

Prova 1  
16/03/2025

Femin., 400m Livres

Cadetes A  
Resultados

Pontos: AQUA 2024

| Lugar | Nome                  | Idade                 | Licença               | Clube                 | Tempo Final    | AQUA       |
|-------|-----------------------|-----------------------|-----------------------|-----------------------|----------------|------------|
| 1.    | Maria Leonor, Matias  | 11                    | 223554                | Eléctrico             | <b>7:37.02</b> | <b>129</b> |
|       | 50m: 50.20 50.20      | 150m: 2:47.36 1:00.68 | 250m: 4:42.44 57.09   | 350m: 6:41.78 58.59   |                |            |
|       | 100m: 1:46.68 56.48   | 200m: 3:45.35 57.99   | 300m: 5:43.19 1:00.75 | 400m: 7:37.02 55.24   |                |            |
| 2.    | Ines Mendes, Soares   | 11                    | 222109                | Natacao Guarda        | <b>9:29.67</b> | <b>66</b>  |
|       | 50m: 56.04 56.04      | 150m: 3:19.00 1:14.16 | 250m: 5:50.35 1:16.35 | 350m: 8:18.06 1:09.43 |                |            |
|       | 100m: 2:04.84 1:08.80 | 200m: 4:34.00 1:15.00 | 300m: 7:08.63 1:18.28 | 400m: 9:29.67 1:11.61 |                |            |