

Prova 46

Femin., 400m Livres

Absoluto

09/03/2025 - 10:50

Startlist

Recorde Regional (25m) Open	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 18 +	4:32.90	Andreia Monteiro Barreira	CMNPR	Peso da Régua	04/11/2023
Recorde Regional (25m) 17	4:35.07	Joana Patricia Pinto	GCVR	Vila Real	25/06/2011
Recorde Regional (25m) 16	4:39.75	Ana Sofia Leite	GCVR	Chaves	22/11/2008
Recorde Regional (25m) Juv A	4:45.43	Maria Silva Pereira	GCVR	Peso da Régua	12/03/2023
Recorde Regional (25m) Juv B	4:51.53	Ana Margarida Guedes	GCVR	Vila Real	23/11/2014
Recorde Regional (25m) Inf A	4:53.19	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014
Recorde Regional (25m) Inf B	4:55.62	Ana Margarida Guedes	GCVR	Espinho	26/05/2013

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	Incs.	Tempo
<u>Série 1 de 5, 10:50</u>									
1	Lorena Sofia Ribeiro	F	223766	Inf	12	Gcvr	NT	_____	_____
3	Mariana Lopes Carvalho	F	214486	Inf	13	Gcvr	7:36.36	_____	_____
4	Alice Guedes Pinto	F	217401	Inf	13	CMN Peso da Regua	7:38.84	_____	_____
5	Alice Silva Costa	F	224051	Inf	12	Gcvr	NT	_____	_____
<u>Série 2 de 5, 11:00</u>									
1	Magda Jorge Nascimento	F	220734	Inf	13	Emnv/Fcv	7:15.60	_____	_____
2	Mara Daniela Rocha	F	222067	Inf	13	CMN Peso da Regua	6:58.34	_____	_____
3	Leonor Vaz Osorio	F	216142	Inf	13	CMN Peso da Regua	6:47.42	_____	_____
4	Mariana Veiga Silva	F	212702	Juv	10	Emnv/Fcv	6:49.76	_____	_____
5	Leonor Ferreira Sousa	F	222428	Inf	12	Flavitus	7:08.80	_____	_____
6	Maria Costa Pinto	F	220735	Inf	12	Emnv/Fcv	7:24.58	_____	_____
<u>Série 3 de 5, 11:10</u>									
2	Maria Joao Gomes	F	216332	Inf	13	Gcvr	6:42.11	_____	_____
3	Naima Francisco Ferreira	F	218420	Inf	13	EN Braganca	6:26.78	_____	_____
4	Benedita Martins Fernandes	F	214551	Inf	13	Gcvr	6:27.81	_____	_____
5	Matilde Ribeiro Sales	F	220142	Inf	13	CMN Peso da Regua	6:45.18	_____	_____
6	Carlota Teiga Cruz	F	217390	Inf	13	Gcvr	6:47.31	_____	_____
<u>Série 4 de 5, 11:15</u>									
1	Laura Jorge Alves	F	216844	Inf	13	Gcvr	6:09.64	_____	_____
2	Susana Pedro Carvalhinha	F	214488	Inf	13	Gcvr	6:04.60	_____	_____
3	Matilde Pinto Teixeira	F	211225	Juv	11	EN Braganca	5:54.76	_____	_____
4	Ana Rita Teixeira	F	216143	Inf	13	CMN Peso da Regua	5:54.90	_____	_____
6	Joana Margarida Soares	F	146116	Inf	12	CMN Peso da Regua	6:16.49	_____	_____
<u>Série 5 de 5, 11:25</u>									
1	Renata Daniela Rangel	F	220398	Juv	11	Gcvr	5:43.51	_____	_____
2	Ines Rua Fernandes	F	213137	Juv	11	Gcvr	5:29.06	_____	_____
3	Maria Ines Mesquita	F	214677	Juv	10	Gcvr	5:00.76	_____	_____
4	Maria Silva Poeta	F	212032	Juv	10	Gcvr	5:15.81	_____	_____
5	Francisca Moreira Fonseca	F	209211	Jun/Sen09		CMN Peso da Regua	5:32.87	_____	_____
6	Leonor Afonso Matela	F	220723	Inf	12	EN Braganca	5:47.32	_____	_____