

Event 30 Boys, 400m Medley Infantis Results
08/03/2025 - 17:45

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Inf A	5:18.50	Tomas Tavares Martins	SCM	Bragança	04/07/2015
Recorde Regional (25m) Inf B	5:42.13	Tomás Tavares Martins	SCM	Santa Marta	05/07/2014

Points: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Filipe Miguel Pires	218010	11	Emnv/Fcv	5:45.45	314
	50m: 35.86	35.86	150m:	250m:	350m:	
	100m: 1:20.20	44.34	200m: 2:47.51	300m: 4:27.19	400m: 5:45.45	
2.	Duarte Ferreira Rosa	209831	11	Flavitus	6:13.81	247
	50m: 39.38	39.38	150m:	250m:	350m:	
	100m: 1:27.96	48.58	200m: 3:07.93	300m: 4:51.34	400m: 6:13.81	

Event 30 Men, 400m Medley Juniore e Seniores Results
08/03/2025 - 17:45

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Sen	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) 18	5:05.04	Jose Pedro Rocha	CMNPR	Vila Real	15/01/2022
Recorde Regional (25m) 17	4:58.26	Francisco Lopes Afonso	GCVR	Bragança	23/11/2019

Points: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Tiago Manuel Fernandes <i>Recorde Regional</i>	205831	08	Gcvr	4:52.76	515
	50m: 28.79	28.79	150m:	250m:	350m:	
	100m: 1:03.87	35.08	200m: 2:21.30	300m: 3:44.82	400m: 4:52.76	

Event 30 Men, 400m Medley Absoluto Results
08/03/2025 - 17:45

Recorde Regional (25m) Open	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) Sen	4:43.54	Bruno Daniel Monteiro	GCVR	Vila Real	11/03/2012
Recorde Regional (25m) 18	5:05.04	Jose Pedro Rocha	CMNPR	Vila Real	15/01/2022
Recorde Regional (25m) 17	4:58.26	Francisco Lopes Afonso	GCVR	Bragança	23/11/2019
Recorde Regional (25m) Juv A	4:51.57	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	13/07/2019
Recorde Regional (25m) Juv B	4:59.60	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	07/07/2018

Points: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Tiago Manuel Fernandes <i>Recorde Regional</i>	205831	08	Gcvr	4:52.76	515
	50m: 28.79	28.79	150m:	250m:	350m:	
	100m: 1:03.87	35.08	200m: 2:21.30	300m: 3:44.82	400m: 4:52.76	