03.97	600m:	6:18.20	1:04.97	800m:	8:24.55	1:01.94
3.	CARDOSO, Diogo Santos	01	POR	Sporting	8:25.70	+0,75	714					
	100m:	1:01.63	1:01.63	300m:	3:10.03	1:03.95	500m:	5:18.35	1:03.93	700m:	7:25.90	1:03.69
	200m:	2:06.08	1:04.45	400m:	4:14.42	1:04.39	600m:	6:22.21	1:03.86	800m:	8:25.70	59.80
	PEREIRA, Rui Silva	08	POR	Adrcimm	8:25.70	+0,88	714					
	100m:	59.13	59.13	300m:	3:06.95	1:03.83	500m:	5:15.22	1:04.06	700m:	7:23.42	1:04.17
	200m:	2:03.12	1:03.99	400m:	4:11.16	1:04.21	600m:	6:19.25	1:04.03	800m:	8:25.70	1:02.28
5.	TIGRE, Pedro Bethlem	06	POR	Sporting	8:28.84	+0,62	701					
	100m:	58.11	58.11	300m:	3:04.94	1:03.62	500m:	5:14.86	1:05.08	700m:	7:25.80	1:05.48
	200m:	2:01.32	1:03.21	400m:	4:09.78	1:04.84	600m:	6:20.32	1:05.46	800m:	8:28.84	1:03.04
6.	CAMPOS, Tiago Filipe	99	POR	Porto	8:30.26	+0,82	695					
	100m:	59.07	59.07	300m:	3:06.13	1:03.61	500m:	5:16.11	1:05.31	700m:	7:27.24	1:05.46
	200m:	2:02.52	1:03.45	400m:	4:10.80	1:04.67	600m:	6:21.78	1:05.67	800m:	8:30.26	1:03.02
7.	MEDEIROS, Miguel Fragoso	08	POR	Porto	8:30.57	+0,72	694					
	100m:	59.68	59.68	300m:	3:06.67	1:03.39	500m:	5:16.12	1:04.96	700m:	7:27.24	1:05.84
	200m:	2:03.28	1:03.60	400m:	4:11.16	1:04.49	600m:	6:21.40	1:05.28	800m:	8:30.57	1:03.33
8.	FERRAO, Gabriel Carvalho	05	POR	Benfica	8:34.14	+0,63	680					
	100m:	58.62	58.62	300m:	3:06.41	1:03.75	500m:	5:14.73	1:04.03	700m:	7:26.52	1:07.40
	200m:	2:02.66	1:04.04	400m:	4:10.70	1:04.29	600m:	6:19.12	1:04.39	800m:	8:34.14	1:07.62
9.	SARREIRA, Tomas Amor	05	POR	Porto	8:35.62	+0,78	674					
	100m:	1:00.76	1:00.76	300m:	3:10.38	1:04.83	500m:	5:21.03	1:05.57	700m:	7:32.07	1:05.47
	200m:	2:05.55	1:04.79	400m:	4:15.46	1:05.08	600m:	6:26.60	1:05.57	800m:	8:35.62	1:03.55
10.	LOUREIRO, Bruno Silva	06	POR	Porto	8:36.43	+0,73	671					
	100m:	58.63	58.63	300m:	3:07.32	1:04.68	500m:	5:19.08	1:05.71	700m:	7:31.41	1:06.89
	200m:	2:02.64	1:04.01	400m:	4:13.37	1:06.05	600m:	6:24.52	1:05.44	800m:	8:36.43	1:05.02
11.	MARQUES, Duarte Cachulo	07	POR	Condeixa Aqua Clube	8:37.77	+0,68	665					
	100m:	58.95	58.95	300m:	3:06.89	1:04.12	500m:	5:18.86	1:06.77	700m:	7:32.20	1:06.87
	200m:	2:02.77	1:03.82	400m:	4:12.09	1:05.20	600m:	6:25.33	1:06.47	800m:	8:37.77	1:05.57
12.	SIMOES, Bernardo Jorge	04	POR	Os Belenenses	8:38.30	+0,76	663					
	100m:	1:00.76	1:00.76	300m:	3:11.19	1:05.27	500m:	5:22.56	1:05.91	700m:	7:34.65	1:05.59
	200m:	2:05.92	1:05.16	400m:	4:16.65	1:05.46	600m:	6:29.06	1:06.50	800m:	8:38.30	1:03.65
13.	PEIXOTO, Tomas Pinto	08	POR	Porto	8:41.16	+0,82	652					
	100m:	1:01.09	1:01.09	300m:	3:11.48	1:05.40	500m:	5:22.58	1:05.40	700m:	7:35.61	1:06.13
	200m:	2:06.08	1:04.99	400m:	4:17.18	1:05.70	600m:	6:29.48	1:06.90	800m:	8:41.16	1:05.55
14.	ASMAR, Axel Guedes	07	POR	Sporting	8:44.54	+0,60	640					
	100m:	59.80	59.80	300m:	3:09.91	1:05.66	500m:	5:23.80	1:07.35	700m:	7:39.76	1:08.12
	200m:	2:04.25	1:04.45	400m:	4:16.45	1:06.54	600m:	6:31.64	1:07.84	800m:	8:44.54	1:04.78
15.	CANELAS, Tiago Andre	08	POR	Fluvial Portuense	8:44.59	+0,70	640					
	100m:	1:00.85	1:00.85	300m:	3:12.43	1:06.44	500m:	5:26.13	1:07.00	700m:	7:41.07	1:07.43
	200m:	2:05.99	1:05.14	400m:	4:19.13	1:06.70	600m:	6:33.64	1:07.51	800m:	8:44.59	1:03.52

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Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA	
16.	CARVALHO, Goncalo Renato	04	POR	Porto	8:48.51	+0,72	626	
	100m: 1:01.64 1:01.64	300m: 3:13.09 1:06.36	500m: 5:27.50 1:07.28	700m: 7:42.54 1:07.46	200m: 2:06.73 1:05.09	400m: 4:20.22 1:07.13	600m: 6:35.08 1:07.58	800m: 8:48.51 1:05.97
17.	COSTA, Andre Leitao	07	POR	Foca Quinta Da Lixa - Cnf	8:49.30	+0,74	623	
	100m: 1:02.69 1:02.69	300m: 3:16.07 1:06.30	500m: 5:30.58 1:08.14	700m: 7:45.06 1:07.39	200m: 2:09.77 1:07.08	400m: 4:22.44 1:06.37	600m: 6:37.67 1:07.09	800m: 8:49.30 1:04.24
18.	MATOS, Rodrigo Onofre	06	POR	Os Belenenses	8:49.81	+0,65	621	
	100m: 1:02.84 1:02.84	300m: 3:16.55 1:06.61	500m: 5:30.69 1:07.40	700m: 7:45.80 1:07.50	200m: 2:09.94 1:07.10	400m: 4:23.29 1:06.74	600m: 6:38.30 1:07.61	800m: 8:49.81 1:04.01
19.	MACEDO, Martim Cunha	09	POR	Natacao da Maia	8:52.64	+0,65	611	
	100m: 1:00.36 1:00.36	300m: 3:13.00 1:07.12	500m: 5:30.06 1:08.82	700m: 7:46.40 1:07.82	200m: 2:05.88 1:05.52	400m: 4:21.24 1:08.24	600m: 6:38.58 1:08.52	800m: 8:52.64 1:06.24
20.	MARQUES, Joao Ferreira	06	POR	Aac	8:54.54	+0,68	605	
	100m: 1:01.65 1:01.65	300m: 3:14.50 1:07.04	500m: 5:30.99 1:08.49	700m: 7:48.88 1:09.13	200m: 2:07.46 1:05.81	400m: 4:22.50 1:08.00	600m: 6:39.75 1:08.76	800m: 8:54.54 1:05.66
21.	RODRIGUES, Rafael Pereira	08	POR	Condeixa Aqua Clube	8:56.25	+0,71	599	
	100m: 1:02.58 1:02.58	300m: 3:17.15 1:07.79	500m: 5:33.71 1:07.82	700m: 7:49.38 1:07.84	200m: 2:09.36 1:06.78	400m: 4:25.89 1:08.74	600m: 6:41.54 1:07.83	800m: 8:56.25 1:06.87
22.	MONTEIRO, Afonso Carvalho	10	POR	Famalição	8:57.94	+0,72	593	
	100m: 1:02.83 1:02.83	300m: 3:18.21 1:08.01	500m: 5:34.93 1:08.28	700m: 7:52.09 1:08.47	200m: 2:10.20 1:07.37	400m: 4:26.65 1:08.44	600m: 6:43.62 1:08.69	800m: 8:57.94 1:05.85
23.	KOT, Paulo	09	POR	Nautico Marinha Grande	9:02.47	+0,73	578	
	100m: 1:02.18 1:02.18	300m: 3:17.33 1:08.54	500m: 5:36.25 1:09.46	700m: 7:54.85 1:09.05	200m: 2:08.79 1:06.61	400m: 4:26.79 1:09.46	600m: 6:45.80 1:09.55	800m: 9:02.47 1:07.62
24.	MONIZ, Rafael Lin	09	POR	Naval Setubalense	9:02.66	+0,70	578	
	100m: 1:03.31 1:03.31	300m: 3:19.80 1:08.34	500m: 5:37.94 1:08.89	700m: 7:56.59 1:09.09	200m: 2:11.46 1:08.15	400m: 4:29.05 1:09.25	600m: 6:47.50 1:09.56	800m: 9:02.66 1:06.07
25.	MIRANDA, Francisco Guilherm	08	POR	Naval Do Funchal	9:03.24	+0,58	576	
	100m: 1:03.72 1:03.72	300m: 3:21.40 1:08.90	500m: 5:39.77 1:09.22	700m: 7:56.88 1:08.78	200m: 2:12.50 1:08.78	400m: 4:30.55 1:09.15	600m: 6:48.10 1:08.33	800m: 9:03.24 1:06.36
26.	RIBEIRO, Dinis Aresta	10	POR	Sporting	9:04.14	+0,80	573	
	100m: 1:04.51 1:04.51	300m: 3:21.99 1:08.63	500m: 5:39.23 1:08.72	700m: 7:57.07 1:09.06	200m: 2:13.36 1:08.85	400m: 4:30.51 1:08.52	600m: 6:48.01 1:08.78	800m: 9:04.14 1:07.07
27.	SOARES, Goncalo Augusto	08	POR	Porto	9:04.73	+0,86	571	
	100m: 1:03.34 1:03.34	300m: 3:18.85 1:07.91	500m: 5:37.82 1:09.69	700m: 7:57.34 1:09.90	200m: 2:10.94 1:07.60	400m: 4:28.13 1:09.28	600m: 6:47.44 1:09.62	800m: 9:04.73 1:07.39
28.	CASTRO, Marco Antonio	08	POR	Naval Do Funchal	9:05.38	+0,75	569	
	100m: 1:03.23 1:03.23	300m: 3:20.36 1:09.25	500m: 5:39.52 1:09.72	700m: 8:00.18 1:10.25	200m: 2:11.11 1:07.88	400m: 4:29.80 1:09.44	600m: 6:49.93 1:10.41	800m: 9:05.38 1:05.20
29.	JESUS, Vasco Franca	08	POR	Naval Do Funchal	9:05.66	+0,66	568	
	100m: 1:02.91 1:02.91	300m: 3:20.01 1:09.13	500m: 5:39.40 1:09.73	700m: 8:00.67 1:10.75	200m: 2:10.88 1:07.97	400m: 4:29.67 1:09.66	600m: 6:49.92 1:10.52	800m: 9:05.66 1:04.99
30.	RITA, Francisco Xavier	07	POR	Vieirense	9:05.68	+0,80	568	
	100m: 1:03.10 1:03.10	300m: 3:20.50 1:09.19	500m: 5:39.75 1:09.05	700m: 7:58.15 1:08.72	200m: 2:11.31 1:08.21	400m: 4:30.70 1:10.20	600m: 6:49.43 1:09.68	800m: 9:05.68 1:07.53

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Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
31.	GOMES, Joao Almeida	06	POR	Nacional de Nataçao	9:07.37	+0,67	563
	100m: 1:03.21 1:03.21	300m: 3:19.99 1:08.47	500m: 5:38.59 1:09.30	700m: 7:58.92 1:10.39	800m: 9:07.37 1:08.45		
	200m: 2:11.52 1:08.31	400m: 4:29.29 1:09.30	600m: 6:48.53 1:09.94				
32.	PACHECO, David Filipe	10	POR	BUZIOS - Coruche	9:07.71	+0,72	562
	100m: 1:02.57 1:02.57	300m: 3:19.94 1:09.36	500m: 5:40.41 1:09.81	700m: 8:00.31 1:09.97	800m: 9:07.71 1:07.40		
	200m: 2:10.58 1:08.01	400m: 4:30.60 1:10.66	600m: 6:50.34 1:09.93				
33.	GONCALVES COSTA, Afonso	08	POR	Colegio Efanor	9:07.78	+0,79	562
	100m: 1:04.16 1:04.16	300m: 3:22.03 1:09.18	500m: 5:40.03 1:08.99	700m: 7:59.36 1:10.07	800m: 9:07.78 1:08.42		
	200m: 2:12.85 1:08.69	400m: 4:31.04 1:09.01	600m: 6:49.29 1:09.26				
34.	VELHINHO, Miguel Lourenco	07	POR	Lagoa Academico Clube	9:09.03	+0,76	558
	100m: 1:03.24 1:03.24	300m: 3:21.21 1:09.42	500m: 5:40.39 1:09.57	700m: 8:00.87 1:09.97	800m: 9:09.03 1:08.16		
	200m: 2:11.79 1:08.55	400m: 4:30.82 1:09.61	600m: 6:50.90 1:10.51				
35.	OLIVEIRA, Marco Dimitar	07	POR	Cnac	9:11.68	+0,80	550
	100m: 1:03.61 1:03.61	300m: 3:24.30 1:10.87	500m: 5:44.09 1:09.69	700m: 8:04.50 1:10.13	800m: 9:11.68 1:07.18		
	200m: 2:13.43 1:09.82	400m: 4:34.40 1:10.10	600m: 6:54.37 1:10.28				
36.	SOUSA, Guilherme Simoes	08	POR	Cnac	9:14.82	+0,68	541
	100m: 1:03.55 1:03.55	300m: 3:23.06 1:10.18	500m: 5:44.71 1:10.83	700m: 8:06.50 1:10.52	800m: 9:14.82 1:08.32		
	200m: 2:12.88 1:09.33	400m: 4:33.88 1:10.82	600m: 6:55.98 1:11.27				
37.	OLIVEIRA, Jose Pedro	09	POR	Tubaroes de Gaia	9:16.13	+0,70	537
	100m: 1:04.44 1:04.44	300m: 3:23.90 1:10.17	500m: 5:46.21 1:11.32	700m: 8:07.88 1:10.78	800m: 9:16.13 1:08.25		
	200m: 2:13.73 1:09.29	400m: 4:34.89 1:10.99	600m: 6:57.10 1:10.89				
38.	PEREIRA, Guilherme Valente	10	POR	Adrcimm	9:16.58	+0,71	536
	100m: 1:06.31 1:06.31	300m: 3:27.75 1:10.82	500m: 5:48.55 1:10.62	700m: 8:08.18 1:09.92	800m: 9:16.58 1:08.40		
	200m: 2:16.93 1:10.62	400m: 4:37.93 1:10.18	600m: 6:58.26 1:09.71				
39.	MARQUES, Jose Miguel	06	POR	Condeixa Aqua Clube	9:18.08	+0,79	531
	100m: 1:03.77 1:03.77	300m: 3:25.14 1:11.02	500m: 5:46.07 1:09.66	700m: 8:07.86 1:11.14	800m: 9:18.08 1:10.22		
	200m: 2:14.12 1:10.35	400m: 4:36.41 1:11.27	600m: 6:56.72 1:10.65				
40.	SANTOS, Andre Ferreira	10	POR	Academico Viseu Futebol Clube	9:18.26	+0,79	531
	100m: 1:04.18 1:04.18	300m: 3:23.82 1:10.34	500m: 5:48.53 1:12.66	700m: 8:10.01 1:10.49	800m: 9:18.26 1:08.25		
	200m: 2:13.48 1:09.30	400m: 4:35.87 1:12.05	600m: 6:59.52 1:10.99				
41.	SILVA, Eduardo Pires	08	POR	Vilacondense	9:18.45	+0,77	530
	100m: 1:03.77 1:03.77	300m: 3:23.91 1:10.73	500m: 5:47.04 1:11.39	700m: 8:10.29 1:11.21	800m: 9:18.45 1:08.16		
	200m: 2:13.18 1:09.41	400m: 4:35.65 1:11.74	600m: 6:59.08 1:12.04				
42.	SILVA, Rafael Alexandre	09	POR	Louletano / Loule Aqui e Agora	9:20.87	+0,76	523
	100m: 1:04.51 1:04.51	300m: 3:25.57 1:11.13	500m: 5:48.60 1:11.59	700m: 8:11.41 1:11.21	800m: 9:20.87 1:09.46		
	200m: 2:14.44 1:09.93	400m: 4:37.01 1:11.44	600m: 7:00.20 1:11.60				
43.	DIAS, Rodrigo Ferrao	10	POR	Sporting	9:21.70	+0,79	521
	100m: 1:05.99 1:05.99	300m: 3:28.84 1:12.00	500m: 5:51.46 1:11.08	700m: 8:12.10 1:09.79	800m: 9:21.70 1:09.60		
	200m: 2:16.84 1:10.85	400m: 4:40.38 1:11.54	600m: 7:02.31 1:10.85				
44.	RAPOSO, Mateus Medeiros	10	POR	Clube Desportivo Nacional	9:23.68	+0,79	516
	100m: 1:05.16 1:05.16	300m: 3:26.59 1:11.41	500m: 5:51.19 1:12.48	700m: 8:14.59 1:11.87	800m: 9:23.68 1:09.09		
	200m: 2:15.18 1:10.02	400m: 4:38.71 1:12.12	600m: 7:02.72 1:11.53				
45.	TOMAS, Rodrigo Cardoso	10	POR	Alcobaca	9:28.43	+0,63	503
	100m: 1:07.26 1:07.26	300m: 3:31.49 1:12.16	500m: 5:55.76 1:10.78	700m: 8:19.36 1:11.00	800m: 9:28.43 1:09.07		
	200m: 2:19.33 1:12.07	400m: 4:44.98 1:13.49	600m: 7:08.36 1:12.60				

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Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
46.	BARROS, Raul Ventura	09	POR	Braga	9:31.84	+0,88	494
	100m: 1:07.13 1:07.13	300m: 3:29.23 1:11.13	500m: 5:53.94 1:12.77	700m: 8:20.40 1:13.19			
	200m: 2:18.10 1:10.97	400m: 4:41.17 1:11.94	600m: 7:07.21 1:13.27	800m: 9:31.84 1:11.44			
47.	MACHADO, Rafael Almeida	10	POR	Braga	9:35.57	+0,96	484
	100m: 1:05.85 1:05.85	300m: 3:31.01 1:12.98	500m: 5:58.05 1:13.98	700m: 8:25.25 1:13.51			
	200m: 2:18.03 1:12.18	400m: 4:44.07 1:13.06	600m: 7:11.74 1:13.69	800m: 9:35.57 1:10.32			
48.	MARQUES, Rodrigo Almeida	10	POR	Braga	9:36.18	+0,71	483
	100m: 1:05.69 1:05.69	300m: 3:31.09 1:13.01	500m: 5:59.22 1:14.01	700m: 8:26.36 1:13.01			
	200m: 2:18.08 1:12.39	400m: 4:45.21 1:14.12	600m: 7:13.35 1:14.13	800m: 9:36.18 1:09.82			
49.	BATISTA, Miguel Duarte	08	POR	Academico Viseu Futebol Clube	9:36.63	+0,85	482
	100m: 1:05.73 1:05.73	300m: 3:30.22 1:13.02	500m: 5:56.85 1:13.39	700m: 8:24.05 1:13.63			
	200m: 2:17.20 1:11.47	400m: 4:43.46 1:13.24	600m: 7:10.42 1:13.57	800m: 9:36.63 1:12.58			
50.	REIS, Afonso Ferreira	10	POR	Nautico Marinha Grande	9:36.79	+0,71	481
	100m: 1:04.95 1:04.95	300m: 3:31.43 1:13.27	500m: 5:58.79 1:14.38	700m: 8:26.33 1:13.71			
	200m: 2:18.16 1:13.21	400m: 4:44.41 1:12.98	600m: 7:12.62 1:13.83	800m: 9:36.79 1:10.46			
51.	PEDROSA, Francisco Lourenc	10	POR	Nautico Marinha Grande	9:45.49	+0,55	460
	100m: 1:08.57 1:08.57	300m: 3:35.72 1:13.70	500m: 6:04.77 1:14.54	700m: 8:33.63 1:14.29			
	200m: 2:22.02 1:13.45	400m: 4:50.23 1:14.51	600m: 7:19.34 1:14.57	800m: 9:45.49 1:11.86			
52.	BRILHA, Martim Marinho	10	POR	Os Belenenses	9:53.67	+0,77	441
	100m: 1:07.38 1:07.38	300m: 3:36.00 1:15.01	500m: 6:07.96 1:16.43	700m: 8:39.34 1:15.55			
	200m: 2:20.99 1:13.61	400m: 4:51.53 1:15.53	600m: 7:23.79 1:15.83	800m: 9:53.67 1:14.33			
EXH	CRUZ, Miguel Duarte	99	POR	Os Belenenses	9:16.41	+0,74	536
	<i>Recorde Nacional</i>						
	100m: 1:06.41 1:06.41	300m: 3:27.39 1:10.85	500m: 5:48.32 1:10.61	700m: 8:08.99 1:10.37			
	200m: 2:16.54 1:10.13	400m: 4:37.71 1:10.32	600m: 6:58.62 1:10.30	800m: 9:16.41 1:07.42			
EXH	BELEZAS, Ricardo Andrade	91	POR	Os Belenenses	9:30.13	+0,75	498
	100m: 1:05.95 1:05.95	300m: 3:29.19 1:12.29	500m: 5:54.74 1:12.70	700m: 8:19.68 1:12.36			
	200m: 2:16.90 1:10.95	400m: 4:42.04 1:12.85	600m: 7:07.32 1:12.58	800m: 9:30.13 1:10.45			