

Event 24
23.03.2025 - 10:06

Men, 400m Medley

Open
Entry list

Mótsmet	4:36.21	Hocine Haciane	AND		01.06.2010
Íslandsmet	4:23.64	Anton Sveinn McKee	AEGIR	Laugardalslaug	15.04.2012
Íslandsmet Unglinga	4:30.15	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	10.07.2011
Íslandsmet Aldursflokka	4:35.30	Hólmur Grétarsson	SH	Maribor (SLO)	28.07.2023

Ásmegin-Mót : 6:15.00 / HM SSÍ : 4:25.20 / EM23 19 - 23: 4:30.88 / EMU 16 - 18: 4:35.57 / NÆM 14 - 16: 4:50.31 /
GSSE : 4:43.23 / ÍM Open: 5:32.31; - 18: 5:38.14 / A-Landslið : 4:32.93 / Landslið 21: 4:35.00; 20: 4:37.05; 19: 4:39.12; 18: 4:41.20;
17: 4:45.46; 16: 4:50.31; 15: 4:59.43; 14: 5:11.22; 13: 5:29.02

Entry time conversion: Conversion with World Aquatics points

YB

1 Holmar Grétarsson	08	Sundfelag Hafnarfjarðar	4:33.10
2 Adam Leo Tomasson	07	Sundfelag Hafnarfjarðar	4:48.28
3 Dadi Rafn Falsson	08	Ithrottbandalag Reykjanesbajar	4:51.43
4 Daniel Andriysson	11	Sundfelag Hafnarfjarðar	5:42.66
5 Savar Sindri Johannesson	10	Sundfelag Hafnarfjarðar	5:54.03