

Prova 30	Masc., 400m Estilos					Absoluto
08/03/2025 - 17:45						Startlist
Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012	
Recorde Regional (25m) Sen	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012	
Recorde Regional (25m) 18	5:05.04	Jose Pedro Rocha	CMNPR	Vila Real	15/01/2022	
Recorde Regional (25m) 17	4:58.26	Francisco Lopes Afonso	GCVR	Bragança	23/11/2019	
Recorde Regional (25m) Juv A	4:51.57	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	13/07/2019	
Recorde Regional (25m) Juv B	4:59.60	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018	
Recorde Regional (25m) Inf A	5:18.50	Tomas Tavares Martins	SCM	Bragança	04/07/2015	
Recorde Regional (25m) Inf B	5:42.13	Tomás Tavares Martins	SCM	Santa Marta	05/07/2014	

Pista	Nome	Sexo	Licença	Cat	Ano	Clube	Tempo	Incs.	Tempo
<u>Série 1 de 1, 17:45</u>									
2	Duarte Ferreira Rosa	M	209831	Inf	11	Flavitus	6:33.65	___	___
3	Tiago Manuel Fernandes	M	205831	Jun/Sen08		Gcvr	5:12.27	___	___
4	Filipe Miguel Pires	M	218010	Inf	11	Emnv/Fcv	6:33.09	___	___