

Prova 11

Masc., 1500m Livres

Open

04/04/2025 - 17:00

Resultados

Recordes Nacionais 50m Open	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	30/03/2017
Recordes Nacionais 50m Sen	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	30/03/2017
Recordes Nacionais 50m Jun 18	15:23.46	PINA, Guilherme Filipe	POR	Hodmezzovasarhely (HUN)	07/07/2016
Recordes Nacionais 50m Jun 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SGP)	30/08/2015
Recordes Nacionais 50m Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Recordes Nacionais 50m Juv B	16:11.75	PEREIRA, Rui Silva	POR	Coimbra	27/05/2023
Recordes Nacionais 50m 14	16:43.48	OLIVEIRA, Pedro Fontoura	CFB	Rio Maior	19/06/2004
Recordes Nacionais 50m 13	17:21.58	OLIVEIRA, Pedro Fontoura	CFB	Restelo	27/07/2003

Pontos: AQUA 2024

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
<b>Juvenis B</b>							
1.	<b>MONTEIRO, Afonso Carvalho</b>	10	POR	Famalicão	<b>17:09.06</b>	<b>+0,74</b>	<b>606</b>
	100m: 1:03.42 1:03.42	500m: 5:36.92 1:08.72	900m: 10:15.58 1:09.83	1300m: 14:54.05 1:09.36			
	200m: 2:10.89 1:07.47	600m: 6:46.58 1:09.66	1000m: 11:25.28 1:09.70	1400m: 16:03.16 1:09.11			
	300m: 3:19.51 1:08.62	700m: 7:56.22 1:09.64	1100m: 12:35.27 1:09.99	1500m: 17:09.06 1:05.90			
	400m: 4:28.20 1:08.69	800m: 9:05.75 1:09.53	1200m: 13:44.69 1:09.42				
2.	<b>RIBEIRO, Dinis Aresta</b>	10	POR	Sporting	<b>17:23.58</b>	<b>+0,86</b>	<b>581</b>
	100m: 1:08.45 1:08.45	500m: 5:52.22 1:10.02	900m: 10:30.72 1:09.90	1300m: 15:07.32 1:09.42			
	200m: 2:20.59 1:12.14	600m: 7:02.02 1:09.80	1000m: 11:40.15 1:09.43	1400m: 16:16.64 1:09.32			
	300m: 3:31.62 1:11.03	700m: 8:11.45 1:09.43	1100m: 12:48.89 1:08.74	1500m: 17:23.58 1:06.94			
	400m: 4:42.20 1:10.58	800m: 9:20.82 1:09.37	1200m: 13:57.90 1:09.01				
3.	<b>PACHECO, David Filipe</b>	10	POR	BUZIOS - Coruche	<b>17:31.64</b>	<b>+0,74</b>	<b>568</b>
	100m: 1:02.64 1:02.64	500m: 5:42.24 1:11.09	900m: 10:27.43 1:11.45	1300m: 15:13.45 1:11.53			
	200m: 2:10.85 1:08.21	600m: 6:53.50 1:11.26	1000m: 11:38.99 1:11.56	1400m: 16:24.24 1:10.79			
	300m: 3:20.75 1:09.90	700m: 8:04.64 1:11.14	1100m: 12:50.46 1:11.47	1500m: 17:31.64 1:07.40			
	400m: 4:31.15 1:10.40	800m: 9:15.98 1:11.34	1200m: 14:01.92 1:11.46				
4.	<b>SANTOS, Andre Ferreira</b>	10	POR	Academico Viseu Futebol Clube	<b>17:34.93</b>	<b>+0,74</b>	<b>562</b>
	100m: 1:06.82 1:06.82	500m: 5:46.39 1:09.80	900m: 10:28.58 1:11.33	1300m: 15:15.33 1:11.69			
	200m: 2:17.05 1:10.23	600m: 6:56.01 1:09.62	1000m: 11:40.50 1:11.92	1400m: 16:25.93 1:10.60			
	300m: 3:26.53 1:09.48	700m: 8:06.50 1:10.49	1100m: 12:52.14 1:11.64	1500m: 17:34.93 1:09.00			
	400m: 4:36.59 1:10.06	800m: 9:17.25 1:10.75	1200m: 14:03.64 1:11.50				
5.	<b>DIAS, Rodrigo Ferrao</b>	10	POR	Sporting	<b>17:50.06</b>	<b>+0,79</b>	<b>539</b>
	100m: 1:07.15 1:07.15	500m: 5:51.64 1:10.78	900m: 10:36.73 1:11.60	1300m: 15:26.12 1:13.63			
	200m: 2:19.11 1:11.96	600m: 7:02.56 1:10.92	1000m: 11:47.95 1:11.22	1400m: 16:39.29 1:13.17			
	300m: 3:29.97 1:10.86	700m: 8:13.78 1:11.22	1100m: 13:00.15 1:12.20	1500m: 17:50.06 1:10.77			
	400m: 4:40.86 1:10.89	800m: 9:25.13 1:11.35	1200m: 14:12.49 1:12.34				
6.	<b>PEREIRA, Guilherme Valente</b>	10	POR	Adrcimm	<b>17:58.00</b>		<b>527</b>
	100m: 1:08.21 1:08.21	500m: 5:52.51 1:10.22	900m: 10:38.93 1:12.00	1300m: 15:33.14 1:14.21			
	200m: 2:20.40 1:12.19	600m: 7:03.75 1:11.24	1000m: 11:52.15 1:13.22	1400m: 16:46.19 1:13.05			
	300m: 3:31.51 1:11.11	700m: 8:15.30 1:11.55	1100m: 13:05.62 1:13.47	1500m: 17:58.00 1:11.81			
	400m: 4:42.29 1:10.78	800m: 9:26.93 1:11.63	1200m: 14:18.93 1:13.31				
7.	<b>RAPOSO, Mateus Medeiros</b>	10	POR	Clube Desportivo Nacional	<b>18:07.03</b>	<b>+0,84</b>	<b>514</b>
	100m: 1:07.20 1:07.20	500m: 5:56.35 1:12.90	900m: 10:49.97 1:13.84	1300m: 15:43.62 1:13.37			
	200m: 2:19.39 1:12.19	600m: 7:09.50 1:13.15	1000m: 12:03.38 1:13.41	1400m: 16:55.72 1:12.10			
	300m: 3:30.97 1:11.58	700m: 8:23.49 1:13.99	1100m: 13:16.94 1:13.56	1500m: 18:07.03 1:11.31			
	400m: 4:43.45 1:12.48	800m: 9:36.13 1:12.64	1200m: 14:30.25 1:13.31				
8.	<b>MACHADO, Rafael Almeida</b>	10	POR	Braga	<b>18:27.05</b>	<b>+0,87</b>	<b>487</b>
	100m: 1:08.77 1:08.77	500m: 6:06.67 1:14.87	900m: 11:03.78 1:14.36	1300m: 16:01.60 1:14.45			
	200m: 2:22.88 1:14.11	600m: 7:21.31 1:14.64	1000m: 12:18.47 1:14.69	1400m: 17:15.74 1:14.14			
	300m: 3:37.42 1:14.54	700m: 8:35.30 1:13.99	1100m: 13:32.48 1:14.01	1500m: 18:27.05 1:11.31			
	400m: 4:51.80 1:14.38	800m: 9:49.42 1:14.12	1200m: 14:47.15 1:14.67				

Prova 11, Masc., 1500m Livres, Juvenis B

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
9.	MARQUES, Rodrigo Almeida	10	POR	Braga	<b>18:30.94</b>	+0,92	481
	100m: 1:08.82 1:08.82	500m: 6:06.62 1:15.15	900m: 11:04.28 1:14.34	1300m: 16:03.43 1:15.38			
	200m: 2:22.60 1:13.78	600m: 7:21.28 1:14.66	1000m: 12:18.82 1:14.54	1400m: 17:18.08 1:14.65			
	300m: 3:37.25 1:14.65	700m: 8:35.44 1:14.16	1100m: 13:33.06 1:14.24	1500m: 18:30.94 1:12.86			
	400m: 4:51.47 1:14.22	800m: 9:49.94 1:14.50	1200m: 14:48.05 1:14.99				
10.	PEDROSA, Francisco Lourenc	10	POR	Nautico Marinha Grande	<b>18:42.11</b>	+0,57	467
	100m: 1:09.12 1:09.12	500m: 6:08.86 1:15.55	900m: 11:11.05 1:15.16	1300m: 16:13.87 1:15.78			
	200m: 2:23.27 1:14.15	600m: 7:24.57 1:15.71	1000m: 12:26.58 1:15.53	1400m: 17:29.08 1:15.21			
	300m: 3:38.33 1:15.06	700m: 8:40.38 1:15.81	1100m: 13:42.20 1:15.62	1500m: 18:42.11 1:13.03			
	400m: 4:53.31 1:14.98	800m: 9:55.89 1:15.51	1200m: 14:58.09 1:15.89				

Juvenis A

1.	MACEDO, Martim Cunha	09	POR	Natacao da Maia	<b>16:35.59</b>	+0,75	669
	100m: 1:02.71 1:02.71	500m: 5:29.35 1:06.54	900m: 9:56.32 1:06.80	1300m: 14:23.45 1:07.15			
	200m: 2:09.64 1:06.93	600m: 6:35.91 1:06.56	1000m: 11:02.80 1:06.48	1400m: 15:30.83 1:07.38			
	300m: 3:16.15 1:06.51	700m: 7:42.56 1:06.65	1100m: 12:09.41 1:06.61	1500m: 16:35.59 1:04.76			
	400m: 4:22.81 1:06.66	800m: 8:49.52 1:06.96	1200m: 13:16.30 1:06.89				
2.	PINTO, Martim Chambel	09	POR	Adrcimm	<b>17:09.51</b>	+0,83	605
	100m: 1:04.12 1:04.12	500m: 5:40.92 1:09.14	900m: 10:14.79 1:08.52	1300m: 14:52.23 1:09.82			
	200m: 2:13.13 1:09.01	600m: 6:48.99 1:08.07	1000m: 11:23.69 1:08.90	1400m: 16:01.93 1:09.70			
	300m: 3:22.17 1:09.04	700m: 7:57.90 1:08.91	1100m: 12:32.90 1:09.21	1500m: 17:09.51 1:07.58			
	400m: 4:31.78 1:09.61	800m: 9:06.27 1:08.37	1200m: 13:42.41 1:09.51				
3.	KOT, Paulo	09	POR	Nautico Marinha Grande	<b>17:12.88</b>	+0,72	599
	100m: 1:02.19 1:02.19	500m: 5:33.92 1:09.09	900m: 10:12.29 1:10.19	1300m: 14:53.08 1:11.19			
	200m: 2:09.08 1:06.89	600m: 6:43.34 1:09.42	1000m: 11:22.11 1:09.82	1400m: 16:04.07 1:10.99			
	300m: 3:16.72 1:07.64	700m: 7:52.61 1:09.27	1100m: 12:32.22 1:10.11	1500m: 17:12.88 1:08.81			
	400m: 4:24.83 1:08.11	800m: 9:02.10 1:09.49	1200m: 13:41.89 1:09.67				
4.	MONIZ, Rafael Lin	09	POR	Naval Setubalense	<b>17:14.63</b>	+0,70	596
	100m: 1:04.09 1:04.09	500m: 5:40.98 1:09.16	900m: 10:16.43 1:09.26	1300m: 14:56.12 1:10.09			
	200m: 2:13.01 1:08.92	600m: 6:49.52 1:08.54	1000m: 11:26.38 1:09.95	1400m: 16:06.21 1:10.09			
	300m: 3:22.14 1:09.13	700m: 7:58.50 1:08.98	1100m: 12:36.15 1:09.77	1500m: 17:14.63 1:08.42			
	400m: 4:31.82 1:09.68	800m: 9:07.17 1:08.67	1200m: 13:46.03 1:09.88				
5.	SILVA, Rafael Alexandre	09	POR	Louletano / Loule Aqui e Agora	<b>17:53.01</b>	+0,76	534
	100m: 1:06.01 1:06.01	500m: 5:51.83 1:11.79	900m: 10:41.33 1:13.00	1300m: 15:30.37 1:12.26			
	200m: 2:16.55 1:10.54	600m: 7:04.12 1:12.29	1000m: 11:53.71 1:12.38	1400m: 16:42.43 1:12.06			
	300m: 3:28.05 1:11.50	700m: 8:16.43 1:12.31	1100m: 13:05.90 1:12.19	1500m: 17:53.01 1:10.58			
	400m: 4:40.04 1:11.99	800m: 9:28.33 1:11.90	1200m: 14:18.11 1:12.21				

Juniores

1.	PEREIRA, Rui Silva	08	POR	Adrcimm	<b>15:58.62</b>	+0,88	750
	100m: 1:00.61 1:00.61	500m: 5:16.37 1:04.40	900m: 9:32.17 1:04.21	1300m: 13:50.42 1:04.51			
	200m: 2:04.08 1:03.47	600m: 6:20.35 1:03.98	1000m: 10:36.93 1:04.76	1400m: 14:55.15 1:04.73			
	300m: 3:07.84 1:03.76	700m: 7:24.08 1:03.73	1100m: 11:41.44 1:04.51	1500m: 15:58.62 1:03.47			
	400m: 4:11.97 1:04.13	800m: 8:27.96 1:03.88	1200m: 12:45.91 1:04.47				
2.	BORGES, Rodrigo Costa	07	POR	Fluvial Portuense	<b>16:10.81</b>	+0,69	722
	100m: 59.42 59.42	500m: 5:17.04 1:04.60	900m: 9:38.12 1:05.82	1300m: 14:01.39 1:05.77			
	200m: 2:03.73 1:04.31	600m: 6:21.63 1:04.59	1000m: 10:43.87 1:05.75	1400m: 15:06.95 1:05.56			
	300m: 3:08.05 1:04.32	700m: 7:26.64 1:05.01	1100m: 11:49.47 1:05.60	1500m: 16:10.81 1:03.86			
	400m: 4:12.44 1:04.39	800m: 8:32.30 1:05.66	1200m: 12:55.62 1:06.15				

Prova 11, Masc., 1500m Livres, Juniores

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA	
3.	MEDEIROS, Miguel Fragoso	08	POR	Porto	<b>16:17.25</b>	<b>+0,90</b>	<b>708</b>	
	100m: 1:01.58 1:01.58	500m: 5:20.18 1:05.09	900m: 9:43.50 1:05.93	1300m: 14:07.88 1:06.05	200m: 2:06.03 1:04.45	600m: 6:26.14 1:05.96	1000m: 10:49.43 1:05.93	1400m: 15:13.74 1:05.86
	300m: 3:10.49 1:04.46	700m: 7:31.79 1:05.65	1100m: 11:55.76 1:06.33	1500m: 16:17.25 1:03.51	400m: 4:15.09 1:04.60	800m: 8:37.57 1:05.78	1200m: 13:01.83 1:06.07	
4.	PEIXOTO, Tomas Pinto	08	POR	Porto	<b>16:34.04</b>	<b>+0,76</b>	<b>672</b>	
	100m: 1:01.97 1:01.97	500m: 5:27.03 1:06.27	900m: 9:53.20 1:07.10	1300m: 14:21.54 1:07.12	200m: 2:07.48 1:05.51	600m: 6:33.59 1:06.56	1000m: 11:00.50 1:07.30	1400m: 15:28.77 1:07.23
	300m: 3:14.12 1:06.64	700m: 7:39.83 1:06.24	1100m: 12:07.36 1:06.86	1500m: 16:34.04 1:05.27	400m: 4:20.76 1:06.64	800m: 8:46.10 1:06.27	1200m: 13:14.42 1:07.06	
5.	ASMAR, Axel Guedes	07	POR	Sporting	<b>16:34.50</b>	<b>+0,58</b>	<b>671</b>	
	100m: 1:02.98 1:02.98	500m: 5:26.84 1:06.09	900m: 9:53.17 1:07.40	1300m: 14:22.80 1:07.26	200m: 2:09.43 1:06.45	600m: 6:32.62 1:05.78	1000m: 11:00.55 1:07.38	1400m: 15:30.15 1:07.35
	300m: 3:14.77 1:05.34	700m: 7:39.07 1:06.45	1100m: 12:08.06 1:07.51	1500m: 16:34.50 1:04.35	400m: 4:20.75 1:05.98	800m: 8:45.77 1:06.70	1200m: 13:15.54 1:07.48	
6.	CANELAS, Tiago Andre	08	POR	Fluvial Portuense	<b>16:37.56</b>	<b>+0,77</b>	<b>665</b>	
	100m: 1:02.00 1:02.00	500m: 5:27.41 1:06.33	900m: 9:55.39 1:07.21	1300m: 14:24.68 1:07.74	200m: 2:07.72 1:05.72	600m: 6:34.04 1:06.63	1000m: 11:02.61 1:07.22	1400m: 15:32.55 1:07.87
	300m: 3:14.31 1:06.59	700m: 7:40.84 1:06.80	1100m: 12:09.81 1:07.20	1500m: 16:37.56 1:05.01	400m: 4:21.08 1:06.77	800m: 8:48.18 1:07.34	1200m: 13:16.94 1:07.13	
7.	COSTA, Andre Leitao	07	POR	Foca Quinta Da Lixa - Cnf	<b>16:55.72</b>	<b>+0,77</b>	<b>630</b>	
	100m: 1:03.68 1:03.68	500m: 5:35.56 1:08.27	900m: 10:07.56 1:08.03	1300m: 14:41.90 1:09.28	200m: 2:10.88 1:07.20	600m: 6:43.06 1:07.50	1000m: 11:15.44 1:07.88	1400m: 15:50.19 1:08.29
	300m: 3:18.93 1:08.05	700m: 7:51.06 1:08.00	1100m: 12:23.95 1:08.51	1500m: 16:55.72 1:05.53	400m: 4:27.29 1:08.36	800m: 8:59.53 1:08.47	1200m: 13:32.62 1:08.67	
8.	MARQUES, Duarte Cachulo	07	POR	Condeixa Aqua Clube	<b>16:58.93</b>	<b>+0,67</b>	<b>624</b>	
	100m: 1:02.27 1:02.27	500m: 5:32.22 1:08.55	900m: 10:07.96 1:09.05	1300m: 14:42.49 1:08.49	200m: 2:08.81 1:06.54	600m: 6:39.42 1:07.20	1000m: 11:17.64 1:09.68	1400m: 15:51.64 1:09.15
	300m: 3:16.93 1:08.12	700m: 7:48.98 1:09.56	1100m: 12:25.15 1:07.51	1500m: 16:58.93 1:07.29	400m: 4:23.67 1:06.74	800m: 8:58.91 1:09.93	1200m: 13:34.00 1:08.85	
9.	RODRIGUES, Rafael Pereira	08	POR	Condeixa Aqua Clube	<b>16:59.57</b>	<b>+0,68</b>	<b>623</b>	
	100m: 1:03.43 1:03.43	500m: 5:34.98 1:08.44	900m: 10:08.29 1:08.26	1300m: 14:42.47 1:08.43	200m: 2:10.84 1:07.41	600m: 6:43.03 1:08.05	1000m: 11:16.96 1:08.67	1400m: 15:51.50 1:09.03
	300m: 3:18.57 1:07.73	700m: 7:51.44 1:08.41	1100m: 12:25.36 1:08.40	1500m: 16:59.57 1:08.07	400m: 4:26.54 1:07.97	800m: 9:00.03 1:08.59	1200m: 13:34.04 1:08.68	
10.	MIRANDA, Francisco Guilherm	08	POR	Naval Do Funchal	<b>17:12.18</b>	<b>+0,67</b>	<b>600</b>	
	100m: 1:04.56 1:04.56	500m: 5:39.87 1:09.57	900m: 10:17.81 1:09.39	1300m: 14:55.28 1:09.98	200m: 2:12.68 1:08.12	600m: 6:49.17 1:09.30	1000m: 11:26.56 1:08.75	1400m: 16:05.07 1:09.79
	300m: 3:21.30 1:08.62	700m: 7:58.52 1:09.35	1100m: 12:35.82 1:09.26	1500m: 17:12.18 1:07.11	400m: 4:30.30 1:09.00	800m: 9:08.42 1:09.90	1200m: 13:45.30 1:09.48	
11.	SOARES, Goncalo Augusto	08	POR	Porto	<b>17:15.01</b>	<b>+0,84</b>	<b>596</b>	
	100m: 1:03.54 1:03.54	500m: 5:39.14 1:09.59	900m: 10:18.26 1:09.43	1300m: 14:57.64 1:09.84	200m: 2:11.48 1:07.94	600m: 6:48.67 1:09.53	1000m: 11:27.91 1:09.65	1400m: 16:07.00 1:09.36
	300m: 3:20.22 1:08.74	700m: 7:58.63 1:09.96	1100m: 12:37.83 1:09.92	1500m: 17:15.01 1:08.01	400m: 4:29.55 1:09.33	800m: 9:08.83 1:10.20	1200m: 13:47.80 1:09.97	
12.	SOUSA, Guilherme Simoes	08	POR	Cnac	<b>17:38.45</b>	<b>+0,69</b>	<b>557</b>	
	100m: 1:04.76 1:04.76	500m: 5:44.24 1:10.37	900m: 10:29.33 1:11.80	1300m: 15:16.87 1:12.12	200m: 2:13.86 1:09.10	600m: 6:55.04 1:10.80	1000m: 11:40.87 1:11.54	1400m: 16:28.71 1:11.84
	300m: 3:24.02 1:10.16	700m: 8:05.91 1:10.87	1100m: 12:52.69 1:11.82	1500m: 17:38.45 1:09.74	400m: 4:33.87 1:09.85	800m: 9:17.53 1:11.62	1200m: 14:04.75 1:12.06	

Prova 11, Masc., 1500m Livres, Juniores

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA	
13.	BATISTA, Miguel Duarte	08	POR	Academico Viseu Futebol Clube	<b>17:43.41</b>	+0,86	549	
	100m: 1:06.00	1:06.00	500m: 5:47.33	1:10.83	900m: 10:31.38	1:10.68	1300m: 15:20.08	1:12.77
	200m: 2:15.58	1:09.58	600m: 6:58.27	1:10.94	1000m: 11:43.16	1:11.78	1400m: 16:32.09	1:12.01
	300m: 3:26.11	1:10.53	700m: 8:09.40	1:11.13	1100m: 12:55.02	1:11.86	1500m: 17:43.41	1:11.32
	400m: 4:36.50	1:10.39	800m: 9:20.70	1:11.30	1200m: 14:07.31	1:12.29		
14.	GONCALVES COSTA, Afonso	08	POR	Colegio Efanor	<b>17:47.04</b>	+0,82	543	
	100m: 1:03.26	1:03.26	500m: 5:41.92	1:11.14	900m: 10:31.10	1:12.51	1300m: 15:22.41	1:12.75
	200m: 2:11.31	1:08.05	600m: 6:53.65	1:11.73	1000m: 11:43.79	1:12.69	1400m: 16:35.17	1:12.76
	300m: 3:20.60	1:09.29	700m: 8:06.05	1:12.40	1100m: 12:56.89	1:13.10	1500m: 17:47.04	1:11.87
	400m: 4:30.78	1:10.18	800m: 9:18.59	1:12.54	1200m: 14:09.66	1:12.77		

OPEN

1.	AMARAL, Francisco Rodriguez	02	POR	Porto	<b>15:47.80</b>	+0,72	776	
	100m: 1:00.33	1:00.33	500m: 5:16.43	1:04.48	900m: 9:30.75	1:03.60	1300m: 13:44.79	1:03.64
	200m: 2:03.75	1:03.42	600m: 6:20.03	1:03.60	1000m: 10:34.05	1:03.30	1400m: 14:47.34	1:02.55
	300m: 3:07.61	1:03.86	700m: 7:23.38	1:03.35	1100m: 11:37.48	1:03.43	1500m: 15:47.80	1:00.46
	400m: 4:11.95	1:04.34	800m: 8:27.15	1:03.77	1200m: 12:41.15	1:03.67		
2.	SANTOS, Ricardo Matias	05	POR	Louzan Natacao/EFAPEL	<b>15:48.75</b>	+0,77	773	
	100m: 1:01.62	1:01.62	500m: 5:19.60	1:04.16	900m: 9:33.89	1:03.16	1300m: 13:46.56	1:02.94
	200m: 2:06.04	1:04.42	600m: 6:23.50	1:03.90	1000m: 10:36.77	1:02.88	1400m: 14:49.22	1:02.66
	300m: 3:10.85	1:04.81	700m: 7:27.19	1:03.69	1100m: 11:40.25	1:03.48	1500m: 15:48.75	59.53
	400m: 4:15.44	1:04.59	800m: 8:30.73	1:03.54	1200m: 12:43.62	1:03.37		
3.	CARDOSO, Diogo Santos	01	POR	Sporting	<b>15:52.54</b>	+0,81	764	
	100m: 1:01.79	1:01.79	500m: 5:20.41	1:04.54	900m: 9:35.94	1:03.51	1300m: 13:49.41	1:03.23
	200m: 2:06.31	1:04.52	600m: 6:24.49	1:04.08	1000m: 10:39.38	1:03.44	1400m: 14:52.55	1:03.14
	300m: 3:11.10	1:04.79	700m: 7:28.68	1:04.19	1100m: 11:42.80	1:03.42	1500m: 15:52.54	59.99
	400m: 4:15.87	1:04.77	800m: 8:32.43	1:03.75	1200m: 12:46.18	1:03.38		
4.	PEREIRA, Rui Silva	08	POR	Adrcimm	<b>15:58.62</b>	+0,88	750	
	100m: 1:00.61	1:00.61	500m: 5:16.37	1:04.40	900m: 9:32.17	1:04.21	1300m: 13:50.42	1:04.51
	200m: 2:04.08	1:03.47	600m: 6:20.35	1:03.98	1000m: 10:36.93	1:04.76	1400m: 14:55.15	1:04.73
	300m: 3:07.84	1:03.76	700m: 7:24.08	1:03.73	1100m: 11:41.44	1:04.51	1500m: 15:58.62	1:03.47
	400m: 4:11.97	1:04.13	800m: 8:27.96	1:03.88	1200m: 12:45.91	1:04.47		
5.	BORGES, Rodrigo Costa	07	POR	Fluvial Portuense	<b>16:10.81</b>	+0,69	722	
	100m: 59.42	59.42	500m: 5:17.04	1:04.60	900m: 9:38.12	1:05.82	1300m: 14:01.39	1:05.77
	200m: 2:03.73	1:04.31	600m: 6:21.63	1:04.59	1000m: 10:43.87	1:05.75	1400m: 15:06.95	1:05.56
	300m: 3:08.05	1:04.32	700m: 7:26.64	1:05.01	1100m: 11:49.47	1:05.60	1500m: 16:10.81	1:03.86
	400m: 4:12.44	1:04.39	800m: 8:32.30	1:05.66	1200m: 12:55.62	1:06.15		
6.	CAMPOS, Tiago Filipe	99	POR	Porto	<b>16:13.91</b>	+0,89	715	
	100m: 1:00.78	1:00.78	500m: 5:19.87	1:04.98	900m: 9:42.09	1:05.67	1300m: 14:05.02	1:05.64
	200m: 2:05.34	1:04.56	600m: 6:25.42	1:05.55	1000m: 10:47.74	1:05.65	1400m: 15:10.62	1:05.60
	300m: 3:10.09	1:04.75	700m: 7:30.74	1:05.32	1100m: 11:53.39	1:05.65	1500m: 16:13.91	1:03.29
	400m: 4:14.89	1:04.80	800m: 8:36.42	1:05.68	1200m: 12:59.38	1:05.99		
7.	MEDEIROS, Miguel Fragoso	08	POR	Porto	<b>16:17.25</b>	+0,90	708	
	100m: 1:01.58	1:01.58	500m: 5:20.18	1:05.09	900m: 9:43.50	1:05.93	1300m: 14:07.88	1:06.05
	200m: 2:06.03	1:04.45	600m: 6:26.14	1:05.96	1000m: 10:49.43	1:05.93	1400m: 15:13.74	1:05.86
	300m: 3:10.49	1:04.46	700m: 7:31.79	1:05.65	1100m: 11:55.76	1:06.33	1500m: 16:17.25	1:03.51
	400m: 4:15.09	1:04.60	800m: 8:37.57	1:05.78	1200m: 13:01.83	1:06.07		

Prova 11, Masc., 1500m Livres, OPEN

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
8.	SARREIRA, Tomas Amor	05	POR	Porto	<b>16:17.88</b>	+0,81	706
	100m: 1:01.08 1:01.08	500m: 5:20.75 1:05.04	900m: 9:43.85 1:06.45	1300m: 14:08.96 1:06.10			
	200m: 2:06.05 1:04.97	600m: 6:25.94 1:05.19	1000m: 10:50.45 1:06.60	1400m: 15:14.88 1:05.92			
	300m: 3:10.86 1:04.81	700m: 7:31.38 1:05.44	1100m: 11:56.69 1:06.24	1500m: 16:17.88 1:03.00			
	400m: 4:15.71 1:04.85	800m: 8:37.40 1:06.02	1200m: 13:02.86 1:06.17				
9.	LOUREIRO, Bruno Silva	06	POR	Porto	<b>16:18.03</b>	+0,78	706
	100m: 1:01.10 1:01.10	500m: 5:21.08 1:05.20	900m: 9:43.75 1:06.02	1300m: 14:09.19 1:06.33			
	200m: 2:05.27 1:04.17	600m: 6:26.61 1:05.53	1000m: 10:49.98 1:06.23	1400m: 15:15.34 1:06.15			
	300m: 3:10.48 1:05.21	700m: 7:31.80 1:05.19	1100m: 11:56.43 1:06.45	1500m: 16:18.03 1:02.69			
	400m: 4:15.88 1:05.40	800m: 8:37.73 1:05.93	1200m: 13:02.86 1:06.43				
10.	SIMOES, Bernardo Jorge	04	POR	Os Belenenses	<b>16:33.76</b>	+0,71	673
	100m: 1:00.68 1:00.68	500m: 5:23.90 1:06.11	900m: 9:51.56 1:07.11	1300m: 14:20.46 1:07.50			
	200m: 2:05.72 1:05.04	600m: 6:30.46 1:06.56	1000m: 10:58.33 1:06.77	1400m: 15:28.06 1:07.60			
	300m: 3:11.55 1:05.83	700m: 7:37.42 1:06.96	1100m: 12:05.57 1:07.24	1500m: 16:33.76 1:05.70			
	400m: 4:17.79 1:06.24	800m: 8:44.45 1:07.03	1200m: 13:12.96 1:07.39				
11.	PEIXOTO, Tomas Pinto	08	POR	Porto	<b>16:34.04</b>	+0,76	672
	100m: 1:01.97 1:01.97	500m: 5:27.03 1:06.27	900m: 9:53.20 1:07.10	1300m: 14:21.54 1:07.12			
	200m: 2:07.48 1:05.51	600m: 6:33.59 1:06.56	1000m: 11:00.50 1:07.30	1400m: 15:28.77 1:07.23			
	300m: 3:14.12 1:06.64	700m: 7:39.83 1:06.24	1100m: 12:07.36 1:06.86	1500m: 16:34.04 1:05.27			
	400m: 4:20.76 1:06.64	800m: 8:46.10 1:06.27	1200m: 13:14.42 1:07.06				
12.	ASMAR, Axel Guedes	07	POR	Sporting	<b>16:34.50</b>	+0,58	671
	100m: 1:02.98 1:02.98	500m: 5:26.84 1:06.09	900m: 9:53.17 1:07.40	1300m: 14:22.80 1:07.26			
	200m: 2:09.43 1:06.45	600m: 6:32.62 1:05.78	1000m: 11:00.55 1:07.38	1400m: 15:30.15 1:07.35			
	300m: 3:14.77 1:05.34	700m: 7:39.07 1:06.45	1100m: 12:08.06 1:07.51	1500m: 16:34.50 1:04.35			
	400m: 4:20.75 1:05.98	800m: 8:45.77 1:06.70	1200m: 13:15.54 1:07.48				
13.	MACEDO, Martim Cunha	09	POR	Natacao da Maia	<b>16:35.59</b>	+0,75	669
	100m: 1:02.71 1:02.71	500m: 5:29.35 1:06.54	900m: 9:56.32 1:06.80	1300m: 14:23.45 1:07.15			
	200m: 2:09.64 1:06.93	600m: 6:35.91 1:06.56	1000m: 11:02.80 1:06.48	1400m: 15:30.83 1:07.38			
	300m: 3:16.15 1:06.51	700m: 7:42.56 1:06.65	1100m: 12:09.41 1:06.61	1500m: 16:35.59 1:04.76			
	400m: 4:22.81 1:06.66	800m: 8:49.52 1:06.96	1200m: 13:16.30 1:06.89				
14.	CANELAS, Tiago Andre	08	POR	Fluvial Portuense	<b>16:37.56</b>	+0,77	665
	100m: 1:02.00 1:02.00	500m: 5:27.41 1:06.33	900m: 9:55.39 1:07.21	1300m: 14:24.68 1:07.74			
	200m: 2:07.72 1:05.72	600m: 6:34.04 1:06.63	1000m: 11:02.61 1:07.22	1400m: 15:32.55 1:07.87			
	300m: 3:14.31 1:06.59	700m: 7:40.84 1:06.80	1100m: 12:09.81 1:07.20	1500m: 16:37.56 1:05.01			
	400m: 4:21.08 1:06.77	800m: 8:48.18 1:07.34	1200m: 13:16.94 1:07.13				
15.	CARVALHO, Goncalo Renato	04	POR	Porto	<b>16:51.94</b>	+0,75	637
	100m: 1:03.10 1:03.10	500m: 5:30.46 1:06.85	900m: 10:02.21 1:08.71	1300m: 14:35.59 1:08.39			
	200m: 2:09.45 1:06.35	600m: 6:37.61 1:07.15	1000m: 11:10.52 1:08.31	1400m: 15:44.67 1:09.08			
	300m: 3:16.51 1:07.06	700m: 7:45.28 1:07.67	1100m: 12:18.64 1:08.12	1500m: 16:51.94 1:07.27			
	400m: 4:23.61 1:07.10	800m: 8:53.50 1:08.22	1200m: 13:27.20 1:08.56				
16.	COSTA, Andre Leitao	07	POR	Foca Quinta Da Lixa - Cnf	<b>16:55.72</b>	+0,77	630
	100m: 1:03.68 1:03.68	500m: 5:35.56 1:08.27	900m: 10:07.56 1:08.03	1300m: 14:41.90 1:09.28			
	200m: 2:10.88 1:07.20	600m: 6:43.06 1:07.50	1000m: 11:15.44 1:07.88	1400m: 15:50.19 1:08.29			
	300m: 3:18.93 1:08.05	700m: 7:51.06 1:08.00	1100m: 12:23.95 1:08.51	1500m: 16:55.72 1:05.53			
	400m: 4:27.29 1:08.36	800m: 8:59.53 1:08.47	1200m: 13:32.62 1:08.67				
17.	MATOS, Rodrigo Onofre	06	POR	Os Belenenses	<b>16:57.55</b>	+0,74	627
	100m: 1:03.33 1:03.33	500m: 5:34.71 1:08.31	900m: 10:07.87 1:08.18	1300m: 14:42.23 1:08.72			
	200m: 2:10.72 1:07.39	600m: 6:42.88 1:08.17	1000m: 11:16.75 1:08.88	1400m: 15:50.29 1:08.06			
	300m: 3:18.85 1:08.13	700m: 7:51.14 1:08.26	1100m: 12:24.97 1:08.22	1500m: 16:57.55 1:07.26			
	400m: 4:26.40 1:07.55	800m: 8:59.69 1:08.55	1200m: 13:33.51 1:08.54				



Prova 11, Masc., 1500m Livres, OPEN

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
18.	MARQUES, Duarte Cachulo	07	POR	Condeixa Aqua Clube	<b>16:58.93</b>	+0,67	624
	100m: 1:02.27 1:02.27	500m: 5:32.22	1:08.55	900m: 10:07.96	1:09.05	1300m: 14:42.49	1:08.49
	200m: 2:08.81 1:06.54	600m: 6:39.42	1:07.20	1000m: 11:17.64	1:09.68	1400m: 15:51.64	1:09.15
	300m: 3:16.93 1:08.12	700m: 7:48.98	1:09.56	1100m: 12:25.15	1:07.51	1500m: 16:58.93	1:07.29
	400m: 4:23.67 1:06.74	800m: 8:58.91	1:09.93	1200m: 13:34.00	1:08.85		
19.	RODRIGUES, Rafael Pereira	08	POR	Condeixa Aqua Clube	<b>16:59.57</b>	+0,68	623
	100m: 1:03.43 1:03.43	500m: 5:34.98	1:08.44	900m: 10:08.29	1:08.26	1300m: 14:42.47	1:08.43
	200m: 2:10.84 1:07.41	600m: 6:43.03	1:08.05	1000m: 11:16.96	1:08.67	1400m: 15:51.50	1:09.03
	300m: 3:18.57 1:07.73	700m: 7:51.44	1:08.41	1100m: 12:25.36	1:08.40	1500m: 16:59.57	1:08.07
	400m: 4:26.54 1:07.97	800m: 9:00.03	1:08.59	1200m: 13:34.04	1:08.68		
20.	MONTEIRO, Afonso Carvalho	10	POR	Famalicão	<b>17:09.06</b>	+0,74	606
	100m: 1:03.42 1:03.42	500m: 5:36.92	1:08.72	900m: 10:15.58	1:09.83	1300m: 14:54.05	1:09.36
	200m: 2:10.89 1:07.47	600m: 6:46.58	1:09.66	1000m: 11:25.28	1:09.70	1400m: 16:03.16	1:09.11
	300m: 3:19.51 1:08.62	700m: 7:56.22	1:09.64	1100m: 12:35.27	1:09.99	1500m: 17:09.06	1:05.90
	400m: 4:28.20 1:08.69	800m: 9:05.75	1:09.53	1200m: 13:44.69	1:09.42		
21.	PINTO, Martim Chambel	09	POR	Adrcimm	<b>17:09.51</b>	+0,83	605
	100m: 1:04.12 1:04.12	500m: 5:40.92	1:09.14	900m: 10:14.79	1:08.52	1300m: 14:52.23	1:09.82
	200m: 2:13.13 1:09.01	600m: 6:48.99	1:08.07	1000m: 11:23.69	1:08.90	1400m: 16:01.93	1:09.70
	300m: 3:22.17 1:09.04	700m: 7:57.90	1:08.91	1100m: 12:32.90	1:09.21	1500m: 17:09.51	1:07.58
	400m: 4:31.78 1:09.61	800m: 9:06.27	1:08.37	1200m: 13:42.41	1:09.51		
22.	MIRANDA, Francisco Guilherme	08	POR	Naval Do Funchal	<b>17:12.18</b>	+0,67	600
	100m: 1:04.56 1:04.56	500m: 5:39.87	1:09.57	900m: 10:17.81	1:09.39	1300m: 14:55.28	1:09.98
	200m: 2:12.68 1:08.12	600m: 6:49.17	1:09.30	1000m: 11:26.56	1:08.75	1400m: 16:05.07	1:09.79
	300m: 3:21.30 1:08.62	700m: 7:58.52	1:09.35	1100m: 12:35.82	1:09.26	1500m: 17:12.18	1:07.11
	400m: 4:30.30 1:09.00	800m: 9:08.42	1:09.90	1200m: 13:45.30	1:09.48		
23.	KOT, Paulo	09	POR	Nautico Marinha Grande	<b>17:12.88</b>	+0,72	599
	100m: 1:02.19 1:02.19	500m: 5:33.92	1:09.09	900m: 10:12.29	1:10.19	1300m: 14:53.08	1:11.19
	200m: 2:09.08 1:06.89	600m: 6:43.34	1:09.42	1000m: 11:22.11	1:09.82	1400m: 16:04.07	1:10.99
	300m: 3:16.72 1:07.64	700m: 7:52.61	1:09.27	1100m: 12:32.22	1:10.11	1500m: 17:12.88	1:08.81
	400m: 4:24.83 1:08.11	800m: 9:02.10	1:09.49	1200m: 13:41.89	1:09.67		
24.	MONIZ, Rafael Lin	09	POR	Naval Setubalense	<b>17:14.63</b>	+0,70	596
	100m: 1:04.09 1:04.09	500m: 5:40.98	1:09.16	900m: 10:16.43	1:09.26	1300m: 14:56.12	1:10.09
	200m: 2:13.01 1:08.92	600m: 6:49.52	1:08.54	1000m: 11:26.38	1:09.95	1400m: 16:06.21	1:10.09
	300m: 3:22.14 1:09.13	700m: 7:58.50	1:08.98	1100m: 12:36.15	1:09.77	1500m: 17:14.63	1:08.42
	400m: 4:31.82 1:09.68	800m: 9:07.17	1:08.67	1200m: 13:46.03	1:09.88		
25.	SOARES, Goncalo Augusto	08	POR	Porto	<b>17:15.01</b>	+0,84	596
	100m: 1:03.54 1:03.54	500m: 5:39.14	1:09.59	900m: 10:18.26	1:09.43	1300m: 14:57.64	1:09.84
	200m: 2:11.48 1:07.94	600m: 6:48.67	1:09.53	1000m: 11:27.91	1:09.65	1400m: 16:07.00	1:09.36
	300m: 3:20.22 1:08.74	700m: 7:58.63	1:09.96	1100m: 12:37.83	1:09.92	1500m: 17:15.01	1:08.01
	400m: 4:29.55 1:09.33	800m: 9:08.83	1:10.20	1200m: 13:47.80	1:09.97		
26.	RIBEIRO, Dinis Aresta	10	POR	Sporting	<b>17:23.58</b>	+0,86	581
	100m: 1:08.45 1:08.45	500m: 5:52.22	1:10.02	900m: 10:30.72	1:09.90	1300m: 15:07.32	1:09.42
	200m: 2:20.59 1:12.14	600m: 7:02.02	1:09.80	1000m: 11:40.15	1:09.43	1400m: 16:16.64	1:09.32
	300m: 3:31.62 1:11.03	700m: 8:11.45	1:09.43	1100m: 12:48.89	1:08.74	1500m: 17:23.58	1:06.94
	400m: 4:42.20 1:10.58	800m: 9:20.82	1:09.37	1200m: 13:57.90	1:09.01		
27.	PACHECO, David Filipe	10	POR	BUZIOS - Coruche	<b>17:31.64</b>	+0,74	568
	100m: 1:02.64 1:02.64	500m: 5:42.24	1:11.09	900m: 10:27.43	1:11.45	1300m: 15:13.45	1:11.53
	200m: 2:10.85 1:08.21	600m: 6:53.50	1:11.26	1000m: 11:38.99	1:11.56	1400m: 16:24.24	1:10.79
	300m: 3:20.75 1:09.90	700m: 8:04.64	1:11.14	1100m: 12:50.46	1:11.47	1500m: 17:31.64	1:07.40
	400m: 4:31.15 1:10.40	800m: 9:15.98	1:11.34	1200m: 14:01.92	1:11.46		

Prova 11, Masc., 1500m Livres, OPEN

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA	
28.	SANTOS, Andre Ferreira	10	POR	Academico Viseu Futebol Clube	<b>17:34.93</b>	+0,74	562	
	100m: 1:06.82	1:06.82	500m: 5:46.39	1:09.80	900m: 10:28.58	1:11.33	1300m: 15:15.33	1:11.69
	200m: 2:17.05	1:10.23	600m: 6:56.01	1:09.62	1000m: 11:40.50	1:11.92	1400m: 16:25.93	1:10.60
	300m: 3:26.53	1:09.48	700m: 8:06.50	1:10.49	1100m: 12:52.14	1:11.64	1500m: 17:34.93	1:09.00
	400m: 4:36.59	1:10.06	800m: 9:17.25	1:10.75	1200m: 14:03.64	1:11.50		
29.	SOUSA, Guilherme Simoes	08	POR	Cnac	<b>17:38.45</b>	+0,69	557	
	100m: 1:04.76	1:04.76	500m: 5:44.24	1:10.37	900m: 10:29.33	1:11.80	1300m: 15:16.87	1:12.12
	200m: 2:13.86	1:09.10	600m: 6:55.04	1:10.80	1000m: 11:40.87	1:11.54	1400m: 16:28.71	1:11.84
	300m: 3:24.02	1:10.16	700m: 8:05.91	1:10.87	1100m: 12:52.69	1:11.82	1500m: 17:38.45	1:09.74
	400m: 4:33.87	1:09.85	800m: 9:17.53	1:11.62	1200m: 14:04.75	1:12.06		
30.	BATISTA, Miguel Duarte	08	POR	Academico Viseu Futebol Clube	<b>17:43.41</b>	+0,86	549	
	100m: 1:06.00	1:06.00	500m: 5:47.33	1:10.83	900m: 10:31.38	1:10.68	1300m: 15:20.08	1:12.77
	200m: 2:15.58	1:09.58	600m: 6:58.27	1:10.94	1000m: 11:43.16	1:11.78	1400m: 16:32.09	1:12.01
	300m: 3:26.11	1:10.53	700m: 8:09.40	1:11.13	1100m: 12:55.02	1:11.86	1500m: 17:43.41	1:11.32
	400m: 4:36.50	1:10.39	800m: 9:20.70	1:11.30	1200m: 14:07.31	1:12.29		
31.	GONCALVES COSTA, Afonso	08	POR	Colegio Efanor	<b>17:47.04</b>	+0,82	543	
	100m: 1:03.26	1:03.26	500m: 5:41.92	1:11.14	900m: 10:31.10	1:12.51	1300m: 15:22.41	1:12.75
	200m: 2:11.31	1:08.05	600m: 6:53.65	1:11.73	1000m: 11:43.79	1:12.69	1400m: 16:35.17	1:12.76
	300m: 3:20.60	1:09.29	700m: 8:06.05	1:12.40	1100m: 12:56.89	1:13.10	1500m: 17:47.04	1:11.87
	400m: 4:30.78	1:10.18	800m: 9:18.59	1:12.54	1200m: 14:09.66	1:12.77		
32.	DIAS, Rodrigo Ferrao	10	POR	Sporting	<b>17:50.06</b>	+0,79	539	
	100m: 1:07.15	1:07.15	500m: 5:51.64	1:10.78	900m: 10:36.73	1:11.60	1300m: 15:26.12	1:13.63
	200m: 2:19.11	1:11.96	600m: 7:02.56	1:10.92	1000m: 11:47.95	1:11.22	1400m: 16:39.29	1:13.17
	300m: 3:29.97	1:10.86	700m: 8:13.78	1:11.22	1100m: 13:00.15	1:12.20	1500m: 17:50.06	1:10.77
	400m: 4:40.86	1:10.89	800m: 9:25.13	1:11.35	1200m: 14:12.49	1:12.34		
33.	SILVA, Rafael Alexandre	09	POR	Louletano / Loule Aqui e Agora	<b>17:53.01</b>	+0,76	534	
	100m: 1:06.01	1:06.01	500m: 5:51.83	1:11.79	900m: 10:41.33	1:13.00	1300m: 15:30.37	1:12.26
	200m: 2:16.55	1:10.54	600m: 7:04.12	1:12.29	1000m: 11:53.71	1:12.38	1400m: 16:42.43	1:12.06
	300m: 3:28.05	1:11.50	700m: 8:16.43	1:12.31	1100m: 13:05.90	1:12.19	1500m: 17:53.01	1:10.58
	400m: 4:40.04	1:11.99	800m: 9:28.33	1:11.90	1200m: 14:18.11	1:12.21		
34.	PEREIRA, Guilherme Valente	10	POR	Adrcimm	<b>17:58.00</b>		527	
	100m: 1:08.21	1:08.21	500m: 5:52.51	1:10.22	900m: 10:38.93	1:12.00	1300m: 15:33.14	1:14.21
	200m: 2:20.40	1:12.19	600m: 7:03.75	1:11.24	1000m: 11:52.15	1:13.22	1400m: 16:46.19	1:13.05
	300m: 3:31.51	1:11.11	700m: 8:15.30	1:11.55	1100m: 13:05.62	1:13.47	1500m: 17:58.00	1:11.81
	400m: 4:42.29	1:10.78	800m: 9:26.93	1:11.63	1200m: 14:18.93	1:13.31		
35.	RAPOSO, Mateus Medeiros	10	POR	Clube Desportivo Nacional	<b>18:07.03</b>	+0,84	514	
	100m: 1:07.20	1:07.20	500m: 5:56.35	1:12.90	900m: 10:49.97	1:13.84	1300m: 15:43.62	1:13.37
	200m: 2:19.39	1:12.19	600m: 7:09.50	1:13.15	1000m: 12:03.38	1:13.41	1400m: 16:55.72	1:12.10
	300m: 3:30.97	1:11.58	700m: 8:23.49	1:13.99	1100m: 13:16.94	1:13.56	1500m: 18:07.03	1:11.31
	400m: 4:43.45	1:12.48	800m: 9:36.13	1:12.64	1200m: 14:30.25	1:13.31		
36.	MACHADO, Rafael Almeida	10	POR	Braga	<b>18:27.05</b>	+0,87	487	
	100m: 1:08.77	1:08.77	500m: 6:06.67	1:14.87	900m: 11:03.78	1:14.36	1300m: 16:01.60	1:14.45
	200m: 2:22.88	1:14.11	600m: 7:21.31	1:14.64	1000m: 12:18.47	1:14.69	1400m: 17:15.74	1:14.14
	300m: 3:37.42	1:14.54	700m: 8:35.30	1:13.99	1100m: 13:32.48	1:14.01	1500m: 18:27.05	1:11.31
	400m: 4:51.80	1:14.38	800m: 9:49.42	1:14.12	1200m: 14:47.15	1:14.67		
37.	MARQUES, Rodrigo Almeida	10	POR	Braga	<b>18:30.94</b>	+0,92	481	
	100m: 1:08.82	1:08.82	500m: 6:06.62	1:15.15	900m: 11:04.28	1:14.34	1300m: 16:03.43	1:15.38
	200m: 2:22.60	1:13.78	600m: 7:21.28	1:14.66	1000m: 12:18.82	1:14.54	1400m: 17:18.08	1:14.65
	300m: 3:37.25	1:14.65	700m: 8:35.44	1:14.16	1100m: 13:33.06	1:14.24	1500m: 18:30.94	1:12.86
	400m: 4:51.47	1:14.22	800m: 9:49.94	1:14.50	1200m: 14:48.05	1:14.99		

Prova 11, Masc., 1500m Livres, OPEN

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA					
38.	PEDROSA, Francisco Lourenc	10	POR	Nautico Marinha Grande	<b>18:42.11</b>	<b>+0,57</b>	<b>467</b>					
	100m:	1:09.12	1:09.12	500m:	6:08.86	1:15.55	900m:	11:11.05	1:15.16	1300m:	16:13.87	1:15.78
	200m:	2:23.27	1:14.15	600m:	7:24.57	1:15.71	1000m:	12:26.58	1:15.53	1400m:	17:29.08	1:15.21
	300m:	3:38.33	1:15.06	700m:	8:40.38	1:15.81	1100m:	13:42.20	1:15.62	1500m:	18:42.11	1:13.03
	400m:	4:53.31	1:14.98	800m:	9:55.89	1:15.51	1200m:	14:58.09	1:15.89			
EXH	CRUZ, Miguel Duarte	99	POR	Os Belenenses	<b>17:38.95</b>	<b>+0,69</b>	<b>556</b>					
	<i>Recorde Nacional</i>											
	100m:	1:05.75	1:05.75	500m:	5:49.04	1:11.13	900m:	10:33.68	1:11.17	1300m:	15:19.52	1:11.49
	200m:	2:15.63	1:09.88	600m:	7:00.04	1:11.00	1000m:	11:44.87	1:11.19	1400m:	16:30.81	1:11.29
	300m:	3:26.38	1:10.75	700m:	8:11.43	1:11.39	1100m:	12:56.24	1:11.37	1500m:	17:38.95	1:08.14
	400m:	4:37.91	1:11.53	800m:	9:22.51	1:11.08	1200m:	14:08.03	1:11.79			
EXH	BELEZAS, Ricardo Andrade	91	POR	Os Belenenses	<b>18:12.89</b>	<b>+0,79</b>	<b>506</b>					
	100m:	1:09.13	1:09.13	500m:	6:03.17	1:13.52	900m:	10:56.83	1:13.16	1300m:	15:51.19	1:13.01
	200m:	2:22.21	1:13.08	600m:	7:16.82	1:13.65	1000m:	12:10.67	1:13.84	1400m:	17:04.04	1:12.85
	300m:	3:36.17	1:13.96	700m:	8:30.18	1:13.36	1100m:	13:24.75	1:14.08	1500m:	18:12.89	1:08.85
	400m:	4:49.65	1:13.48	800m:	9:43.67	1:13.49	1200m:	14:38.18	1:13.43			