

Prova 3

Femin., 1500m Livres

Juniores e Seniores

08/03/2025 - 10:10

Resultados

Recorde Regional (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) 18 +	19:00.94	Ana Sofia Nóbrega	GCVR	St.ª Marta de Penaguião	30/06/2013
Recorde Regional (25m) 17	19:17.23	Maria Carolina Eira	GCVR	Santa Marta de Penaguião	02/07/2022
Recorde Regional (25m) 16	19:40.02	Maria Migueis Teixeira	CNIN	Bragança	05/07/2015

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Francisca Moreira Fonseca	209211	09	CMN Peso da Regua	22:10.84	317
	50m: 37.56 37.56	450m:		850m:	1250m:	
	100m: 1:20.59 43.03	500m: 7:15.65		900m: 13:11.84	1300m: 19:13.62	
	150m:	550m:		950m:	1350m:	
	200m: 2:49.25	600m: 8:44.46		1000m: 14:41.96	1400m: 20:42.84	
	250m:	650m:		1050m:	1450m:	
	300m: 4:18.00	700m: 10:13.06		1100m: 16:12.68	1500m: 22:10.84	
	350m:	750m:		1150m:		
	400m: 5:47.96	800m: 11:43.21		1200m: 17:43.62		
2.	Benedita Campelo Carvalho	219492	09	EN Braganca	25:12.31	216
	50m: 42.06 42.06	450m:		850m:	1250m:	
	100m: 1:29.91 47.85	500m: 8:11.63		900m: 15:03.19	1300m: 21:53.81	
	150m:	550m:		950m:	1350m:	
	200m: 3:09.76	600m: 9:54.16		1000m: 16:46.31	1400m: 23:34.91	
	250m:	650m:		1050m:	1450m:	
	300m: 4:48.94	700m: 11:37.41		1100m: 18:29.51	1500m: 25:12.31	
	350m:	750m:		1150m:		
	400m: 6:29.41	800m: 13:20.84		1200m: 20:11.84		

Prova 3

Femin., 1500m Livres

Absoluto

08/03/2025 - 10:10

Resultados

Recorde Regional (25m) Open	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) 18 +	19:00.94	Ana Sofia Nóbrega	GCVR	St.ª Marta de Penaguião	30/06/2013
Recorde Regional (25m) 17	19:17.23	Maria Carolina Eira	GCVR	Santa Marta de Penaguião	02/07/2022
Recorde Regional (25m) 16	19:40.02	Maria Migueis Teixeira	CNIN	Bragança	05/07/2015
Recorde Regional (25m) Juv A	18:30.56	Ana Margarida Guedes	GCVR	Chaves	15/11/2015
Recorde Regional (25m) Juv B	20:51.31	Beatriz Maria Igrejas	GCVR	Santa Marta de Penaguião	08/07/2023

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
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	200m: 2:49.25	600m: 8:44.46		1000m: 14:41.96	1400m: 20:42.84	
	250m:	650m:		1050m:	1450m:	
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	250m:	650m:		1050m:	1450m:	
	300m: 4:48.94	700m: 11:37.41		1100m: 18:29.51	1500m: 25:12.31	
	350m:	750m:		1150m:		
	400m: 6:29.41	800m: 13:20.84		1200m: 20:11.84		