

Event 4
22.03.2025 - 10:39

Men, 400m Freestyle

Open
Results

Mótsmet	4:04.42	Anton Sveinn McKee	Ægir		01.04.2013
Íslandsmet	3:54.36	Anton Sveinn McKee	AEGIR	Los Angeles (USA)	18.07.2014
Íslandsmet Unglinga	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Íslandsmet Aldursflokka	4:08.86	Hólmar Grétarsson	SH	Maribor (SLO)	24.07.2023

HM SSÍ : 3:54.99 / EM23 19 - 23: 4:00.02 / EMU 16 - 18: 4:04.18 / NÆM 14 - 16: 4:17.24 / GSSE : 4:10.97 / ÍM Open: 4:50.38; - 18: 4:55.48

Points: AQUA 2025

Rank			YB			Time	Pts	
1.	Ymir Chatenay Solvason		06	SH		4:05.53	720	SSÍ
	50m:	27.97 27.97	150m:	1:29.45 31.39	250m:	2:32.43 31.71	350m:	3:36.30 31.72
	100m:	58.06 30.09	200m:	2:00.72 31.27	300m:	3:04.58 32.15	400m:	4:05.53 29.23
2.	Magnus Vidir Jonsson		08	SH		4:08.84	691	GSSE
	50m:	28.55 28.55	150m:	1:30.75 31.58	250m:	2:34.02 31.80	350m:	3:37.93 31.68
	100m:	59.17 30.62	200m:	2:02.22 31.47	300m:	3:06.25 32.23	400m:	4:08.84 30.91
3.	Veigar Hrafn Sigthorsson		05	SH		4:11.27	671	ÍM
	50m:	28.30 28.30	150m:	1:30.81 31.66	250m:	2:35.25 32.24	350m:	3:39.63 32.00
	100m:	59.15 30.85	200m:	2:03.01 32.20	300m:	3:07.63 32.38	400m:	4:11.27 31.64
4.	Andri Mar Kristjansson		06	SH		4:15.77	636	ÍM
	50m:	28.82 28.82	150m:	1:32.23 32.09	250m:	2:37.63 32.37	350m:	3:44.27 32.66
	100m:	1:00.14 31.32	200m:	2:05.26 33.03	300m:	3:11.61 33.98	400m:	4:15.77 31.50
5.	Birgir Hrafn Kjartansson		08	Agir		4:24.57	575	ÍM
	50m:	29.01 29.01	150m:	1:34.09 33.17	250m:	2:42.11 34.09	350m:	3:50.98 34.50
	100m:	1:00.92 31.91	200m:	2:08.02 33.93	300m:	3:16.48 34.37	400m:	4:24.57 33.59
6.	Bjorn Yngvi Gudmundsson		07	SH		4:26.46	563	ÍM
	50m:	29.49 29.49	150m:	1:35.85 33.49	250m:	2:44.11 34.16	350m:	3:52.21 34.26
	100m:	1:02.36 32.87	200m:	2:09.95 34.10	300m:	3:17.95 33.84	400m:	4:26.46 34.25
7.	Andri Olafsson		09	SH		4:29.03	547	ÍM
	50m:	30.21 30.21	150m:	1:37.55 34.17	250m:	2:47.21 34.57	350m:	3:55.82 34.37
	100m:	1:03.38 33.17	200m:	2:12.64 35.09	300m:	3:21.45 34.24	400m:	4:29.03 33.21
8.	Mar Oskar Thorsteinsson		07	SH		4:37.72	497	ÍM
	50m:	31.12 31.12	150m:	1:40.43 35.19	250m:	2:51.92 35.38	350m:	4:03.19 35.61
	100m:	1:05.24 34.12	200m:	2:16.54 36.11	300m:	3:27.58 35.66	400m:	4:37.72 34.53
9.	Vanja Djurovic		09	SH		4:37.77	497	ÍM
	50m:	30.62 30.62	150m:	1:38.62 34.39	250m:	2:49.84 35.58	350m:	4:02.67 36.01
	100m:	1:04.23 33.61	200m:	2:14.26 35.64	300m:	3:26.66 36.82	400m:	4:37.77 35.10
10.	Julian Jarnutowski		10	IRB		4:39.69	487	ÍM
	50m:	32.01 32.01	150m:	1:42.64 36.46	250m:	2:55.01 36.76	350m:	4:06.98 35.78
	100m:	1:06.18 34.17	200m:	2:18.25 35.61	300m:	3:31.20 36.19	400m:	4:39.69 32.71
11.	Kristjon Hrafn Kjartansson		11	SH		4:39.74	486	ÍM
	50m:	31.27 31.27	150m:	1:41.29 35.49	250m:	2:53.11 35.98	350m:	4:05.51 36.40
	100m:	1:05.80 34.53	200m:	2:17.13 35.84	300m:	3:29.11 36.00	400m:	4:39.74 34.23
12.	Halldor Ingi Hafthorsson		08	SH		4:41.77	476	ÍM
	50m:	31.87 31.87	150m:	1:42.09 35.72	250m:	2:53.95 36.02	350m:	4:05.96 35.97
	100m:	1:06.37 34.50	200m:	2:17.93 35.84	300m:	3:29.99 36.04	400m:	4:41.77 35.81
13.	Magni Rafn Ragnarsson		10	ODINN		4:47.50	448	ÍM
	50m:	30.69 30.69	150m:	1:41.22 35.74	250m:	2:55.77 37.50	350m:	4:11.46 37.93
	100m:	1:05.48 34.79	200m:	2:18.27 37.05	300m:	3:33.53 37.76	400m:	4:47.50 36.04
14.	Thor Eli Gunnarsson		11	SH		4:52.01	428	ÍM
	50m:	32.01 32.01	150m:	1:45.78 37.42	250m:	3:00.79 37.13	350m:	4:15.58 36.98
	100m:	1:08.36 36.35	200m:	2:23.66 37.88	300m:	3:38.60 37.81	400m:	4:52.01 36.43

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Rank			YB				Time		Pts
15.	Stefan Hagalin Arnason		10	Armann				4:58.64	400
	50m:	33.13 33.13	150m:	1:48.66 37.97	250m:	3:05.83 38.92	350m:	4:22.10 38.28	
	100m:	1:10.69 37.56	200m:	2:26.91 38.25	300m:	3:43.82 37.99	400m:	4:58.64 36.54	
16.	Ernir Mani Oddgeirsson		07	SH				5:03.17	382
	50m:	32.78 32.78	150m:	1:48.98 38.59	250m:	3:07.92 39.38	350m:	4:26.01 38.21	
	100m:	1:10.39 37.61	200m:	2:28.54 39.56	300m:	3:47.80 39.88	400m:	5:03.17 37.16	
17.	Daniel Andriysson		11	SH				5:03.91	379
	50m:	34.56 34.56	150m:	1:52.17 39.00	250m:	3:09.87 38.42	350m:	4:26.49 37.69	
	100m:	1:13.17 38.61	200m:	2:31.45 39.28	300m:	3:48.80 38.93	400m:	5:03.91 37.42	
18.	Aaron Sebastian Johannsson		12	SH				5:04.01	379
	50m:	33.98 33.98	150m:	1:51.26 38.91	250m:	3:08.42 38.09	350m:	4:26.67 38.36	
	100m:	1:12.35 38.37	200m:	2:30.33 39.07	300m:	3:48.31 39.89	400m:	5:04.01 37.34	
19.	Gudfinnur Karlsson S11		88	FJOeRD				5:57.82	232 *
	50m:	39.35 39.35	150m:	2:09.96 48.41	250m:	3:45.29 49.87	350m:	5:15.23 44.02	
	100m:	1:21.55 42.20	200m:	2:55.42 45.46	300m:	4:31.21 45.92	400m:	5:57.82 42.59	