

Event 12  
22.03.2025 - 16:03

Women, 400m Medley

Open  
Entry list

|                         |         |                           |       |                  |            |
|-------------------------|---------|---------------------------|-------|------------------|------------|
| Mótsmet                 | 5:00.25 | Hrafnhildur Lúthersdóttir | SH    |                  | 01.06.2010 |
| Íslandsmet              | 4:46.70 | Hrafnhildur Lúthersdóttir | SH    | Reykjavík        | 05.06.2015 |
| Íslandsmet Unglinga     | 4:55.17 | Eygló Ósk Gústafsdóttir   | AEGIR | Luxembourg (LUX) | 31.05.2013 |
| Íslandsmet Aldursflokka | 5:04.17 | Eygló Ósk Gústafsdóttir   | AEGIR | Reykjanesbaer    | 29.05.2010 |

Ásmegin-Mót : 6:15.00 / HM SSÍ : 4:51.55 / EM23 19 - 23: 4:56.93 / EMU 16 - 18: 5:02.22 / NÆM 14 - 16: 5:14.69 /  
GSSE : 5:11.37 / ÍM Open: 6:03.80; - 18: 6:10.18 / A-Landslið : 5:00.04 / Landslið 21: 5:01.45; 20: 5:02.83; 19: 5:06.42; 18: 5:08.38;  
17: 5:10.61; 16: 5:14.69; 15: 5:18.77; 14: 5:25.55; 13: 5:36.14

Entry time conversion: Conversion with World Aquatics points

YB

|                                |    |                                 |         |
|--------------------------------|----|---------------------------------|---------|
| 1 Eva Margret Falsdottir       | 05 | Ithrottabandalag Reykjanesbajar | 5:01.58 |
| 2 Solveig Freyja Hakonardottir | 09 | Sunddeild Breidabliks           | 5:16.25 |
| 3 Auguste Balciunaite          | 11 | Sundfelag Hafnarfjardar         | 5:10.39 |
| 4 Ema Austa Pratusyte          | 10 | Sundfelag Hafnarfjardar         | 5:35.42 |
| 5 Austeja Savickaite           | 09 | Ithrottabandalag Reykjanesbajar | 5:38.52 |
| 6 Adriana Agnes Derti          | 10 | Ithrottabandalag Reykjanesbajar | 5:42.69 |
| 7 Karen Julia Traustadottir    | 12 | Ithrottabandalag Reykjanesbajar | 5:52.13 |
| 8 Alfrun Loa Jonsdottir        | 10 | Sunddeild Ármanns               | 5:53.76 |
| 9 Karen Sif Helgadottir        | 10 | Sunddeild Ármanns               | 5:48.07 |
| 10 Isabella Johannsdottir      | 10 | Sundfelagid Odinn               | 6:00.82 |
| 11 Natalia Eir Curtis          | 10 | Sunddeild Ármanns               | 6:02.85 |
| 12 Fridrika Sif Agustsdottir   | 10 | Sundfelagid Odinn               | 6:17.41 |
| 13 Agust Elly Kristinsdottir   | 11 | Sunddeild Ármanns               | 6:25.09 |
| 14 Karen Anna Orlita           | 12 | Sundfelag Akraness              | NT      |