

Wettkampf 14

Damen, 400m Freistil

allg. Kategorie

12.04.2025 - 10:12

Rangliste

Swiss National Records	4:03.73	Flavia Rigamonti		Debrecen (HUN)	15.12.2007
Bestzeiten Schweizerische Vereinsmeist	4:07.89	Chantal Strasser	SUI	Baar	28.11.1999

Punkte: AQUA 2024

Rang	Jg.	Abk.	RT	Zeit	Pkt.							
1.	05	AST	+0.70	<b>4:17.60</b>	723							
	50m:	29.70	29.70	150m:	1:35.19	32.96	250m:	2:40.68	32.67	350m:	3:46.06	32.62
	100m:	1:02.23	32.53	200m:	2:08.01	32.82	300m:	3:13.44	32.76	400m:	4:17.60	31.54
2.	09	TURR	+0.78	<b>4:28.23</b>	641							
	50m:	30.53	30.53	150m:	1:37.77	33.61	250m:	2:45.04	33.92	350m:	3:53.92	34.65
	100m:	1:04.16	33.63	200m:	2:11.12	33.35	300m:	3:19.27	34.23	400m:	4:28.23	34.31
3.	07	SVSW	+0.75	<b>4:30.53</b>	625							
	50m:	31.26	31.26	150m:	1:39.19	34.17	250m:	2:47.96	34.37	350m:	3:56.66	34.18
	100m:	1:05.02	33.76	200m:	2:13.59	34.40	300m:	3:22.48	34.52	400m:	4:30.53	33.87
4.	09	SVB	+0.77	<b>4:32.72</b>	610							
	50m:	30.89	30.89	150m:	1:39.44	34.45	250m:	2:49.61	35.07	350m:	3:58.90	34.29
	100m:	1:04.99	34.10	200m:	2:14.54	35.10	300m:	3:24.61	35.00	400m:	4:32.72	33.82
5.	07	BAAR	+0.71	<b>4:40.17</b>	562							
	50m:	31.86	31.86	150m:	1:42.12	35.60	250m:	2:53.42	35.87	350m:	4:04.87	35.96
	100m:	1:06.52	34.66	200m:	2:17.55	35.43	300m:	3:28.91	35.49	400m:	4:40.17	35.30
6.	11	LUG	+0.73	<b>4:43.65</b>	542							
	50m:	32.07	32.07	150m:	1:43.32	35.46	250m:	2:55.84	36.13	350m:	4:08.15	36.21
	100m:	1:07.86	35.79	200m:	2:19.71	36.39	300m:	3:31.94	36.10	400m:	4:43.65	35.50
7.	10	LYN	+0.66	<b>4:44.13</b>	539							
	50m:	32.12	32.12	150m:	1:42.77	35.49	250m:	2:55.35	36.46	350m:	4:08.59	36.66
	100m:	1:07.28	35.16	200m:	2:18.89	36.12	300m:	3:31.93	36.58	400m:	4:44.13	35.54
8.	09	LIMM		<b>4:44.45</b>	537							
	50m:	32.43	32.43	150m:	1:43.79	36.14	250m:	2:56.46	36.31	350m:	4:09.64	36.57
	100m:	1:07.65	35.22	200m:	2:20.15	36.36	300m:	3:33.07	36.61	400m:	4:44.45	34.81
9.	07	VN	+0.74	<b>4:46.18</b>	527							
	50m:	32.56	32.56	150m:	1:44.45	36.24	250m:	2:58.13	36.79	350m:	4:11.19	36.29
	100m:	1:08.21	35.65	200m:	2:21.34	36.89	300m:	3:34.90	36.77	400m:	4:46.18	34.99
10.	10	MORG	+0.70	<b>4:47.41</b>	521							
	50m:	32.40	32.40	150m:	1:44.69	36.44	250m:	2:58.26	36.75	350m:	4:11.66	36.42
	100m:	1:08.25	35.85	200m:	2:21.51	36.82	300m:	3:35.24	36.98	400m:	4:47.41	35.75
11.	11	FRI	+0.71	<b>4:47.65</b>	519							
	50m:	32.24	32.24	150m:	1:44.46	36.52	250m:	2:57.53	36.80	350m:	4:11.73	36.90
	100m:	1:07.94	35.70	200m:	2:20.73	36.27	300m:	3:34.83	37.30	400m:	4:47.65	35.92
12.	12	SCU	+0.74	<b>4:47.92</b>	518							
	50m:	32.15	32.15	150m:	1:45.11	36.60	250m:	2:59.10	36.96	350m:	4:12.77	36.44
	100m:	1:08.51	36.36	200m:	2:22.14	37.03	300m:	3:36.33	37.23	400m:	4:47.92	35.15
13.	08	BIEL		<b>4:48.12</b>	517							
	50m:	32.49	32.49	150m:	1:44.77	36.43	250m:	2:58.47	36.86	350m:	4:13.36	37.37
	100m:	1:08.34	35.85	200m:	2:21.61	36.84	300m:	3:35.99	37.52	400m:	4:48.12	34.76
14.	06	WINT	+0.70	<b>4:48.39</b>	515							
	50m:	32.15	32.15	150m:	1:44.59	36.62	250m:	2:58.35	36.71	350m:	4:13.31	37.32
	100m:	1:07.97	35.82	200m:	2:21.64	37.05	300m:	3:35.99	37.64	400m:	4:48.39	35.08
15.	10	STL	+0.67	<b>4:50.12</b>	506							
	50m:	31.92	31.92	150m:	1:44.50	36.51	250m:	2:58.57	37.07	350m:	4:13.76	37.64
	100m:	1:07.99	36.07	200m:	2:21.50	37.00	300m:	3:36.12	37.55	400m:	4:50.12	36.36
16.	09	MN	+0.74	<b>5:02.44</b>	447							
	50m:	33.05	33.05	150m:	1:46.56	37.54	250m:	3:04.64	39.37	350m:	4:23.93	39.99
	100m:	1:09.02	35.97	200m:	2:25.27	38.71	300m:	3:43.94	39.30	400m:	5:02.44	38.51