

Prova 18 Juvénis
08/03/2025 - 15:30 Resultados

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) Juv A	9:13.27	Goncalo Andre Ferreira	GCVR	Estarreja	17/12/2022
Recorde Regional (25m) Juv B	9:15.89	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	08/07/2018

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Joao Miguel Rocha	205562	09	CMN Peso da Regua	10:10.20	383
	50m: 31.28	31.28	250m:	450m:	650m:	
	100m: 1:06.25	34.97	300m: 3:32.42	500m: 6:10.68	700m: 8:54.25	
	150m:		350m: 4:50.25	550m: 7:32.36	750m: 10:10.20	
	200m: 2:15.34		400m:	600m:	800m:	
2.	Tiago Miguel Costa	220502	09	Durius Ac Pesqueira	13:50.52	152
	50m: 48.79	48.79	250m:	450m:	650m:	
	100m: 1:40.00	51.21	300m:	500m:	700m:	
	150m:		350m:	550m:	750m:	
	200m: 3:20.87		400m: 6:48.68	600m:	800m: 13:50.52	
DNS	Afonso Alexandre Paiga	216385	10	Durius Ac Pesqueira		

Prova 18 Junióres e Seniores
08/03/2025 - 15:30 Resultados

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) Sen	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) 18	9:16.29	Rodrigo Matos Salcedas	GCVR	Guarda	01/12/2017
Recorde Regional (25m) 17	9:28.52	Luis Carlos Pires	GCVR	Mirandela	28/02/2016

Pontos: FINA 2023

Lugar	Nome	Licença	Ano	Clube	Tempo Final	PtsObs
1.	Duarte Filipe Carvalho	216386	07	Durius Ac Pesqueira	11:30.98	264
	50m: 34.48	34.48	300m: 4:06.02	1:28.94	600m: 8:36.74	1:31.29
	100m: 1:14.14	39.66	400m: 5:34.61	1:28.59	700m: 10:04.04	1:27.30
	200m: 2:37.08	1:22.94	500m: 7:05.45	1:30.84	800m: 11:30.98	1:26.94
DNS	Joao Tiago Paiga	216379	08	Durius Ac Pesqueira		

Prova 18 Absoluto
08/03/2025 - 15:30 Resultados

Recorde Regional (25m) Open	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) Sen	8:38.34	Alexandre Lages Ribas	GCVR	Abrantes	27/11/2016
Recorde Regional (25m) 18	9:16.29	Rodrigo Matos Salcedas	GCVR	Guarda	01/12/2017
Recorde Regional (25m) 17	9:28.52	Luis Carlos Pires	GCVR	Mirandela	28/02/2016
Recorde Regional (25m) Juv A	9:13.27	Goncalo Andre Ferreira	GCVR	Estarreja	17/12/2022
Recorde Regional (25m) Juv B	9:15.89	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	08/07/2018

Pontos: FINA 2023

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	200m: 2:37.08	1:22.94	500m: 7:05.45	1:30.84	800m: 11:30.98	1:26.94
3.	Tiago Miguel Costa	220502	09	Durius Ac Pesqueira	13:50.52	152
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	100m: 1:40.00	51.21	300m:	500m:	700m:	
	150m:		350m:	550m:	750m:	
	200m: 3:20.87		400m: 6:48.68	600m:	800m: 13:50.52	
DNS	Afonso Alexandre Paiga	216385	10	Durius Ac Pesqueira		
DNS	Joao Tiago Paiga	216379	08	Durius Ac Pesqueira		