

XV Baltic States Masters Swimming Championship/Amber Cup  
Riga, 8. - 9.3.2025

Event 2  
08.03.2025 - 16:17

Men, 400m Freestyle

Open  
Results

Points: AQUA Master 2024

Rank	Name	YB	Club	Time	Pts	RT	Team
<b>30 - 34 years</b>							
1.	ABOLINS Toms	92	PK Kobras I	<b>4:36.96</b>	561	+0,79	7,00
	50m: 32.76 32.76	150m: 1:42.95 34.93	250m: 2:53.39 35.04	350m: 4:03.75 35.01			
	100m: 1:08.02 35.26	200m: 2:18.35 35.40	300m: 3:28.74 35.35	400m: 4:36.96 33.21			
<b>35 - 39 years</b>							
1.	STURA Edgaras	88	Vilniaus Poseidonas	<b>4:06.48</b>	897	+0,67	10,00
	50m: 28.48 28.48	150m: 1:33.93 32.71	250m: 2:36.30 30.43	350m: 3:36.94 30.09			
	100m: 1:01.22 32.74	200m: 2:05.87 31.94	300m: 3:06.85 30.55	400m: 4:06.48 29.54			
<b>45 - 49 years</b>							
1.	BUTRIMAS Tomas	76	Kaisiadoriu Plaukiam I	<b>5:41.77</b>	359	+0,86	4,00
	50m: 38.13 38.13	150m: 2:02.65 42.93	250m: 3:29.92 43.68	350m: 4:57.84 43.89			
	100m: 1:19.72 41.59	200m: 2:46.24 43.59	300m: 4:13.95 44.03	400m: 5:41.77 43.93			
2.	BLUDENS Igors	77	Ventspils PK Octopus	<b>6:14.38</b>	273		3,00
	50m: 39.26 39.26	150m: 2:10.95 46.94	250m: 3:48.82 49.44	350m: 5:27.36 48.85			
	100m: 1:24.01 44.75	200m: 2:59.38 48.43	300m: 4:38.51 49.69	400m: 6:14.38 47.02			
3.	VAGANOVS Peteris	77	Rigas pilseta	<b>7:25.25</b>	162	+1,03	2,00
	50m: 39.20 39.20	150m: 2:19.35 54.81	250m: 4:19.76 1:00.64	350m: 6:26.31 1:04.04			
	100m: 1:24.54 45.34	200m: 3:19.12 59.77	300m: 5:22.27 1:02.51	400m: 7:25.25 58.94			
<b>55 - 59 years</b>							
1.	LIEPA Maris	70	PK Riga	<b>5:09.42</b>	566	+0,87	8,00
	50m: 34.25 34.25	150m: 1:52.01 39.41	250m: 3:11.40 39.55	350m: 4:30.75 39.94			
	100m: 1:12.60 38.35	200m: 2:31.85 39.84	300m: 3:50.81 39.41	400m: 5:09.42 38.67			
<b>60 - 64 years</b>							
1.	KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	<b>5:17.46</b>	598	+0,84	9,00
	50m: 37.23 37.23	150m: 1:56.66 39.97	250m: 3:17.74 40.70	350m: 4:39.04 40.91			
	100m: 1:16.69 39.46	200m: 2:37.04 40.38	300m: 3:58.13 40.39	400m: 5:17.46 38.42			
<b>65 - 69 years</b>							
1.	SHKARLET Oleksandr	59	Ukraine	<b>5:36.87</b>	503	+1,02	6,00
	50m: 36.73 36.73	150m: 2:00.58 42.51	250m: 3:26.97 43.37	350m: 4:54.29 43.77			
	100m: 1:18.07 41.34	200m: 2:43.60 43.02	300m: 4:10.52 43.55	400m: 5:36.87 42.58			
<b>70 - 74 years</b>							
1.	GARENČIKS Raimonds	55	PK Riga	<b>6:11.53</b>	459	+1,15	5,00
	50m: 41.84 41.84	150m: 2:13.16 46.49	250m: 3:47.47 47.28	350m: 5:24.31 48.37			
	100m: 1:26.67 44.83	200m: 3:00.19 47.03	300m: 4:35.94 48.47	400m: 6:11.53 47.22			
<b>Open</b>							
1.	STURA Edgaras	88	Vilniaus Poseidonas	<b>4:06.48</b>	897	+0,67	10,00
	50m: 28.48 28.48	150m: 1:33.93 32.71	250m: 2:36.30 30.43	350m: 3:36.94 30.09			
	100m: 1:01.22 32.74	200m: 2:05.87 31.94	300m: 3:06.85 30.55	400m: 4:06.48 29.54			
2.	KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	<b>5:17.46</b>	598	+0,84	9,00
	50m: 37.23 37.23	150m: 1:56.66 39.97	250m: 3:17.74 40.70	350m: 4:39.04 40.91			
	100m: 1:16.69 39.46	200m: 2:37.04 40.38	300m: 3:58.13 40.39	400m: 5:17.46 38.42			

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3.	LIEPA Maris		70	PK Riga		<b>5:09.42</b>	566	+0,87	8,00			
	50m:	34.25	34.25	150m:	1:52.01	39.41	250m:	3:11.40	39.55	350m:	4:30.75	39.94
	100m:	1:12.60	38.35	200m:	2:31.85	39.84	300m:	3:50.81	39.41	400m:	5:09.42	38.67
4.	ABOLINS Toms		92	PK Kobras I		<b>4:36.96</b>	561	+0,79	7,00			
	50m:	32.76	32.76	150m:	1:42.95	34.93	250m:	2:53.39	35.04	350m:	4:03.75	35.01
	100m:	1:08.02	35.26	200m:	2:18.35	35.40	300m:	3:28.74	35.35	400m:	4:36.96	33.21
5.	SHKARLET Oleksandr		59	Ukraine		<b>5:36.87</b>	503	+1,02	6,00			
	50m:	36.73	36.73	150m:	2:00.58	42.51	250m:	3:26.97	43.37	350m:	4:54.29	43.77
	100m:	1:18.07	41.34	200m:	2:43.60	43.02	300m:	4:10.52	43.55	400m:	5:36.87	42.58
6.	GARENCIKS Raimonds		55	PK Riga		<b>6:11.53</b>	459	+1,15	5,00			
	50m:	41.84	41.84	150m:	2:13.16	46.49	250m:	3:47.47	47.28	350m:	5:24.31	48.37
	100m:	1:26.67	44.83	200m:	3:00.19	47.03	300m:	4:35.94	48.47	400m:	6:11.53	47.22
7.	BUTRIMAS Tomas		76	Kaisiadoriu Plaukiam I		<b>5:41.77</b>	359	+0,86	4,00			
	50m:	38.13	38.13	150m:	2:02.65	42.93	250m:	3:29.92	43.68	350m:	4:57.84	43.89
	100m:	1:19.72	41.59	200m:	2:46.24	43.59	300m:	4:13.95	44.03	400m:	5:41.77	43.93
8.	BLUDENS Igors		77	Ventspils PK Octopus		<b>6:14.38</b>	273		3,00			
	50m:	39.26	39.26	150m:	2:10.95	46.94	250m:	3:48.82	49.44	350m:	5:27.36	48.85
	100m:	1:24.01	44.75	200m:	2:59.38	48.43	300m:	4:38.51	49.69	400m:	6:14.38	47.02
9.	VAGANOVS Peteris		77	Rigas pilseta		<b>7:25.25</b>	162	+1,03	2,00			
	50m:	39.20	39.20	150m:	2:19.35	54.81	250m:	4:19.76	1:00.64	350m:	6:26.31	1:04.04
	100m:	1:24.54	45.34	200m:	3:19.12	59.77	300m:	5:22.27	1:02.51	400m:	7:25.25	58.94