

Epreuve 9
 14-02-2025

Filles, 400m 4 nages

 17 ans et moins
 Liste résultats

Quebec Provincial Senior Records	4:25.33	HARVEY, Mary-Sophie	CAMO	Singapore (SGP)	01-11-2024
Quebec Provincial Age Group Records	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	16-12-2016

Points: AQUA 2024

Rang			Age							Temps	Pts	
13 ans et moins												
1.	RÉGNIER, Lily Rose		12	Mustang Boucherville						5:11.70	573	
	50m:	32.60	32.60	150m:	1:51.29	39.94	250m:	3:16.96	46.31	350m:	4:38.02	35.50
	100m:	1:11.35	38.75	200m:	2:30.65	39.36	300m:	4:02.52	45.56	400m:	5:11.70	33.68
2.	LAMBERT, Jade		13	Neptune Natation						5:18.77	536	
	50m:	33.17	33.17	150m:	1:53.57	40.75	250m:	3:19.91	45.74	350m:	4:43.39	36.25
	100m:	1:12.82	39.65	200m:	2:34.17	40.60	300m:	4:07.14	47.23	400m:	5:18.77	35.38
3.	TESSIER, Elyanne		12	Cnq						5:21.50	522	
	50m:	35.93	35.93	150m:	1:59.95	41.55	250m:	3:24.48	43.02	350m:	4:45.56	36.33
	100m:	1:18.40	42.47	200m:	2:41.46	41.51	300m:	4:09.23	44.75	400m:	5:21.50	35.94
4.	MOFFET, Raphaëlle		12	Camo						5:31.49	476	
	50m:	35.73	35.73	150m:	2:00.00	43.69	250m:	3:29.84	47.57	350m:	4:55.00	37.29
	100m:	1:16.31	40.58	200m:	2:42.27	42.27	300m:	4:17.71	47.87	400m:	5:31.49	36.49
5.	FANG, Brenda		13	Pointe-Claire Swim Club						5:35.15	461	
	50m:	34.81	34.81	150m:	1:58.20	42.62	250m:	3:27.65	46.96	350m:	4:55.68	40.99
	100m:	1:15.58	40.77	200m:	2:40.69	42.49	300m:	4:14.69	47.04	400m:	5:35.15	39.47
6.	LAPOINTE, Alexandra		12	Pointe-Claire Swim Club						5:36.38	456	
	50m:	35.35	35.35	150m:	1:58.99	42.26	250m:	3:30.45	49.50	350m:	4:58.71	38.23
	100m:	1:16.73	41.38	200m:	2:40.95	41.96	300m:	4:20.48	50.03	400m:	5:36.38	37.67
7.	YU, Chloe		13	Club de Natation SAMAK						5:41.19	437	
	50m:	35.82	35.82	150m:	2:00.40	43.38	250m:	3:32.88	50.20	350m:	5:03.94	39.51
	100m:	1:17.02	41.20	200m:	2:42.68	42.28	300m:	4:24.43	51.55	400m:	5:41.19	37.25
8.	HARVEY, Éllie		13	Cnq						5:42.48	432	
	50m:	37.70	37.70	150m:	2:05.46	43.16	250m:	3:37.64	48.80	350m:	5:06.28	37.82
	100m:	1:22.30	44.60	200m:	2:48.84	43.38	300m:	4:28.46	50.82	400m:	5:42.48	36.20
9.	ZENG, Shirley		12	Club de Natation SAMAK						5:47.35	414	
	50m:	36.82	36.82	150m:	2:04.28	44.06	250m:	3:38.64	48.59	350m:	5:08.41	38.89
	100m:	1:20.22	43.40	200m:	2:50.05	45.77	300m:	4:29.52	50.88	400m:	5:47.35	38.94
10.	LONGVAL, Yanka		12	Cnq						5:50.58	402	
	50m:	37.53	37.53	150m:	2:07.41	46.22	250m:	3:42.78	49.60	350m:	5:14.16	39.77
	100m:	1:21.19	43.66	200m:	2:53.18	45.77	300m:	4:34.39	51.61	400m:	5:50.58	36.42
11.	SONG, Yige		13	Club de Natation SAMAK						5:52.81	395	
	50m:	38.92	38.92	150m:	2:11.69	47.22	250m:	3:45.12	45.96	350m:	5:12.62	41.91
	100m:	1:24.47	45.55	200m:	2:59.16	47.47	300m:	4:30.71	45.59	400m:	5:52.81	40.19
12.	LY, Mia Mei		13	Pointe-Claire Swim Club						5:52.96	394	
	50m:	37.20	37.20	150m:	2:08.10	45.24	250m:	3:44.73	53.08	350m:	5:15.89	38.60
	100m:	1:22.86	45.66	200m:	2:51.65	43.55	300m:	4:37.29	52.56	400m:	5:52.96	37.07
13.	ROBINSON, Jasmine		13	Pointe-Claire Swim Club						5:54.13	390	
	50m:	38.48	38.48	150m:	2:13.52	44.69	250m:	3:48.66	50.90	350m:	5:17.23	39.89
	100m:	1:28.83	50.35	200m:	2:57.76	44.24	300m:	4:37.34	48.68	400m:	5:54.13	36.90
14.	PERRY, Ella		11	Pointe-Claire Swim Club						5:54.62	389	
	50m:	39.34	39.34	150m:			250m:	3:45.89	51.37	350m:	5:17.46	38.21
	100m:			200m:	2:54.52		300m:	4:39.25	53.36	400m:	5:54.62	37.16

Epreuve 9, Filles, 400m 4 nages, 13 ans et moins

Rang					Age					Temps	Pts	
15.	MUSSELY, Olivia				13	Camo				5:55.51	386	
	50m:	38.51	38.51	150m:	2:13.19	48.02	250m:	3:49.43	49.76	350m:	5:17.19	39.52
	100m:	1:25.17	46.66	200m:	2:59.67	46.48	300m:	4:37.67	48.24	400m:	5:55.51	38.32
16.	FORGET, Romane				13	Neptune Natation				5:57.44	380	
	50m:	39.82	39.82	150m:	2:10.55	46.82	250m:	3:48.01	49.83	350m:	5:18.30	40.52
	100m:	1:23.73	43.91	200m:	2:58.18	47.63	300m:	4:37.78	49.77	400m:	5:57.44	39.14
17.	ROUSSEL, Annabelle				13	Mustang Boucherville				5:58.53	376	
	50m:	36.30	36.30	150m:	2:09.23	48.60	250m:	3:47.57	51.93	350m:	5:19.55	40.20
	100m:	1:20.63	44.33	200m:	2:55.64	46.41	300m:	4:39.35	51.78	400m:	5:58.53	38.98
18.	BLAIS, Élizabéth				13	Club de Natation des Riverains				6:10.47	341	
	50m:	41.14	41.14	150m:	2:17.38		250m:	3:57.69	53.67	350m:	5:32.65	41.79
	100m:			200m:	3:04.02	46.64	300m:	4:50.86	53.17	400m:	6:10.47	37.82
19.	ABETTI, Alae				11	Cnq				6:13.05	334	
	50m:	38.83	38.83	150m:	2:13.01	47.80	250m:	3:53.66	54.90	350m:	5:30.35	42.82
	100m:	1:25.21	46.38	200m:	2:58.76	45.75	300m:	4:47.53	53.87	400m:	6:13.05	42.70
20.	CHIU, Kai-Wei				11	Club de Natation SAMAK				6:15.77	327	
	50m:	40.06	40.06	150m:	2:18.79	48.53	250m:	4:01.47	55.76	350m:	5:36.16	41.62
	100m:	1:30.26	50.20	200m:	3:05.71	46.92	300m:	4:54.54	53.07	400m:	6:15.77	39.61
21.	CHEN, Zoe				13	Pointe-Claire Swim Club				6:15.86	326	
	50m:	39.31	39.31	150m:	2:21.16	50.05	250m:	4:02.36	53.24	350m:	5:36.68	41.00
	100m:	1:31.11	51.80	200m:	3:09.12	47.96	300m:	4:55.68	53.32	400m:	6:15.86	39.18
22.	CARON, Coralyne				12	Pointe-Claire Swim Club				6:18.67	319	
	50m:	39.38	39.38	150m:	2:17.55		250m:	4:01.29	56.56	350m:	5:39.30	40.91
	100m:			200m:	3:04.73	47.18	300m:	4:58.39	57.10	400m:	6:18.67	39.37
23.	TRACHY, Sophia				12	Club de Natation des Riverains				6:25.55	302	
	50m:	37.24	37.24	150m:	2:17.74	52.10	250m:	4:02.69	54.64	350m:	5:41.52	45.39
	100m:	1:25.64	48.40	200m:	3:08.05	50.31	300m:	4:56.13	53.44	400m:	6:25.55	44.03
24.	HENRIQUES DE SOUZA, Sofia Ma				11	Pointe-Claire Swim Club				6:27.81	297	
	50m:	41.13	41.13	150m:	2:20.74	46.08	250m:	4:04.46	57.00	350m:	5:46.20	42.88
	100m:	1:34.66	53.53	200m:	3:07.46	46.72	300m:	5:03.32	58.86	400m:	6:27.81	41.61
25.	MECTEAU, Abygaëlle				11	Club de Natation des Riverains				6:35.35	280	
	50m:	42.46	42.46	150m:	2:24.88	51.87	250m:	4:13.43	58.47	350m:	5:53.34	42.05
	100m:	1:33.01	50.55	200m:	3:14.96	50.08	300m:	5:11.29	57.86	400m:	6:35.35	42.01
26.	BOURBEAU, Hanna				12	Pointe-Claire Swim Club				6:41.15	268	
	50m:	44.26	44.26	150m:	2:27.54	48.97	250m:	4:15.60	1:02.76	350m:	5:58.11	43.08
	100m:	1:38.57	54.31	200m:	3:12.84	45.30	300m:	5:15.03	59.43	400m:	6:41.15	43.04
disq.	ZHANG, Xinyu				13	Club de Natation SAMAK						

14 - 15 ans

1.	LEMELIN, Émie				15	Cnq				5:13.60	562	
	50m:	33.52	33.52	150m:	1:51.07	39.54	250m:	3:16.17	46.74	350m:	4:39.01	35.78
	100m:	1:11.53	38.01	200m:	2:29.43	38.36	300m:	4:03.23	47.06	400m:	5:13.60	34.59
2.	RIPPLE, Meghan				15	Pointe-Claire Swim Club				5:21.85	520	
	50m:	33.58	33.58	150m:	1:53.62	41.11	250m:	3:22.35	48.05	350m:	4:46.83	36.21
	100m:	1:12.51	38.93	200m:	2:34.30	40.68	300m:	4:10.62	48.27	400m:	5:21.85	35.02
3.	FORTIN, Alix				14	Neptune Natation				5:24.06	510	
	50m:	33.79	33.79	150m:	1:55.94	42.17	250m:	3:23.13	45.49	350m:	4:47.37	37.44
	100m:	1:13.77	39.98	200m:	2:37.64	41.70	300m:	4:09.93	46.80	400m:	5:24.06	36.69

Epreuve 9, Filles, 400m 4 nages, 14 - 15 ans

Rang					Age					Temps	Pts	
4.	CORNEAU, Élyza				14	Cnq				5:26.07	500	
	50m:	32.80	32.80	150m:	1:52.03	41.18	250m:	3:22.35	49.95	350m:	4:50.68	37.56
	100m:	1:10.85	38.05	200m:	2:32.40	40.37	300m:	4:13.12	50.77	400m:	5:26.07	35.39
5.	DESTREMPE, Rafaele				15	Neptune Natation				5:34.08	465	
	50m:	37.74	37.74	150m:	2:04.14	41.42	250m:	3:32.01	46.61	350m:	4:57.36	38.25
	100m:	1:22.72	44.98	200m:	2:45.40	41.26	300m:	4:19.11	47.10	400m:	5:34.08	36.72
6.	DUPUY, Marianne				15	Neptune Natation				5:38.09	449	
	50m:	36.62	36.62	150m:	2:02.95	45.71	250m:	3:35.99	48.63	350m:	5:02.14	38.22
	100m:	1:17.24	40.62	200m:	2:47.36	44.41	300m:	4:23.92	47.93	400m:	5:38.09	35.95
7.	CHOUINARD, Dalia				15	Club de Natation des Riverains				5:38.23	448	
	50m:	35.15	35.15	150m:	2:03.46	46.28	250m:	3:34.73	46.26	350m:	5:00.86	39.94
	100m:	1:17.18	42.03	200m:	2:48.47	45.01	300m:	4:20.92	46.19	400m:	5:38.23	37.37
8.	FORTIN, Héloïse				15	Club de Natation des Riverains				5:40.98	437	
	50m:	34.10	34.10	150m:	1:59.26	43.79	250m:	3:36.18	52.82	350m:	5:04.66	37.34
	100m:	1:15.47	41.37	200m:	2:43.36	44.10	300m:	4:27.32	51.14	400m:	5:40.98	36.32
9.	CHAMBERLAND, Zoé				14	Cnq				5:41.02	437	
	50m:	37.61	37.61	150m:	2:06.38	44.52	250m:	3:38.22	47.47	350m:	5:05.11	37.63
	100m:	1:21.86	44.25	200m:	2:50.75	44.37	300m:	4:27.48	49.26	400m:	5:41.02	35.91
10.	RACHEDI, Ranya				15	Club de Natation des Riverains				5:41.83	434	
	50m:	37.31	37.31	150m:	2:05.09	44.00	250m:	3:34.33	46.80	350m:	5:02.72	39.30
	100m:	1:21.09	43.78	200m:	2:47.53	42.44	300m:	4:23.42	49.09	400m:	5:41.83	39.11
11.	EMOND, Aryelle				14	Mustang Boucherville				5:45.85	419	
	50m:	36.15	36.15	150m:	2:02.61	43.85	250m:	3:34.03	48.45	350m:	5:04.47	41.67
	100m:	1:18.76	42.61	200m:	2:45.58	42.97	300m:	4:22.80	48.77	400m:	5:45.85	41.38
12.	LEBLANC, Gabrielle				15	Club de Natation des Riverains				5:53.43	393	
	50m:	37.78	37.78	150m:	2:07.91	45.66	250m:	3:45.56	52.86	350m:	5:16.50	38.49
	100m:	1:22.25	44.47	200m:	2:52.70	44.79	300m:	4:38.01	52.45	400m:	5:53.43	36.93
13.	SAMSON, Amélia				14	Club de Natation des Riverains				5:54.27	390	
	50m:	36.99	36.99	150m:	2:08.35	46.37	250m:	3:45.40	52.36	350m:	5:16.85	39.29
	100m:	1:21.98	44.99	200m:	2:53.04	44.69	300m:	4:37.56	52.16	400m:	5:54.27	37.42
14.	BLAIS, Florence				14	Club de Natation des Riverains				5:57.60	379	
	50m:	37.50	37.50	150m:	2:07.73	43.93	250m:	3:46.13	52.60	350m:	5:19.25	41.07
	100m:	1:23.80	46.30	200m:	2:53.53	45.80	300m:	4:38.18	52.05	400m:	5:57.60	38.35
15.	TAILLEUR, Jasmine				15	Neptune Natation				5:58.80	375	
	50m:	40.51	40.51	150m:	2:13.56	45.51	250m:	3:48.17	48.37	350m:	5:18.43	39.75
	100m:	1:28.05	47.54	200m:	2:59.80	46.24	300m:	4:38.68	50.51	400m:	5:58.80	40.37
16.	LEMIEUX, Élodie				14	Club de Natation des Riverains				6:04.71	357	
	50m:	39.31	39.31	150m:	2:15.25	48.36	250m:	3:55.52	54.45	350m:	5:27.08	39.69
	100m:	1:26.89	47.58	200m:	3:01.07	45.82	300m:	4:47.39	51.87	400m:	6:04.71	37.63
17.	GRÉGOIRE, Juliette				14	Cnq				6:10.01	342	
	50m:			150m:	2:16.74	47.00	250m:			350m:	5:31.14	
	100m:	1:29.74		200m:	3:04.38	47.64	300m:			400m:	6:10.01	38.87
18.	LALIBERTE, Sofia				14	Club de Natation SAMAK				6:16.73	324	
	50m:	39.86	39.86	150m:	2:17.25	47.03	250m:	4:00.37	58.42	350m:	5:38.05	41.31
	100m:	1:30.22	50.36	200m:	3:01.95	44.70	300m:	4:56.74	56.37	400m:	6:16.73	38.68
disq.	LEGARÉ, Lili-Marguerite				14	Cnq						

Epreuve 9, Filles, 400m 4 nages

16 - 17 ans

1.	BOUCHARD, Laurie-Anne	16	Club de Natation des Riverains	5:31.40	477
	50m: 34.67 34.67	150m: 1:54.06 40.20	250m: 3:23.59 48.71	350m: 4:53.57 38.92	
	100m: 1:13.86 39.19	200m: 2:34.88 40.82	300m: 4:14.65 51.06	400m: 5:31.40 37.83	
2.	BERGERON, Marie-Laurence	16	Mustang Boucherville	5:49.26	407
	50m: 38.52 38.52	150m: 2:07.36 43.05	250m: 3:41.53 51.46	350m: 5:11.29 38.87	
	100m: 1:24.31 45.79	200m: 2:50.07 42.71	300m: 4:32.42 50.89	400m: 5:49.26 37.97	
hc.	DAGSAAN, Jady	15	Pointe-Claire Swim Club	5:05.57	608
	50m: 31.02 31.02	150m: 1:45.09 38.68	250m: 3:08.08 44.98	350m: 4:30.13 36.55	
	100m: 1:06.41 35.39	200m: 2:23.10 38.01	300m: 3:53.58 45.50	400m: 5:05.57 35.44	
hc.	BACCUS, Bianca	12	Pointe-Claire Swim Club	5:07.35	597
	50m: 32.61 32.61	150m: 1:49.08 38.88	250m: 3:10.79 43.04	350m: 4:31.97 36.93	
	100m: 1:10.20 37.59	200m: 2:27.75 38.67	300m: 3:55.04 44.25	400m: 5:07.35 35.38	