

7ème Grand Prix de la Ville de Mons
Mons, 29-3-2025

Epreuve 16
29-03-25 - 14:19

Garçons, 400m Libre

11 - 12 ans
Liste résultats

Points: AQUA 2024

Rang			AN						Temps	Pts
11 ans										
1.	VAN STEENWINKEL, Wout		14	KVZP					5:47.01	228
	50m:	40.34 40.34	150m:	2:09.75 45.08	250m:	3:38.57 43.76	350m:	5:06.70 43.37		
	100m:	1:24.67 44.33	200m:	2:54.81 45.06	300m:	4:23.33 44.76	400m:	5:47.01 40.31		
2.	WEGLOWSKI, Wojciech		14	BCSG					6:43.89	145
	50m:	41.22 41.22	150m:	2:20.28 49.98	250m:	4:05.26 52.56	350m:			
	100m:	1:30.30 49.08	200m:	3:12.70 52.42	300m:	4:59.23 53.97	400m:	6:43.89		
3.	DELFORGE, Lyam		14	BCSG					6:52.66	136
	50m:	43.90 43.90	150m:	2:27.59 53.72	250m:	4:15.68 53.53	350m:	6:04.78 54.44		
	100m:	1:33.87 49.97	200m:	3:22.15 54.56	300m:	5:10.34 54.66	400m:	6:52.66 47.88		
4.	LAHO, Lucien		14	ESP					7:29.51	105
	50m:	51.00 51.00	150m:	2:46.89 57.76	250m:	4:45.18 1:00.55	350m:	6:40.07 56.38		
	100m:	1:49.13 58.13	200m:	3:44.63 57.74	300m:	5:43.69 58.51	400m:	7:29.51 49.44		
12 ans										
1.	LUCAS, Yanis		13	ONS					6:04.99	196
	50m:	40.46 40.46	150m:	2:13.55 47.21	250m:	3:47.26 47.00	350m:	5:20.72 46.52		
	100m:	1:26.34 45.88	200m:	3:00.26 46.71	300m:	4:34.20 46.94	400m:	6:04.99 44.27		
2.	DE SCHRYVER, Robin		13	HELIOS					6:16.34	179
	50m:	42.40 42.40	150m:	2:17.88 48.27	250m:	3:54.51 47.97	350m:	5:31.52 46.94		
	100m:	1:29.61 47.21	200m:	3:06.54 48.66	300m:	4:44.58 50.07	400m:	6:16.34 44.82		
3.	DEBAY, Antoine		13	BCSG					7:26.14	107
	50m:	42.04 42.04	150m:	2:31.18 57.28	250m:	4:29.70 58.54	350m:	6:25.28 58.60		
	100m:	1:33.90 51.86	200m:	3:31.16 59.98	300m:	5:26.68 56.98	400m:	7:26.14 1:00.86		
4.	FRANCOIS, Louis		13	ESP					7:33.61	102
	50m:	49.03 49.03	150m:		250m:		350m:			
	100m:	1:47.16 58.13	200m:	3:44.96	300m:	5:44.61	400m:	7:33.61		