

Progression of Athletes - Details

All Events

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Centro Desp. Universitario do Porto								
Artur Corte Teles, 2004 (21 years), Men								
100m Freestyle	Timed Final	EXH	57.22	481	58.00		103%	9
100m Backstroke	Timed Final	EXH	1:06.47	384	1:06.00		99%	1
Diogo Barbosa Nunes, 2000 (25 years), Men								
50m Freestyle	Timed Final	EXH	24.90	530	23.93	29/11/2024	92%	2
200m Freestyle	Timed Final	EXH	1:57.66	602	1:53.88	21/12/2023	94%	
400m Freestyle	Timed Final	EXH	4:20.69	539	4:08.59	21/12/2023	91%	
100m Butterfly	Timed Final	EXH	59.18	526	59.77	11/01/2025	102%	
200m Butterfly	Timed Final	EXH	2:21.06	434	2:21.86	25/01/2025	101%	
Goncalo Coimbra Cesario, 2007 (18 years), Boys								
50m Freestyle	Timed Final	EXH	29.07	333	28.00		93%	1
100m Freestyle	Timed Final	EXH	1:06.34	308	1:08.00		105%	
50m Breaststroke	Timed Final	EXH	38.76	266	38.00		96%	
50m Butterfly	Timed Final	EXH	32.04	312	32.00		100%	
Ricardo Filipe Lima, 2003 (22 years), Men								
100m Freestyle	Timed Final	EXH	1:02.04	377	1:05.00		110%	3
50m Breaststroke	Timed Final	EXH	34.56	376	33.00		91%	
100m Breaststroke	Timed Final	EXH	1:17.16	367	1:22.00		113%	
200m Breaststroke	Timed Final	EXH	2:50.29	351	3:02.00		114%	
Vasco Manuel Vicente, 2006 (19 years), Men								
50m Freestyle	Timed Final	EXH	27.42	397	28.00		104%	2
50m Breaststroke	Timed Final	EXH	37.16	302	37.00		99%	
50m Butterfly	Timed Final	EXH	29.74	391	31.00		109%	
100m Butterfly	Timed Final	EXH	1:15.62	252	1:15.00		98%	
CMN Peso da Regua								
Alice Guedes Pinto, 2013 (12 years), Girls								
100m Freestyle	Timed Final	20.	1:33.26	156	1:36.93	19/10/2024	108%	3
200m Freestyle	Timed Final	17.	3:19.86	168	3:34.39	12/01/2025	115%	
400m Freestyle	Timed Final	19.	7:07.41	158	7:38.84	11/01/2025	115%	
800m Freestyle	Timed Final	6.	15:10.67	144	NT		-	
200m Backstroke	Timed Final	6.	3:45.16	147	NT		-	
200m Medley	Timed Final	9.	3:49.98	148	3:44.97	11/01/2025	96%	
Ana Rita Teixeira, 2013 (12 years), Girls								
100m Freestyle	Timed Final	1.	1:13.23	323	1:15.26	11/01/2025	106%	4
200m Freestyle	Timed Final	2.	2:41.03	321	2:43.58	12/01/2025	103%	
400m Freestyle	Timed Final	4.	5:49.00	291	5:54.90	23/11/2024	103%	
800m Freestyle	Timed Final	2.	12:21.88	266	NT		-	
200m Backstroke	Timed Final	2.	3:03.89	270	NT		-	
100m Breaststroke	Timed Final	2.	1:40.87	236	1:38.48	23/11/2024	95%	
100m Butterfly	Timed Final	1.	1:32.46	199	1:34.15	27/04/2024	104%	
200m Medley	Timed Final	1.	3:04.32	288	3:01.35	18/01/2025	97%	
Andreia Monteiro Barreira, 2006 (19 years), Women								
800m Freestyle	Timed Final	2.	10:56.60	384	10:15.28	21/10/2023	88%	-
50m Backstroke	Timed Final	3.	34.90	378	34.03	29/06/2024	95%	
Camila Araujo Sousa, 2015 (10 years), Girls								
50m Freestyle	Timed Final	4.	52.02	85	49.04		89%	3
200m Freestyle	Timed Final	2.	4:08.63	87	NT		-	
50m Backstroke	Timed Final	4.	1:00.02	74	1:07.75		127%	
50m Breaststroke	Timed Final	1.	55.11	136	1:01.34		124%	
50m Butterfly	Timed Final	3.	1:05.85	50	1:20.06		148%	
100m Medley	Timed Final	3.	1:58.30	108	NT		-	
Camila Mesquita Severino, 2014 (11 years), Girls								
100m Breaststroke	Timed Final	7.	2:07.60	116	2:08.41	24/11/2024	101%	2
100m Butterfly	Timed Final	7.	2:05.39	80	2:06.37	23/11/2024	102%	
Carlota Nogueira Cigarro, 2014 (11 years), Girls								
100m Freestyle	Timed Final	6.	1:51.02	92	2:02.46	19/10/2024	122%	4
400m Freestyle	Timed Final	5.	8:19.67	99	NT		-	
100m Backstroke	Timed Final	5.	2:11.84	72	2:20.79	23/11/2024	114%	
100m Breaststroke	Timed Final	4.	1:54.82	160	1:59.48	24/11/2024	108%	
100m Butterfly	Timed Final	6.	2:02.84	85	2:09.36	23/11/2024	111%	
200m Medley	Timed Final	5.	4:24.38	97	NT		-	
Catarina Pombo Ribeiro, 2015 (10 years), Girls								
50m Freestyle	Timed Final	1.	40.17	185	45.46		128%	4
50m Backstroke	Timed Final	2.	49.26	134	51.17		108%	
50m Breaststroke	Timed Final	3.	58.34	114	1:00.02		106%	
50m Butterfly	Timed Final	1.	49.51	119	55.90		127%	
100m Medley	Timed Final	2.	1:45.80	152	NT		-	
Eva Alexandra Coutinho, 2009 (16 years), Girls								
50m Freestyle	Timed Final	1.	26.41	654	26.12	14/12/2024	98%	1
100m Freestyle	Timed Final	1.	1:00.37	576	58.95	02/11/2024	95%	
50m Breaststroke	Timed Final	1.	33.71	596	32.94	15/12/2024	95%	

100m Breaststroke	Timed Final	1.	1:12.97	624	1:12.43	13/12/2024	99%	
200m Breaststroke	Timed Final	1.	2:45.75	535	2:50.00	23/11/2024	105%	
Francisca Moreira Fonseca, 2009 (16 years), Girls								
200m Freestyle	Timed Final	4.	2:49.15	277	2:39.21	03/03/2024	89%	2
400m Freestyle	Timed Final	1.	5:39.76	315	5:32.87	04/11/2023	96%	
800m Freestyle	Timed Final	4.	11:34.62	324	11:40.75	02/03/2024	102%	
1500m Freestyle	Timed Final	1.	22:10.84	317	22:31.55	23/11/2024	103%	
50m Backstroke	Timed Final	4.	36.75	324	36.64		99%	
100m Backstroke	Timed Final	2.	1:21.53	305	1:16.87	24/11/2024	89%	
200m Backstroke	Timed Final	2.	2:54.88	314	2:48.42	01/12/2023	93%	
Francisco Sequeira Monteiro, 2016 (9 years), Boys								
50m Freestyle	Timed Final	1.	39.13	136	46.68		142%	4
200m Freestyle	Timed Final	1.	3:21.64	119	NT		-	
50m Backstroke	Timed Final	2.	49.81	87	52.53		111%	
50m Breaststroke	Timed Final	1.	57.26	82	1:03.71		124%	
50m Butterfly	Timed Final	1.	51.04	77	57.00		125%	
100m Medley	Timed Final	1.	1:44.41	105	NT		-	
Joana Margarida Soares, 2012 (13 years), Girls								
100m Freestyle	Timed Final	3.	1:17.19	275	1:18.01	18/01/2025	102%	3
200m Freestyle	Timed Final	5.	2:54.83	251	2:54.26	12/01/2025	99%	
400m Freestyle	Timed Final	14.	6:55.43	172	6:16.49	23/11/2024	82%	
100m Backstroke	Timed Final	3.	1:30.51	223	1:29.89	12/01/2025	99%	
100m Breaststroke	Timed Final	1.	1:36.81	267	1:38.87	23/11/2024	104%	
200m Breaststroke	Timed Final	1.	3:37.26	237	NT		-	
200m Butterfly	Timed Final	1.	3:44.75	150	NT		-	
400m Medley	Timed Final	1.	7:14.45	211	7:36.65	19/05/2024	110%	
Joao Miguel Rocha, 2009 (16 years), Boys								
50m Freestyle	Timed Final	1.	26.15	458	26.07	19/10/2024	99%	2
100m Freestyle	Timed Final	2.	59.31	432	57.94	18/01/2025	95%	
800m Freestyle	Timed Final	1.	10:10.20	383	9:47.66	24/11/2024	93%	
50m Backstroke	Timed Final	1.	31.13	358	30.96	08/12/2024	99%	
200m Backstroke	Timed Final	1.	2:29.58	352	2:23.94	20/04/2024	93%	
50m Butterfly	Timed Final	2.	29.66	394	30.54	03/03/2024	106%	
200m Medley	Timed Final	1.	2:27.75	408	2:28.57	08/12/2024	101%	
Jose Miguel Coelho, 2013 (12 years), Boys								
100m Freestyle	Timed Final	1.	1:10.53	256	1:10.57	19/01/2025	100%	2
400m Freestyle	Timed Final	1.	5:28.45	269	NT		-	
100m Breaststroke	Timed Final	1.	1:34.14	202	1:30.77	24/11/2024	93%	
100m Butterfly	Timed Final	1.	1:29.06	154	1:25.07		91%	
200m Medley	Timed Final	1.	2:53.18	253	2:58.37	19/01/2025	106%	
Leonor Vaz Osorio, 2013 (12 years), Girls								
100m Freestyle	Timed Final	6.	1:22.37	227	1:23.31	23/11/2024	102%	4
200m Freestyle	Timed Final	15.	3:19.64	168	3:06.65	12/01/2025	87%	
400m Freestyle	Timed Final	11.	6:42.23	190	6:47.42	23/11/2024	103%	
100m Breaststroke	Timed Final	3.	1:41.00	235	1:36.47	18/01/2025	91%	
200m Breaststroke	Timed Final	2.	3:37.49	236	3:41.04	19/10/2024	103%	
100m Butterfly	Timed Final	4.	1:53.81	107	1:54.35	23/11/2024	101%	
Lourenco Bernardo Ferreira, 2015 (10 years), Boys								
50m Freestyle	Timed Final	2.	45.92	84	47.45		107%	2
200m Freestyle	Timed Final	2.	3:40.95	90	NT		-	
50m Backstroke	Timed Final	4.	56.37	60	58.21		107%	
50m Breaststroke	Timed Final	3.	56.38	86	NT		-	
50m Butterfly	Timed Final	2.	1:05.87	36	1:04.32		95%	
100m Medley	Timed Final	4.	2:04.19	62	NT		-	
Luisa Vaz Osorio, 2017 (8 years), Girls								
50m Freestyle	Timed Final	1.	50.59	93	57.16		128%	3
200m Freestyle	Timed Final	1.	3:53.76	105	NT		-	
50m Backstroke	Timed Final	1.	56.04	91	1:01.02		119%	
50m Breaststroke	Timed Final	1.	1:00.25	104	NT		-	
50m Butterfly	Timed Final	1.	1:07.59	46	1:19.89		140%	
100m Medley	Timed Final	1.	2:03.16	96	NT		-	
Mara Daniela Rocha, 2013 (12 years), Girls								
100m Freestyle	Timed Final	14.	1:27.43	189	1:30.29	22/12/2024	107%	2
200m Freestyle	Timed Final	14.	3:18.03	172	3:26.28	11/01/2025	109%	
400m Freestyle	Timed Final	17.	7:06.67	159	6:58.34	11/01/2025	96%	
800m Freestyle	Timed Final	5.	14:52.02	153	NT		-	
100m Breaststroke	Timed Final	9.	1:50.11	181	1:48.55	22/12/2024	97%	
200m Breaststroke	Timed Final	4.	3:53.03	192	NT		-	
Margarida Gorgulho Ribeiro, 2014 (11 years), Girls								
100m Freestyle	Timed Final	5.	1:33.96	152	1:32.21	19/10/2024	96%	-
100m Backstroke	Timed Final	4.	1:56.11	105	1:51.70	23/11/2024	93%	
100m Breaststroke	Timed Final	5.	1:58.72	144	1:57.80	19/01/2025	98%	
100m Butterfly	Timed Final	5.	1:58.40	95	1:57.36	19/01/2025	98%	
200m Medley	Timed Final	4.	4:02.70	126	NT		-	
Maria Ines Salgado, 2014 (11 years), Girls								
100m Freestyle	Timed Final	2.	1:18.36	263	1:26.22	19/10/2024	121%	4
400m Freestyle	Timed Final	2.	6:14.76	235	NT		-	
100m Backstroke	Timed Final	2.	1:30.48	223	1:32.43	19/01/2025	104%	
100m Breaststroke	Timed Final	2.	1:42.16	227	1:42.55	19/01/2025	101%	

100m Butterfly	Timed Final	3.	1:46.02	132	1:43.21	23/11/2024	95%	
200m Medley	Timed Final	2.	3:15.06	243	3:21.87	19/01/2025	107%	
Mariana Raimundo Trindade, 2009 (16 years), Girls								
50m Freestyle	Timed Final	4.	33.98	307	33.65	02/03/2024	98%	4
100m Freestyle	Timed Final	4.	1:12.70	330	1:12.71	11/01/2025	100%	
200m Freestyle	Timed Final	2.	2:36.78	348	2:41.56	03/03/2024	106%	
800m Freestyle	Timed Final	3.	11:31.11	329	11:47.32	24/11/2024	105%	
50m Butterfly	Timed Final	3.	38.42	255	36.92	23/11/2024	92%	
100m Butterfly	Timed Final	3.	1:32.51	199	1:29.62	23/11/2024	94%	
200m Butterfly	Timed Final	1.	3:30.46	183	3:31.05	02/11/2024	101%	
Martim Pinheiro Cardoso, 2010 (15 years), Boys								
50m Freestyle	Timed Final	5.	31.12	271	32.15	16/06/2024	107%	7
100m Freestyle	Timed Final	6.	1:09.03	274	1:10.86	30/06/2024	105%	
50m Backstroke	Timed Final	2.	35.10	249	37.76	11/01/2025	116%	
200m Backstroke	Timed Final	2.	2:45.38	260	2:49.86	11/01/2025	105%	
50m Breaststroke	Timed Final	3.	36.58	317	38.62	19/10/2024	111%	
100m Breaststroke	Timed Final	4.	1:22.53	300	1:24.87	12/01/2025	106%	
200m Breaststroke	Timed Final	3.	3:01.84	288	3:07.11	19/10/2024	106%	
Matilde Gorgulho Ribeiro, 2014 (11 years), Girls								
100m Freestyle	Timed Final	3.	1:21.34	235	1:27.67	28/04/2024	116%	2
400m Freestyle	Timed Final	4.	6:35.02	200	NT		-	
100m Backstroke	Timed Final	3.	1:42.28	154	1:37.29	27/04/2024	90%	
100m Breaststroke	Timed Final	3.	1:52.16	171	1:49.49	24/11/2024	95%	
100m Butterfly	Timed Final	4.	1:47.90	125	1:42.02	23/11/2024	89%	
200m Medley	Timed Final	3.	3:32.95	187	3:42.24	19/01/2025	109%	
Matilde Ribeiro Sales, 2013 (12 years), Girls								
100m Freestyle	Timed Final	8.	1:23.28	219	1:24.62	22/12/2024	103%	3
200m Freestyle	Timed Final	11.	3:05.54	210	3:05.68	12/01/2025	100%	
400m Freestyle	Timed Final	9.	6:31.42	206	6:45.18	11/01/2025	107%	
800m Freestyle	Timed Final	3.	14:08.12	178	NT		-	
200m Backstroke	Timed Final	5.	3:34.20	171	NT		-	
100m Breaststroke	Timed Final	15.	2:00.03	140	1:56.96	22/12/2024	95%	
200m Butterfly	Timed Final	2.	3:55.96	130	NT		-	
400m Medley	Timed Final	2.	7:42.00	176	NT		-	
Matilde Vieira Carvalho, 2014 (11 years), Girls								
100m Freestyle	Timed Final	1.	1:15.90	290	1:19.40	19/01/2025	109%	5
400m Freestyle	Timed Final	1.	5:56.18	273	NT		-	
100m Backstroke	Timed Final	1.	1:28.80	236	1:33.68	19/10/2024	111%	
100m Breaststroke	Timed Final	1.	1:38.06	257	1:40.39	24/11/2024	105%	
100m Butterfly	Timed Final	1.	1:40.72	154	1:46.74	23/11/2024	112%	
200m Medley	Timed Final	1.	3:13.00	251	3:17.64	19/01/2025	105%	
Pedro Fernando Coelho, 2008 (17 years), Boys								
50m Freestyle	Timed Final	4.	26.15	458	26.46	02/03/2024	102%	1
100m Freestyle	Timed Final	7.	58.95	440	58.39	12/01/2025	98%	
100m Breaststroke	Timed Final	1.	1:18.04	355	1:15.84	20/04/2024	94%	
200m Butterfly	Timed Final	2.	2:45.52	269	NT		-	
Rodrigo Araujo Sousa, 2012 (13 years), Boys								
100m Freestyle	Timed Final	7.	1:17.78	191	1:21.63	01/12/2024	110%	5
200m Freestyle	Timed Final	7.	2:56.04	179	2:58.64	11/01/2025	103%	
400m Freestyle	Timed Final	6.	6:23.04	170	6:23.15	23/11/2024	100%	
1500m Freestyle	Timed Final	5.	25:27.25	170	NT		-	
100m Breaststroke	Timed Final	3.	1:36.57	187	1:41.14	23/11/2024	110%	
200m Breaststroke	Timed Final	4.	3:22.89	207	3:33.43	12/01/2025	111%	
200m Medley	Timed Final	7.	3:18.60	168	3:15.40	12/01/2025	97%	
Tiago Fonseca Goncalves, 2008 (17 years), Boys								
50m Freestyle	Timed Final	5.	26.42	444	26.18	24/11/2024	98%	-
100m Freestyle	Timed Final	6.	57.94	463	57.42	03/05/2024	98%	
50m Backstroke	Timed Final	4.	30.21	392	29.95	19/10/2024	98%	
100m Backstroke	Timed Final	3.	1:05.68	398	1:04.08	24/11/2024	95%	
Tomas Santos Sol, 2016 (9 years), Boys								
50m Freestyle	Timed Final	4.	51.22	60	51.09		99%	1
200m Freestyle	Timed Final	4.	3:59.74	71	NT		-	
50m Backstroke	Timed Final	4.	59.16	52	59.40		101%	
50m Breaststroke	Timed Final	3.	1:24.64	25	NT		-	
50m Butterfly	Timed Final	3.	1:04.96	37	NT		-	
100m Medley	Timed Final	3.	2:09.98	54	NT		-	
Vitoria Cortinhas Pinto, 2010 (15 years), Girls								
100m Freestyle	Timed Final	6.	1:15.37	296	1:13.13	23/11/2024	94%	4
200m Freestyle	Timed Final	5.	2:44.32	302	2:43.00	24/11/2024	98%	
100m Backstroke	Timed Final	5.	1:27.23	249	1:27.70	14/01/2024	101%	
50m Butterfly	Timed Final	1.	34.30	359	34.37	19/10/2024	100%	
100m Butterfly	Timed Final	1.	1:18.76	323	1:19.16	12/01/2025	101%	
200m Butterfly	Timed Final	1.	3:12.67	239	NT		-	
400m Medley	Timed Final	1.	6:30.34	291	6:31.53	05/11/2023	101%	

Durius/AC Pesqueira

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Afonso Alexandre Paiga, 2010 (15 years), Boys								-
400m Freestyle	Timed Final	4.	6:02.91	200	NT		-	
50m Breaststroke	Timed Final	9.	56.36	86	NT		-	
50m Butterfly	Timed Final	6.	37.16	200	NT		-	
100m Butterfly	Timed Final	3.	1:33.46	133	NT		-	
Bruna Filipa Costa, 2009 (16 years), Girls								1
50m Freestyle	Timed Final	6.	38.16	216	37.27	30/06/2024	95%	
100m Freestyle	Timed Final	8.	1:24.67	209	1:22.70	10/06/2024	95%	
200m Freestyle	Timed Final	7.	3:05.09	211	3:01.87	29/06/2024	97%	
800m Freestyle	Timed Final	6.	13:51.06	189	13:22.28	24/11/2024	93%	
200m Backstroke	Timed Final	3.	3:30.28	180	NT		-	
50m Breaststroke	Timed Final	4.	51.19	170	53.04	24/11/2024	107%	
200m Medley	Timed Final	3.	3:35.80	180	3:34.50	16/11/2024	99%	
Carolina Pereira Vila, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	22.	1:35.21	147	1:39.23	11/01/2025	109%	
200m Freestyle	Timed Final	21.	3:32.27	140	3:45.95	12/01/2025	113%	
100m Backstroke	Timed Final	10.	1:49.99	124	1:54.00	12/01/2025	107%	
100m Breaststroke	Timed Final	19.	2:15.21	98	NT		-	
Catarina Alexandra Tralhao, 2012 (13 years), Girls								3
100m Freestyle	Timed Final	17.	1:30.39	171	1:32.56	20/04/2024	105%	
800m Freestyle	Timed Final	4.	14:37.07	161	NT		-	
100m Breaststroke	Timed Final	14.	1:59.46	142	2:04.79	23/11/2024	109%	
200m Breaststroke	Timed Final	5.	4:04.23	167	4:25.17	23/11/2024	118%	
David Sequeira Sobral, 2012 (13 years), Boys								1
100m Freestyle	Timed Final	10.	1:32.09	115	1:35.83	12/01/2025	108%	
Diana Costa Fernandes, 2010 (15 years), Girls								2
100m Freestyle	Timed Final	12.	1:27.04	192	1:22.06	20/04/2024	89%	
200m Freestyle	Timed Final	7.	3:03.27	218	3:12.58	29/06/2024	110%	
800m Freestyle	Timed Final	4.	14:31.47	164	14:01.84	30/06/2024	93%	
200m Backstroke	Timed Final	6.	3:25.45	194	3:19.93	23/11/2024	95%	
50m Breaststroke	Timed Final	7.	53.50	149	NT		-	
100m Breaststroke	Timed Final	9.	2:03.56	128	NT		-	
200m Medley	Timed Final	5.	3:39.94	170	3:43.71	19/05/2024	103%	
Duarte Filipe Carvalho, 2007 (18 years), Boys								3
50m Freestyle	Timed Final	9.	30.21	297	29.56	29/06/2024	96%	
100m Freestyle	Timed Final	10.	1:05.12	326	1:04.38	16/11/2024	98%	
400m Freestyle	Timed Final	2.	5:33.23	258	5:19.65	23/11/2024	92%	
800m Freestyle	Timed Final	1.	11:30.98	264	11:14.73	24/11/2024	95%	
50m Breaststroke	Timed Final	3.	42.94	196	44.31	16/11/2024	106%	
50m Butterfly	Timed Final	5.	32.26	306	33.72	23/11/2024	109%	
200m Medley	Timed Final	1.	2:49.10	272	2:51.43	29/06/2024	103%	
Francisco Dinis Pinto, 2009 (16 years), Boys								4
50m Freestyle	Timed Final	4.	30.19	297	29.21	19/10/2024	94%	
100m Freestyle	Timed Final	5.	1:06.89	301	1:08.30	30/06/2024	104%	
400m Freestyle	Timed Final	3.	5:41.39	240	5:43.66	23/11/2024	101%	
50m Breaststroke	Timed Final	4.	36.81	311	40.62	19/10/2024	122%	
100m Breaststroke	Timed Final	5.	1:30.21	230	1:33.84	16/11/2024	108%	
50m Butterfly	Timed Final	5.	35.66	226	35.62	23/11/2024	100%	
Ines Frederico Santos, 2010 (15 years), Girls								5
100m Freestyle	Timed Final	11.	1:23.70	216	1:21.44	30/06/2024	95%	
800m Freestyle	Timed Final	3.	13:39.70	197	13:49.43	24/11/2024	102%	
50m Backstroke	Timed Final	4.	42.54	209	42.75	19/10/2024	101%	
200m Backstroke	Timed Final	5.	3:17.73	217	3:33.56	20/04/2024	117%	
50m Breaststroke	Timed Final	5.	48.19	204	49.26	29/06/2024	104%	
100m Breaststroke	Timed Final	8.	1:49.39	185	1:56.02	29/06/2024	112%	
200m Breaststroke	Timed Final	6.	3:56.45	184	NT		-	
Joana Veiga Freixo, 2009 (16 years), Girls								3
100m Freestyle	Timed Final	5.	1:17.75	269	1:20.87	23/11/2024	108%	
200m Freestyle	Timed Final	5.	3:01.23	225	2:59.18	24/11/2024	98%	
50m Breaststroke	Timed Final	5.	51.50	167	1:05.07	16/11/2024	160%	
50m Butterfly	Timed Final	5.	45.73	151	51.81	23/11/2024	128%	
Joao Guilherme Calcarao, 2009 (16 years), Boys								-
50m Freestyle	Timed Final	10.	35.50	183	NT		-	
100m Freestyle	Timed Final	8.	1:17.74	191	NT		-	
100m Backstroke	Timed Final	1.	1:40.76	110	NT		-	
Joao Leonardo Marques, 2008 (17 years), Boys								2
200m Freestyle	Timed Final	3.	2:47.33	209	2:45.53	24/11/2024	98%	
400m Freestyle	Timed Final	3.	6:00.57	203	NT		-	
50m Butterfly	Timed Final	6.	36.16	217	38.68	16/11/2024	114%	
100m Butterfly	Timed Final	4.	1:23.28	188	1:24.60	30/06/2024	103%	
Joao Tiago Paiga, 2008 (17 years), Boys								1
400m Freestyle	Timed Final	4.	6:04.65	197	NT		-	
200m Backstroke	Timed Final	3.	2:54.86	220	2:51.37	29/06/2024	96%	
50m Breaststroke	Timed Final	2.	41.42	218	43.00	19/10/2024	108%	
200m Medley	Timed Final	2.	2:56.68	238	2:56.65	24/11/2024	100%	
Maria Julia Cardoso, 2009 (16 years), Girls								2
50m Freestyle	Timed Final	7.	38.47	211	35.95	24/11/2024	87%	
100m Freestyle	Timed Final	7.	1:22.65	224	1:22.36	23/11/2024	99%	
200m Freestyle	Timed Final	6.	3:02.92	219	NT		-	

800m Freestyle	Timed Final	5.	13:43.04	195	NT		-	
50m Breaststroke	Timed Final	6.	53.04	153	57.40	19/10/2024	117%	
50m Butterfly	Timed Final	6.	45.83	150	44.60	23/11/2024	95%	
200m Medley	Timed Final	2.	3:27.64	202	3:28.70	11/01/2025	101%	
Maria Martins Oliveira, 2012 (13 years), Girls								
100m Freestyle	Timed Final	10.	1:24.64	209	1:24.09	19/10/2024	99%	-
100m Breaststroke	Timed Final	20.	2:39.00	60	NT		-	
Pereira Santos Iris, 2012 (13 years), Girls								
100m Freestyle	Timed Final	23.	1:46.48	105	NT		-	
Robert Daniel Puic, 2009 (16 years), Boys								
50m Freestyle	Timed Final	8.	34.92	192	35.51	24/11/2024	103%	4
100m Freestyle	Timed Final	9.	1:17.86	191	1:17.93	12/01/2025	100%	
200m Freestyle	Timed Final	4.	2:59.75	168	NT		-	
50m Backstroke	Timed Final	5.	40.48	162	40.42	23/11/2024	100%	
50m Breaststroke	Timed Final	5.	45.35	166	48.38	12/01/2025	114%	
100m Breaststroke	Timed Final	6.	1:44.96	146	1:42.26	12/01/2025	95%	
50m Butterfly	Timed Final	8.	41.31	145	47.35	16/11/2024	131%	
Rui Pedro Lopes, 2010 (15 years), Boys								
50m Freestyle	Timed Final	7.	34.72	195	33.95	19/10/2024	96%	3
100m Freestyle	Timed Final	10.	1:17.93	190	1:14.36	23/11/2024	91%	
200m Freestyle	Timed Final	3.	2:57.03	176	2:50.12	24/11/2024	92%	
400m Freestyle	Timed Final	6.	6:37.94	151	6:01.54	23/11/2024	83%	
50m Backstroke	Timed Final	4.	38.78	185	40.65	19/10/2024	110%	
50m Breaststroke	Timed Final	7.	50.87	117	58.43	16/11/2024	132%	
100m Breaststroke	Timed Final	7.	2:06.18	84	1:56.84	16/11/2024	86%	
50m Butterfly	Timed Final	9.	42.69	132	46.38	23/11/2024	118%	
Tiago Miguel Costa, 2009 (16 years), Boys								
50m Freestyle	Timed Final	9.	35.28	186	32.00	24/11/2024	82%	2
100m Freestyle	Timed Final	11.	1:18.13	189	1:14.19	23/11/2024	90%	
200m Freestyle	Timed Final	2.	2:55.99	180	2:54.80	11/01/2025	99%	
400m Freestyle	Timed Final	5.	6:23.13	170	NT		-	
800m Freestyle	Timed Final	2.	13:50.52	152	NT		-	
50m Backstroke	Timed Final	6.	40.56	161	42.00	23/11/2024	107%	
50m Breaststroke	Timed Final	8.	52.31	108	54.45	24/11/2024	108%	
Emnv/Fcv								
Ana Magno Fontes, 2010 (15 years), Girls								
50m Freestyle	Timed Final	4.	34.63	290	33.56		94%	-
100m Freestyle	Timed Final	7.	1:17.78	269	1:17.56	23/11/2024	99%	
50m Breaststroke	Timed Final	3.	44.70	255	43.12	24/11/2024	93%	
100m Breaststroke	Timed Final	5.	1:39.31	247	1:36.84	04/11/2023	95%	
200m Breaststroke	Timed Final	4.	3:35.28	244	3:30.14	09/07/2023	95%	
50m Butterfly	Timed Final	4.	41.17	207	40.61	23/11/2024	97%	
Filipe Miguel Pires, 2011 (14 years), Boys								
100m Freestyle	Timed Final	1.	1:01.36	390	1:00.46	18/01/2025	97%	4
200m Freestyle	Timed Final	1.	2:14.95	399	2:14.50	24/11/2024	99%	
400m Freestyle	Timed Final	1.	4:42.27	425	4:45.37	18/01/2025	102%	
1500m Freestyle	Timed Final	1.	20:38.68	319	21:35.28	02/03/2024	109%	
100m Backstroke	Timed Final	2.	1:13.31	286	1:13.10	11/01/2025	99%	
100m Butterfly	Timed Final	1.	1:08.81	334	1:10.23	11/01/2025	104%	
400m Medley	Timed Final	1.	5:45.45	314	6:33.09	02/03/2024	129%	
Lara Filipa Ferreira, 2010 (15 years), Girls								
50m Freestyle	Timed Final	WDR	-	-	39.63	03/05/2024	-	-
100m Freestyle	Timed Final	WDR	-	-	1:29.70	20/04/2024	-	-
200m Freestyle	Timed Final	WDR	-	-	3:14.86	03/03/2024	-	-
400m Freestyle	Timed Final	WDR	-	-	6:54.73	20/04/2024	-	-
50m Backstroke	Timed Final	WDR	-	-	50.00	15/06/2024	-	-
50m Breaststroke	Timed Final	WDR	-	-	48.62	03/03/2024	-	-
100m Breaststroke	Timed Final	WDR	-	-	1:46.31	20/04/2024	-	-
50m Butterfly	Timed Final	WDR	-	-	53.31	03/03/2024	-	-
Luis Magno Fontes, 2007 (18 years), Boys								
50m Freestyle	Timed Final	6.	26.55	437	26.58	23/11/2024	100%	5
100m Freestyle	Timed Final	8.	1:00.06	416	1:01.45	23/11/2024	105%	
200m Freestyle	Timed Final	2.	2:31.14	284	2:31.02	11/01/2025	100%	
50m Breaststroke	Timed Final	1.	34.06	393	34.30	24/11/2024	101%	
100m Breaststroke	Timed Final	2.	1:21.90	307	1:23.09	12/01/2025	103%	
200m Breaststroke	Timed Final	1.	3:13.20	240	3:22.15	09/07/2023	109%	
50m Butterfly	Timed Final	4.	30.44	364	30.00	23/11/2024	97%	
Magda Jorge Nascimento, 2013 (12 years), Girls								
100m Freestyle	Timed Final	16.	1:28.73	181	1:26.50	09/10/2024	95%	4
200m Freestyle	Timed Final	16.	3:19.80	168	3:16.43	12/01/2025	97%	
400m Freestyle	Timed Final	15.	6:56.43	171	7:15.60	19/10/2024	109%	
100m Backstroke	Timed Final	7.	1:42.36	154	2:06.93	15/06/2024	154%	
100m Breaststroke	Timed Final	12.	1:56.12	154	2:00.66	11/01/2025	108%	
200m Medley	Timed Final	8.	3:38.68	173	3:44.85	11/01/2025	106%	
Maria Costa Pinto, 2012 (13 years), Girls								
100m Freestyle	Timed Final	13.	1:26.04	199	1:31.75	19/10/2024	114%	3
200m Freestyle	Timed Final	19.	3:26.20	153	3:26.00	14/01/2024	100%	
400m Freestyle	Timed Final	16.	7:03.60	162	7:24.58	19/10/2024	110%	

100m Breaststroke	Timed Final	16.	2:01.51	135	2:02.57	19/10/2024	102%	
Mariana Veiga Silva, 2010 (15 years), Girls								
400m Freestyle	Timed Final	6.	7:02.20	164	6:49.76	23/11/2024	94%	-
50m Breaststroke	Timed Final	6.	49.22	191	46.35	03/03/2024	89%	
50m Butterfly	Timed Final	5.	46.00	148	45.40	03/03/2024	97%	
Martim Beato Guedes, 2012 (13 years), Boys								
100m Freestyle	Timed Final	5.	1:13.36	228	1:14.65	22/12/2024	104%	4
200m Freestyle	Timed Final	3.	2:42.67	227	2:39.21	11/02/2025	96%	
400m Freestyle	Timed Final	3.	5:40.62	241	5:49.74	22/12/2024	105%	
1500m Freestyle	Timed Final	2.	23:06.67	227	NT		-	
100m Backstroke	Timed Final	6.	1:32.83	141	1:33.03	11/01/2025	100%	
100m Breaststroke	Timed Final	4.	1:39.20	173	1:38.07	23/11/2024	98%	
200m Medley	Timed Final	4.	3:10.80	189	3:17.34	21/12/2024	107%	
EN Braganca								
Ana Miguel Tuna, 2010 (15 years), Girls								
50m Freestyle	Timed Final	5.	35.65	266	37.27	19/09/2024	109%	4
100m Freestyle	Timed Final	9.	1:22.88	222	1:23.23	23/11/2024	101%	
50m Backstroke	Timed Final	6.	44.28	185	44.54	23/11/2024	101%	
100m Breaststroke	Timed Final	7.	1:46.73	199	1:47.25	11/01/2025	101%	
200m Breaststroke	Timed Final	5.	3:45.78	211	NT		-	
100m Butterfly	Timed Final	5.	1:51.87	112	1:48.93	12/01/2025	95%	
400m Medley	Timed Final	2.	7:37.13	181	NT		-	
Benedita Campelo Carvalho, 2009 (16 years), Girls								
50m Freestyle	Timed Final	5.	34.18	301	33.81	30/06/2024	98%	4
100m Freestyle	Timed Final	6.	1:19.39	253	1:15.18	18/05/2024	90%	
200m Freestyle	Timed Final	3.	2:47.95	283	2:53.05	29/06/2024	106%	
1500m Freestyle	Timed Final	2.	25:12.31	216	NT		-	
50m Breaststroke	Timed Final	3.	45.90	236	46.43	29/06/2024	102%	
100m Breaststroke	Timed Final	5.	1:37.89	258	1:41.75	20/04/2024	108%	
50m Butterfly	Timed Final	4.	40.36	220	40.48	29/06/2024	101%	
100m Butterfly	Timed Final	4.	1:39.48	160	1:37.44	12/01/2025	96%	
Leonor Afonso Matela, 2012 (13 years), Girls								
100m Freestyle	Timed Final	2.	1:14.82	302	1:19.99	18/10/2024	114%	7
200m Freestyle	Timed Final	3.	2:43.46	307	2:50.81	18/01/2025	109%	
400m Freestyle	Timed Final	1.	5:39.78	315	5:47.32	18/01/2025	104%	
800m Freestyle	Timed Final	1.	11:52.73	300	12:32.25	30/06/2024	111%	
100m Breaststroke	Timed Final	7.	1:44.90	210	1:44.93	23/11/2024	100%	
200m Breaststroke	Timed Final	3.	3:48.51	204	4:05.45	03/03/2024	115%	
200m Medley	Timed Final	4.	3:09.34	266	3:15.57	11/01/2025	107%	
Leonor Bento Afonso, 2010 (15 years), Girls								
50m Freestyle	Timed Final	7.	37.74	224	38.10	30/06/2024	102%	3
100m Freestyle	Timed Final	10.	1:23.26	219	1:23.66	30/06/2024	101%	
200m Freestyle	Timed Final	WDR	-	-	2:08.99	29/06/2024	-	
50m Backstroke	Timed Final	7.	49.26	134	52.10	19/10/2024	112%	
50m Breaststroke	Timed Final	WDR	-	-	53.12	20/04/2024	-	
50m Butterfly	Timed Final	WDR	-	-	45.47	19/10/2024	-	
Mariana Jose Martins, 2006 (19 years), Women								
50m Freestyle	Timed Final	3.	31.40	389	31.67	20/04/2024	102%	3
100m Freestyle	Timed Final	3.	1:11.34	349	1:11.18	20/04/2024	100%	
50m Backstroke	Timed Final	5.	37.75	299	38.75	01/03/2024	105%	
50m Breaststroke	Timed Final	2.	42.05	307	40.98	03/03/2024	95%	
100m Breaststroke	Timed Final	4.	1:29.45	338	1:28.87	20/04/2024	99%	
50m Butterfly	Timed Final	2.	34.53	351	35.75	03/03/2024	107%	
100m Butterfly	Timed Final	2.	1:32.19	201	1:24.75	30/06/2024	85%	
Martim Barros Pereira, 2011 (14 years), Boys								
100m Freestyle	Timed Final	2.	1:01.50	387	1:06.84	18/01/2025	118%	7
200m Freestyle	Timed Final	2.	2:20.04	357	2:23.67	11/01/2025	105%	
400m Freestyle	Timed Final	2.	4:57.16	364	5:13.76	23/11/2024	111%	
100m Backstroke	Timed Final	1.	1:11.91	303	1:14.41	24/11/2024	107%	
100m Breaststroke	Timed Final	1.	1:21.12	316	1:21.90	18/01/2025	102%	
200m Breaststroke	Timed Final	1.	2:56.42	315	3:06.25	19/10/2024	111%	
200m Medley	Timed Final	1.	2:32.02	375	2:34.44	18/01/2025	103%	
Matilde Pinto Teixeira, 2011 (14 years), Girls								
200m Freestyle	Timed Final	4.	2:39.70	329	2:43.15	10/06/2024	104%	8
400m Freestyle	Timed Final	5.	5:40.65	313	5:54.76	23/11/2024	108%	
800m Freestyle	Timed Final	2.	11:38.66	319	12:11.00	18/05/2024	109%	
50m Backstroke	Timed Final	3.	39.11	269	41.09	19/10/2024	110%	
100m Backstroke	Timed Final	4.	1:26.09	259	1:27.40	24/11/2024	103%	
200m Backstroke	Timed Final	4.	3:00.02	288	3:08.89	23/11/2024	110%	
100m Butterfly	Timed Final	2.	1:24.25	264	1:27.41	12/01/2025	108%	
200m Butterfly	Timed Final	2.	3:27.41	191	3:37.05	02/03/2024	110%	
Naima Francisco Ferreira, 2013 (12 years), Girls								
100m Freestyle	Timed Final	5.	1:21.11	237	1:20.65	11/01/2025	99%	4
200m Freestyle	Timed Final	6.	2:57.94	238	3:02.22	12/01/2025	105%	
400m Freestyle	Timed Final	6.	6:14.23	236	6:26.78	23/11/2024	107%	
100m Breaststroke	Timed Final	10.	1:52.78	169	1:49.20	23/11/2024	94%	
100m Butterfly	Timed Final	2.	1:35.66	180	1:46.67	12/01/2025	124%	
200m Medley	Timed Final	7.	3:25.12	209	3:30.32	24/11/2024	105%	

Flavitus Natacao Clube							34
Artur Jose Correia, 2009 (16 years), Boys							-
50m Freestyle	Timed Final	WDR	-	32.41	-	-	
100m Freestyle	Timed Final	WDR	-	1:13.77	-	-	
200m Freestyle	Timed Final	WDR	-	2:54.35	-	-	
50m Backstroke	Timed Final	WDR	-	40.43	-	-	
100m Backstroke	Timed Final	WDR	-	NT	-	-	
50m Butterfly	Timed Final	WDR	-	36.15	-	-	
100m Butterfly	Timed Final	WDR	-	1:24.09	-	-	
Duarte Ferreira Rosa, 2011 (14 years), Boys							4
100m Freestyle	Timed Final	3.	1:08.94	275	1:09.36	101%	
100m Backstroke	Timed Final	4.	1:21.11	211	1:21.75	102%	
200m Backstroke	Timed Final	1.	2:54.29	222	NT	-	
200m Breaststroke	Timed Final	2.	3:13.20	240	3:40.71	131%	
200m Medley	Timed Final	2.	2:55.23	244	2:52.98	97%	
400m Medley	Timed Final	2.	6:13.81	247	6:33.65	111%	
Goncalo Goncalves Ferreira, 2012 (13 years), Boys							-
100m Freestyle	Timed Final	WDR	-	NT	-	-	
200m Freestyle	Timed Final	WDR	-	NT	-	-	
100m Backstroke	Timed Final	WDR	-	NT	-	-	
Guilherme Alves Horta, 2011 (14 years), Boys							5
100m Freestyle	Timed Final	8.	1:18.82	184	1:20.59	105%	
200m Freestyle	Timed Final	6.	2:51.44	194	2:51.13	100%	
400m Freestyle	Timed Final	4.	5:54.81	214	6:14.00	111%	
1500m Freestyle	Timed Final	3.	23:53.02	206	NT	-	
100m Backstroke	Timed Final	5.	1:29.36	158	1:31.31	104%	
100m Butterfly	Timed Final	2.	1:47.20	88	1:51.68	109%	
200m Medley	Timed Final	6.	3:14.37	179	3:23.99	110%	
Guilherme Sarmiento Borges, 2011 (14 years), Boys							5
100m Freestyle	Timed Final	4.	1:13.28	229	1:14.81	104%	
200m Freestyle	Timed Final	4.	2:49.22	202	2:51.03	102%	
400m Freestyle	Timed Final	5.	6:09.20	190	6:21.50	107%	
100m Backstroke	Timed Final	3.	1:21.07	211	1:22.92	105%	
200m Backstroke	Timed Final	2.	2:56.64	213	NT	-	
100m Breaststroke	Timed Final	5.	1:39.91	169	1:38.49	97%	
200m Medley	Timed Final	3.	3:01.75	219	3:04.16	103%	
Ines Filipa Guerra, 2011 (14 years), Girls							6
50m Freestyle	Timed Final	3.	34.44	295	34.71	102%	
100m Freestyle	Timed Final	5.	1:15.32	296	1:18.30	108%	
50m Breaststroke	Timed Final	2.	42.58	295	42.56	100%	
100m Breaststroke	Timed Final	3.	1:35.59	277	1:36.20	101%	
50m Butterfly	Timed Final	2.	36.85	289	39.06	112%	
100m Butterfly	Timed Final	3.	1:25.85	249	1:28.42	106%	
200m Medley	Timed Final	4.	3:04.77	286	3:07.76	103%	
Ines Maria Nogueiro, 2011 (14 years), Girls							-
50m Freestyle	Timed Final	WDR	-	46.15	-	-	
100m Freestyle	Timed Final	WDR	-	NT	-	-	
200m Freestyle	Timed Final	WDR	-	NT	-	-	
50m Backstroke	Timed Final	WDR	-	44.80	-	-	
100m Backstroke	Timed Final	WDR	-	NT	-	-	
Leonor Ferreira Sousa, 2012 (13 years), Girls							5
100m Freestyle	Timed Final	12.	1:25.39	203	1:27.70	105%	
200m Freestyle	Timed Final	9.	3:03.18	218	3:12.12	110%	
400m Freestyle	Timed Final	10.	6:42.08	190	7:08.80	114%	
100m Backstroke	Timed Final	2.	1:30.15	225	1:33.47	108%	
100m Breaststroke	Timed Final	4.	1:41.56	231	1:45.19	107%	
100m Butterfly	Timed Final	3.	1:39.39	160	1:38.75	99%	
200m Medley	Timed Final	5.	3:20.92	223	3:19.07	98%	
Maria Martins Valente, 2015 (10 years), Girls							-
50m Freestyle	Timed Final	WDR	-	58.73	-	-	
50m Backstroke	Timed Final	WDR	-	55.51	-	-	
50m Breaststroke	Timed Final	WDR	-	NT	-	-	
Pedro Martins Valente, 2011 (14 years), Boys							4
100m Freestyle	Timed Final	9.	1:20.07	175	1:21.75	104%	
200m Freestyle	Timed Final	5.	2:50.06	199	2:54.97	106%	
1500m Freestyle	Timed Final	4.	24:21.68	194	NT	-	
100m Breaststroke	Timed Final	2.	1:36.23	189	1:40.11	108%	
200m Breaststroke	Timed Final	3.	3:21.03	213	NT	-	
200m Medley	Timed Final	5.	3:11.95	186	3:13.07	101%	
Rodrigo Jose Santos, 2009 (16 years), Boys							3
50m Freestyle	Timed Final	2.	28.21	364	27.70	96%	
100m Freestyle	Timed Final	3.	1:02.85	363	1:02.21	98%	
1500m Freestyle	Timed Final	1.	21:49.79	270	22:16.41	104%	
50m Breaststroke	Timed Final	2.	35.39	350	34.89	97%	
100m Breaststroke	Timed Final	2.	1:20.05	329	1:16.91	92%	
200m Breaststroke	Timed Final	2.	2:59.33	300	2:54.86	95%	
50m Butterfly	Timed Final	3.	30.61	358	30.96	102%	
200m Medley	Timed Final	2.	2:34.87	354	2:34.92	100%	

Xiana Castro Silva, 2010 (15 years), Girls							2
50m Freestyle	Timed Final	1.	31.89	371	29.87	88%	
100m Freestyle	Timed Final	4.	1:13.51	319	1:05.42	79%	
50m Backstroke	Timed Final	1.	34.02	408	32.28	90%	
100m Backstroke	Timed Final	1.	1:11.07	460	1:10.98	100%	
200m Backstroke	Timed Final	3.	2:40.92	403	2:36.62	95%	
50m Breaststroke	Timed Final	1.	42.37	300	43.78	107%	
200m Breaststroke	Timed Final	2.	3:13.80	334	3:14.06	100%	
Ginasio Clube de Vila Real							113
Afonso Magalhaes Resende, 2013 (12 years), Boys							2
100m Freestyle	Timed Final	2.	1:19.97	176	1:21.81	18/01/2025	105%
400m Freestyle	Timed Final	3.	6:20.74	173	NT		-
100m Backstroke	Timed Final	3.	1:37.65	121	1:36.29	23/11/2024	97%
100m Breaststroke	Timed Final	2.	1:36.13	190	1:36.49	18/01/2025	101%
200m Medley	Timed Final	2.	3:25.73	151	NT		-
Alice Silva Costa, 2012 (13 years), Girls							4
100m Freestyle	Timed Final	19.	1:31.14	167	1:38.39	11/01/2025	117%
200m Freestyle	Timed Final	13.	3:15.89	178	3:39.41	12/01/2025	125%
400m Freestyle	Timed Final	13.	6:51.82	177	NT		-
100m Backstroke	Timed Final	8.	1:46.03	138	2:04.68	19/10/2024	138%
100m Breaststroke	Timed Final	17.	2:01.76	134	2:02.88	11/01/2025	102%
Amalia Jose Quintelas, 2013 (12 years), Girls							3
100m Freestyle	Timed Final	21.	1:34.03	152	1:41.21	23/11/2024	116%
200m Freestyle	Timed Final	20.	3:30.13	144	3:54.49	24/11/2024	125%
100m Backstroke	Timed Final	9.	1:49.96	124	1:52.81	24/11/2024	105%
100m Breaststroke	Timed Final	18.	2:04.98	124	NT		-
Benedita Martins Fernandes, 2013 (12 years), Girls							5
100m Freestyle	Timed Final	7.	1:22.93	222	1:23.77	08/02/2025	102%
200m Freestyle	Timed Final	7.	2:58.95	234	3:04.31	12/01/2025	106%
400m Freestyle	Timed Final	5.	6:09.44	245	6:27.81	22/12/2024	110%
100m Breaststroke	Timed Final	8.	1:46.72	199	1:51.15	11/01/2025	108%
200m Medley	Timed Final	6.	3:23.15	215	3:26.96	08/02/2025	104%
Bruno Miguel Morais, 2013 (12 years), Boys							2
100m Freestyle	Timed Final	4.	1:24.57	149	1:38.39	26/05/2024	135%
400m Freestyle	Timed Final	2.	6:12.95	184	NT		-
100m Breaststroke	Timed Final	3.	1:47.95	134	1:51.78	24/11/2024	107%
100m Butterfly	Timed Final	3.	2:05.14	55	NT		-
200m Medley	Timed Final	3.	3:29.09	144	NT		-
Carlota Teiga Cruz, 2013 (12 years), Girls							5
100m Freestyle	Timed Final	9.	1:24.43	210	1:24.76	11/01/2025	101%
200m Freestyle	Timed Final	10.	3:03.50	217	3:07.85	12/01/2025	105%
400m Freestyle	Timed Final	7.	6:22.50	221	6:47.31	22/12/2024	113%
100m Backstroke	Timed Final	5.	1:35.81	188	1:37.19	12/01/2025	103%
100m Breaststroke	Timed Final	6.	1:44.65	211	1:48.89	11/01/2025	108%
Carinho Teiga Cruz, 2016 (9 years), Girls							6
50m Freestyle	Timed Final	2.	40.95	175	44.45	19/10/2024	118%
200m Freestyle	Timed Final	1.	3:22.21	162	4:02.25	18/05/2024	144%
50m Backstroke	Timed Final	1.	48.36	142	50.49	18/01/2025	109%
50m Breaststroke	Timed Final	2.	56.78	124	58.59	19/10/2024	106%
50m Butterfly	Timed Final	2.	50.98	109	52.46	18/01/2025	106%
100m Medley	Timed Final	1.	1:45.62	153	2:10.62	19/05/2024	153%
Diogo Ribeiro Baptista, 2009 (16 years), Boys							6
50m Freestyle	Timed Final	3.	29.72	312	29.23		97%
100m Freestyle	Timed Final	4.	1:03.98	344	1:04.06		100%
200m Freestyle	Timed Final	1.	2:20.44	354	2:24.84		106%
400m Freestyle	Timed Final	1.	5:09.30	323	5:09.47		100%
100m Breaststroke	Timed Final	3.	1:21.54	311	1:26.16		112%
50m Butterfly	Timed Final	4.	31.33	334	32.78		109%
100m Butterfly	Timed Final	1.	1:11.21	302	1:12.61		104%
Duarte Amaral Queiros, 2017 (8 years), Boys							1
50m Freestyle	Timed Final	3.	45.00	89	NT		-
200m Freestyle	Timed Final	3.	3:45.31	85	NT		-
50m Backstroke	Timed Final	3.	50.11	85	57.00	23/11/2024	129%
100m Medley	Timed Final	2.	1:50.13	89	NT		-
Eduardo Yakubenko, 2006 (19 years), Men							-
50m Freestyle	Timed Final	3.	25.21	511	24.74	20/07/2024	96%
100m Freestyle	Timed Final	2.	54.72	550	53.92	29/11/2024	97%
50m Butterfly	Timed Final	1.	26.51	552	26.46	03/03/2024	100%
Francisco Maria Igrejas, 2011 (14 years), Boys							-
100m Freestyle	Timed Final	WDR		-	1:16.51	30/06/2024	-
100m Backstroke	Timed Final	WDR		-	1:27.51		-
100m Breaststroke	Timed Final	WDR		-	1:36.30		-
200m Breaststroke	Timed Final	WDR		-	NT		-
200m Medley	Timed Final	WDR		-	3:03.97		-
Gabriel Artilheiro Fraga, 2013 (12 years), Boys							3
100m Freestyle	Timed Final	5.	1:27.18	136	1:35.09	19/10/2024	119%
400m Freestyle	Timed Final	5.	6:31.57	159	NT		-

100m Backstroke	Timed Final	1.	1:36.31	126	1:44.03	19/10/2024	117%	
100m Breaststroke	Timed Final	5.	1:56.94	105	2:03.46	24/11/2024	111%	
200m Medley	Timed Final	5.	3:36.60	129	NT		-	
Goncalo Miguel Tunes, 2015 (10 years), Boys								
50m Freestyle	Timed Final	5.	48.67	71	NT		-	
50m Backstroke	Timed Final	3.	50.70	82	NT		-	
100m Medley	Timed Final	3.	1:59.95	69	NT		-	
Guilherme Lagoa Guerra, 2009 (16 years), Boys								
50m Freestyle	Timed Final	6.	31.43	263	31.76	19/10/2024	102%	4
100m Freestyle	Timed Final	7.	1:13.60	226	1:12.90	23/11/2024	98%	
50m Backstroke	Timed Final	3.	37.68	202	38.69	23/11/2024	105%	
50m Breaststroke	Timed Final	6.	45.45	165	47.82	19/10/2024	111%	
50m Butterfly	Timed Final	7.	39.89	162	40.23	23/11/2024	102%	
Herman Kovalchuk, 2006 (19 years), Men								
50m Freestyle	Timed Final	1.	25.02	523	24.65	05/11/2023	97%	4
100m Freestyle	Timed Final	3.	54.90	544	53.89	23/11/2024	96%	
50m Backstroke	Timed Final	1.	27.53	518	27.92	02/03/2024	103%	
100m Backstroke	Timed Final	1.	1:00.22	516	1:01.32	29/11/2024	104%	
200m Backstroke	Timed Final	1.	2:16.45	463	2:19.97	29/06/2024	105%	
100m Butterfly	Timed Final	3.	1:01.02	480	1:02.03	23/11/2024	103%	
Hugo Fonseca Goncalves, 2003 (22 years), Men								
50m Freestyle	Timed Final	2.	25.04	521	26.01	01/02/2025	108%	4
100m Freestyle	Timed Final	1.	54.67	551	54.57	12/01/2025	100%	
200m Freestyle	Timed Final	1.	1:57.84	599	1:59.37	24/11/2024	103%	
400m Freestyle	Timed Final	1.	4:22.51	528	4:17.96	23/11/2024	97%	
50m Butterfly	Timed Final	2.	26.71	539	26.92	23/11/2024	102%	
100m Butterfly	Timed Final	1.	58.42	547	58.83	11/01/2025	101%	
200m Butterfly	Timed Final	1.	2:15.07	495	NT		-	
Ines Carnide Silva, 2014 (11 years), Girls								
100m Freestyle	Timed Final	4.	1:22.83	223	1:25.47	18/01/2025	106%	2
400m Freestyle	Timed Final	3.	6:24.57	217	NT		-	
100m Breaststroke	Timed Final	6.	2:01.61	134	2:01.35	24/11/2024	100%	
100m Butterfly	Timed Final	2.	1:45.51	134	1:54.78	23/11/2024	118%	
Ines Rua Fernandes, 2011 (14 years), Girls								
100m Freestyle	Timed Final	2.	1:07.87	405	1:10.39	30/06/2024	108%	6
400m Freestyle	Timed Final	3.	5:16.26	391	5:29.06	30/06/2024	108%	
100m Backstroke	Timed Final	3.	1:17.49	355	1:19.34	30/06/2024	105%	
200m Backstroke	Timed Final	2.	2:39.80	412	2:42.96	29/06/2024	104%	
200m Breaststroke	Timed Final	3.	3:16.09	323	3:16.18		100%	
200m Medley	Timed Final	3.	2:47.09	387	2:52.02	29/06/2024	106%	
Joaquim Luis Alves, 2015 (10 years), Boys								
50m Freestyle	Timed Final	3.	46.36	82	NT		-	
Laura Jorge Alves, 2013 (12 years), Girls								
200m Freestyle	Timed Final	1.	2:38.38	337	2:45.28	12/01/2025	109%	3
400m Freestyle	Timed Final	2.	5:40.93	312	6:09.64	23/11/2024	118%	
200m Medley	Timed Final	2.	3:04.45	288	3:13.51	11/01/2025	110%	
Leonor Carnide Silva, 2009 (16 years), Girls								
50m Freestyle	Timed Final	2.	28.10	543	27.20	02/11/2024	94%	
50m Backstroke	Timed Final	2.	32.09	487	31.66	25/11/2023	97%	
100m Breaststroke	Timed Final	3.	1:22.65	429	1:21.13	23/11/2024	96%	
100m Butterfly	Timed Final	1.	1:10.14	457	1:05.45	14/12/2024	87%	
200m Medley	Timed Final	1.	2:37.25	465	2:32.27	21/12/2024	94%	
Lorena Sofia Ribeiro, 2012 (13 years), Girls								
100m Freestyle	Timed Final	11.	1:24.83	207	1:27.98	11/01/2025	108%	2
200m Freestyle	Timed Final	12.	3:08.69	199	NT		-	
400m Freestyle	Timed Final	12.	6:49.41	180	NT		-	
100m Breaststroke	Timed Final	11.	1:54.06	163	2:02.40	23/11/2024	115%	
Luana Magalhaes Alves, 2015 (10 years), Girls								
50m Freestyle	Timed Final	3.	51.22	89	55.12	19/10/2024	116%	3
50m Backstroke	Timed Final	3.	56.72	88	1:02.46	19/10/2024	121%	
50m Breaststroke	Timed Final	4.	1:00.60	102	1:05.35	18/01/2025	116%	
50m Butterfly	Timed Final	4.	1:06.19	49	NT		-	
100m Medley	Timed Final	4.	2:02.13	99	NT		-	
Margarida Nunes Maio, 2011 (14 years), Girls								
50m Freestyle	Timed Final	6.	35.81	262	NT		-	
100m Freestyle	Timed Final	8.	1:21.75	232	NT		-	
200m Freestyle	Timed Final	6.	2:58.45	236	NT		-	
50m Backstroke	Timed Final	5.	44.00	188	NT		-	
50m Breaststroke	Timed Final	4.	45.37	244	NT		-	
100m Breaststroke	Timed Final	4.	1:35.98	274	NT		-	
Maria Carolina Eira, 2005 (20 years), Women								
200m Freestyle	Timed Final	1.	2:17.53	516	2:18.62	14/01/2024	102%	1
50m Backstroke	Timed Final	1.	31.28	525	29.66	08/12/2023	90%	
100m Backstroke	Timed Final	1.	1:07.97	526	1:03.59	10/12/2023	88%	
200m Backstroke	Timed Final	1.	2:25.04	551	2:16.84	09/12/2023	89%	
50m Butterfly	Timed Final	1.	30.48	511	29.98	10/12/2023	97%	

Maria Ines Mesquita, 2010 (15 years), Girls							4
100m Freestyle	Timed Final	1.	1:07.42	414	1:06.69	98%	
200m Freestyle	Timed Final	1.	2:26.10	430	2:24.28	98%	
400m Freestyle	Timed Final	1.	5:08.11	423	5:00.76	95%	
800m Freestyle	Timed Final	1.	10:23.81	448	10:29.18	102%	
100m Breaststroke	Timed Final	1.	1:28.66	347	1:29.31	101%	
200m Breaststroke	Timed Final	1.	3:05.45	382	3:14.95	111%	
200m Medley	Timed Final	1.	2:41.30	431	2:43.70	103%	
Maria Joao Gomes, 2013 (12 years), Girls							3
100m Freestyle	Timed Final	15.	1:27.51	189	1:23.32	19/10/2024	
200m Freestyle	Timed Final	8.	2:59.36	232	3:15.02	24/11/2024	
400m Freestyle	Timed Final	8.	6:30.66	207	6:42.11	23/11/2024	
100m Backstroke	Timed Final	4.	1:32.03	212	1:33.53	12/01/2025	
200m Backstroke	Timed Final	3.	3:20.65	208	NT	-	
Maria Manuel Braz, 2009 (16 years), Girls							1
100m Freestyle	Timed Final	2.	1:01.68	540	1:04.26	25/11/2023	
200m Freestyle	Timed Final	WDR	-	-	2:15.54	22/12/2024	
800m Freestyle	Timed Final	1.	10:19.48	457	10:17.46	18/05/2024	
50m Breaststroke	Timed Final	WDR	-	-	33.64	15/12/2024	
100m Breaststroke	Timed Final	2.	1:16.10	550	1:14.53	13/12/2024	
200m Breaststroke	Timed Final	WDR	-	-	2:46.16	14/12/2024	
Maria Silva Poeta, 2010 (15 years), Girls							4
200m Freestyle	Timed Final	2.	2:27.58	417	2:30.22	104%	
400m Freestyle	Timed Final	2.	5:13.19	402	5:15.81	102%	
50m Backstroke	Timed Final	2.	34.48	392	35.44	106%	
100m Backstroke	Timed Final	2.	1:15.65	381	1:13.03	93%	
200m Backstroke	Timed Final	1.	2:36.60	438	2:33.03	95%	
100m Breaststroke	Timed Final	2.	1:28.96	344	1:31.34	105%	
200m Medley	Timed Final	2.	2:43.66	412	2:39.54	95%	
Mariana Lopes Carvalho, 2013 (12 years), Girls							4
100m Freestyle	Timed Final	18.	1:30.84	169	1:32.59	08/02/2025	
200m Freestyle	Timed Final	18.	3:20.94	165	3:26.32	12/01/2025	
400m Freestyle	Timed Final	18.	7:07.12	158	7:36.36	23/11/2024	
100m Backstroke	Timed Final	6.	1:39.42	168	1:41.79	08/02/2025	
200m Backstroke	Timed Final	4.	3:32.89	174	NT	-	
100m Breaststroke	Timed Final	13.	1:56.71	152	1:56.23	11/01/2025	
Martim Costa Goncalves, 2013 (12 years), Boys							2
100m Freestyle	Timed Final	3.	1:21.32	167	1:30.95	19/10/2024	
400m Freestyle	Timed Final	4.	6:22.18	171	NT	-	
100m Backstroke	Timed Final	2.	1:37.02	123	1:31.87	18/01/2025	
100m Breaststroke	Timed Final	4.	1:56.45	106	2:06.49	24/11/2024	
100m Butterfly	Timed Final	2.	1:44.07	96	NT	-	
200m Medley	Timed Final	4.	3:30.96	140	NT	-	
Miguel Braz Alves, 2011 (14 years), Boys							-
100m Freestyle	Timed Final	6.	1:17.49	193	NT	-	
200m Freestyle	Timed Final	8.	3:01.09	165	NT	-	
100m Backstroke	Timed Final	7.	1:33.31	138	NT	-	
200m Breaststroke	Timed Final	5.	3:53.26	136	NT	-	
Miguel Ferreira Eira, 2013 (12 years), Boys							3
100m Freestyle	Timed Final	6.	1:29.04	127	1:36.71	19/10/2024	
400m Freestyle	Timed Final	6.	6:48.33	140	NT	-	
100m Backstroke	Timed Final	4.	1:40.47	111	1:47.76	23/11/2024	
100m Breaststroke	Timed Final	6.	2:03.87	88	2:15.10	24/11/2024	
Miguel Pereira Carvalho, 2009 (16 years), Boys							1
100m Freestyle	Timed Final	1.	59.03	438	1:00.76	19/10/2024	
50m Breaststroke	Timed Final	1.	33.00	432	32.90	06/12/2024	
100m Breaststroke	Timed Final	1.	1:11.64	459	1:11.03	18/01/2025	
200m Breaststroke	Timed Final	1.	2:41.72	410	2:37.78	23/11/2024	
50m Butterfly	Timed Final	1.	29.54	399	NT	-	
Nuno Pinto Oliveira, 2010 (15 years), Boys							3
400m Freestyle	Timed Final	2.	5:23.80	281	NT	-	
200m Backstroke	Timed Final	3.	2:47.84	249	2:52.59	29/06/2024	
100m Butterfly	Timed Final	2.	1:19.62	216	1:27.02	30/06/2024	
200m Medley	Timed Final	3.	2:45.34	291	2:53.74	29/06/2024	
Renata Daniela Rangel, 2011 (14 years), Girls							5
50m Freestyle	Timed Final	2.	32.60	347	31.54	30/06/2024	
100m Freestyle	Timed Final	3.	1:09.85	372	1:11.83	30/06/2024	
200m Freestyle	Timed Final	3.	2:36.63	349	2:37.62	29/06/2024	
400m Freestyle	Timed Final	4.	5:38.30	319	5:43.51	30/06/2024	
100m Breaststroke	Timed Final	6.	1:40.06	242	1:42.52	29/06/2024	
50m Butterfly	Timed Final	3.	38.04	263	35.84	30/06/2024	
100m Butterfly	Timed Final	4.	1:27.13	238	1:30.50	30/06/2024	
Rodrigo Daniel Silva, 2006 (19 years), Men							2
100m Freestyle	Timed Final	4.	55.40	530	55.50	02/03/2024	
50m Backstroke	Timed Final	2.	28.50	466	28.70	22/03/2024	
100m Backstroke	Timed Final	2.	1:02.07	472	1:01.37	02/03/2024	
200m Backstroke	Timed Final	2.	2:20.36	426	2:12.66	23/03/2024	

Rodrigo Sousa Xavier, 2014 (11 years), Boys							2
50m Freestyle	Timed Final	1.	37.04	161	36.54	19/10/2024	97%
200m Freestyle	Timed Final	1.	3:07.31	149	3:16.81	19/05/2024	110%
50m Backstroke	Timed Final	1.	43.37	132	40.54	23/11/2024	87%
50m Breaststroke	Timed Final	1.	51.99	110	50.75	19/10/2024	95%
50m Butterfly	Timed Final	1.	43.51	124	42.54	18/01/2025	96%
100m Medley	Timed Final	1.	1:35.00	139	1:38.12	18/05/2024	107%
Santiago Costa Goncalves, 2016 (9 years), Boys							5
50m Freestyle	Timed Final	2.	44.59	92	47.34	19/10/2024	113%
200m Freestyle	Timed Final	2.	3:33.78	100	4:03.75	19/05/2024	130%
50m Backstroke	Timed Final	1.	49.12	91	53.21	19/10/2024	117%
50m Breaststroke	Timed Final	2.	1:07.73	49	1:13.18	03/03/2024	117%
50m Butterfly	Timed Final	2.	1:04.59	38	1:19.29	20/04/2024	151%
Susana Pedro Carvalhinha, 2013 (12 years), Girls							4
100m Freestyle	Timed Final	4.	1:19.53	252	1:19.85	26/05/2024	101%
200m Freestyle	Timed Final	4.	2:50.68	269	2:48.34	12/01/2025	97%
400m Freestyle	Timed Final	3.	5:48.52	292	6:04.60	22/12/2024	109%
100m Backstroke	Timed Final	1.	1:24.77	271	1:26.97	12/01/2025	105%
200m Backstroke	Timed Final	1.	3:00.33	286	NT		-
100m Breaststroke	Timed Final	5.	1:43.84	216	1:43.60	11/01/2025	100%
200m Medley	Timed Final	3.	3:04.93	286	3:08.86	11/01/2025	104%
Tiago Manuel Fernandes, 2008 (17 years), Boys							2
50m Freestyle	Timed Final	7.	26.84	423	25.00	30/06/2024	87%
100m Freestyle	Timed Final	5.	56.92	488	55.88	12/01/2025	96%
50m Backstroke	Timed Final	3.	30.02	399	28.73	23/11/2024	92%
50m Butterfly	Timed Final	3.	26.95	525	26.54	15/12/2024	97%
100m Butterfly	Timed Final	2.	58.68	539	59.28	23/11/2024	102%
400m Medley	Timed Final	1.	4:52.76	515	5:12.27	18/05/2024	114%
Tomas Carvalho Sousa, 2015 (10 years), Boys							2
50m Freestyle	Timed Final	4.	46.84	79	56.12	19/10/2024	144%
50m Backstroke	Timed Final	2.	49.92	86	51.55	19/10/2024	107%
50m Breaststroke	Timed Final	2.	56.36	86	55.85	18/01/2025	98%
100m Medley	Timed Final	2.	1:58.34	72	NT		-
Individual ANNP							4
Ines Esteves Carvalho, 2013 (12 years), Girls							4
100m Freestyle	Timed Final	EXH	1:05.59	449	1:05.61	12/01/2025	100%
800m Freestyle	Timed Final	EXH	10:28.49	438	11:32.31	19/10/2024	121%
200m Backstroke	Timed Final	EXH	2:39.79	412	2:48.05	19/10/2024	111%
100m Breaststroke	Timed Final	EXH	1:35.51	278	1:37.48	22/12/2024	104%
200m Breaststroke	Timed Final	EXH	3:23.64	288	NT		-
100m Butterfly	Timed Final	EXH	1:17.16	343	1:16.17	11/01/2025	97%
200m Butterfly	Timed Final	EXH	3:00.39	291	NT		-
400m Medley	Timed Final	EXH	5:50.58	402	NT		-
Individual ARNN							4
Guilherme Sousa Rebelo, 2003 (22 years), Men							4
50m Freestyle	Timed Final	8.	28.09	369	29.61		111%
100m Freestyle	Timed Final	9.	1:03.20	357	1:09.06		119%
50m Backstroke	Timed Final	5.	35.59	239	37.64		112%
100m Backstroke	Timed Final	4.	1:19.28	226	1:23.70		111%