

7ème Grand Prix de la Ville de Mons
Mons, 29-3-2025

Epreuve 15
29-03-25 - 14:04

Filles, 400m Libre

11 - 12 ans
Liste résultats

Points: AQUA 2024

Rang			AN					Temps	Pts
11 ans									
1.	PATERNOSTRE, Leonie		14	CCM				5:59.77	265
	50m:	38.60 38.60	150m:	2:09.34	45.86	250m:	3:42.75	46.31	350m: 5:15.97 46.97
	100m:	1:23.48 44.88	200m:	2:56.44	47.10	300m:	4:29.00	46.25	400m: 5:59.77 43.80
2.	DEPAEPE, Louisa		14	ONS				6:01.69	261
	50m:	40.46 40.46	150m:	2:12.26	46.19	250m:	3:45.53	46.24	350m: 5:17.71 45.78
	100m:	1:26.07 45.61	200m:	2:59.29	47.03	300m:	4:31.93	46.40	400m: 6:01.69 43.98
3.	DJEMAL, Lilia		14	HELIOS				6:08.03	248
	50m:	39.42 39.42	150m:	2:14.11	47.86	250m:	3:48.28	46.99	350m: 5:23.55 47.25
	100m:	1:26.25 46.83	200m:	3:01.29	47.18	300m:	4:36.30	48.02	400m: 6:08.03 44.48
4.	CARAMANNA, Lissya		14	BCSG				6:09.44	245
	50m:	41.92 41.92	150m:	2:17.08	47.73	250m:	3:53.63	48.09	350m: 5:28.38 46.65
	100m:	1:29.35 47.43	200m:	3:05.54	48.46	300m:	4:41.73	48.10	400m: 6:09.44 41.06
5.	ROMBAUX, Camille		14	BCSG				6:11.34	241
	50m:	40.26 40.26	150m:	2:14.65	47.42	250m:	3:49.33	47.23	350m: 5:26.11 47.78
	100m:	1:27.23 46.97	200m:	3:02.10	47.45	300m:	4:38.33	49.00	400m: 6:11.34 45.23
6.	GHEIS, Giulia		14	CMA				6:13.14	238
	50m:	42.59 42.59	150m:	2:17.59	47.91	250m:	3:54.18	48.09	350m: 5:30.68 47.19
	100m:	1:29.68 47.09	200m:	3:06.09	48.50	300m:	4:43.49	49.31	400m: 6:13.14 42.46
7.	LICOP, Romane		14	ENLN				6:36.99	197
	50m:	43.07 43.07	150m:	2:23.58	50.10	250m:	4:06.93	51.93	350m: 5:48.45 51.12
	100m:	1:33.48 50.41	200m:	3:15.00	51.42	300m:	4:57.33	50.40	400m: 6:36.99 48.54
8.	ANGELY, Lou		14	ENLN				6:57.31	170
	50m:	49.12 49.12	150m:	2:37.48	54.08	250m:	4:20.28	51.83	350m:
	100m:	1:43.40 54.28	200m:	3:28.45	50.97	300m:	5:13.03	52.75	400m: 6:57.31
9.	DUMONT, Lauryne		14	BCSG				7:04.17	162
	50m:	50.23 50.23	150m:	2:39.90	54.63	250m:	4:26.71	53.07	350m: 6:15.68 54.92
	100m:	1:45.27 55.04	200m:	3:33.64	53.74	300m:	5:20.76	54.05	400m: 7:04.17 48.49
12 ans									
1.	DUBREUCQ, Alexandra		13	BCSG				5:16.25	391
	50m:	34.52 34.52	150m:	1:53.92	40.41	250m:	3:16.30	41.67	350m: 4:38.07 40.62
	100m:	1:13.51 38.99	200m:	2:34.63	40.71	300m:	3:57.45	41.15	400m: 5:16.25 38.18
2.	BRUNO, Juliette		13	HELIOS				5:45.17	300
	50m:	37.34 37.34	150m:	2:06.04	45.72	250m:	3:37.09	45.67	350m: 5:05.01 44.51
	100m:	1:20.32 42.98	200m:	2:51.42	45.38	300m:	4:20.50	43.41	400m: 5:45.17 40.16
3.	VAN DAMME, Eleonore		13	ONS				5:54.13	278
	50m:	40.01 40.01	150m:	2:07.97	44.69	250m:	3:39.17	45.35	350m: 5:09.87 45.34
	100m:	1:23.28 43.27	200m:	2:53.82	45.85	300m:	4:24.53	45.36	400m: 5:54.13 44.26
4.	T'SJOEN, Aeva		13	ONS				5:56.67	272
	50m:	40.04 40.04	150m:	2:10.30	46.30	250m:	3:42.51	45.51	350m: 5:14.71 46.01
	100m:	1:24.00 43.96	200m:	2:57.00	46.70	300m:	4:28.70	46.19	400m: 5:56.67 41.96
5.	LETELLIER, Leyna		13	HELIOS				6:12.90	238
	50m:	41.12 41.12	150m:	2:15.39	47.11	250m:	3:50.51	47.99	350m: 5:27.52 48.15
	100m:	1:28.28 47.16	200m:	3:02.52	47.13	300m:	4:39.37	48.86	400m: 6:12.90 45.38